



Fredericksburg Walking Club

FREDERICKSBURG HISTORIC WALK — 5K & 10K Walk | Y0115 | Rated 1A

Start Point: Fredericksburg Visitor Center, 601 Caroline St., Fredericksburg, VA 22401

Restrooms: At Visitor Center (Open Daily 9-4 pm)

An AVA Sanctioned Year Round Event (YRE) (Credit Only)

This walk comprises 5 km and 10 km trails. Walk through Historic Fredericksburg, including the battlefield and along the Rappahannock River. The walk start / finish point is the Fredericksburg Visitor Center (see Driving Directions below for details).

Walk Registration:

This walk has a Physical Start Box (PSB) inside the Visitor Center. If you register at the location, ask the center personnel for the walk box. Registration can also take place using the AVA Online Start Box (OSB), which is located on the website my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (print if desired). The Point of Contact (POC) does not provide event directions or accept payments.

Driving Directions:

[Fredericksburg Visitor Center](#) is located at 601 Caroline St. Fredericksburg, VA 22401. They are typically open daily from 9-4, but you may wish to call ahead – (540) 373-1776.

From I-95 (either direction): Exit 130A E. Follow signs Historic Downtown Fredericksburg along Rt 3 (locally named William St.) to Princess Anne St. Right to Princess Anne St, follow to Wolfe St. Turn Left to Wolfe St., follow 1 block to Fredericksburg Visitor Center (ahead.) Free parking available in the lot at 1000 block of Sophia St., which is adjacent toward the river. There is 2-hour free parking on the street. There is a parking garage on Wolfe St. between Caroline St./Sophia St. (Currently, the first three hours are \$2, \$1/hour for each additional hour, up to a maximum charge of \$8 per day.)

Restrooms:

Restrooms are located on the parking-lot side of the Fredericksburg Visitor Center. Additional bathrooms available in Hurkamp Park and Fredericksburg Battlefield Visitor Center.

Special Programs:

Anniversaries Hurrah, Par for the Course, Step to the Beat, Washington-Rochambeau, Town Halls/City Halls, Walking with America's Veterans, Walking with the Wild Things, Virginia Find the LOVE

Walk Completion and Walk Credit:

Please use either the OSB or the PSB to register and complete the event. Do NOT mix and match. For example, do not register using the OSB and then complete your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Once you have completed the walk, either follow the instructions in the PSB and sign the log, stamp your books, and mail in your payment QR log in to your AVA OSB Account. If you are using the OSB, click on the "My Start Box" tab, click the "Finish Table" tab, and then click "Go to Finish Table" button for the event that you completed. Use the displayed entry form to submit the date and distance for your walk, as well as selecting the applicable AVA Special Programs. This will generate the stamped virtual insert cards that you may choose to print out.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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Contact Information: If there is an emergency, please call 911. Roger Carr 540-429-2239.



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1. Leave Visitor Center turn **LEFT** on Caroline St. continue down left side of Caroline St. 1 block.
2. **CROSS** Lafayette Blvd., go under railroad bridge. **CONTINUE ON** Caroline St.
3. **LEFT** on Rocky Lane, located between 207 and 205 Caroline St. (See Historical Marker in bush on left.)
NOTE: If Rocky Lane is wet/slippery, retrace your steps on Caroline St. to **RIGHT** on Frederick St. to **LEFT** on Sophia St. Skip to Step #5.
4. **LEFT** at bottom of Rocky Lane onto Sophia St. towards Railroad bridge (historic sign on right about Capt. John Smith). View historical markers across the street.
5. **CONTINUE ON** Sophia St. sidewalk, pass historical markers on right, go under railroad bridge (**Par for the Course**—*Riverfront Park on right*) to **LEFT** on George St. 1 block.
6. **CROSS** and **RIGHT** on Caroline St. passing 902 Caroline St. on your left. (**Step to the Beat**—*Picker's Music Store/Lessons*) You will pass Mercer Apothecary shop on left (1020 Caroline). Further on Caroline St. you will pass Rising Sun Tavern on left (1304 Caroline).
7. **LEFT** on Hawke St.
8. **LEFT** on Princess Anne St.
9. **WALK** 5 blocks and **RIGHT** on George St. for 1 block.
10. **CROSS** and **RIGHT** on Charles St. walk a few steps to historic marker at Masonic Cemetery on corner. (**Washington-Rochambeau**—*Read about General George Weedon*).
11. **CONTINUE ON** Charles St. passing James Monroe Museum.
12. ****10K walk** TRAIL SPLIT** go to Step #15
****5K walk** CONTINUE ON** Charles St. crossing William St. and Amelia St. **RIGHT** on Lewis St. walk 1 block and **RIGHT** on Princess Anne St. 3 blocks (see St. George Church, 905 Princess Anne St on your left).
13. **CONTINUING ON** Pr. Anne 3 blocks passing City Hall, 715 Princess Anne St. on your left (**Town Halls/City Halls**—*City Hall*).
14. **LEFT** on Wolfe St. 1 block to Caroline St., **CROSS** and return to Visitor Center, 601 Caroline St. ****5k walk**** end.
- **10K walk**** continue:
15. **CONTINUE ON** Charles St. crossing William and Amelia Streets to **LEFT** on Lewis St. 1 block.
16. **RIGHT** on Prince Edward St.
17. **LEFT** on Pitt St.
18. **CROSS** Washington Ave. passing Religious Freedom Monument on right. Walk towards Mary Washington Monument. This is her burial place. (**Par-for-the Course, Kenmore Park.**)
19. **LEFT** on Washington Ave.
20. **CONTINUE ON** Washington Ave. passing Hugh Mercer statue on left, cross Russell and Cornell Streets passing Kenmore on your left (home of Fielding & Betty Lewis).
21. **RIGHT** on William St. walking with the wall of Confederate Cemetery on right.
22. **CROSS** William St. at crosswalk at Littlepage St. **CONTINUE ON** left side of William St. 1 block.
23. **LEFT** on Sunken Rd.
24. **CROSS** Hanover St. Sunken Rd. becomes dirt/gravel road. **CONTINUE ON** gravel road.
25. **PASS** Brompton, home of president of Univ. of Mary Washington (on right).
26. **CONTINUE ON** Sunken Rd gravel road, note the Innis House as you pass (on left). Continue to Fredericksburg Battlefield Visitor Center (Restrooms).
27. At the end of gravel road, turn around and retrace your steps to the Innis house.
28. **RIGHT** at path between the Innis House and monument to the Angel of Marye's Heights.
29. Path becomes Mercer St. **LEFT** on Littlepage St.
30. **RIGHT** on Hanover St. **CROSS** Kenmore Ave. walk up the hill and bear **LEFT** on George St.
31. **CONTINUE ON** George St. passing Our Fallen Heroes Monument on left. (**Walking with America's Veterans**—*Fallen Heroes Monument*)
32. **LEFT** on Prince Edward St. Hurkamp Park on left and find the LOVE sign. (**Virginia Find the LOVE**—*LOVE sign*)Exit park.
33. **RIGHT** on William St. to
34. **RIGHT** on Princess Anne St. (passing St. George's Church, 905 Princess Anne St. on left).
35. **CONTINUE** on Princess Anne passing City Hall 715 Princess Anne St. on left (**Town Halls/City Halls**—*City Hall*).
36. **LEFT** on Wolfe St. 1 block to Caroline St. Finish at Visitor Center across street at 601 Caroline St. ****10k walk**** end.

