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EVENT ID: Y370

TRAIL DESCRIPTION:

Trail is through the historic district of Sykesville on sidewalks, roadsides. 5K and 10K trails see some of the abandoned Springfield State Hospital buildings. The 6K/10K trails include a linear trail that is through a mostly wooded and shady area. The 5K trail is suitable for strollers. Daily dawn to dusk.

PHYSICAL START BOX

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

REGISTERING for the walk

When you register for the walk you can download the PDF file with walk information. The PDF includes directions to the walk start and walk instructions. The fee for the download is \$2. You will be credited for this fee if you complete the walk and pay the walk participant fee within 60 days.

TRAIL RATING:

The 5 km, 6km and 10 km trails are rated 2A.

1	Very small hills or very little stair climbing.	A	Almost entirely on pavement.
2	Some moderate hills or stair climbing.		

AVA SPECIAL PROGRAMS

This walk *Qualifies for any the following Special Programs:*

- Mayflower - 400th Anniversary Walk ends 12/31/2023
- Rockin' Around the Clock ends 12/31/2023
- Walking with America's Veterans ends 12/31/2023

AWARDS

None. Credit Only

START LOCATION

All walking trails start at the French Twist Cafe 732 Oklahoma Ave Sykesville MD

Latitude 39.365140 Longitude -76.969680

AMENITIES:

There are facilities at the Start. Rest Rooms are located on the left side of the Post Office/Visitor Center Building (directly across street from Start), facing the parking lot. Millard Cooper Park on the trail has public restrooms.

AFTER you have completed the walk

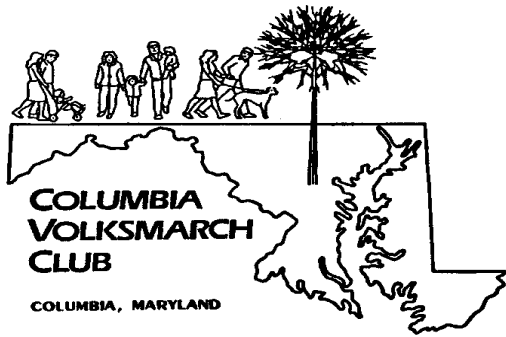
Please remember to log back into the OSB's "Finish Table" after completing the walk. Completion information includes the date the event was walked, the distance walked and applicable special programs.

DRIVING DIRECTIONS

Take exit 80 from I-70 onto MD-32 N/Sykesville Rd. (4 mi) Turn left onto MD-851 N (West Friendship Rd) for 0.5 mi. Continue on Main St. Turn left onto Oklahoma Ave Destination will be on the right. Free parking is available in the public lot behind the French Twist Café.



Seven (7) 2024 Year-Round Walks



in

Howard (6) and Carroll (1) Counties Maryland

January 1 to December 31, 2024

1. **Wilde Lake**

5k/10k, rated 2A

Registration/Start Point: Feet First Athletic Footwear, Wilde Lake Village Center, 5305 Village Center Dr., Columbia, MD 21044.

2. **Columbia Mall**

5k/10k, indoor rated 1A/outdoor rated 2A

Registration/Outdoor Start Point: Feet First Athletic Footwear, Wilde Lake Village Center, 5305 Village Center Dr., Columbia, MD 21044.

Indoor Start Point: Columbia Mall, 10300 Little Patuxent Parkway, Columbia, MD 21044.

3. **Fulton**

5k/10k Walk rated 2A

Registration Point: Feet First Athletic Footwear, Wilde Lake Village Center, 5305 Village Center Dr., Columbia, MD 21044.

Start Point: Sidamo Coffee, 8180 Maple Lawn Blvd Ste F, Fulton, MD 20759 You must drive 12 miles to Start.

4. **Lake Elkhorn**

5k/10k, rated 2A

Registration Point: Feet First Athletic Footwear, Wilde Lake Village Center, 5305 Village Center Dr., Columbia, MD 21044.

Start Point: McDonald's of Owen Brown, 7244 Cradlerock Way, Columbia MD 20145. You must drive 3 miles to Start.

