

Downtown/Waterfront – Y0011 – 10K– 2B or 5K– 2A

FS Family Wanderers © 2025 Issue date: August 2025.. POC: Michelle Roberts (206) 552-1775 In case of Emergencies: dial 911.

These directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.

All other uses are prohibited.

Notice for registrants using this Online Start Box:

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet).

Reminder: OSB registered users should be sure to log back in to the OSB system to “finish/complete” your online registration after doing the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs you are participating in. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info.

There are two walk options:

10K – rated 2B: This walk goes through downtown, the Pike place Market, the Seattle Center grounds, the waterfront with new improvements, Pioneer Square, the King Street Station, the International District, and more.

5K – rated 2A: The 5K route is much the same, but does not go to the Seattle Center and sees less of the waterfront.

Restrooms:

Restrooms are available a block from the start at the Seattle Public Library. Also at the Pike Place Market, Seattle Center, Washington State Ferry terminal, and many other places along routes.

Comments:

Pets are not allowed on Light Rail, but allowed on the route if arriving otherwise. 5K moderately difficult for strollers. 10K hard for strollers. Routes are not suitable for wheelchairs.

Start point address:

Downtown Seattle YMCA
909 4th Ave, Seattle, WA 98104
(47.60561 N -122.33257 W)

Driving Directions: Due to parking congestion, it is advised to take public transit.

Coming via Light Rail: Disembark at Symphony station. Follow signs to exit on 3rd Ave. RIGHT on 3rd Ave to Madison St. LEFT on Madison St (steep hill) to 4th Ave. RIGHT on 4th Ave to YMCA.

Routes pass by Symphony and International District stations. If not meeting others at the YMCA, you could start there.

Coming via bus: Many buses run through downtown: Metro Transit, Sound Transit, and Community Transit. Check schedules.

Coming via ferry: Both 5K and 10K go by the Washington State Ferry dock. Some foot ferries also dock nearby.

Coming via car: On-street parking is extremely limited. There are a number of parking garages downtown, mostly near the Pike Place Market or shopping areas at the north end of the downtown core (Pike to Stewart St, 3rd to 6th Ave).

Challenges – AVA:

A-MAZE-ing Labyrinths – At Seattle Center (10K only)

Anniversaries Hurrah – All AVA walks are considered to qualify

Grain Elevators – Visible from a couple points on waterfront (10K only)

Rails to Trails – Seattle Waterfront Pathway

Step to the Beat – Benaroya Hall

Walking with American Veterans – Veteran’s Memorial Garden of Remembrance

Walking With the Wild Things – Gargoyles (King Street Station, heads with chains in their mouths supporting awnings)

Challenges – ESVA and OTSVA:

Rail to Trail – Seattle Waterfront Pathway

Frontline Heroes – Sustenance (many), Essential (fire station)

That’s Entertainment – Cultural (many), Fairgrounds (Seattle Wheel), Sports Venues (Lumen Field)

Tell Me a Story – Seattle Central library

Light Rail Challenge II – Routes pass by two stations: Symphony and International District

Discovering Our State and National Parks – Klondike Gold Rush museum is a national park unit

Peace Poles (an OTSVA challenge) – At Seattle Center (10K only)

