



The U.S. FreedomWalk Festival Club
Welcomes You to
The 2024 Arlington 5/10/11/16K Walk
An AVA Sanctioned Year Round Event (Credit only)



Introduction

This trail has two 5K loops and a 6K loop. The primary 5K trail is Courthouse-Memorials-Rosslyn; the other 2 loops are off of it. As you do the walk, you will see where the optional loops come into play. Walk as much or as little as you prefer. Each loop qualifies for a different set of AVA Special Programs, which are indicated at the top of each loop instructions and in the instructions as appropriate.

The first, primary, loop is the Court House-Memorials-Rosslyn loop, the Arlington of visitors. It explores the neighborhood of Court House, Arlington's governmental center, Arlington's national World War II memorials, the Netherlands Carillon and the Marine Corps Memorial (aka the Iwo Jima Memorial) and Rosslyn, one of Arlington's major business districts. 5K Rated 1A

The second loop, Washington/Border Crossing Loop, goes into Washington and along the Georgetown waterfront, qualifying for the Border Crossing special program and passing a labyrinth (A-MAZE-ing Labyrinths). 6K Rated 1A

The third loop, Lyon Village-Virginia Square-Clarendon Loop, is the Arlington of residents. It explores the residential neighborhoods of Lyon Village and Virginia Square, and the commercial neighborhood of Clarendon, known for its restaurants. 5K Rated 1A

Both Courthouse-Memorials-Rosslyn and Lyon Village-Virginia Square-Clarendon can be done as stand-alone; the Washington/Border Crossing loop should be done with the Courthouse loop.

Walk Registration:

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

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Driving Directions and Walk Info

Starting Point Location:

Fireworks Pizza

2350 Clarendon Blvd, Arlington, VA 22201

(703) 527-8700

GPS: 38.8898152, -77.0873276

Why here? We want you to have a landmark for an anchor. Fireworks Pizza is one of MANY excellent restaurants in Arlington, but it's also a good one to relax in after your walk or start with before you set out. Or both!

Metro Directions:

Via Metro, which is the best way to get to the Start Point, take the Orange or Silver Lines to the "Courthouse" Station. Exit onto Clarendon Blvd, go left (west) crossing N. Veitch St., for 2 blocks to Fireworks at the corner with N. Adams St. (**OR** if you exited into the plaza, continue into the plaza until you can exit to the right to the street (Clarendon Blvd) and turn left to Fireworks Pizza).

Driving Directions:

From I-95 in VA, exit on I-395 North to VA Rte. 27 South, exit 8A, S. Washington Blvd/Columbia Pike for 3 miles; turn right on N. Clarendon Blvd.; go 0.5 miles to the corner at N. Adams St.

Parking: Arlington can be ruthless about parking enforcement. There MAY be street parking nearby, but be prepared to pay with a credit card, and take note of time limitations. Best: Continue straight on Clarendon Blvd. past N. Adams St. to the parking garage entrance just past the entrance to the office building marked 2200 Clarendon.

Restrooms:

- Restrooms are at a premium near the start. You may want to begin at a restaurant.

- Restrooms noted in the directions are subject to locations being open to the public. Be warned, many are not.
- Eateries along the route are the best bet.

Special Programs (SP):

A-MAZE-in Labyrinths

Border Crossings (VA-DC)

Walking with America's Veterans (WWAV)

50 States / 51 Capitals: Virginia

Virginia Cities/Counties: Arlington

Note:

This event also has a Physical Start Box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

**VIRGINIA
IS FOR
WALKING
LOVERS™**



In case of Emergency: Dial 911
Event related assistance:
Celia Miner: 571-212-0329

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

◆ Court House-Memorials-Rosslyn (5K)

AVA Special Programs (SP): Walking with America's Veterans (WWAV). If you see Par for the Course or Step to the Beat!, let us know.

Getting Started:

Metro:

1. If you exit the Metro at a street, you'll be at the corner of Clarendon Blvd. and N. Uhle St. Turn right on the short N. Uhle St. to the end at 15th St. N. Turn left on 15th St. N to the Corner at N. Courthouse Rd. and start with #4 below.

