



Hot Springs State Park AVA Trail —Y0038

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This Volksmarch Trail will take you through Hot Springs State Park and downtown Thermopolis. Rest room facilities are available at the start/finish and at businesses along the way. Watch for wildlife in the park – waterfowl, deer, buffalo, and possibly snakes. The route was designed to introduce trail users to statuary, museums and other landmarks of interest found both in the park and in town. Leashed dogs are permitted on this trail, but watch for sand burrs on grassy areas. When you finish your walk, think about treating yourself to a healthful mineral bath. Admission is free at the State Park Bath House. Swimsuits and towels can be rented very inexpensively. Enjoy!

Walk Registration:

WEB REGISTRATION ONLY using the ava Online Start Box (<https://my.ava.org>). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

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10km Walking Directions for HSSP

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Start/Finish Location:

Hot Springs State Park Bath House, 168 Tepee St., Thermopolis, WY 82443. From Worland, follow US-16 W to Hwy 20 E/Big Horn Ave. Continue to follow Hwy 20 E, turn left toward Park St. Turn left onto Park St then turn left onto Buffalo St and then left onto Tepee St.) Parking available on Tepee St.

Restrooms:

Rest room facilities are available at the start/finish and at businesses along the way.

Emergency Numbers:



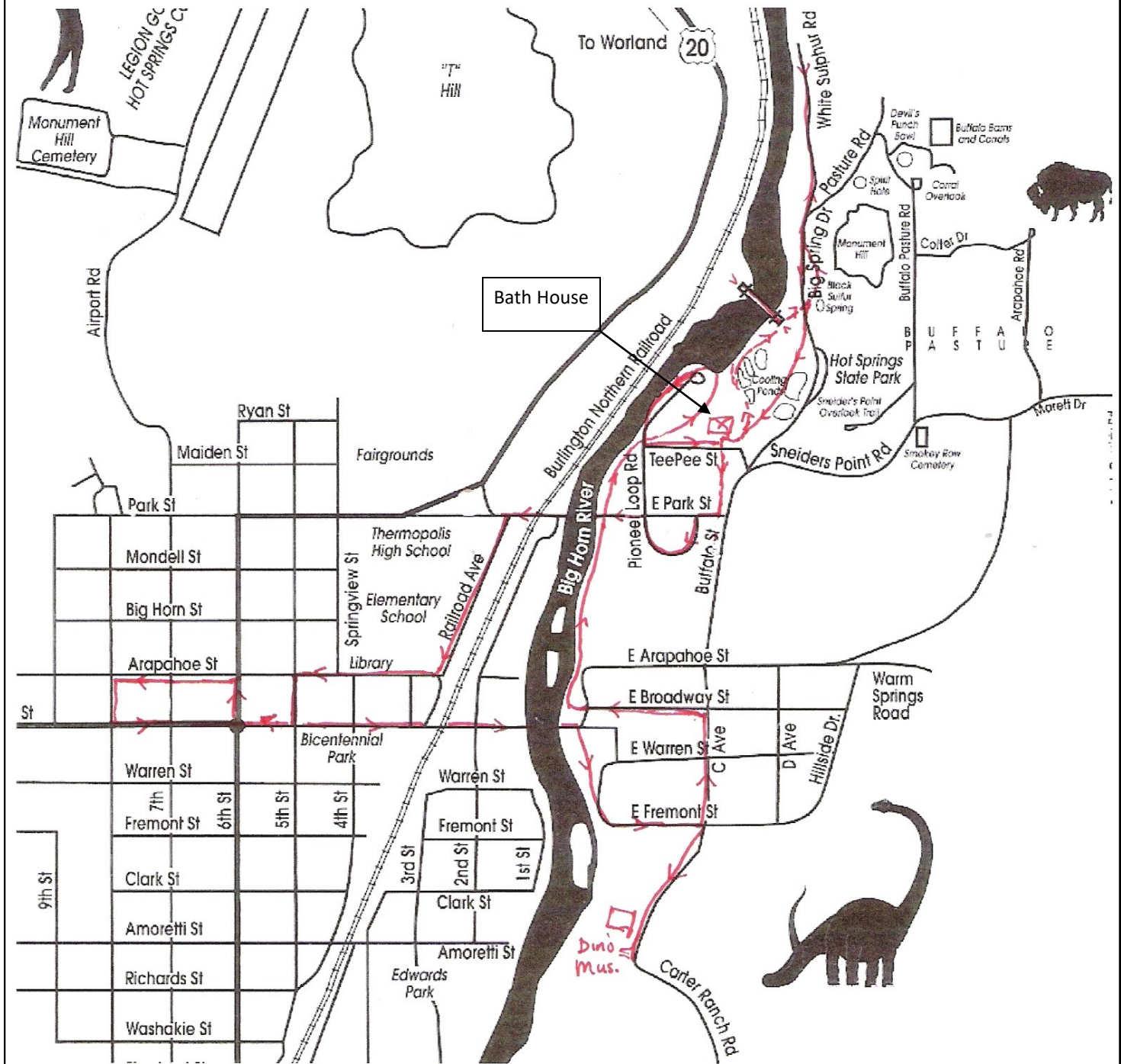
In case of Emergency: Dial 911
Event related assistance:
Lois Petersen 307 684-9160

