

**Instructions for
Glendoveer Walk YR 0173
5/10 Km, Rated 1A**

Walk Start Location: Glendoveer Golf Course and Fitness Trail, 14015 NE Glisan St, Portland
Walk starts at the parking lot on the corner of NE 148th and NE Halsey.

GPS Coords: 45.5336587, -122.5105311

Driving Directions:

Glendoveer Golf Course (14015 NE Glisan) parking lot on NE 148th & NE Halsey. From I-205 northbound, take Exit 21A Glisan St. Turn right on Glisan St. and continue to NE 148th Ave. Turn left and go down the hill to the entrance of the parking lot on your left. From I-205 southbound take Exit 21A Glisan St. Turn left on Glisan and continue to NE 148th St. Turn left and go down the hill to the entrance of the parking lot on your left. From I-84 eastbound take Exit 7 Halsey /Gateway District. Continue on Halsey to 148th. Turn right on 148th and the parking lot is on your right. From I-84 westbound take Exit 13 181st / Airport Way. Turn left on 181st to Halsey St. Turn right and take Halsey to 148th. Turn left and the parking lot will be on your right. There is a port-a- potty there.

Park: Parking area at 148th and NE Halsey

Pets are not allowed on the Glendoveer Fitness Trail portion of the Walk. There is an alternate route listed for those with pets, wheelchairs and strollers.

Walk Completion and Credit: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when hc/shc submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do not mix and match.

"These maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited."

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**EAST COUNTY WIND WALKERS
2021 GLENDOVEER VOLKSWALK**

YR0173 5K Rated 1-A

“These directions may be used only upon registration at a currently sanctioned IVV/AVA event.”

STARTING POINT: The Glendoveer Fitness Course Parking Lot on the Corner of 148th & NE Halsey

AVA: Walking USA A-Z. Oregon Challenges: Nature, Roses and as listed in the instructions.

1. **TURN LEFT** after exiting the parking lot onto 148th Avenue.
2. **CROSS** at the light and **TURN LEFT** on Halsey for one short block.
3. **TURN RIGHT** on 148th Avenue. Note: This is really called 148th also! It is the first street left of the stop light.
4. **TURN LEFT** on Broadway.
5. **TURN RIGHT** on 144th Avenue to Sacramento Street. **1K at 2131 NE 144th Avenue.**
6. **TURN LEFT** and go to Sacramento Drive (You will pass Thompson Park on your left)
7. **CROSS** 137th Avenue. (Free Little Library at 13705 NE Sacramento. **2K at 134th Place.**
8. **TURN LEFT** on Sacramento Drive.
9. **TURN LEFT** on 132nd Avenue.
10. **TURN LEFT** on San Rafael. **3K is at 133rd at the firehouse.**
11. **TURN RIGHT** on 137th.
12. **TURN LEFT** on Halsey to crosswalk and **CROSS** Halsey.
13. **TURN LEFT** and go into gate at the end of the stone wall to Glendoveer Golf Course. (Trails).
14. **TURN LEFT** on the path to return to the parking lot. **4K base of incline or 141st and Halsey.**

ALTERNATE ROUTE FOR DOGS, STROLLERS & WHEELCHAIRS:

9. **TURN LEFT** on San Rafael and go to 144th Place. **3K at 133rd.**
10. **TURN RIGHT** on 144th. **4K at Schuyler**
11. **TURN LEFT** on Broadway.
12. **TURN RIGHT** on 148th.
13. **TURN LEFT** on Halsey.
14. **TURN RIGHT** on 148th to Glendoveer parking lot.

Thank you for walking with the East County Windwalkers

For Emergency call: 911

Contact Person: Regina Blake 503-665-0950
503-704-6212

Sponsored by: MicheilAnn Gill

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EAST COUNTY WINDWALKERS
2021 GLENDOVEER VOLKSWALK
YR0173 10K Rated 1-A

“These directions may be used only upon registration at a currently sanctioned IVV/AVA event.”