5. **Ellicott City / Oella**

5k/10k, rated 2B

Registration/Start Point: Roger Carter Community Center, 3000 Milltowne Drive (formerly Mt. Ida Drive), Ellicott City, MD 21043

6. **Centennial Lake / Estates**

5k/10k/15k, rated 2A

Registration Point: Roger Carter Community Center, 3000 Milltowne Drive (formerly Mt. Ida Drive), Ellicott City, MD 21043

Start Point: Centennial Park, 10000 Clarksville Pike, Ellicott City, MD 21042. You must drive 5 miles to Start.

7. **Sykesville**

5k/6K/10k, rated 2A

Registration/Start Point: French Twist Cafe 732 Oklahoma Ave Sykesville MD



Walk Directions 6KM/10km

1. **6K/10K**- With your back to French Twist and facing the Post Office/Visitor Center, turn **R** onto Oklahoma Rd and proceed up the hill!
2. Continue carefully on the left side of Oklahoma Ave. Turn **L** on Schoolhouse Road. Walk down to the Historic Colored Schoolhouse on the right. The Little Free Library is on the walkway in front of the school.
3. Turn around and retrace your steps to Oklahoma Ave and turn **L**.
4. Continue on the left on the one-way section and then on the left on the two-way section passing 2nd Ave.
5. Turn **R** on Norris Ave.
6. Turn **L** on Brandenburg Cir. Just past Hawkins St, turn **R** to go through the park. Cross street and enter Sykesville Linear Trail (Path to the right of the guard rail)

TRAIL SPLIT

7. **10K**-Turn **L** at T intersection
6K-Turn **R** at T intersection and follow path to road. **Go to 11.**
8. **10K**-Continue straight on, passing a metal bridge, and then the trail curves right as you reach the Patapsco River. Continue on path.
9. The path bears right, passes sewage treatment building. **Turn R** to re-enter park.
10. Continue on path, cross bridge, turn **L** and proceed back up the hill, retracing your steps. At the top of the hill, the trail bears **left** (this is where 6K walkers went right).
11. Follow trail until it ends at Kalorama Rd (no sign). Cross Kalorama Rd, turn **R**.
12. Cross and turn **L** at Norris Ave. Pass Harold Burkitt Park.
13. Turn **R** on Obrecht Rd. Cross Jennifer Way as the road become 3rd Ave.
14. Turn **R** on Central Ave and walk to end.

TRAIL SPLIT

- 6K** turn **R** on Springfield Ave and proceed to 25
15. **10K** Turn **L** on Springfield Ave, then cross Springfield at crosswalk and turn **R** onto Cooper Dr. (no sign).

- Flag to the left at the intersection of Springfield and Cooper has a veterans plaque (**Walking with Veterans**). Millard Cooper Park is on the left (**Mayflower Qualifier - Humility Cooper/passenger**) and Gatehouse Museum is on the right.
16. **10K**-Continue on Cooper Dr past Millard Cooper Park (**restrooms on left**) then turn **R** to take path through the tunnel under Route 32.
 17. **Turn R** on road to traffic circle. Follow sidewalk halfway around circle to Warfield Ave.
 18. At Nexion Health Building sign, turn **L** to cross Warfield Ave. Turn **R** to continue on other side. You can see some of the abandoned Springfield State Hospital buildings from here.
 19. Turn **L** on next path. Go past small pond on right then continue to next pond & turn **R**.
 20. **L** at next 2 intersections to keep pond on left.
 21. After circling pond, turn **R** on path just before brick building & follow path back to Warfield Ave.
 22. To retrace your steps back to Millard Cooper Park, turn **R** on Warfield & cross when sidewalk on left resumes. Continue back to traffic circle.
 23. Turn **L** on second road, then **L** on path to pass through the tunnel. Go up Cooper Drive.
 24. Turn **L** onto Springfield Avenue, and cross at Center Street. Turn staying on Springfield Ave.
 25. **6K/10K** **rejoin**. Proceed down Springfield, using sidewalk on the right side of road. As road ends, carefully cross and turn **L** on Main Street.
 26. Go down Main Street passing the quaint shops and lovely eateries and see why Sykesville was 2016's Coolest Small Town in America!
 27. If you are collecting **Little Free Libraries**, cross Main Street when you are in front of 7546 Main Street/So Blends Collective and go up stairs to the Sykesville Town House. Near the top you will see a small brown Little Free Library on your left. Then turn around and go back to Main St.
 28. At corner of Main and Oklahoma Ave, look across to see clock on front Porch of 7567 Main St/Revive and Company (**Rockin' Around the Clock**). Then turn R onto Oklahoma Ave to return to start point.



