

## **Parkville, MO 5K YRE 0020 WALK DIRECTIONS**

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This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

In case of emergency: Dial 911

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**Start/Finish point** is in front of Parkville Coffee Shop – 103 Main St. Parkville, MO 64150. Parking is available on Main St. Alternate parking is available just south of the coffee shop in the large parking area near the Farmer’s Market Pavilion. If you are in a large group, please avoid parking in front of the Coffee Shop or on Main St to leave enough parking for customers at the shops on Main. Restrooms are available inside the coffee shop.

**Directions from Interstate 29 (Northbound):** If you are headed north from downtown Kansas City, take I-29 North towards Omaha. Keep left at the fork to continue on I-29 N/US-71 N, follow signs for Interstate 29 N/St Joseph. Use the left 2 lanes to take exit 3B for I-635 S toward Kansas. Take exit 11B to merge onto MO-9 N toward Parkville. MO-9 N will turn into E 1st St and then dead end on Main St. Turn RIGHT on Main St and park immediately in front of the Coffee Shop.

**Directions from Interstate 29 (Southbound):** If coming from the North, take I-29 Southbound toward Kansas City. Use the right 2 lanes to take exit 3B for Interstate 635 S toward Kansas. Take exit 11B to merge onto MO-9 N toward Parkville. MO-9 N will turn into E 1st St and then dead end on Main St. Turn RIGHT on Main St and park immediately in front of the Coffee Shop.

**Special Programs (SP):** Walking the USA A – Z (“P”); Walking Missouri Counties (Platte County); Grain Elevators: Monarchs to the Plains, Par for the Course, Step to the Beat, Walking With America’s Veterans

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### **WALK COMPLETION AND CREDIT**

Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance

walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

Please refer any questions or comments on this walk to the walk POC:

Shirley Parkes

[sjparkes9@gmail.com](mailto:sjparkes9@gmail.com)

Phone: 816-587-8918

### **Location of Special Programs for the 5K and 10K walks**

#### **Anniversary Hurrah –**

5K walk – Parkville event number is Y0020 (needs to be below Y0250)

10K walk – Parkville event number is Y0020 (needs to be below Y0250)

#### **Grain Elevators: Monarchs to the Plains –**

5K walk – #26-30 grain elevators can be seen when you are walking near the Missouri River

10K walk – #26-34 grain elevators can be seen when you are walking near the Missouri River

#### **Par for the Course –**

5K walk – #29 you will pass the baseball fields

10K walk – #32 you will pass the baseball fields

#### **Step to the Beat –**

5K walk – #31 several businesses in this area host musical events and you will pass Bentley Guitar Services on Main St

10K walk – #38 several businesses in this area host musical events and you will pass Bentley Guitar Services on Main St

#### **Walking With America's Veterans –**

5K walk - #31 you will pass the American Legion Post #318 on Main St

10K walk - #38 you will pass the American Legion Post #318 on Main St

## **Parkville, MO 5K YRE 0020 WALK DIRECTIONS**

1. Facing Parkville Coffee Shop, turn LEFT and walk up the hill on Main St to East 12th St.
2. RIGHT on East 12 St.
3. Cross East St (MO-9) CAREFULLY! And continue down the street to the entrance to Parkville Nature Sanctuary.
4. Take the first trail to your LEFT, which is Old Kate Trail.
5. Follow the trail and then merge LEFT at the next trail to take you to the beautiful waterfall.
6. At the waterfall turn right and continue on the trail as it goes through a boarded walkway across a small marsh.
7. Continue on the trail as it crosses over a boardwalk. At the end of the boardwalk you can make a quick left and walk about 25' to a great observation area.
8. At the end of the boardwalk, make a RIGHT and continue straight up a small incline towards a picnic shelter.
9. Continue on the trail until you reach a "T" junction.
10. RIGHT at the "T" on Old Kate's Trail.
11. RIGHT at the next trail entrance, Bluebird Trail.
12. Continue on Bluebird Trail walking past an old cellar on your LEFT and a natural prairie on your RIGHT.
13. Continue straight on the trail until you reach Old Kate's Trail just below the dam. You will have already walked this trail.
14. RIGHT on Old Kate's Trail and continue on the Boardwalk.
15. RIGHT at the end of the boardwalk.
16. RIGHT at a trail just past the end of the steps from the boardwalk (don't go straight like you did last time). You are back on Bluebird Trail.
17. Follow Bluebird Trail until you reach an intersection with several trails. You will see the old cellar on your left.
18. Continue straight to return back to Old Kate's Trail.
19. LEFT on Old Kate's Trail to return back to the entrance to Parkville Nature Sanctuary.
20. When you reach the entrance/parking area, continue straight on the grassy area. You will see a soccer field on your right, and a running track on your left.
21. Continue straight on the grassy area until you reach the parking lot. Then, continue straight through the parking lot until you reach East 6th St (no sign).
22. RIGHT on East 6th St.
23. LEFT on East St. (MO-9)
24. When you reach the Post Office, carefully cross MO-9 and the railroad tracks and continue straight on East St towards the Farmers Market Pavilion.
25. Continue past the Farmers Market Pavillion and turn LEFT on McAfee St to head into English Landing Park.
26. Turn RIGHT at the next street (Busch Drive – no sign) and walk towards the historic "A" Trestle Bridge. Seasonal restrooms available on your left.
27. Veer to the RIGHT and walk across the historic bridge. Temporary restrooms available near the bridge in winter months.
28. Continue on the sidewalk until you veer RIGHT just before the Missouri River.
29. Continue on this sidewalk with the river on your left and a baseball field on your right.