Seattle Downtown/Waterfront YRE 0011
10K Walk rated 2B
FS Family Wanderers ©2024

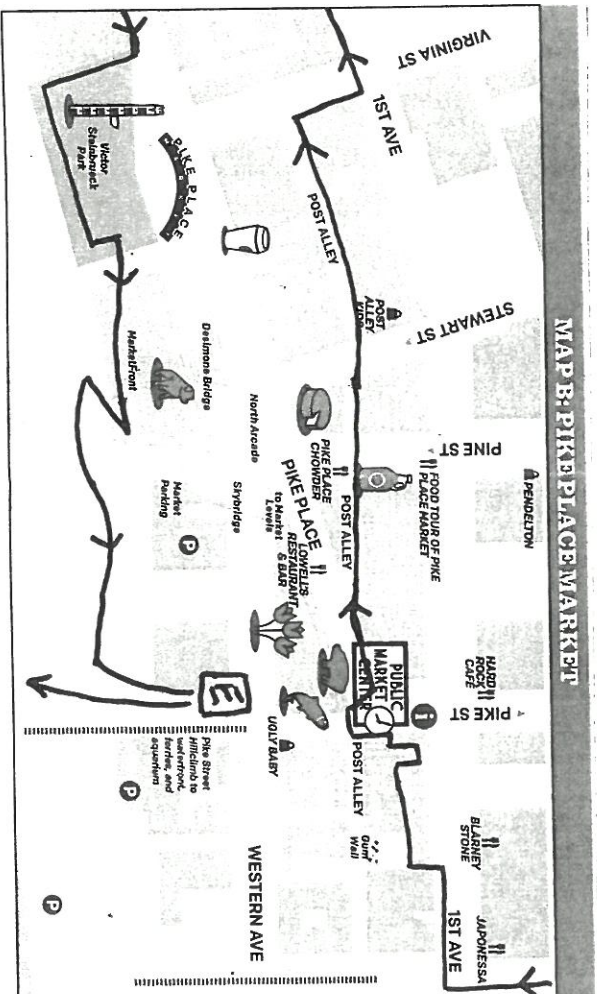
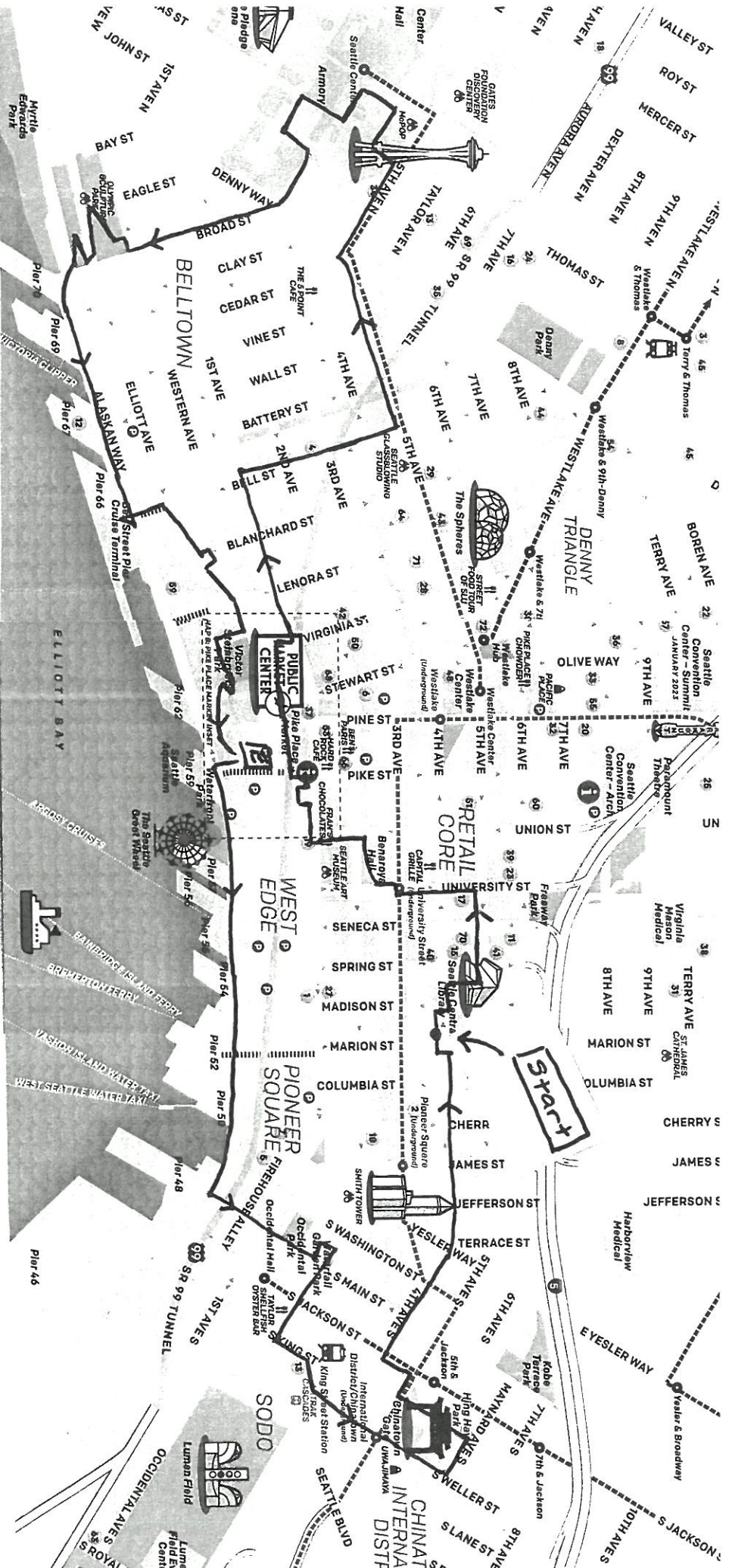
Start point - YMCA, 909 4th Ave

