



The Dallas Trekkers
 Welcomes You to
White Rock Lake
 AVA Sanctioned Year Round Event



Welcome to the Dallas Trekkers YRE at White Rock Lake, a Dallas landmark. The lake was created by the dam built in 1911 and was the site of a Civilian Conservation Corps camp in the 1930s. ***You will be walking on a walking/jogging/cycling path intersected by roads, so watch for joggers, bikes, and cars.*** There are 6, 10, and 16 km options.

OSB or PSB Walk Registration:

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, do not register using the OSB, then complete your event using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

Walk Completion and Credit:

When you finish your walk(s), be sure to log back in to the OSB System and enter your participation date, distances, and Special Programs (if applicable).

Start Point Address and Driving Directions:

White Rock Medical Center, 1151 N. Buckner Blvd., Dallas TX 75218. Northbound or southbound on Buckner Blvd., turn in at the Professional Building and park between the Professional Building and the Medical Center.

Restrooms and Parking:

Restrooms are available in the lobby of White Rock Medical Center at 9440 Poppy Dr. and at Starbucks near the intersection of Buckner Blvd. and Garland Rd. There is free parking at the Start Point.

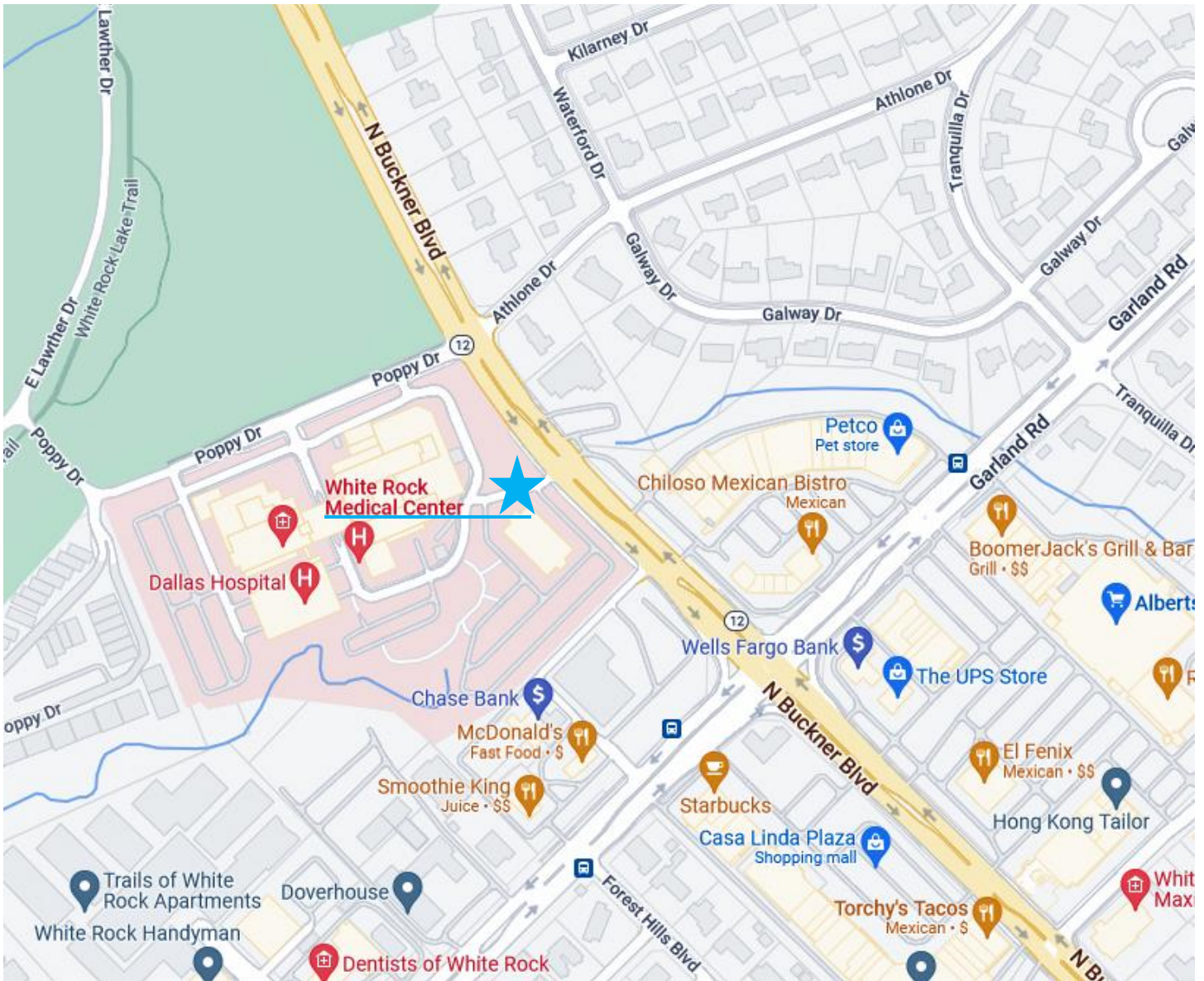
Special Programs:

Par For The Course.

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START POINT LOCATION
1151 N. Buckner Blvd. Dallas 75218



DALLAS TREKKERS WALKS AT WHITE ROCK LAKE

White Rock Medical Center, 1151 N. Buckner Blvd., Dallas TX 75218. Northbound or southbound on Buckner Blvd., turn in at the Professional Building and park between the Professional Building and the Medical Center.

6 km, 10 km, and 16 km WALK INSTRUCTIONS

1. From the parking lot, walk north along the front of the Hospital to Poppy Drive.
2. **LEFT** on Poppy Dr., facing traffic, down toward the Lake.
3. **LEFT** on the Pedestrian Trail to the parking lot.
4. **LEFT** through the parking lot to the barricade. **WATCH FOR CYCLISTS** passing through the barricade.
5. **LEFT** through the barricade and continue along the shoreline with the lake on your right.
6. **Continue** past the black fence and adjacent grounds of the Dallas Arboretum on your left.
7. As you approach the end of the Lake, look for a water fountain just before the bridge.
8. **6 KM WALKERS: STOP AND RETURN THE WAY YOU CAME.**
9. **10 km and 16 km CONTINUE** across the bridge, following the trail as it curves right along Garland Road.
10. **CONTINUE** along Garland Rd. and look for the historic markers in the Spillway Plaza.
11. **CROSS** the bridge and pass the spillway.
12. The trail **curves right** at Winsted Dr.
13. **Follow the trail** to a bridge just at the end of the parking lot.
14. **RIGHT** over the bridge, up the hill, and across to the dam.
15. **10 KM WALKERS: STOP AND RETURN THE WAY YOU CAME.**
16. **16 KM** descend the Z-shaped ramp near the end of the dam and pass the Dallas Water Works Pump Station on your right.
17. **CONTINUE** walking clockwise around the lake staying to the right at all intersections.
18. When you reach the Dog Park, continue across the bridge and turn right.
19. **CONTINUE** with the Lake on your right, passing the Bath House Cultural Center and the Stone Tables picnic area.
20. When you reach Poppy Drive, turn **LEFT** up the hill to the Medical Center.
21. **TURN RIGHT** along the front of the Center and **FINISH** where you parked.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

