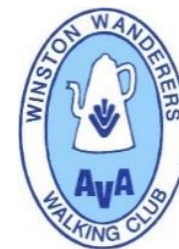




# Historic Winston-Salem / Old Salem

## 11/5 km Volksmarch AYA POS1

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### IN CASE OF EMERGENCY: DIAL 911

Event Related Assistance: Lloyd Tolbert [treb03@gmail.com](mailto:treb03@gmail.com) 276-403-0608

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

**Start/Finish Point:** Gateway YWCA 1300 South Main Street, Winston-Salem, NC 27127 336-354-1589.

**Directions From US-421** take the Cherry Street exit (EXIT 233B). IF WESTBOUND, turn right on Cherry to 2nd Street and right on 2nd Street to Liberty Street. Follow Liberty as it changes to Old Salem Rd. to traffic circle and go halfway around. Turn on first right after Waughtown St. and follow around building to entrance. IF EASTBOUND turn right on Marshall Street to W Salem Ave. Turn left W Salem Ave to traffic circle and go ¼ around (right turn). Turn on first right after Waughtown St. and follow around building to entrance.

**WALK COMPLETION AND CREDIT:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when they submit the event completion info as a paying for credit participant. Note however that the \$2 coupon for the downloaded PDF expires in 60 days.

Parking: Parking Lot

Restrooms: At start point and around town

1. **Angle R** as you depart front door of YWCA. Proceed up a concrete walkway near footbridge.
2. **Angle L** across footbridge and continue straight ahead to traffic light at intersection of Salem Ave and Marshall St.
- 2a. **Cross** Salem Ave, turn **R** for 1 block to the Strollway (at the traffic circle and Old Salem Rd.
- 2b. Turn **L** and enter Strollway (paved walkway). Pass under covered bridge and immediately
3. **L** up steps (or ramp) to the bridge and *Old Salem Visitor Center. restrooms* ♿
4. **L** to cross bridge and bear **L** down stairs (or ramp) at *Frank L. Horton Museum Center* on Main St across from Race Street. You are now in *Old Salem*.
5. **Cross** Main St and follow Race St one block to Church St
6. **L** on Church to Blum St. (2<sup>nd</sup> Street on left, unmarked)
7. **L** on Blum to Main.
8. **R** on Main to West Street
9. **Cross** West St. to the paved path going diagonally across Salem Square. Follow path across Square and note the *plaque* at the path intersection in the middle of the square.
10. *Exit* square at corner of Church and Academy. Cross Academy. *Home Moravian Church (built 1800) stands across Church Street.*
11. **L** on Academy to Main *The "Single Brothers House" is across Main. Look for 1st Krispy Kreme location at S. Main and Academy noted with a plaque.*
12. **R** on Main. Pass Winkler's Bakery, *which sells Moravian baked goods*, **cross** Bank St and continue to the intersection where Old Salem Road merges into Main St and Brookstown Ave intersects to the left. In the grassy island at this intersection, you will see a large metal coffee pot, the club symbol and also symbolic of the crafts and trades of the Salem Settlement. Shortly after this intersection there is a narrow lane to the right (it is across from 326 Main St.).

*Dogs are not allowed in God's Acre. If you are walking with a dog, please be respectful and continue straight on Main to Cemetery St. and turn right to Church St. L on Church St. (Go to #18)*

13. **R** on the lane a short block to a wide walkway adjacent to the Moravian Cemetery. (This is an extension of Church Street, but no signs)
14. **R** on walkway to the first arched entryway into *God's Acre cemetery*.
15. **L** into cemetery. Cross the path adjacent to the wall and continue to the next cross path. *Ahead to the right at the corner of these paths watch for the oldest grave, denoted with a small marker "First Grave"*.
16. **L**, at this path crossing, to the end of the cemetery. **L** on path along wall to exit the cemetery to the Church St walkway.
17. **R** through the Iron Gate and straight on Church Street to cross bridge.
18. After bridge go about ½ block and turn **R** through columns just past 155 Church St. (parking garage) and up stairs. Continue thru gardens to Chestnut St. (no Sign)
19. **L** on Chestnut about 1 ½ blocks to the Forsyth County Government Building.  
*Restrooms and water in County Government Building.* ♿
20. **L** on 2<sup>nd</sup> St. Continue on 2<sup>nd</sup> St. 2 blocks to Main St.