1. **LEFT** on 4th Ave to corner (Madison St).
2. **RIGHT** to cross 4th Ave, then **LEFT** to cross Madison St.
3. Go a few yards to Seattle Public Library on right.
4. Enter the Library (**RESTROOMS**). Note its innovative design as you go straight to take the escalator up to 5th Ave. Exit library on 5th Ave.
5. **LEFT** on 5th Ave to University St.
6. **LEFT** on University St. (Note plaque in front of Olympic Hotel - this was original site of University of Washington.)
7. **CROSS** 3rd Ave, **RIGHT** to cross University St, then **LEFT** to continue downhill on University St.
8. Just before corner at 2nd Ave, go up stairs on right and walk along **Veteran's Memorial Garden of Remembrance**. Then continue on 2nd Ave.
9. **LEFT** on Union St to 1st Ave.
10. **CROSS** and **RIGHT** on 1st Ave. (1K)
11. Enter building on your left (part of the Pike Place Market complex) in mid-block at the sign for The Pike Pub and Brewery. **RIGHT** to walk through the building, up stairs and **RIGHT** through hall (toward Doughnut Company).
12. **LEFT** and then **RIGHT** to go outside to the Rachel the Pig statue. (**RESTROOMS** in market.)
13. **CROSS** and **LEFT** on Pike Place (not Pike Street).
14. In less than a block, **ANGLE RIGHT** at "Post Alley Shops" sign.
15. Go along Post Alley, crossing Pine and Stewart carefully.
16. At end of alley, **RIGHT** to 1st Ave.
17. **LEFT** on 1st Ave to Bell St.
18. **CROSS** and **RIGHT** on Bell St to 5th Ave. (2K at 2nd)
19. **LEFT** on 5th Ave. 5th Ave curves left at monument to Chief Seattle.
20. **CROSS** 5th Ave North. **RIGHT** to cross Denny Way and continue on 5th Ave N to Broad St.
21. **CROSS** Broad St. (3K) **LEFT** into Seattle Center grounds on broad paved walkway at Thomas St.
22. **RIGHT** just past MoPOP (Museum of Pop Culture, designed by Frank Gehry). Go to playground where there is a large **labyrinth**. Walk if you wish.
23. With MoPOP on your right, **LEFT** to Seattle Center Armory.
24. **LEFT** uphill to T at Chihuly Garden.
25. **RIGHT**. Pass Armory (**RESTROOMS**).
26. **LEFT** just past the Armory, and proceed to the Pacific Science Center (PSC).
27. **LEFT** at entrance to PSC.
28. **RIGHT** at end of PSC building on paved path (consider visiting Peace Garden containing a **Peace Pole** on left). Pass under the red sculpture to Broad St.
29. **RIGHT** on Broad St and cross Denny Way, continuing on Broad St toward the water. Cross Western Ave. (4.25K)
30. **RIGHT** and then **LEFT** into the Olympic Sculpture Park. **ANGLE RIGHT** on broad path.
31. Stay on main path going straight ahead.
32. At end of path turn almost 180 on trail (light standards on your left). Enjoy views and artworks.
33. At end of bridge/walkway with colored panels, **HAIRPIN RIGHT** to go down ramp.
34. When concrete wall on left ends, **HAIRPIN LEFT** onto narrower gravel path.
35. Descend to artworks and street.
36. **ANGLE RIGHT** onto the first pier ahead, Pier 70.
37. Proceed to the end. (5K) Look right - tall pale building with loading ramp extending toward the water is **Terminal 86 Grain Facility**.
38. **LEFT** then **LEFT** again to walk all around pier and back to street (Alaskan Way).
39. **RIGHT** on Alaskan Way, keeping the water on your right.
40. Go under green skybridge at Pier 66.
41. Either make **IMMEDIATE RIGHT** at 2209 and take elevator to top, or continue to end of building and **HAIRPIN RIGHT** to take stairs to top level.
42. (At top, look north (water on left) for another view of **Terminal 86 Grain Facility**.)
43. Cross skybridge to Elliott Ave.
44. **RIGHT** on Elliott Ave. (6K)
45. **LEFT** at Blanchard St to **CROSS** Elliott Ave/Elliott Way at light.
46. **Immediate RIGHT** to next crosswalk.
47. **CROSS** and then **ANGLE LEFT** up hill.
48. Cross Lenora St and continue on Western Ave approximately one block.
49. **RIGHT** at Cutters Crabhouse. Go to railing overlooking waterfront.
50. **LEFT** and walk along railing. Go down stairs and toward rust-color smokestacks.
51. At red smokestacks, **HAIRPIN TURN** to continue on ramp to Overlook Walk.
52. Continue on level part in direction of Seattle Wheel.
53. Take one of the ramps on your right and follow signs to elevator.
54. At end of level, **LEFT** to elevator or stairs next to it.
55. Descend to street level. Go toward water and **RIGHT** to entrance of new Aquarium building at 1651 Alaskan Way.
56. Look up at the fish!
57. Now turn around and proceed along Alaskan Way (water on your right). (7K)

