

**The attached walk Map and Directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.**

**DIRECTIONS TO STARTING POINT:**

**8086 E Mill Plain Blvd, Vancouver, WA. From I-205, take Exit #28, Mill Plain Blvd. Southbound, turn right on Mill Plain Blvd. Northbound, stay in the left lane of the exit, circle under Mill Plain, bear right & then turn right onto Mill Plain Blvd heading west. Continue about 1.5 miles. Pass hospital on right & continue another 6 blocks. The Mill Shopping Center will be on your right on the north side of Mill Plain Blvd at Garrison and Mill Plain. Park in the parking lot, leave spots close to businesses for customer use.**

**Restrooms and water for 10K may be available at Starbucks 2 blocks east of start, at Burnt Bridge trailhead on Devine St. and at David Douglas Park. No restrooms available on 5K route except at Starbucks. However, restrooms will not be available at Starbucks until phase 3 of Covid-19 and many parks do not have restrooms open.**

**WALK COMPLETION AND CREDIT**

**Be sure to log back into the OSB system to “finish/complete” your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.).**

**"Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."**

# Heights Walk - YRE 116

10 km - rated 1A

Challenges: - AVA: City Parks, Great Lakes, Walk like an Olympian  
WOC (OR) 2020 (Park, Palm trees, Roses & Salons)  
2021 (Used, Vegies, Yogurt & Zones)  
ESVA (WA): 2021 (Substance & Essential)

1. From the corner of Mill Plain and Garrison, **CROSS** and **LEFT** on Garrison Rd. crossing Mill Plain to Tennessee Ln.
2. **RIGHT** on Tennessee Ln. to Nashville Way
3. **LEFT** on Nashville Way to asphalt sidewalk entering Carl Gustafson Park on right.
4. **RIGHT** into Park and follow path until it ends on far side of park at Missouri Dr. Continue straight to Andresen Rd. (1K)
5. **LEFT** on Andresen Rd To MacArthur Blvd.
6. **CROSS** MacArthur and Andresen and continue 1 block on Andresen Rd. to Louisiana Dr.
7. **RIGHT** on Louisiana Dr. to Oklahoma Dr. (2K)
8. **RIGHT** on Oklahoma Dr. to Texas Dr.
9. **LEFT** on Texas Dr. 1 block to Arizona Dr.
10. **RIGHT** on Arizona Dr. to Tucson Way. (3k @ Santa Fe)
11. **LEFT** on Tucson Way to Dubois Dr.
12. **RIGHT** on Dubois Dr. and continue until it bears right and merges with California St.
13. Continue on California St. to Phoenix Way
14. Diagonally **LEFT** on Phoenix Way to MacArthur Blvd.
15. **LEFT** on MacArthur Blvd. to Mill Plain. A small path will be on left just after merge with Mill Plain.
16. **LEFT** on short path to unmarked street. (Willamette Dr)
17. **RIGHT** on Willamette Dr. to Oregon Dr.
18. **LEFT** on Oregon Dr. to Umatilla Way
19. **LEFT** on Umatilla Way to Rhododendron Dr.
20. **RIGHT** on Rhododendron Dr. to Mill Plain
21. **CROSS & RIGHT** on Mill Plain Blvd. to park
22. **LEFT** on path in park and stay right until reaching 13<sup>th</sup> St.
23. **RIGHT** on 13<sup>th</sup> St. to Boise Av.
24. **LEFT** on Boise Av to Idaho St
25. **RIGHT** on Idaho St. and continue to Pocatello Av. Enter path straight ahead and continue on Idaho St. to house at 6409 Idaho
26. **RIGHT** on path on right just past 6409 to Mill Plain Blvd.
27. **LEFT** on Mill Plain to Andresen Rd
28. **CROSS & LEFT** on Andresen Rd to Kansas
29. **RIGHT** on Kansas St to Detroit Av.
30. **LEFT** on Detroit Av. to Michigan Dr.
31. **RIGHT** on Michigan Dr to Garrison Rd.
32. **CROSS** and **RIGHT** on Garrison Rd. to finish.

