



## Volkssport Club at West Point – Cornwall-On-Hudson YRE #0252

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited



For emergencies, dial 911. Event-only related assistance, contact the Point of Contact, Dorothy Basini, at 845-787-4468 in

daylight hours only, and consider walking in groups.

### About the Walk:

This walk affords spectacular views of the Hudson Highlands and the Hudson River. All routes walk through a lovely village and residential areas. A 5k route option is offered (rated 1A) through city streets and offers great views of the Hudson River from on high to the finish point.

A Hudson River Trail route proceeds down to the Hudson River, then up a hill to rejoin the Village Route.

At that point, an additional 5k option (total of 10k) is available to continue past the Hudson Highlands Nature museum and up through a golf course, or one may continue to the finish point.

### Directions and Parking:

Cornwall is halfway between Newburgh NY and West Point NY along NY State Route 9W. The Start and Finish is at the Little League Drive/Riverlight Park in Cornwall, next to the Cornwall Library at 395 Hudson Street.

From Route 9W, take the “Cornwall” exit (Route 218/Academy Avenue). In 0.5 miles, turn right on Main Street, and in 0.2 miles a sharp left on Hudson Street. In 0.1 miles, The Little League Drive parking lot and Riverlight Park is on your right, next to the Cornwall Library. {GPS: 41.4414, -74.0273}

### Restrooms:

Restrooms are located in the Public Library next to the start point when open, or in the small red building past the lake towards Munger Cottage on the left, also when open. Retail establishments exist on Main Street as well.



## Walking Options:

At 1.5k into the walk you may choose to walk either the **Village Trail** or the **Hudson Shore Trail**. Both contain a 5k or 10k option later.

The **Village Trail** contains fewer and less steep hills and goes by some lovely homes with views of the Hudson River.

The **Hudson Shore Trail** includes a very steep downhill not suitable for wheelchairs to get down to the level of the Hudson River. After passing a city park next to the river, there is a steep uphill walk to where both the Hudson Shore and the Village trails join together into one trail, just before the Hudson St and Mountain Rd intersection.

**Both routes offer a 5k/10k option.**

**Let's Walk! (All 5k/10k start here):**

- 1) **WALK** to Hudson St from the parking lot.
- 2) **CONTINUE** on Hudson St, passing the Cornwall public library and, after 2<sup>nd</sup> St, the St. Thomas of Canterbury Church, to Duncan St.

*Look back at the intersection of Hudson St with Idlewild Ave and River Ave and you will see the Trestle Restaurant that used to be used to be the Storm King Theater. The vertical marquee still stands.*

3) **CAREFULLY CROSS** Duncan St then **LEFT** using the crosswalk to the Gazebo Bandstand.

4) **RIGHT** to continue on Hudson, passing the Post Office on the right to Wood Ave (If you pass the Italian Pizza restaurant, on Hudson St, you have gone too far.)

**→ At this point at Wood Ave, you must decide of one of two trails:**

The **Village Trail** is on village streets and avoids one steep hill and includes Hudson River views from a height. 5k/10k splits are available on this route later, and is not as strenuous as the Hudson River Shore Trail below.

**→ Jump to instruction #5 below.**

The **Hudson River Shore Trail** goes through wooded area on a paved street, down a hill and along the Hudson River, then up a hill to rejoin the other routes. A 5k/10k decision is made later on as well as in the Village Trail above

**→ Jump to Instruction #10)0 on page 3**

5) **→ Village Trail walkers only at this point: WALK** one block past Wood Ave, passing the Italian Pizza restaurant, to Wilson Rd.

6) **LEFT** on Wilson Rd to Grandview Ave.

7) **RIGHT** on Grandview Ave. Follow Grandview as it curves, and eventually changes into Cornwall Ave, to River St.

8) **LEFT** on River St to Hedges Ave.



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9) **Bear RIGHT** onto Hedges Ave, then Dock Hill Rd, **crossing Rte 218 via the crosswalk** on the left, onto Hudson St for one block to Mountain Rd.

→ **Jump to Instruction #15 below.**

10) → **Hudson River Shore Trail Walkers only:**

**LEFT** on Wood Ave going down the steep hill to the stop sign at the end, Shore Dr.

11) **RIGHT** on Shore Dr, the Railroad tracks and Hudson River are on left, to the end of Shore Dr.

12) **CROSS** the railroad tracks, pass Donahue Memorial Park to the yield sign.

13) **CROSS** railroad tracks and up Dock Hill Ave to Rte 218 at the top of the hill.

14) **CONTINUE** straight, crossing Rte 218 via the crosswalk on the left, onto Hudson St for one block to Mountain Rd.

15) **Village Trail and Hudson River Shore Trail walkers rejoin at this point.**

→ **If doing 5k, stay on Hudson St** passing Wilson Rd, Wood Ave, Church St. and the Gazebo Bandstand on the right. Then....

→ **Jump to instruction #22 below.**

→ **If doing 10k: TURN LEFT** on Mountain Rd to Boulevard.

16) **RIGHT** on Boulevard, passing the Hudson Highlands on the left.

17) **CONTINUE** on Boulevard to the Y intersection with Hasbrouck Ave.

18) Bear **RIGHT** on Hasbrouck Ave, passing Cornwall Golf Course on left, to Ridge Rd.

19) **RIGHT** on Ridge Rd. This is a winding road leading to Duncan Ave and passing Jogues Retreat on the right.

20) **LEFT** on Duncan Ave to the end, Hudson St.

21) **LEFT** on Hudson Street. The Gazebo Bandstand will be across the street.

22) **ALL 5k/10k Walkers converge here to the end:**

**CONTINUE** on Hudson St, passing Cumberland Farms store on left, to the Starting Point at Riverlight Park.

**You finished!**

**Remember to use the “Finish Table” function of the Online Start Box to complete your walk.**

Sponsored by:

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Our website (<http://nodegreen.com/westpoint/>) has all the details! E-mail us at [vcwpava@gmail.com](mailto:vcwpava@gmail.com)