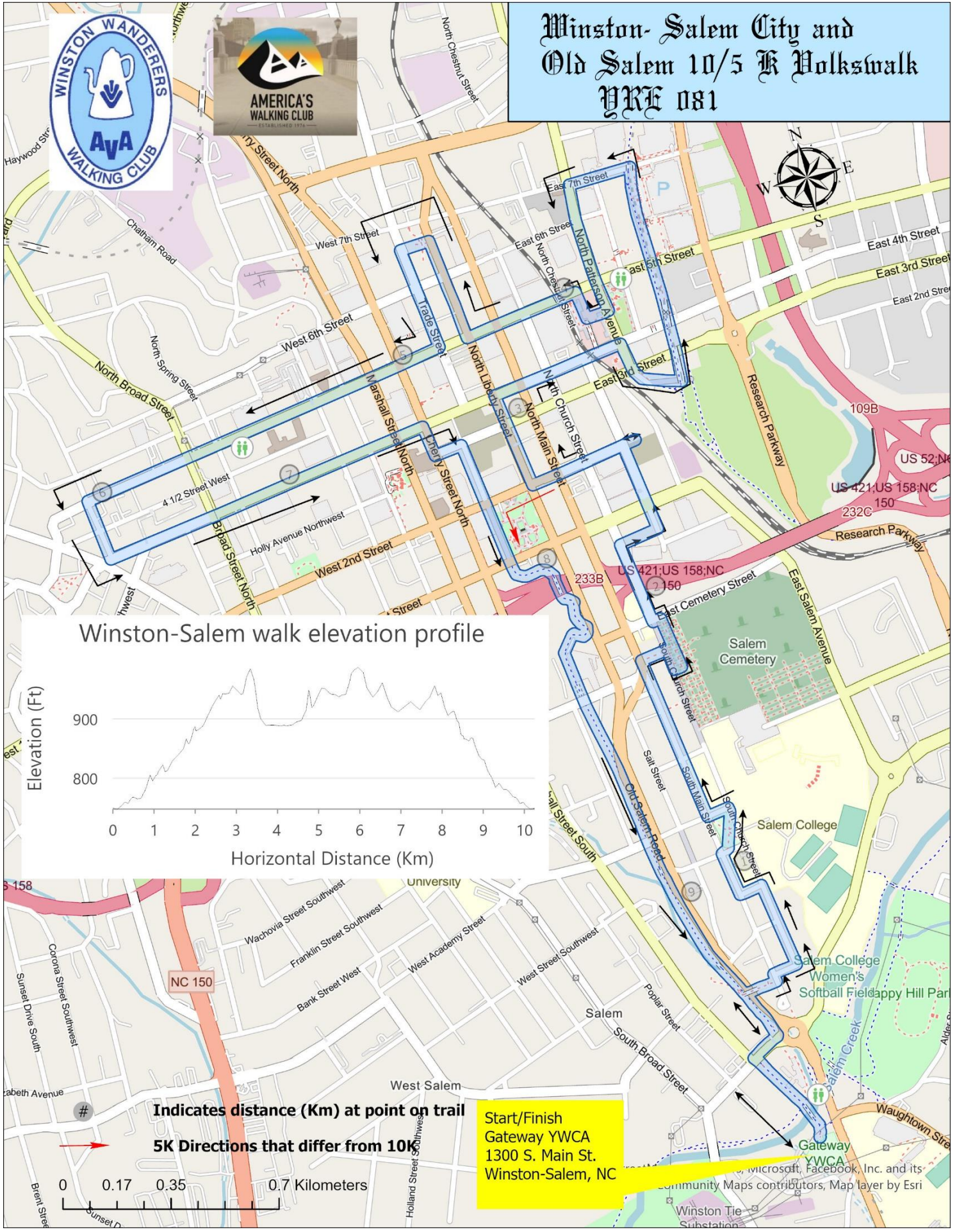
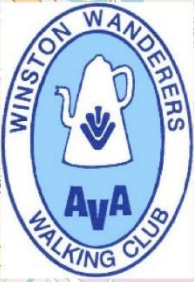
**5KM Walkers** - Continue straight on 2nd Street one block past Liberty. **L** on Strollway. **Go to instruction #34.**