STARTING POINT: The Glendoveer Fitness Course Parking Lot on the Corner of 148th & NE Halsey

**AVA: Walking USA – A-Z.
Walk Oregon Challenge: Nature, Roses.**

1. **TURN LEFT** after exiting the parking lot onto 148th Avenue.
2. **CROSS** at the light and **TURN LEFT** on Halsey.
3. **TURN RIGHT** on 148th Avenue. **NOTE:** This really is called 148th also! It is the first street left of the stoplight.
4. **TURN LEFT** on Broadway.
5. **TURN RIGHT** on 144th Avenue. **CROSS** San Rafael Street and continue straight ahead. (**1K just before Sacramento Street**).

IF YOU ARE TAKING THE MAIN ROUTE, CONTINUE WITH NUMBER 6 BELOW.

IF YOU ARE TAKING THE ALTERNATE ROUTE FOR DOGS, STROLLERS AND WHEELCHAIRS:

- **TURN LEFT** on Sacramento Street. Continue on Sacramento Street to Sacramento Drive where you will **TURN LEFT**. (**Free Little Library at 13705 NE Sacramento.**)
- **TURN LEFT** on 132nd Avenue.
- **TURN LEFT** on Eugene Street.

- **TURN LEFT** on 134th Place. Cross Sacramento and continue ahead as 134th Place curves into Brazee Court.
 - **TURN LEFT** on 137th Avenue which curves right into Knott Street. Continue on Knott as it curves right into 144th Avenue.
 - **CONTINUE** on 144th Avenue to Sacramento.
 - **TURN LEFT** on Sacramento to rejoin the main route with number 7 below.
6. **TURN RIGHT** on Sacramento Street
 7. **TURN LEFT** on 146th Drive (just beyond the fenced field on your right is the Margaret Scott Elementary School) which curves right to 148th Avenue. **TURN RIGHT** a short distance until you are across from Sacramento Street on the left (east) side of the street.
 8. **CROSS** 148th Avenue **with extreme caution** to walk on Sacramento Street.
 9. **TURN RIGHT** on 150th Avenue.
 10. **TURN LEFT** on Thompson Street. (**2K at grove of trees on the right before 152th Place**)
 11. **TURN LEFT** on 158th Avenue to Sacramento, where you will turn right to 161st St.
 12. **TURN LEFT** on 161st Avenue.
 13. **TURN RIGHT** on Russell Street. **CROSS** 162nd **with extreme caution**. **Entering Sandstone (Sticks and Stones) (3K at Russell and 162nd Avenue)**
 14. **CONTINUE** on Russell to 169th Avenue and **TURN RIGHT** to San Rafael Drive.
 15. **TURN RIGHT** on San Rafael Drive, and **RIGHT** again on 165th Drive, past Tillamook to 164th Avenue.
 16. **TURN LEFT** on 164th Avenue to Tillamook Street and **TURN RIGHT** to San Rafael.

17. **TURN RIGHT** on San Rafael Drive.
18. **TURN LEFT** on 162nd Avenue to the convenience store at the corner of 162nd and Halsey.

Refreshments and restrooms are available.

19. **CROSS** 162nd and **TURN RIGHT** on 162nd to San Rafael Drive which becomes San Rafael Street. **(5K at Executive Apartments sign, 1801 NE 162nd)**
20. **TURN LEFT** at San Rafael Street. **(6K at Summer Place Drive and San Rafael Street)**
21. **TURN LEFT** on 148th to the stoplight and **CROSS** Halsey.
22. **TURN RIGHT AND CROSS** 148th Avenue. Go **LEFT** on 148th Avenue.
23. **TURN RIGHT** at the parking lot entrance. **IF YOU DID THE ALTERNATE ROUTE, YOU HAVE FINISHED THE WALK.**
24. **IF YOU ARE DOING THE REGULAR ROUTE**, press on and enjoy the Glendoveer path! **(Trails)** Continue straight to the far side of the lot. **(7K)** Take the bark dust walking path around Glendoveer to the right. You will walk the entire rectangular course and return to the finish at the parking lot. **VEER TO YOUR LEFT** at the fork as you approach the driving range, keeping the driving range on your left. **(8K halfway to the driving range)** After you reach the top of the hill, exit the bark dust path towards Glisan, keeping the chain link fence on your left.
25. **TURN LEFT** by the sign for walkers to return to the enclosed Glendoveer walking path. **(9K just before you curve left to enter the wooded section).**
25. Return to the parking lot and your walk is complete.