2. If you exit into a plaza, turn around so the movie theater is on your right and walk to the end of the plaza, turning left to the road (15th St. N). Turn right on 15th St. N to the corner at N. Courthouse Rd. and continue with #4 below.

Car:

3a. If you are in front of Fireworks Pizza, turn so Fireworks is on your right, and walk down Clarendon Blvd., passing a Fedex, the entrance to 2300 Clarendon Blvd. At the entrance to 2200 Clarendon Blvd, bear right on the sidewalk onto 15th St. N. Continue with #4 below.

3b. If you parked in the parking garage and took the elevator up to the 2300 Clarendon building, exit the lobby on the street side (Clarendon Blvd.). Turn right, passing a clock between buildings. At the entrance to 2200 Clarendon Blvd, bear right on the sidewalk onto 15th St. N. Go to #4.

4. At N. Courthouse Rd, cross both 15th St N and N. Courthouse Rd to walk on the left side of 15th St N. Follow 15th St down the hill to Rhodes St. (15th St has become 14th St.)

5. At N. Rhodes St, turn **RIGHT** and carefully cross 14th St, the bridge over US Rte. 50 (unmarked) and Arlington Blvd.

6. Continue straight on N. Queen St as it bears right.

7. At end, turn **LEFT** on 12th St. Continue on 12th St as it jogs to the **LEFT**, then **RIGHT** at Fort Myer Dr. (Quarterdeck Restaurant). Follow 12th St to end and turn **LEFT** as it becomes N. Nash St.

8. Turn **RIGHT** on 14th St N one block to end at N Meade St.

9. Turn **RIGHT** on N Meade St to Marshall Dr (end).

10. At Marshall Dr, turn **LEFT** (*away from the entrance on RIGHT into Fort Myer*) and continue to first sidewalk on left. (*Arlington Cemetery will be on your right SP: WWAV.*)

11. Turn **LEFT** onto sidewalk, passing the Netherlands Carillon).

12. Bear **RIGHT** at Y intersection (portapotties to left at road). Continue straight ahead past the US Marine Corps Memorial (aka Iwo Jima Memorial) (*SP: WWAV*).

13. At road, turn **LEFT** to parking lot, cross in crosswalk, then go up the ramp along the road (parking lot on left, road on right) to crosswalk above.

14. Turn **RIGHT** on N. Meade St (sign across street), carefully crossing entrance ramp and exit ramps for Arlington Blvd/US Rt 50. Cross Fairfax Dr.

Decision Point: If you wish to walk the Washington/Border Crossing loop, continue straight with the instructions on page 5.

15. At end of parking lot behind fence, turn **RIGHT** to enter Freedom Park and go up steps. (*If you do not want to go up steps or the gate is closed, continue to Wilson Blvd. Skip to #18.*)