21. **10KM Walkers - R** on Main St. to 4<sup>th</sup> Street
22. **R** on 4<sup>th</sup> several blocks to Patters (*It is worth ducking in the Cardinal Hotel at the corner of 4th and Main to admire the art deco interior*). Turn **R** on Patterson to 3<sup>rd</sup> St. and continue a short distance to Long Branch Trail sign. Veer **L** and up at the Long Branch Trail sign toward the Long Branch Creek Greenway. Turn **L** on Long Branch Trail Greenway.
23. Continue on Greenway crossing over Seventh St. Immediately after crossing over bridge turn **L** on sideway paralleling Seventh St. to pass thru parking lot to Patterson. Turn **L** on Patterson Ave. coming to Bailey Park on your left.
24. Continue straight about ½ block past 5<sup>th</sup> St. to crosswalk. Turn **R** at crosswalk to cross Patterson Ave. and walk under the "Bailey Power Plant" sign on walkway between buildings. Continue straight and turn **R** after stairway. Continue through courtyard toward steps to exit *Bailey Power Plant*. Climb stairs to 5<sup>th</sup> St.
25. Turn **L** on 5<sup>th</sup> St. under bridge to Liberty St.
26. **R** Liberty St.
27. Continue straight on Liberty to 6<sup>th</sup> Street. Continue ½ block to take 2<sup>nd</sup> **L** into "Artivity on the Green". passing through tall columns. Exit Artivity through parking lot to Trade St.
28. **L** on Trade St. to 5<sup>th</sup> St.
29. **R** on 5<sup>th</sup> St and continue ~7 blocks to Summit Street Northwest (you will pass a public library w/ restroom after Poplar St.) Turn **L** on Summit Street Northwest to 4<sup>th</sup> St. ♿
30. **L** on 4<sup>th</sup> St. to Cherry St. (10 blocks)
31. Continue straight past Cherry to an alley on right (Park Vista Lane) Turn **R** on Park Vista Lane.
32. Continue 2 blocks to 2<sup>nd</sup> St.
33. Directly ahead is the STROLLWAY entrance. Proceed **straight** on STROLLWAY.
34. **Follow** the STROLLWAY through Old Salem crossing several streets and passing under the covered bridge and on to Salem Ave at the Roundabout.
35. **R** on Salem Avenue, 1 block to traffic light at Marshall
36. **L** across Marshall then straight ahead to cross the foot bridge and return to the YWCA to finish.

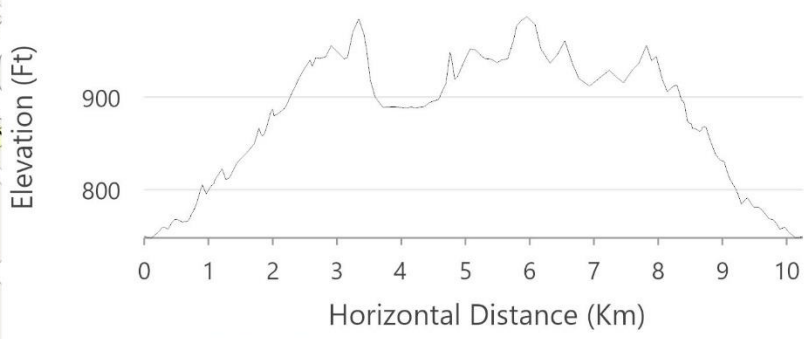
Rev 8/7/24

**Thanks to Gateway YWCA and Elevation Church for being our start point!**

# Winston-Salem City and Old Salem 10/5 K Walkwalk WRE 081



Winston-Salem walk elevation profile



Indicates distance (Km) at point on trail

5K Directions that differ from 10K

Start/Finish Gateway YWCA  
1300 S. Main St.  
Winston-Salem, NC



Community Maps contributors, Map layer by Esri