58. You are now on the **Seattle Waterfront Pathway** rail-trail.
59. Pass Washington State Ferry Terminal. (**RESTROOMS** inside but a long walk.) Continue to S Main St.
60. **LEFT** on S Main St. (8K) Proceed on left side of street.
61. Pass Occidental Plaza on left containing totem poles and a memorial sculpture to Seattle firefighters.
62. Continue on S Main St to the UPS Waterfall Garden Park (WGP) on left.
63. **LEFT** and enter the WGP. **RIGHT** through park to exit on 2nd Ave S.
64. **RIGHT** on 2nd Ave S. At Jackson St is the Klondike Gold Rush National Historic Park and Museum (free admission), with many interesting exhibits. (**RESTROOMS**)
65. Continue on 2nd Ave S one block to S King St.
66. **CROSS** and **LEFT** on S King St for one block.
67. (Historic **King Street Railroad Station** is straight ahead. Note **gargoyles** with chains in their mouths holding up awnings.)
68. **RIGHT** and proceed to grand staircase on the left.
69. **LEFT** up stairs/elevator at "King Street Station" sign. Follow signs for Sounder and 4th Ave. (Will take you over rail tracks.) Cross 4th Ave S carefully at the light. Be alert - very busy street! Proceed straight ahead between buildings to 5th Ave S.
70. You are now in the International District/Chinatown which is on the National Register of Historic Places.
71. Cross 5th Ave S. (On the right is Uwajimaya Food Hall, a large and interesting Asian market.) Go two more blocks.
72. **LEFT** on Maynard Ave S. (9K)
73. **CROSS** and **LEFT** on S King St to 5th Ave S, passing the pagoda and park on right, and passing Chinese Gate over street. Cross 5th Ave S.
74. **RIGHT** on 5th Ave S to S Jackson St.
75. **LEFT** on Jackson to 4th Ave.
76. **RIGHT** on 4th Ave S. Continue straight uphill eight blocks (passing **Seattle City Hall**) to Marion St
77. **LEFT** to cross 4th Ave, then **RIGHT** to cross Marion St. Go straight to return to YMCA. (10.4 K)

Thank you for doing this walk. We hope you enjoyed it. This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

POC: Michelle Roberts - 206-552-1775
michellero1956@gmail.com
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Seattle Downtown/Waterfront YRE 0011
5K Walk rated 2A
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9. **LEFT** on Union St to 1st Ave.
10. **CROSS** and **RIGHT** on 1st Ave. (1K)
11. Enter building on your left (part of the Pike Place Market complex) in mid-block at the sign for The Pike Pub and Brewery. **RIGHT** to walk through the building, up stairs and **RIGHT** through hall (toward Doughnut Company).
12. **LEFT** and then **RIGHT** to go outside to the Rachel the Pig statue. (**RESTROOMS** in market)
13. Continue past pig straight ahead through market.
14. Pass stairs/ramp on left. Continue to an intersection where there is a street on your right (Stewart St) and an aisle on your left.
15. **LEFT** down aisle to doors to outside dining area. Go through doors.
16. **RIGHT** downhill on ramp.
17. At end of building on your right, hairpin turn to **LEFT**. Go down stairs and ramp.
18. At rust color smokestacks, **HAIRPIN TURN** to continue on ramp to Overlook Walk.
19. Continue on level part in direction of Seattle Wheel.
20. Take one of the ramps on your right and follow signs to elevator.
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25. You are now on the **Seattle Waterfront Pathway** rail-trail.

26. Pass Washington State Ferry Terminal. (**RESTROOMS** inside but a long walk.) Continue to S Main St.
27. **LEFT** on S Main St. Proceed on left side of street. (2.75K)
28. Pass Occidental Plaza on left containing totem poles and a memorial sculpture to Seattle firefighters.
29. Continue on S Main St to the UPS Waterfall Garden Park (WGP) on left.
30. **LEFT** and enter the WGP. **RIGHT** through park to exit on 2nd Ave S.
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36. You are now in the International District/Chinatown which is on the National Register of Historic Places. (The only area in the continental US where Chinese, Japanese, Filipino, African American, and Vietnamese residents settled together and built one neighborhood.)
37. Cross 5th Ave S. (On the right is Uwajimaya Food Hall, a large and interesting Asian market.) Go two more blocks.
38. **LEFT** on Maynard Ave S. (4K)
39. **CROSS** and **LEFT** on S King St to 5th Ave S, passing the pagoda and park on right, and passing Chinese Gate over street. **CROSS** 5th Ave S.
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