

## **Downtown/Waterfront – Y0011 – 10K– 2B or 5K– 2A**

FS Family Wanderers © 2023 Issue date: August 2024. POC: Michelle Roberts (206) 552-1775 In case of Emergencies: dial 911.  
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### Notice for registrants using this Online Start Box:

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet).

Reminder: OSB registered users should be sure to log back in to the OSB system to “finish/complete” your online registration after doing the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs you are participating in. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info.

### There are two walk options:

10K – rated 2B: This walk goes through downtown, the Pike place Market, the Seattle Center grounds, the waterfront, Pioneer Square, the King Street Station, the International District, and more.

5K – rated 2A: The 5K route is much the same, but does not go to the Seattle Center and sees less of the waterfront.

### Restrooms:

Restrooms are available approximately half a mile into the walk at the Seattle Public Library. Also at the Pike Place Market, Seattle Center, Washington State Ferry terminal, and many other places along routes.

### Comments:

Pets are not allowed on Light Rail, but allowed on the route if arriving otherwise. 5K moderately difficult for strollers. 10K hard for strollers. Routes are not suitable for wheelchairs.

### Start point address:

International District light rail station  
5<sup>th</sup> Ave S and S Jackson St  
Seattle, WA 98104  
( 47.59913 N -122.32794 W )

Driving Directions: Due to parking congestion, it is advised to take public transit.

Coming via Light Rail: Disembark at International District Station. Exit station at north end. (SB riders turn right, NB riders turn left.) S Jackson St will be straight ahead.

Coming via bus: Many buses run through downtown. Metro Transit, Sound Transit, and Community Transit. Check schedules or websites.

Coming via ferry: Both 5K and 10K go by the Washington State Ferry dock. Some foot ferries also dock nearby.

Coming via car: On-street parking is extremely limited. There are a number of parking garages downtown, mostly near the Pike Place Market or shopping areas at the north end of the downtown core (Pike to Stewart St, 3<sup>rd</sup> to 6<sup>th</sup> Ave). Rates and times vary. It is impossible to list them here.

### Challenges – AVA:

A-MAZE-ing Labyrinths – At Seattle Center (10K only)  
Rails to Trails – Seattle Waterfront Pathway  
Step to the Beat – Benaroya Hall  
Town Hall/City Hall – Seattle City Hall  
Walking with American Veterans – Veteran’s Memorial Garden of Remembrance

### Challenges – ESVA:

Historic Depots – King Street Station  
Rail to Trail – Seattle Waterfront Pathway  
Frontline Heroes – Sustenance (many), Essential (fire station)  
That’s Entertainment – Cultural (many), Fairgrounds (Seattle Wheel), Sports Venues (Lumen Field)

**Seattle Downtown/Waterfront YRE 0011**  
**5K Walk rated 2A**  
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**Start point - International District light rail station - corner of 5<sup>th</sup> Ave S and S Jackson St**

1. **LEFT** on S Jackson St.
2. **RIGHT** on 4<sup>th</sup> Ave S. Continue straight uphill nine blocks to the Seattle Public Library at Madison St, passing the **King County (Superior) Courthouse** and **Seattle City Hall**.
3. Enter the Library (**RESTROOMS**). Note its innovative design as you jog right to take the escalator up to 5<sup>th</sup> Ave. Exit library on 5<sup>th</sup> Ave. (1K)
4. **LEFT** on 5<sup>th</sup> Ave to University St.
5. **LEFT** on University St. (Note plaque in front of Olympic Hotel - this was original site of University of Washington.)
6. **CROSS** 3<sup>rd</sup> Ave, **RIGHT** to cross University St, then **LEFT** to continue downhill on University St.
7. Just before corner at 2<sup>nd</sup> Ave, go up stairs on right and walk along **Veteran's Memorial Garden of Remembrance**. Then continue on 2<sup>nd</sup> Ave.
8. **LEFT** on Pike St to 1<sup>st</sup> Ave. **Cross** 1<sup>st</sup> Ave.
9. Ahead is the Pike Place Market complex. (**RESTROOMS**) Take time to explore the Market! (2K)
10. **LEFT** on 1<sup>st</sup> Ave to University St.
11. **RIGHT** down Harbor Steps (107 steps). (**TO AVOID STEPS** - continue on 1<sup>st</sup> Ave to Spring St. **RIGHT** on Spring St.)
12. Go straight ahead to Alaskan Way.
13. **CROSS** and **LEFT** on Alaskan Way. You are now on the **Seattle Waterfront Pathway** rail-trail.
14. Continue to Columbia St (one block past overhead pedestrian bridge). (**RESTROOMS** available in lobby of Washington State Ferry Terminal.)
15. **LEFT** on Columbia St to 1<sup>st</sup> Ave. (3K)
16. **CROSS** and **RIGHT** on 1<sup>st</sup> Ave.
17. Continue on 1<sup>st</sup> Ave as it **ANGLES RIGHT**, past Pioneer Square Park (with its Pergola), to S Main St.
18. **LEFT** on S Main St. Occidental Plaza on left contains totem poles and a memorial sculpture to Seattle firefighters.
19. Continue on S Main St to the UPS Waterfall Garden Park (WGP).
20. **LEFT** and enter the WGP. **RIGHT** through park to exit on 2<sup>nd</sup> Ave S.
21. **RIGHT** on 2<sup>nd</sup> Ave S. At Jackson St is the Klondike Gold Rush National Historic Park and Museum (free admission), with many interesting exhibits. (**RESTROOMS**)
22. Continue on 2<sup>nd</sup> Ave S to S King St.
23. **LEFT** on S King St for one block. Historic **King Street Railroad Station** is straight ahead. (Station was