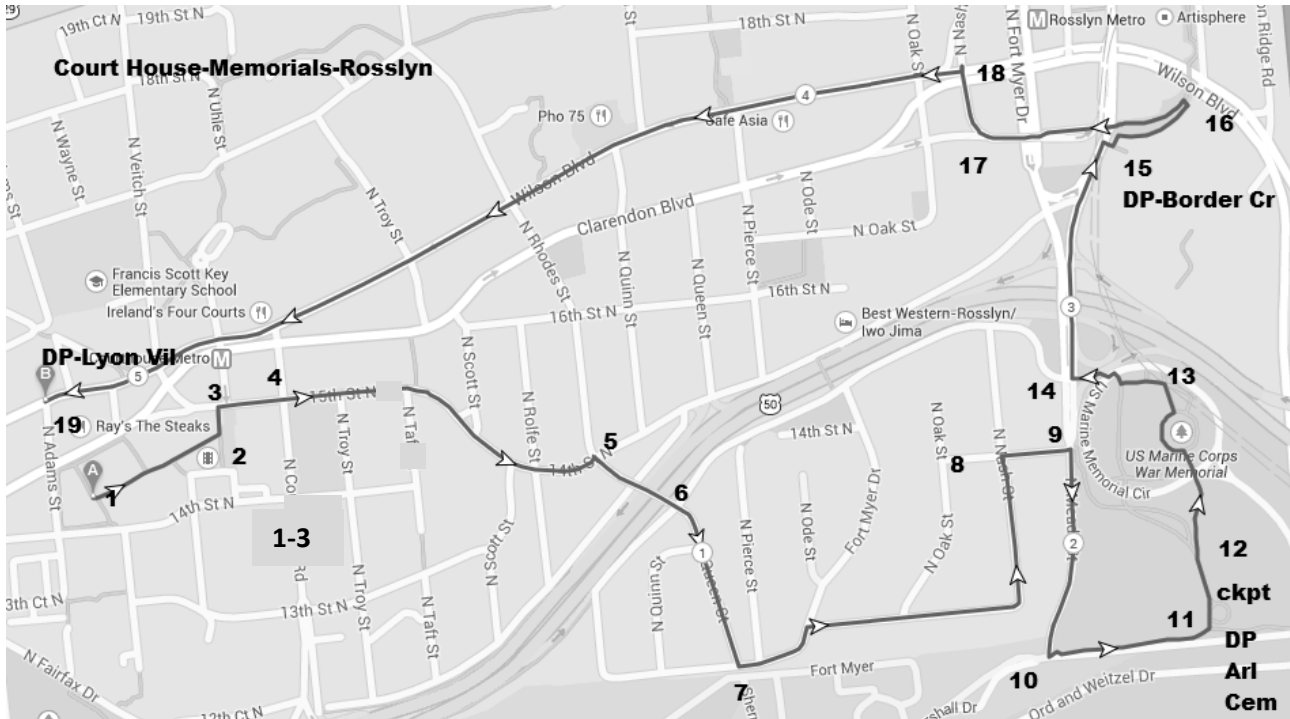
16. At top of steps, make a hard **LEFT** turn. Leave park and continue straight on 17th St N.


17. At N Nash St, turn **RIGHT** to Wilson Blvd.

18. Cross and turn **LEFT** on Wilson Blvd. to N. Adams St (on left) (or returning from the Washington/Border Crossing Loop, turn **RIGHT**).

19. **Decision Point** At North Adams St, if you are finishing, turn **LEFT** on N. Adams St to the finish; otherwise continue to Barton St. N. (Jump to #2 of

Lyon Village-Virginia Square-Clarendon Loop instructions on page 7)



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◆ Washington/Border Crossing Loop (6K)

AVA Special Programs (SP): A-MAZE-ing Labyrinths, Border Crossings (VA-DC), Step to the Beat! (Kennedy Center), Rails-to-Trails, Walk with America's Veterans, Washington-Rochambeau. If you see others, let us know!

1. Continue straight on Lynn Street crossing Wilson Blvd, 19th St and **CAREFULLY** crossing Lee Highway twice. Continue onto the Key Bridge (**SPs: Border Crossing and Washington-Rochambeau**). *Note the clock on Capital Traction Company Union Station (aka the "Georgetown Car Barn.") to left across bridge. The property served as a consolidated streetcar station, storage garage and turn around, uniting services for four independently owned and operated streetcar lines. Carefully cross the "on" ramp for the Whitehurst Freeway located on Key Bridge.*

2. At the far end of Key Bridge over the Potomac River, turn **RIGHT** into Francis Scott Key Park, angling **RIGHT** away from the street (M St) on the asphalt path.

If you cannot manage steps, do not enter the park, bear **LEFT** on M St, continue to 30 St, turn **RIGHT** on 30 St to end. Then (facing the river) turn **LEFT**, go to #6, below.

3. In the far corner of this small park, turn **RIGHT** to go down 6 steps, cross bridge over C&O Canal, then turn **RIGHT** again to go down the dirt ramp. At the bottom of the ramp, turn 180° (U turn) to walk on the right side of the canal a short distance to steps on the right.

