



Northern Virginia Volksmarchers Club  
 Welcomes You to Workhouse Walks  
 AVA Event #126226 - 2024 / Y0014



**Description:** 10 km and 5 km walkers will stroll through the Workhouse Arts Center, on parts of the Fairfax County Cross County Trail and along the Occoquan River. Both routes are almost entirely on paved surfaces and include a long hill to/from the river. You will also walk near the Turning Point Suffragist Memorial and Lucy Burns Museum, which highlights 90+ year history of the former prison complex and events there during 1917 which helped women in the United States gain the right to vote. A colorful LOVE statue at the Workhouse Arts Center qualifies for the Virginia “Find The Love” special program. Enjoy food and beverages at Brickmakers Cafe in Occoquan Regional Park.

**Directions:** Interstate 95 to Exit #160, North to VA-123 (Ox Road) towards Occoquan. After two miles, turn right into the Workhouse Arts Center parking lot. The walk starts from Building #W-16.

**Dates:** 1 January to 31 December 2024

**Award:** IVV Credit only

**Club Contact:** S. Brown, email: [nicebrowns@verizon.net](mailto:nicebrowns@verizon.net) , Phone Number: (703) 644-0189

**Club Website:** <http://northernvirginiavolksmarchers.club> has details about additional local walks.

**Registration:** Use AVA Online Start Box, at <http://my.ava.org> and follow instructions provided to create a user account and sign AVA’s waiver. Payment instructions are included. Download and print walk directions. The club does not provide event directions or accept alternate payment methods.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete this event. Do not mix and match, for example, by registering using the OSB then completing your event using PSB or signing the PSB log sheet. The sponsoring club receives credit for OSB participation when OSB registration has been completed online by entering your participation date, distance, and any special programs using the OSB.

**Walk Completion Credit:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

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## Workhouse 10 Kilometer (6 Mile) Walk Directions

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Dial 911  
Event related assistance:  
S. Brown: (703) 644-0189

**Start point:** Workhouse Arts Center Building #W-16 at 9518 Workhouse Way in Lorton, Virginia.

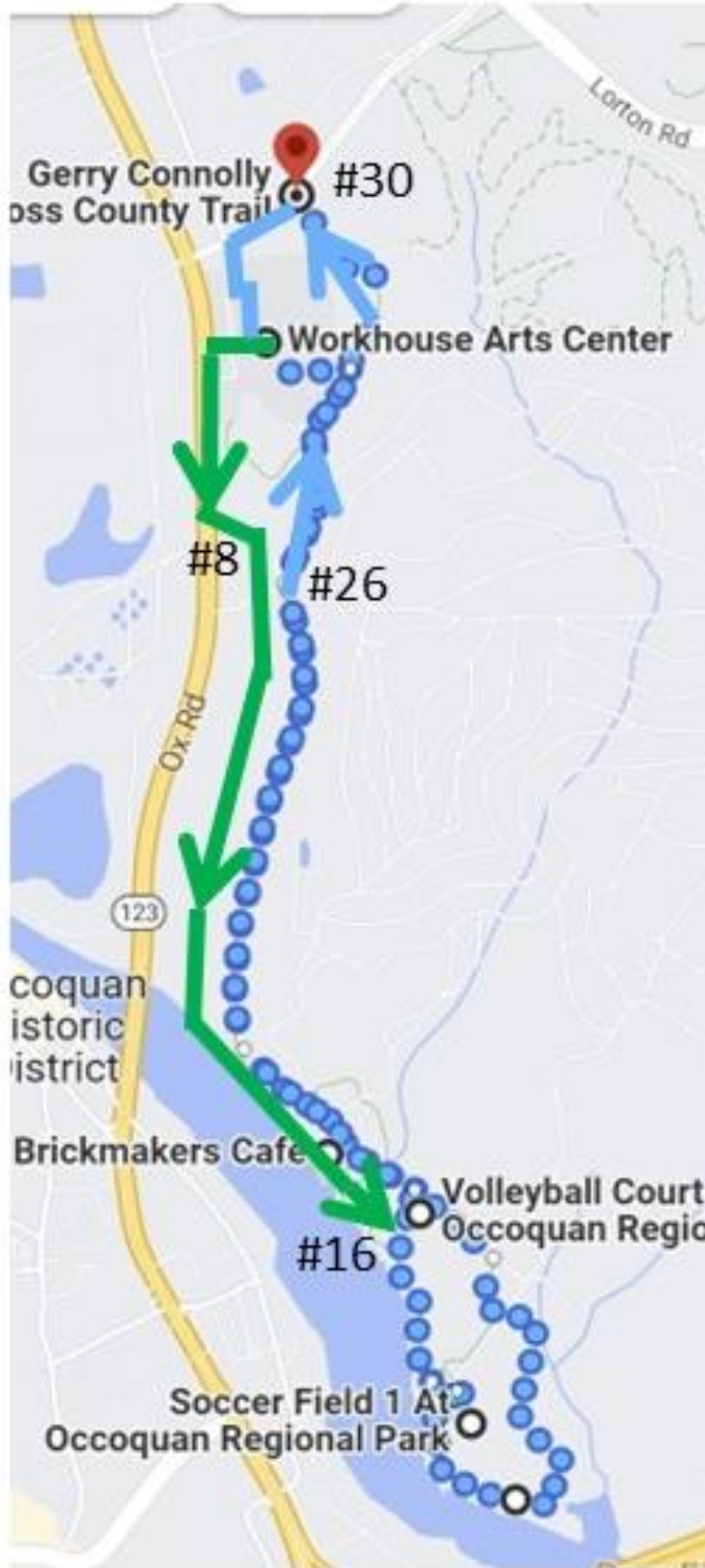
**Restrooms:** Handicap friendly restrooms are located in Building #W-16. Hours are posted on the door, available at (703) 584-2900 and on website at <https://www.workhousearts.org/visitor-information>