- p recently restored. Consider going inside for a look.) (4K)
24. **RIGHT** to cross S King St. Follow sidewalk past the entrance to Embassy Suites, toward Lumen Field (football stadium).
25. **LEFT** up stairs/elevator at "King Street Station" sign. Follow signs for Sounder and 4<sup>th</sup> Ave. (Will take you over rail tracks.) **Cross** 4<sup>th</sup> Ave S carefully at the light. Be alert - very busy street! Proceed straight ahead between buildings to 5<sup>th</sup> Ave S.
26. You are now in the International District/Chinatown which is on the National Register of Historic Places. (The only area in the continental US where Chinese, Japanese, Filipino, African American, and Vietnamese residents settled together and built one neighborhood.)
27. **Cross** 5<sup>th</sup> Ave S and enter Uwajimaya Food Hall (a large and interesting Asian market). **ANGLE RIGHT** through the market to the far end of the store.
28. Exit store. **LEFT** to 6<sup>th</sup> Ave S.
29. **LEFT** on 6<sup>th</sup> Ave S.
30. **RIGHT** on S Weller St.
31. **LEFT** on Maynard Ave S. **Cross** S King St.
32. **LEFT** on S King St to 5<sup>th</sup> Ave S, passing the pagoda and park on right, and noting Chinese Gate over street. **Cross** 5<sup>th</sup> Ave S.
33. **RIGHT** on 5<sup>th</sup> Ave S to S Jackson St and finish.

**Thank you for doing this walk. We hope you enjoyed it.**

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Emergencies: call 911

North  
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# Seattle Downtown/Waterfront YRE 0011

## 10K Walk rated 2B

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Start point - International District light rail station -  
corner of 5<sup>th</sup> Ave S and S Jackson St