4. Turn **RIGHT** down steps. Cross Water St (under the Whitehurst Freeway) and enter Georgetown Waterfront Park (*This area was Georgetown's port area in colonial times and after.*)

5. Turn **LEFT** on sidewalk near river. Pass a labyrinth (**SP: A-MAZE-ing Labyrinths**) on your left. At brick circle, continue on boardwalk with restaurants on left and river on right. At next brick, circle (large sundial – 30th St, no sign):

*(House of Sweden, the Swedish embassy is to the right, if you visit the exhibits, you could have an exotic **Border Crossing** qualifier, since the embassy is Swedish territory.)*

6. From the brick circle, continue straight (or turn **LEFT** from 30th St if you took the no-steps option) on the brick walk. At the next circle, bear **LEFT** to cross the bridge and continue on cement sidewalk to the light at the intersection of Rock Creek Parkway and Virginia Ave (Valero gas station across street.) *Spectacular view of Washington Monument.*

7. Cross Rock Creek Parkway and walk on right side of Virginia Ave, passing the infamous Watergate Complex.

8. At New Hampshire Ave, turn **RIGHT** to F St.

9. Turn **LEFT** on F St. to 25th St (entrance to Kennedy Center on **RIGHT**)

10. Cross 25th St and turn **RIGHT** on the sidewalk, pass the Kennedy Center for the Performing Arts (**SP: Step to the Beat!**) (Restroom downstairs, in the middle, if open). Stay to the left at the wall with the green bike route sign on left with bus stops on right, and cross the Potomac on the Theodore Roosevelt Bridge

11. At the end of bridge, continue straight ahead on bike trail and past the parking lot for Roosevelt Island. (*Note: You are on the Arlington Loop, which TrailLink lists as a rail trail **SP: Rails-to-Trails***)

12. At end of parking lot, follow bike trail up ramp, over highway to stoplights at intersection of Lynn St. and Lee Highway

13. Carefully cross Lynn St and westbound Lee Highway to Arlington Gateway Park. Walk


diagonally through park to the corner of Fort Myer Dr and (eastbound) Lee Highway. (Restrooms in NW corner of park) (*Note Purple Heart Memorial at the corner of Lee Hwy and Fort Myer Dr. – SP: WWAV*).

14. If there is construction, turn **LEFT** to walk on the left side of Fort Myer Dr. to 19th St./N. Nash St.

15. At N Nash St, turn right to cross Fort Myer Dr. and continue on N Nash St, crossing Key Blvd, to Wilson Blvd.

16. Turn **RIGHT** on Wilson Blvd, rejoining the Courthouse-Memorials-Rosslyn loop on #18.



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◆ Lyon Village-Virginia Square-Clarendon Loop (5K)

AVA Special Programs (SP): Par for the Course, Walking with America's Veterans (WWAV). If you see others, let us know!

Getting Started if you are walking only this loop: Metro:

If you exited the Metro at a street, you are on the corner of Clarendon Blvd. and N. Uhle St. Turn left to walk along Clarendon. Cross N. Veitch St. and pass the 2200 Clarendon building, a clock, the 2300 Clarendon building, and a Fedex to the corner at N. Adams St. (Fireworks Pizza)

If you exited into a plaza, continue through the plaza, watching for a turn to the right that will take you to Clarendon Blvd. Turn left on Clarendon to the corner at N. Adams St. (Fireworks Pizza)

Car:

If you parked in the parking garage and took the elevator up to the 2300 Clarendon building, exit the lobby on the street side (Clarendon Blvd.) and turn left to the corner at N. Adams St. (Fireworks Pizza).

1. Turn **RIGHT** on N Adams St. for one and a half blocks. Cross and turn **LEFT** on Wilson Blvd. Pass the Army of the USA (AUSA) building (**SP: WWAV**)

2. At N Barton St., turn **RIGHT**. Turn **LEFT** on 16th St N. Cross N. Bryan St.

3. Turn **LEFT** on Key Blvd to end (8 blocks) at N. Jackson St.

4. Turn **LEFT** on N Jackson St.

5. At first right turn, turn **RIGHT** at 13th St N, turn **RIGHT** on N Johnson St, then **LEFT** to continue on 13th St N. Carefully cross N Kirkwood Rd.