Sykesville 6KM/10KM Map



Walk Directions 5KM

1. **5K-** With your back to French Twist and facing the Post Office/Visitor Center, turn **L** onto Oklahoma and immediately turn **R** onto Baldwin's Drive, passing the

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In case of Emergency: Dial 911
Event related assistance:
John Dye: 410-290-6510

Sykesville MD Year Round Event, 5/6/10 km Walk, Rated 2A

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Centennial Fountain on your left, proceed around Firehouse Creamers to Main Street.

2. Turn **L** onto Main St.

3. At the intersection, cross Oklahoma, then turn **R** to cross Main St. Proceed up Sandusky Rd, using the sidewalk on the left hand side of the road.

4. Pass Little Sykes Railway on your left. The Railway runs on Sundays from 9am - 1pm weather permitting. Call Sykesville Parks on 410-795-8959 to confirm times.

5. Turn **L** onto Village Road.

6. Continue on the sidewalk past the Village House retirement community.

7. Cross Jeroby Road and turn **L** onto the sidewalk on the right hand side of Jeroby Road. Continue on to Springfield Ave.

8. At Springfield Ave turn **R** and proceed past Sykesville Middle School to Cooper Drive (no sign).

Flag to the left at the intersection of Springfield and Cooper has a veterans plaque (***Walking with Veterans***).

9. Turn **R** onto Cooper Dr. Millard Cooper Park is on the left (***Mayflower Qualifier***- Humility Cooper, passenger) and Gatehouse Museum is on the right. The Gatehouse Museum contains Sykesville's History. Call 410-549-5150 for hours.

10. Proceed down Cooper Dr past Millard Cooper Park (**restrooms in a small building on left**) then **bear right** to take path through the tunnel under Route 32.

11. When you come out of the tunnel, follow the path to Warfield Ave. **Turn R** to take Warfield Ave to a traffic circle.

12. Follow the sidewalk halfway around the circle and **turn R** to follow Warfield Ave.

13. At Nexion Health Building sign, turn **L** to cross Warfield Ave. Turn **R** to continue on other side.

You can see some of the abandoned Springfield State Hospital buildings from here.

14. Turn **L** on next path. Go past small pond on right then continue to next pond & turn **R**.

15. **L** at next 2 intersections to keep pond on left.

16. After circling pond, turn **R** on path just before brick building & follow path back to Warfield Ave.

17. To retrace your steps back to Millard Cooper Park, turn **R** on Warfield & cross when sidewalk on left resumes.

18. Walk back to the traffic circle.

19. Bear left around the traffic circle and turn **L** onto the second road. Turn **L** onto the path and pass through the tunnel. Go up Cooper Drive.

21. Turn **L** onto Springfield Ave, and cross at Jeroby Rd. Turn **L**, staying on Springfield Ave.

22. Proceed down Springfield Ave, using the sidewalk on the right side of the road. As the road ends, carefully cross and turn **L** on Main St.

23. Proceed down Main Street passing the quaint shops and lovely eateries that helped Sykesville win Budget Travels 2016 Coolest Small Town in America!

24. If you are collecting **Little Free Libraries**, cross Main Street when you are in front of 7546 Main Street/So Blends Collective and go up stairs to the Sykesville Town House. Near the top you will see a small brown Little Free Library on your left. Then turn around and go back to Main St.

25. At corner of Main and Oklahoma Ave, look across to see clock on front Porch of 7567 Main St/Revive and Company (***Rockin' Around the Clock***). Then turn R onto Oklahoma Ave to return to start point.

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Sykesville 5KM Map



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