

The Northern Virginia Volksmarchers Club
Alexandria Old Town Walk

AVA Sanctioned Event (#119128/Y0061)

Event Description: This event starts at the George Washington Masonic National Memorial, a National Historic Landmark overlooking Old Town Alexandria. The memorial rises 333 feet above Old Town and is the defining element of Alexandria's skyline. Walkers have a choice between 5KM (3.1 miles) and 10KM (6.2 miles). Both distances are rated 2A and follow the shopping/restaurant district down King Street to the Potomac River and back. The 10K option also includes paths through local parks alongside the water. Both distances are suitable for strollers but not wheelchairs.

COVID-19 Note: The memorial is normally open from 9 a.m. to 5 p.m. (except for major holidays) but it has closed, reopened and closed again several times as a precaution against the COVID-19 virus. When open, walkers park in the memorial parking lot. When closed, there may be barriers on the approach road to prevent the lot being used. In that case, it is recommended that walkers park on one of the nearby streets such as Park Road. When available, guided tours of the memorial cost \$18. Children 12 years and under are free when accompanied by an adult. For the latest information, call 703-683-2007 or visit www.gwmemorial.org.

Club Contact: Robert Grunewald, Email: grunewar@yahoo.com; Phone: 703-303-5543

Club Website: www.northernvirginiavolksmarchers.club

Driving Directions to the trail start:

Starting Point Location: 101 Callahan Drive, Alexandria VA. By car, I-495/I-95 (Metro beltway) take exit 176B, Telegraph Rd North (Rt 241) less than ¼ mile, exit to Rt 236 (East) downtown Alexandria to second stoplight. Turn left to Callahan Drive, at first left turn to driveway of Masonic National Memorial (about 200 feet before stoplight at King Street.) Free parking on north side of memorial. By metro, take yellow or blue line to King Street station. Exit station to King Street, left, and walk up hill to start point.
38.807440, -77.065690

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Registration: Online registration takes place using the AVA OnLine Start Box on my.ava.org. Follow the instructions provided to create a user account, and sign AVA's waiver (one time). Payment instructions are also included. Once registered for the walk, you can download the start point and walk directions. The fee for this download is \$2. You will be credited this fee if you complete the walk and pay the \$3 walk participant fee within 60 days. The club does not provide event directions or accept alternate payment methods. **Usually, this event also has a Physical Start Box (PSB), but because of COVID the building may be closed. Once the Memorial reopens, please use either the OnLine Start Box (OSB) or Physical Start Box to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using PSB or signing the PSB log sheet. The sponsoring club receives credit for OSB participation when the OSB registrant has entered completion date online, that is, your participation date, distance, and any special programs.**

After you've completed the walk: Please remember to log back into the OSB's "Finish Table" after finishing this walk. Completion information includes the date the event was walked, the distance walked, and applicable special programs.

Restrooms: Food, beverages. and restrooms are available at numerous restaurants along the trail.

Special Programs: Walking In the USA, Walking the USA, A-Z, Town Halls/City Halls (301 King St), Walking with American Veterans (400 Cameron St).

**IN CASE OF EMERGENCY: DIAL 911
EVENT RELATED ASSISTANCE:
ROB GRUNEWALD: 703-303-5543**

THESE WALK DIRECTIONS AND MAPS MAY ONLY BE USED IN CONJUNCTION WITH A SIGNED AMERICAN VOLKSSPORT ASSOCIATION ATHLETIC WAIVER.

ALL OTHER USES ARE PROHIBITED.



Old Town Alexandria 5/10K Directions

1. Walk from the front door of the George Washington Masonic National Memorial down the stairs all the way to the access road at the base of the hill.

2. Turn left to walk left on the access road for about 40 meters to King St. (no sign here). Turn right to walk on King St. for about 30 meters to Callahan Dr.

3. Carefully cross Callahan Dr. with the traffic signal and continue straight on the right side of King St. for one block beneath the train and Metro tracks and follow the sidewalk as it curves to the right and follows Daingerfield Rd. to the traffic signal at Diagonal Rd.

4. Turn left to cross Daingerfield Rd. with the traffic signal and continue straight to walk on the left side of Diagonal Rd. for one block to the end of a small, triangular park at King St.

