



The Menehune Marchers  
Welcomes You to the  
**Patsy Mink Central Oahu Regional Park**  
AVA Sanctioned Year Round Event



This AVA rated 2B 10km starts at Patsy Mink Central Oahu Regional Park (CORP). Walk in a nicely landscaped 259 acre city park. Winding paths through the park. Recommend early start as it is often hot by mid-day. Bring binoculars as many birds frequent the park in the early morning hours.

**OSB or Remote Walk Registration (not both):**

Please use either the Online Start Box (OSB) or Remote to register and complete the event. Do NOT mix and match. For example, do not register using the OSB, then request stamps from the POC. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. See the my.ava.org event listing for information on remote registration.

**OSB Walk Completion and Walk Credit:**

When using OSB registration, upon physically completing the walk, please login to your Online Start Box account, click the "My Start Box" tab, then the "Finish Table" tab, then click the "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

**Restrooms:**

There are restrooms at the start and along the route.

**Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

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## Starting Point Address:

Patsy Mink Central Oahu Regional Park  
94-801 Kamehameha Highway  
Waipahu, Oahu, HI 96797

## Driving Directions:

Driving directions to start point: From Honolulu, take H-1W, continue onto H-201W & H-2N, then Exit #2 to Ka Uka Blvd. Turn left at traffic light onto Ka Uka Blvd, continue to the end at traffic light, left onto Kamehameha Hwy, right on Waipio Uka Blvd into park, then left to 1st parking lot.

## Emergency Numbers:



## Walk Directions:

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Patsy Mink Central Oahu Regional Park  
5km/10km

If you arrive at the park before sunrise, you may see as many as 500 ring necked parakeets flying into the park (really worth it).

### 1st Loop 2K (Counter Clockwise Loop)

1. From the parking lot, turn right (before restrooms) on the walkway following the walkway uphill (parking lot on right/baseball field on left). Continue straight through all intersections. As you approach the top of the hill, turn left on the concrete walkway heading downhill on the walkway. Do not cross street & crosswalk. [1K]

2. Continue on the walkway, cross one street, and turn left at the next intersection. Continue on walking, passing 3 softball fields (on right), to traffic circle & parking lot (on left). At the

handicap parking spaces, cross parking lot & continue on the walkway.

3. At the next intersection, bear right (ball fields with bleachers on both sides). Continue on walkway through all intersections heading downhill back to Starting Point/Restrooms. [2K]

### 2nd Loop 3K (Clockwise Loop)

4. From the restroom, turn left on the walkway following the parking lot uphill for the 2nd time (parking lot on right/baseball field on left). Continue straight through all intersections. This time when you reach the street & crosswalk, take the crosswalk. Continue on the walkway for about 200 feet & turn left. Cross dirt parking lot toward the Park Office building. Restroom inside building. [3K]

5. Retrace your footsteps back to the asphalt walkway (left) heading to the Park exit & Kamehameha Highway (traffic light straight ahead).

6. Just before the traffic light (about 100 feet), turn left & continue on the walkway to the large water tank. Large water tank is your turnaround point. [4.7K]

7. At the water tank, retrace your footsteps, left on the walkway to the traffic light/intersection. Cross Ka Uka Blvd (park road) and head downhill passing the bus stop. Kamehameha Highway on your left and park on your right. DO NOT CROSS Kamehameha Highway.

8. Continue downhill off trail with Kamehameha Highway on your left & trees on your right until you intersect the park road. Continue on the park road until you reach the SECOND parking lot (where you parked your car).

9. Turn right into SECOND Parking Lot, cross parking lot, left on the walkway and return to

the Start Point/Restrooms. [5K]. **For 10km walkers, continue to Step #10**

**3rd Loop 5K** (We will visit a second park that is very unique)

10. From the parking lot, turn left heading downhill on the walkway. Restrooms on right and road on left. Continue to the traffic light, cross WAIPIO UKA Road and Kamehameha Highway to Waipio Shopping Center. Watch for cars turning into the shopping center. Continue on Waipio Uka Road (shopping center on left, road on right).

11. Continue on Waipio Uka Road (asphalt sidewalk) about 600 yards. You will reach an intersection with a tunnel on the right, turn left (uphill) .