30. As you reach homeplate of the baseball field, turn RIGHT and walk on the sidewalk to return back to Main St and the parking area.

31. Continue straight on Main St until you reach the Parkville Coffee Shop where you started.

## Parkville, MO 5K YRE 0020 WALK DIRECTIONS



The Clay-Platte Trackers of Kansas City hope you enjoyed our walk! Please visit the AVA website ([my.ava.org](http://my.ava.org)) for information on other walks in the Kansas City area.

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4. Take the first trail to your LEFT, which is Old Kate Trail.
5. Follow the trail and then merge LEFT at the next trail to take you to the beautiful waterfall.
6. At the waterfall turn right and continue on the trail as it goes through a boarded walkway across a small marsh.
7. Continue on the trail as it crosses over a boardwalk. At the end of the boardwalk you can make a quick left and walk about 25' to a great observation area.
8. At the end of the boardwalk, make a RIGHT and continue straight up a small incline towards a picnic shelter.
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21. Continue straight on the grassy area until you reach the parking lot. Then, continue straight through the parking lot until you reach East 6th St (no sign).
22. RIGHT on East 6th St.
23. LEFT on East St. (MO-9)
24. When you reach the Post Office, carefully cross MO-9 and the railroad tracks and continue straight on East St towards the Farmers Market Pavilion.
25. Continue past the Farmers Market Pavillion and turn LEFT on McAfee St to head into English Landing Park.
26. Continue straight on walking path with the park on your right and train tracks on your left. Seasonal Restrooms available on your left.
27. About .5 mile down the trail you will see a small yellow bridge. Don't cross the bridge.
28. Turn RIGHT just before the bridge and RIGHT again to continue walking on the path. This time the park will be on your

right and the Missouri River will be on your left.