1. Exit Bath House, turn left and follow the sidewalk up to the terraces. Turn left onto the terrace boardwalk. At the fork, go left to the end of the fork to overlook the terraces and then return the same way. Take the other fork to the swinging bridge. Walk over the bridge and back (*just to get the feel of it!*).
2. Continue on the boardwalk and then sidewalk until you reach a paved road. Turn left and cross the road to the spring. Cross the bridge over a stream of hot water walking toward the information board. Follow the dirt trail on the right up to a gravel parking area where you will again come to the road. Carefully cross over the cattle guard into the Buffalo Pasture.
3. Continue on the paved road to the first turn to the left which leads down to White Sulphur Springs. Follow this side road to a parking area, noting old tubes in the rocks on right. Steps descend to the river's edge where there are remnants of earlier water tubes and vents. (*Descending the steps is not part of this walk.*) Return to the paved road following it back across the cattle guard to the sidewalk that goes past the public restrooms and to the Bath House.
4. At the Bath House, cross the street and walk (south) through the park on the sidewalk. Cross the street and turn right on the sidewalk which then curves left to the entrance of the Wyoming Pioneer Home (*houses a museum of local artifacts, including Indian-made items.*) Take note of the statue at its entrance.
5. Leaving the Home, continue on the sidewalk and turn left at the end of the curved drive. The Days Inn will be on your left and Plaza Hotel on your right. (*Check out the display of animal mounts from around the world in the Days Inn restaurant. The Plaza was built in 1914 and originally housed a sanitarium.*) Cross the Big Horn River and walk under the Burlington Northern railroad track.
6. Turn left immediately – the HS will be on your right. Pass the Hot Springs Senior Center then turn right at the intersection (*Arapaho, but no street sign*). The B & N train depot will be on your left.
7. Follow Arapaho past the Courthouse and Post Office. Turn left on 5th St., then right on Broadway. Continue on Broadway past the Museum and Cultural Center. (*Great exhibits!*)
8. At 8th, turn right one block and right again at Arapaho. Walk to 6th St. and turn right to Broadway. Turn left, crossing Broadway with the light.
9. Following Broadway, you'll pass the Town Hall (public restrooms available) and soon be back at the train depot. Cross the tracks and the Big Horn River. Turn right and follow the walking path through the playground to Fremont St. Walk up Fremont St. and turn right on Carter Ranch Rd. to the Dinosaur Museum entrance. (*Fantastic displays, if you have time to stop.*) Retrace your steps out of the Dinosaur Museum and go straight down C Ave. to Broadway. Turn left on Broadway, cross Arapahoe and turn right on the sidewalk just before the bridge. Follow the walkway (*aka River Walk*) back into the park walking under the bridge. (*Variety of waterfowl in this area.*)
10. At the second overlook, cross the road to a sidewalk that leads to a parking lot and boat ramp. Walk around the parking lot and return to the paved road across from the second overlook. After crossing the road, walk to the Tepee Fountain (mineral deposit). Walk back to the Bath House (east) and, if you have time, soak your tired feet in the healing waters of the Bath House pool.

10K Hot Springs State Park Volksmarch

AVA Event 0038

Start/Finish State Park Bath House



Hot Springs State Park AVA 5K Trail Directions — 2020/Y0038

This Volksmarch trail focuses on features of Hot Springs State Park. Rest room facilities are available at the start/finish and at the Dinosaur Museum. Watch for wildlife in the park – waterfowl, deer, buffalo, and possibly snakes. The route was designed to introduce trail users to the hot springs and other landmarks of interest found along the way. Leashed dogs are permitted on this trail, but watch for sand burrs on grassy areas. When you finish your walk, think about treating yourself to a healthful mineral bath. Admission is free at the State Park Bath House and swimsuits can be rented very inexpensively. Enjoy!

1. Exit Bath House, turn left and follow the sidewalk up to the terraces. Turn left onto the terrace boardwalk. At the fork, go left to the end of the fork to overlook the terraces and then return the same way. Now take the other fork to the swinging bridge. Walk over the bridge and back (*just to get the feel of it!*)
2. Continue on the boardwalk and then sidewalk until you reach a road. Turn left and cross the road to the spring. Cross the bridge over a stream of hot water moving toward the information board. Follow the dirt trail on the right up to a gravel parking area where you will again come to the paved road. Carefully cross over the cattle guard into the Buffalo Pasture.
3. Continue on the paved road to the first turn to the left which leads down to White Sulphur Springs. Follow this side road to a parking area, noting old tubes in the rocks on right. Steps descend to the river's edge where there are remnants of earlier water tubes and vents. (*Descending the steps is not part of this walk.*) Return to the road following it back across the cattle guard to the sidewalk that goes past the public restrooms and to the Bath House.
4. At the Bath House, cross the street and walk on the sidewalk through the park. Cross Park St., E. Arapahoe, E. Broadway, E. Warren, and E. Fremont Streets and continue, following the dinosaur footprints, to the Dinosaur Museum. Retrace your steps out of the Dinosaur Museum and turn left on E. Fremont to the walking path that follows the river. Follow the path through the playground to the street. Cross the street and, staying on the east side of the river, follow the walkway (*aka River Walk*) back into the park, walking under the bridge. (*Variety of waterfowl in this area.*)
5. At the second overlook, cross the paved road to a sidewalk that leads to a parking lot and boat ramp. Walk around the parking lot and return to the road across from the second overlook. After crossing the road, walk to the Tepee Fountain (*mineral deposit*). Walk back to the Bath House and, if you have time, soak your tired feet in the healing waters of the Bath House pool.

AVA Special Programs	Years	
Airports—Celebrating American Flight	2020-2023	
Border Crossing	2014-2023	
Carousels	2019-2022	
Little Free Libraries	2019-2022	
Mayflower—400th Anniversary Walk	2020-2023	
Rockin' Around the Clock	2020-2023	
Underground Railroad	2017-2020	
AV National Programs		
50 States/51 Capitals	(no end date)	5k/10k
Walk the USA	(no end date)	5k/10k