Emergency 911  
Contact(s) (360) 991-8806

VANCOUVER USA VOLKSSPORTERS  
Thank you for walking our Walk

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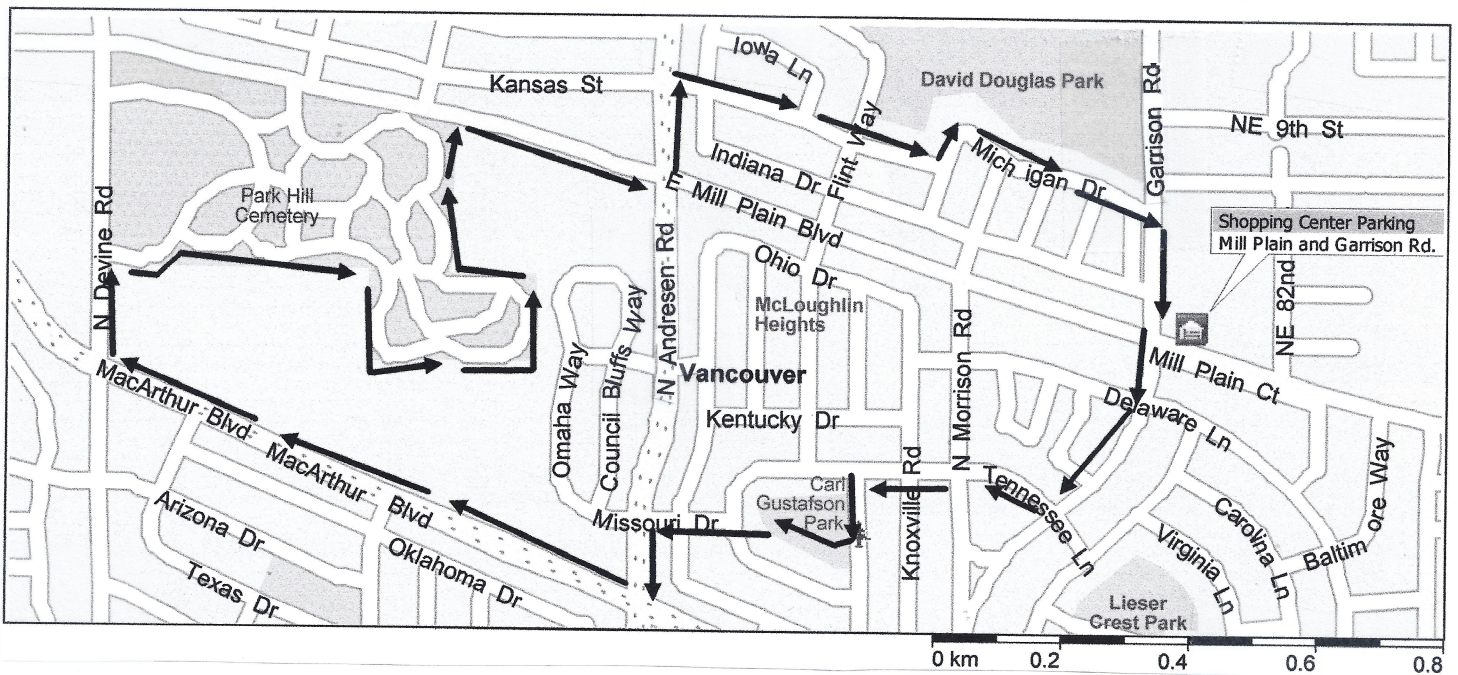


# Heights Walk - YRE 116

## 5 km - rated 1A

Challenges: AVA – City Park, Great Lakes, Walk like an Olympian  
 OTSVA (OR) – 2020 (Park & Playground, Roses & Salons)  
 2021(Tombstone, Used, Vegies, Yogurt, & Zones)  
 ESVA (WA) 2021 Frontline Heroes (Substance & Essential)

1. Go to street intersection then **CROSS** Garrison Rd. & Mill Plain Blvd.
2. **CONTINUE** on Garrison Rd. to Tennessee Ln
4. **RIGHT** on Tennessee Ln. to Nashville Way.
5. **LEFT** on Nashville Way to Carl Gustafson Park.
6. **RIGHT** into Carl Gustafson Park on paved sidewalk to opposite side of park.
7. **EXIT** park straight onto Missouri Dr. to Andresen Rd.
8. **LEFT** on Andresen Rd to MacArthur Blvd.
9. **RIGHT** on MacArthur Blvd. to Devine Rd.
10. **RIGHT** on Devine Rd. to entrance to Park Hill Cemetary
11. **RIGHT** into Cemetary and stay **RIGHT** at all Intersections until exiting onto Mill Plain Blvd.
12. **RIGHT** on Mill Plain to Andresen Rd
13. **CROSS & LEFT** on Andresen Rd to Kansas
14. **RIGHT** on Kansas St to Detroit Av.
15. **LEFT** on Detroit Av. to Michigan Dr.
16. **RIGHT** on Michigan Dr to Garrison Rd.
17. **CROSS** and **RIGHT** on Garrison Rd. to your Vehicle /parking



Emergency 911  
 Contact Dick 360-991-8806

Vancouver USA Volkssporters  
 thank you for walking our walk.