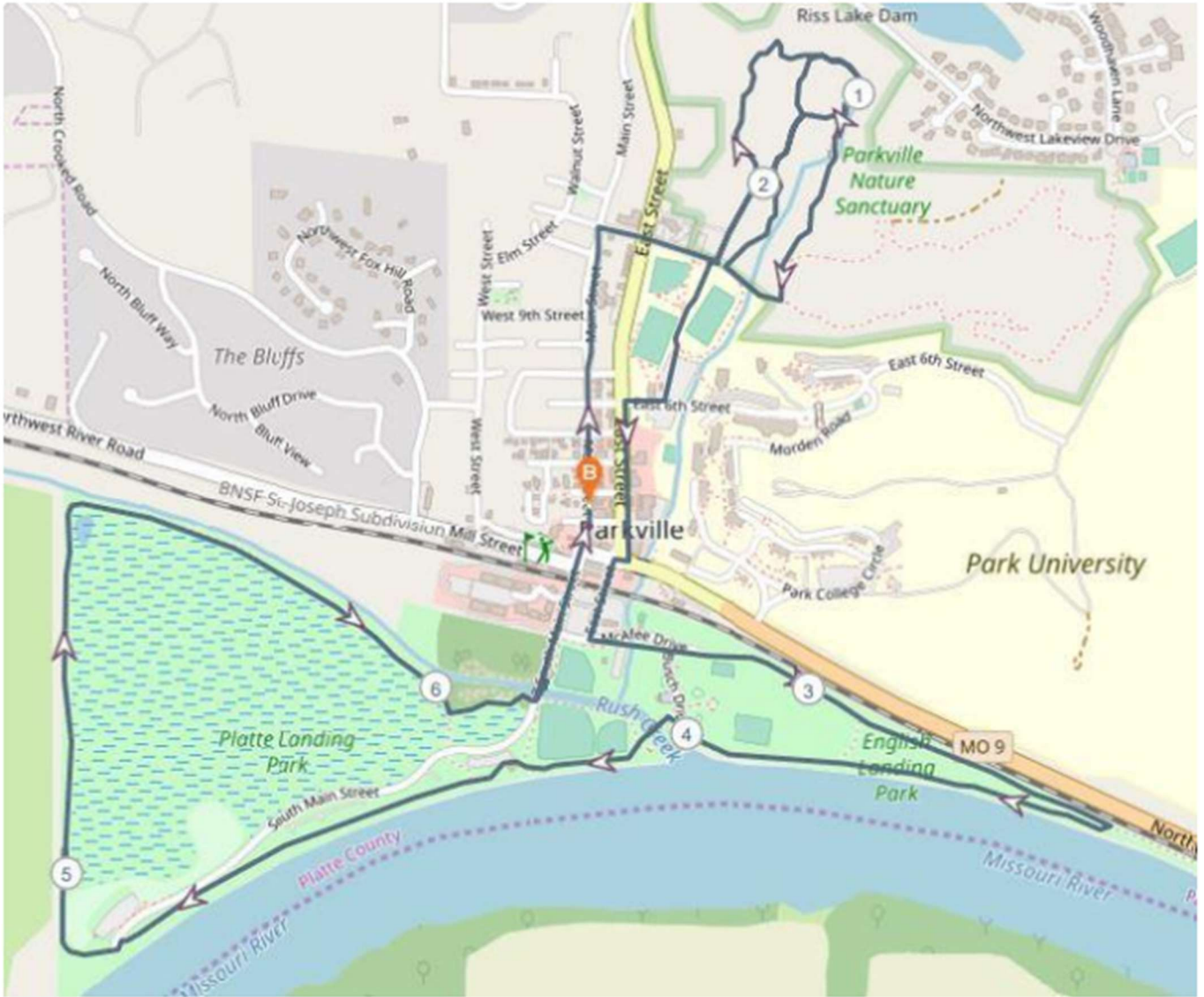
29. Continue on the walking path until you reach a small circular drive. Temporary restrooms available in the winter months.
30. Continue on the drive and walk up the sidewalk to cross the historic "A" Trestle Bridge.
31. Walk across the bridge and continue on the sidewalk.
32. Veer to the right on the sidewalk with the baseball diamond on your right and the Missouri River on your left.
33. At the end of the baseball diamond, continue straight ahead on the sidewalk

and continue on the trail. You will see a small parking lot on your left and a picnic shelter on your right.

34. Continue on the trail until you reach the dog park.
35. Veer right on the trail at the end of the dog park and continue on the trail as it circles the park.
36. Take a left at the next trail section which will lead you back to Main St.
37. LEFT on Main St, crossing a small bridge.
38. Continue on Main St until you reach the Parkville Coffee Shop and the end of the walk.

The Clay-Platte Trackers of Kansas City hope you enjoyed our walk! Please visit the AVA website ([my.ava.org](http://my.ava.org)) for information on other walks in the Kansas City area.

# Parkville, MO 10K YRE 0020 WALK DIRECTIONS



Thanks for walking with the Clay-Platte Trackers of Kansas City. Please enjoy our other YREs:

Gladstone, MO – Shoal Creek Trail (Special programs: Par for the Course)

Kansas City, MO – Downtown KCMO (Special programs: Grain Elevator: Monarchs of the Plains, Step to the Beat, Walking with the Wild Things)

Kansas City, MO – Line Creek Trail (Walking with the Wild Things)

Kansas City, MO – Monuments (Special programs: Grain Elevators: Monarchs of the Plains, Par for the Course, Walking With the Wild Things, Walking With America's Veterans)

Kansas City, MO – Westport (Special programs: A-MAZE-ing Labyrinths, Step to the Beat, Walking With America's Veterans)

Liberty, MO – Town (Special programs: Step to the Beat, Walking With America's Veterans)

North Kansas City, MO – NKC Town (Special programs: Grain Elevators, Par for the Course, Step to the Beat, Walking With America's Veterans)

Parkville, MO – English Landing Trail (Special programs: Grain Elevators: Monarchs to the Plains, Par for the Course, Step to the Beat, Walking With America's Veterans)