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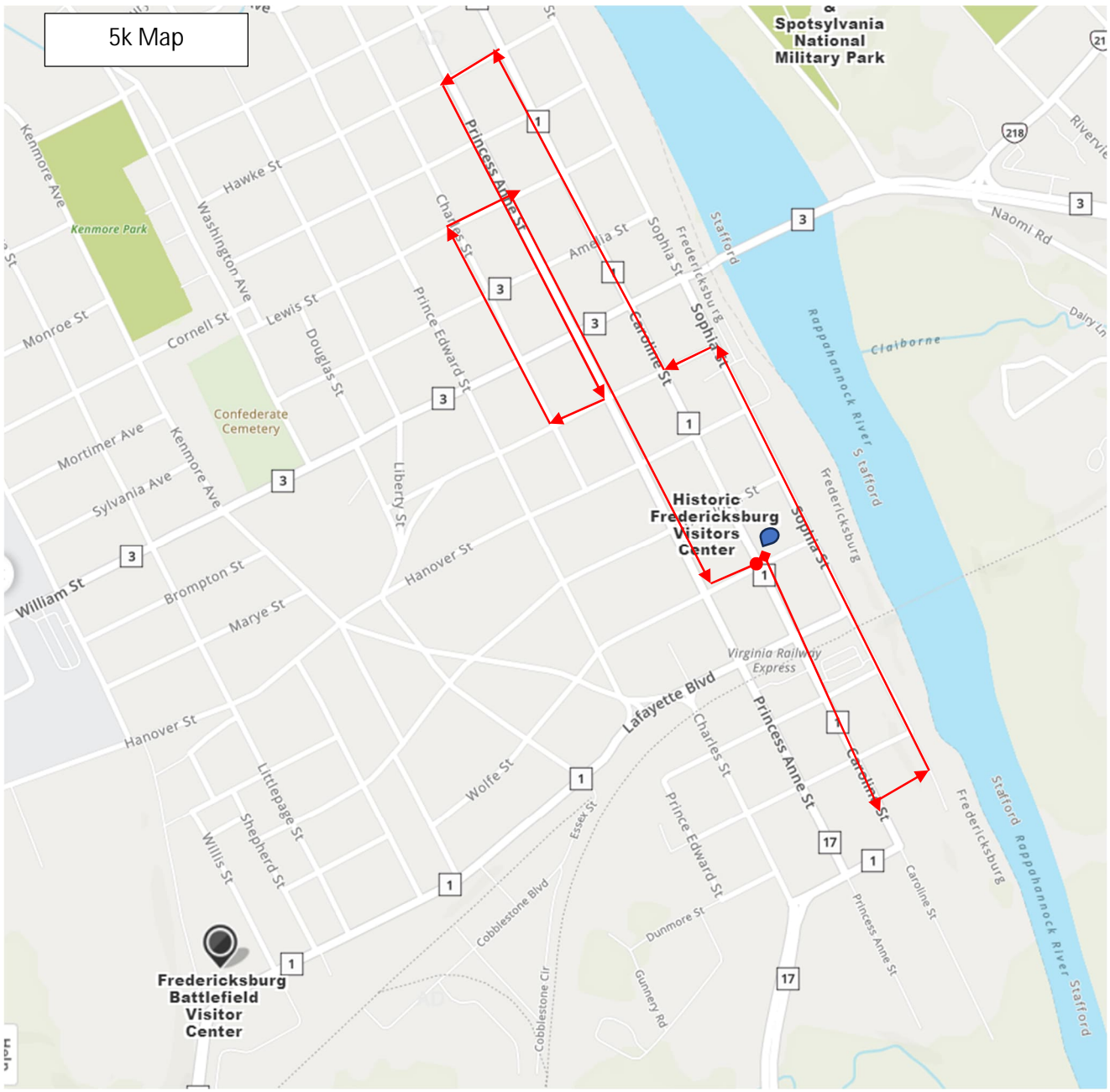


In case of Emergency: Call 911

POC: Roger Carr 540-429-2239

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