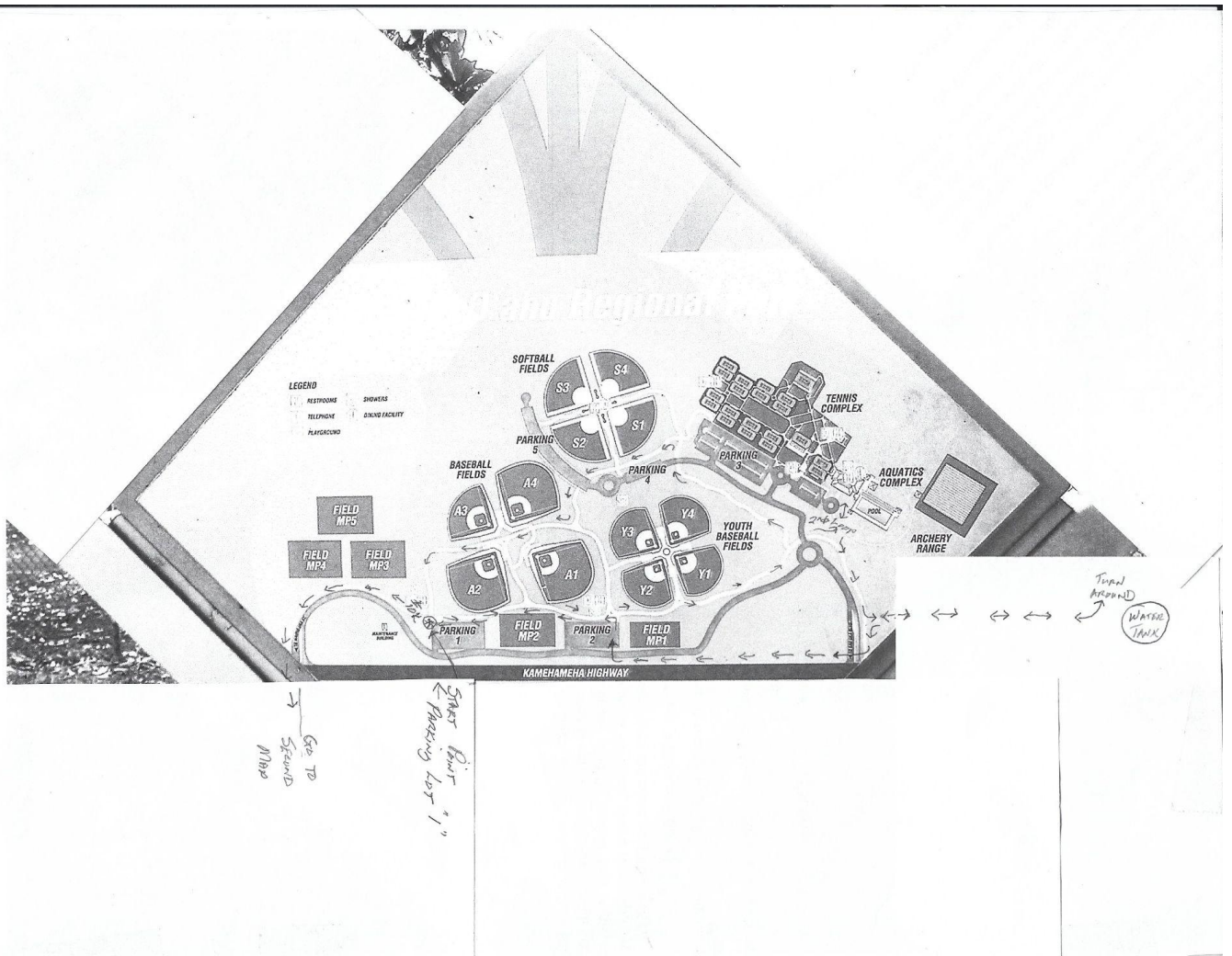
12. Continue on the walkway through the Waipio Gentry neighborhood, passing homes/condos, the

elementary school, parks & water tank. Note the many birds & unique plants, Exit walkway on right just before tunnel & Waipio Uka Road. Turn left on Waipio Uka Road (no sign) heading back to Patsy Mink Park. [8K]

13. Turn left onto Ka Uka Blvd (next intersection). Re-enter Patsy Mink Park by crossing Ka Uka and Kamehameha Highway. Follow asphalt sidewalk to crosswalk, cross street & continue downhill on walkway. You will pass parking on left & restrooms on right as you return to the starting point. [10K]

The Menehune Marchers hope you enjoyed our Patsy Mink Central Oahu Regional Park walk and hope you will return to enjoy it again.

Patsy Mink Central Oahu 10km Map





EXIT  
PARK

Map data ©2022 200 ft