5. Bear right to walk on King St. for about 14 blocks to Fairfax St., which is four blocks past Washington St. You may walk on either side of the street, but after crossing Fairfax St, walk on the left side of King St. *(If the building is open, you may use*

restrooms in the Alexandria Visitors Center at the far left corner of King and Fairfax streets.

6. As you leave the Visitors Center, turn left to walk on the left side of King St. for two blocks to Union St. (Alexandria City Hall 301 King St. (2.4KM).

DECISION POINT at Union Street:

5K walkers: Turn right to walk on Union for one block to Prince St. Turn right to walk on Prince St. for three blocks to Royal St. Continue straight to walk on Prince St. for 14 blocks to Reinekers St. Go to instruction #26.

10K walkers: Continue with instruction #7.

7. Cross Union St. and bear left to walk through the open-air passageway on the ground floor of the Torpedo Factory until you reach the promenade beside the Potomac River.

8. Bear left to walk on the promenade with the river on your right. And continue on the promenade as it bends to the right and reaches the far end of the Chart House Restaurant on your left.

9. Turn left to walk on the paved walk with the river to the right, and continue following this path as it winds its way back to the left and reaches Founders Park.

10. Turn right to walk on the path in the park closest to the river until you reach a sand-covered volleyball court. Bear left to walk on a path to the far left corner of the park at the intersection of Union and Oronoco streets. Cross Union St.

11. Bear right to walk on Union St. for one block to Pendleton St.

12. Cross Pendleton, turn left to walk on the sidewalk, and then turn right to walk on the pea-gravel path beside the river through Oronoco Bay Park to the far end of the park with a blue boathouse to the right.

13. Continue straight on the park trail, keeping the river to your right and townhouses and office buildings to your left until the trail winds its way up a hill just before a power plant and ends at a T-intersection of trails.

14. Turn left to walk on the hiker-biker trail for one long block as the trail curves to the right until you reach a street by the entrance to the Canal Center. *(4.2 KM)*

15. Bear right to cross the railroad tracks and then left to continue on the hiker-biker trail for four more blocks, the last two of which lead you back through Oronoco Bay Park, until you reach Pendleton St.

16. Turn left to walk on Pendleton St. for one block to Union St. Cross Union St.

17. Turn right to walk on Union St. for about seven blocks to Duke St.

18. Turn right to walk on Duke St. for two blocks to Fairfax St.

19. Turn right to walk on Fairfax St. for two and one-half blocks, crossing King St. and continuing to the Carlyle House at 121 N. Fairfax St. *(6.4 KM)* *(Remember the restrooms in the Alexandria Visitors Center on the far right corner of King and Fairfax streets.)*

20. As you leave the Carlyle House, turn right to walk on Fairfax St. for two short blocks to Queen St.

21. Turn left to walk on Queen St. for three blocks to St. Asaph St.

22. Turn left to walk on St. Asaph St. for one block to Cameron St.

23. Turn left to walk on Cameron St. for two blocks to Royal St. (American Legion Post 24/ World War One Plaque 400 Cameron St.)

24. Turn right to walk on Royal St. for two blocks to Prince St. (7.5KM)

25. Turn right to walk on Prince St. for 14 blocks to Reinekers St.

26. Continue straight to cross Reinekers St. and bear left to walk on sidewalks between buildings until you reach a fountain in the middle of a plaza between three buildings.

27. Bear right at the fountain to walk between buildings and follow crosswalks to cross Diagonal Rd. (no sign here), the Metro Station parking lot, and a bus lane to reach the sidewalk in front of the King St. Metro station.

28. Turn right to walk on the sidewalk with the Metro station to your left for one block until you reach King St.

29. Turn left to walk on the left side of King St. for one block to Callahan St.

30. Carefully cross Callahan St. with the traffic signal and bear right to walk uphill on the left side of King St. for one long block to Park Rd.

31. Turn left to walk uphill on Park Rd. for one short block to the point where the road starts curving to the right and a gate on the left provides access to a path toward the George Washington Masonic Memorial.

32. Turn left to walk through the gate and along the path to the start/finish point. (9.8 KM/4.9 KM)

In case of emergency-Dial 911.

Event-related assistance: Robert Grunewald 703-303-5543

These directions may only be used in conjunction with a signed AVA disclaimer of liability. All other uses are prohibited.

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The Northern Virginia Volksmarchers hope you enjoyed your walk!

Old Town Alexandria 5K



Old Town Alexandria 10KM