Thank you for walking with the
East County Windwalkers.

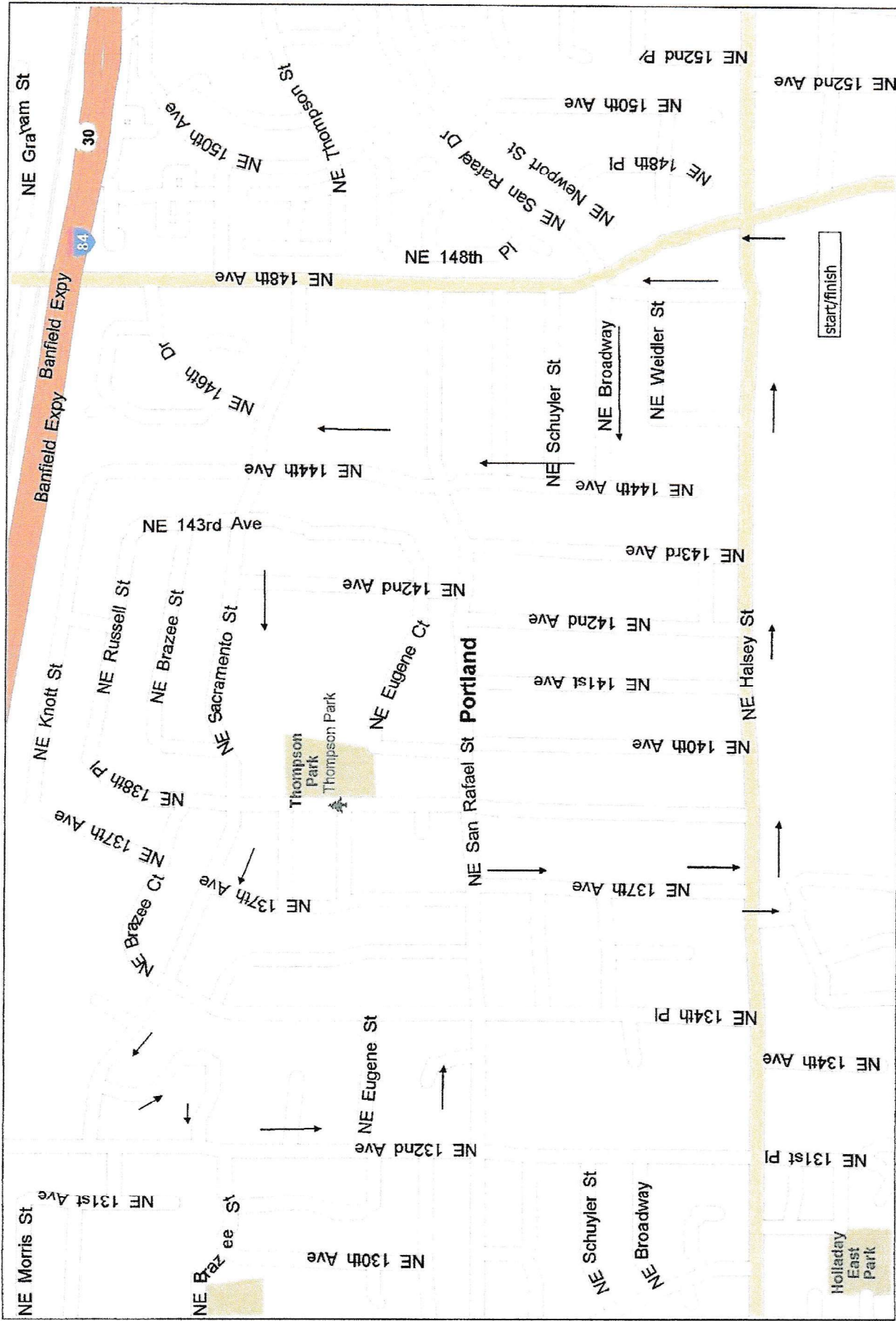
For Emergency call 911
Contact Person: Regina Blake 503-665-0950, 503-
704-6212

*This walk is sponsored by our member:
Micheil Ann Gill*

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Glendoveer 5K



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