1. LEFT on S Jackson St.
2. RIGHT on 4<sup>th</sup> Ave S. Continue straight uphill nine blocks to the Seattle Public Library at Madison St, passing the King County (Superior) Courthouse and Seattle City Hall.
3. Enter the Library (RESTROOMS). Note its innovative design as you jog right to take the escalator up to 5<sup>th</sup> Ave. Exit library on 5<sup>th</sup> Ave. (1K)
4. LEFT on 5<sup>th</sup> Ave to University St.
5. LEFT on University St. (Note plaque in front of Olympic Hotel - this was original site of University of Washington.)
6. Cross 3<sup>rd</sup> Ave, RIGHT to cross University St, then LEFT to continue downhill on University St.
7. Just before corner at 2<sup>nd</sup> Ave, go up stairs on right and walk along Veteran's Memorial Garden of Remembrance. Then continue on 2<sup>nd</sup> Ave.
8. LEFT on Union St to 1<sup>st</sup> Ave.
9. CROSS and RIGHT on 1<sup>st</sup> Ave.
10. Enter Arcade Building on your left (part of the Pike Place Market complex) in mid-block at the sign for The Pike Pub and Brewery. RIGHT to walk through the building, up stairs and through hall (toward Doughnut Company).
11. LEFT and then RIGHT to go outside to the Rachel the Pig statue. (2K) Take time to explore the Market! (RESTROOMS)
12. Return to the Pig and then continue on Pike St. (NOT Pike Place.) Go to 4<sup>th</sup> Ave.
13. CROSS and LEFT on 4<sup>th</sup> Ave. Continue past Westlake Park to Pine St.
14. RIGHT on Pine St to 6<sup>th</sup> Ave.
15. CROSS and LEFT on 6<sup>th</sup> Ave. to Bell St. (Note Amazon Spheres at Lenora St.) (3K)
16. LEFT on Bell St to 5<sup>th</sup> Ave.
17. CROSS and RIGHT on 5<sup>th</sup> Ave. 5<sup>th</sup> Ave curves at monument to Chief Seattle.
18. CROSS and RIGHT on 5<sup>th</sup> Ave N. (4K)
19. CROSS Broad St. LEFT into Seattle Center grounds.
20. RIGHT just past MoPOP (Museum of Pop Culture, designed by Frank Gehry). Go playground where there is a large labyrinth. Walk if you wish.
21. With MoPOP on your right, LEFT to Armory/Childrens Museum.
22. LEFT uphill to T at Chihuly Garden.
23. RIGHT. Pass Armory (RESTROOMS).
24. LEFT just past the Armory, and proceed down walk to the Pacific Science Center (PSC).
25. LEFT at entrance to PSC.
26. RIGHT at end of PSC building on paved path (consider visiting Peace Garden containing a Peace Pole on left). Pass under the red sculpture to Broad St. (5K)
27. RIGHT on Broad St and cross Denny Way, continuing on Broad St toward the water. Cross Western Ave.
28. RIGHT and then LEFT into the Olympic Sculpture Park.
29. RIGHT when broad path forks.
30. About halfway down path, LEFT onto wood chip path.
31. At T, LEFT up stairs and over to broad path.
32. RIGHT on broad path.
33. At white fence turn almost 180 on trail (light standards on your left). Enjoy views and artworks.
34. Toward end of bridge/walkway with colored panels, RIGHT to stairs. (6K)
35. Descend stairs to Alaskan Way and the waterfront.
36. Proceed more or less straight ahead on Alaskan Way, keeping the water on your right. You are now on the Seattle Waterfront Pathway rail-trail.
37. Continue on Alaskan Way to Columbia St (one block past overhead pedestrian bridge). (Restrooms available in lobby of Washington State Ferry Terminal.)
38. LEFT on Columbia St to 1<sup>st</sup> Ave. (8K)
39. CROSS and RIGHT on 1<sup>st</sup> Ave.
40. Continue on 1<sup>st</sup> Ave as it ANGLES RIGHT, past Pioneer Square Park (with its Pergola), to S Main St.
41. LEFT on S Main St. Occidental Plaza on left contains totem poles and a memorial sculpture to Seattle firefighters.
42. Continue on S Main St to the UPS Waterfall Garden Park (WGP).
43. LEFT and enter the WGP. RIGHT through park to exit on 2<sup>nd</sup> Ave S.
44. RIGHT on 2<sup>nd</sup> Ave S. At Jackson St is the Klondike Gold Rush National Historic Park and Museum (free admission), with many interesting exhibits. (RESTROOMS) (9K)
45. Continue on 2<sup>nd</sup> Ave S to S King St.
46. LEFT on S King St for one block. Historic King Street Railroad Station is straight ahead. (Station was recently restored. Consider going inside for a look.)
47. RIGHT to cross S King St. Follow sidewalk past entrance to Embassy Suites, toward Lumen Field (football stadium).
48. LEFT up stairs/elevator at "King Street Station" sign. Follow signs for Sounder and 4<sup>th</sup> Ave. (Will take you over rail tracks.) Cross 4<sup>th</sup> Ave S carefully at the light. Be alert - very busy street! Proceed straight ahead between buildings to 5<sup>th</sup> Ave S.
49. You are now in the International District/Chinatown which is on the National Register of Historic Places.
50. Cross 5<sup>th</sup> Ave S. (On the right is Uwajimaya Food Hall, a large and interesting Asian market.) Go two more blocks.
51. LEFT on Maynard Ave S.
52. CROSS and LEFT on S King St to 5<sup>th</sup> Ave S, passing the pagoda and park on right, and noting Chinese Gate over street. Cross 5<sup>th</sup> Ave S.
53. RIGHT on 5<sup>th</sup> Ave S to S Jackson St and finish. (10K)

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