6. Continue on 13th St N to end at N Quincy St.

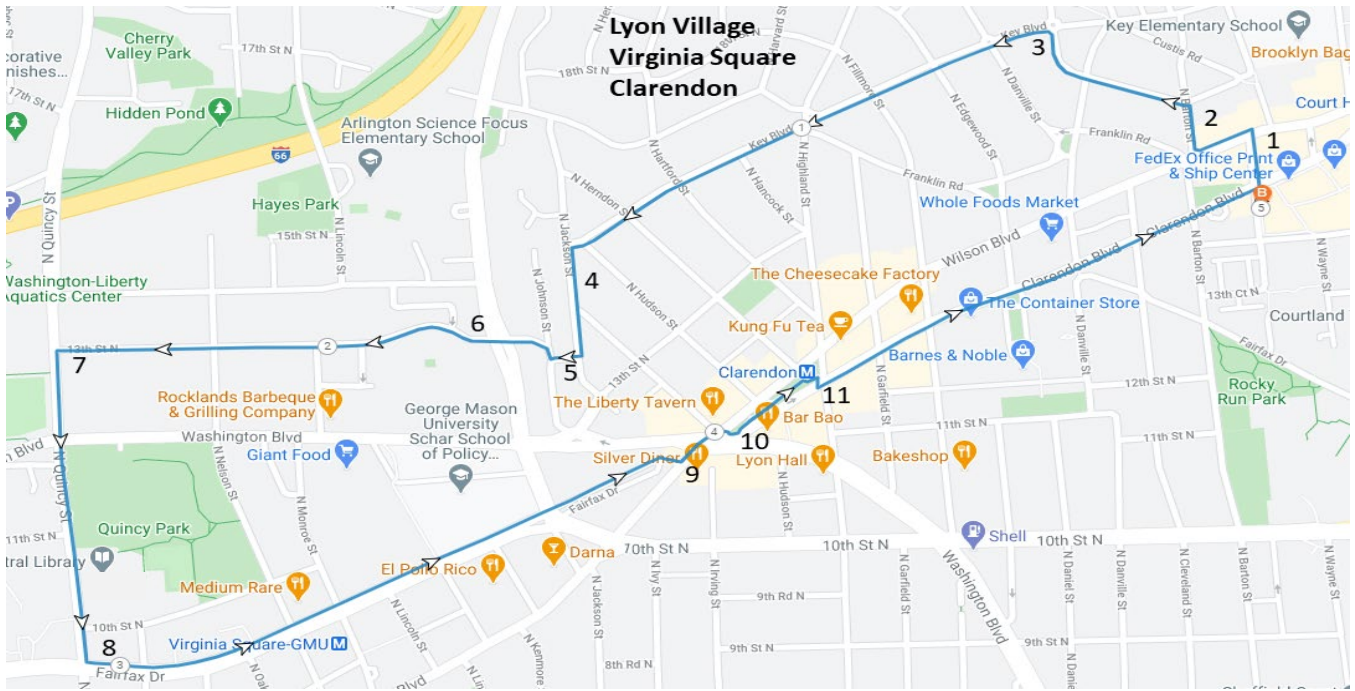
7. Turn **LEFT** on N Quincy St. (*Across the street is Washington-Liberty High School, aka W-L or formerly Washington-Lee High School. Note softball field and football stadium (SP: Par for the Course)*). Carefully cross Washington Blvd. (*Restrooms in the library when open*)

8. Turn **LEFT** on N. Fairfax Dr. At N Kirkwood Rd./ N Jackson St, continue straight on Fairfax into what looks like a parking lot (main road turns into N 10th St.). (*Entering the neighborhood of Clarendon is known for its restaurants*).

9. At end of Fairfax (Wilson Blvd) turn **LEFT** to major crosswalk at Washington Blvd. Carefully cross Washington Blvd and N. Irving St. Turn **RIGHT** at the next crosswalk by The Liberty Tavern to the war memorial in the median between Clarendon Blvd and Wilson Blvd (*Clarendon War Memorial in Clarendon Central Park – SP: WWAV*)

10. Turn **LEFT** through the median park. When the park ends at N. Highland St, turn **RIGHT** to cross Clarendon.

11. Turn **LEFT** to walk on the right side of Clarendon Blvd to N Adams St. Turn **RIGHT** on N Adams St to Finish.




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