- 1) **Entrance to building #W-16** of the Workhouse Arts Center
  - Restrooms, a gift shop, and art galleries are located inside building #16
  - Workhouse Arts Center hours are online at <https://www.workhousearts.org>.
- 2) **Turn left** onto the paved path under covered walkway.
- 3) **Turn left** onto the brick sidewalk.
- 4) **Turn right** after carefully crossing Workhouse Way (sign may not be visible)
- 5) **Turn left** onto sidewalk along Ox Road
- 6) **Turn left** at traffic light onto sidewalk along Occoquan Regional Park Road
- 7) Follow the sidewalk downhill to the crosswalk.
- 8) **Cross park road** carefully at stop sign and follow paved path downhill.
- 9) **Pass** a small parking area on your left side and notice a red and white "CCT" trail sign.
  - Cross County Trail is over 40 miles from the Potomac River to the Occoquan River
- 10) **Continue straight** at the T-intersection, keeping the river on your right side.
- 11) **Pass Brickmakers Café** on your left side (do you smell the bratwurst grilling?)
  - Cafe hours and menu are online at <http://www.brickmakerscafe.com>.
  - Restrooms and water fountain are through doors on the left side of cafe.
- 12) **Turn right** and carefully cross the parking lot, using the crosswalk, towards the paved path.
- 13) **Follow winding paved path** along river and cross wood bridge (through a gazebo)
- 14) **Turn right** at the T-intersection and follow the winding paved path up hill.
- 15) **Pass** Picnic Shelter #2 on your right side and batting cage on your left side
- 16) **Turn right** onto the paved path immediately after sign with "BRICKYARD" in large letters.
- 17) **Continue** on the winding paved path until the park road.
- 18) **Cross park road** carefully at stop sign and continue straight on the paved path.
- 19) **Continue** following the winding paved path, which becomes a sidewalk along the road.
- 20) **Turn left** onto the sidewalk along the park road to the yellow "Trail X-ing" sign.
- 21) **Turn right** crossing park road carefully and follow paved path towards your left side.
- 22) **Continue** on winding paved path, crossing a wood bridge over a creek.

- **Admire** the Turning Point Suffragist Memorial, beehive shaped kiln, and glass building.
  - Learn about the 72-year struggle for women's voting rights in the United States
  - Prisoners baked millions of red bricks in nine kilns here between 1910 and 1967.
  - Special events like weddings are scheduled in the glass roofed River View Center
- 23) Cross** park road carefully at the stop sign and follow the paved path towards your right.
- 24) Follow winding paved** path downhill towards the Occoquan River
- 25) Turn right** at the T-intersection and follow the paved path up a long hill.
- 26) Cross** park road carefully at the stop sign and follow the wide paved path on your right side.
- 27) Continue** on the paved path past the parking lot on your left and the water tower on your right.
- 28) Continue** straight onto paved path and pass a large brick chimney on your left side.
- 29) Turn right** at the T-intersection onto the sidewalk along road, towards a blue two-story house.
- 30) Turn left** at stop sign onto sidewalk along Workhouse Road
- 31) Turn left** onto the first sidewalk along road #10549 towards parking lot.
- 32) Continue** straight on brick sidewalk after crossing to opposite side of street.
- 33) Return** to building #16 which contains restrooms, gift shop and art galleries.
- The museum in building #2 displays women's suffrage and Lorton Prison history
  - See details and hours online at <https://www.workhousearts.org/lucy-burns-museum>

***Congratulations on completing the 10 km Workhouse Volksmarch!***  
***For more great local walks see [Northern Virginia Volksmarchers.club](https://www.northernvirginiavolksmarchers.club)***

## 10 km Workhouse Volksmarch Map



## Workhouse 5 Kilometer (3 Mile) Walk Directions

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Dial 911  
Event related assistance:  
S. Brown: (703) 644-0189

**Start point:** Workhouse Arts Center Building #W-16 at 9518 Workhouse Way in Lorton, Virginia.

**Restrooms:** Handicap friendly restrooms are located in Building #W-16. Hours are posted on the door, available at (703) 584-2900 and on website at <https://www.workhousearts.org/visitor-information>

- 1) **Entrance to building #W-16** of the Workhouse Arts Center
  - Restrooms, a gift shop, and art galleries are located inside building #16
  - Workhouse Arts Center hours are online at <https://www.workhousearts.org>
- 2) **Turn left** onto the paved path under covered walkway.
- 3) **Turn left** onto the brick sidewalk.
- 4) **Turn right** after carefully crossing Workhouse Way (sign may not be visible)
- 5) **Turn left** onto sidewalk along Ox Road
- 6) **Turn left** at traffic light onto sidewalk along Occoquan Regional Park Road
- 7) Follow the sidewalk downhill to the crosswalk.
- 8) **Cross park road** carefully at stop sign and follow paved path downhill.
- 9) **Pass** a small parking area on your left side and notice a red and white "CCT" trail sign.
  - Cross County Trail is over 40 miles from the Potomac River to the Occoquan River
- 10) **Continue straight** at the T-intersection, keeping the river on your right side.
- 11) **Pass Brickmakers Café** on your left side (do you smell the bratwurst grilling?)
  - Cafe hours and menu are online at <http://www.brickmakerscafe.com>
    - Restrooms and water fountain are through doors on the left side of cafe.
- 12) **Turn right** and carefully cross the parking lot, using crosswalk, towards paved path.
- 13) **Follow** winding path along river and cross wood bridge (through a gazebo)
- 14) **Turn left** at T-intersection onto intersecting paved path.
- 15) **Pass** parking lot on your left side and volleyball court on your right side
- 16) **Cross park road** carefully at stop sign and follow paved path towards your left.
- 17) **Continue** on winding paved path, crossing a wood bridge over a creek.

- **Admire** the Turning Point Suffragist Memorial, beehive shaped kiln, and glass building.
  - Learn about the 72-year struggle for women's voting rights in the United States
  - Prisoners baked millions of red bricks in nine kilns here between 1910 and 1967.
  - Special events like weddings are scheduled in the glass roofed River View Center
- 18)Cross park road** carefully at stop sign and follow paved path on your right side.
- 19)Follow winding paved path** downhill towards the Occoquan River
- 20)Turn right** at the T-intersection and follow paved path up long hill.
- 21)Cross park road** carefully at the stop sign and onto wide paved path on your right side.
- 22)Continue** on the paved path past parking lot on your left and water tower on your right.
- 23)Turn left** onto paved path at intersection and walk straight towards long brick buildings.
- 24)Turn right** onto a paved path after passing the second brick building (# 9526)
- 25)Turn left** onto covered path and pass Workhouse galleries to entrance of building #16
- 26)Return** to building #16 which contains restrooms, gift shop and art galleries.
- The museum in building #2 displays women's suffrage and Lorton Prison history
  - See details and hours online at <https://www.workhousearts.org/ucy-burns-museum>

***Congratulations on completing the 10 km Workhouse Volksmarch!***  
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## 5 km Workhouse Volksmarch Map

