



The Liberty Bell Wanderers
 Welcomes You to the
Valley Forge - Historic
 AVA Sanctioned Year Round Event



This AVA rated 2A 11/8km walk is mostly on blacktop multi-use trails in rolling countryside in the most historical part of the park. Passes most major memorials, log huts and Washington's HQs and the Valley Forge Visitor Center.

The starting point is Washington Memorial Chapel Cabin Shop. The Cabin Shop is run completely by volunteers. It offers sandwiches, home-made baked goods, beverages, and souvenirs. Restrooms are available across the driveway. Key is in the Cabin Shop inside the front door.

You are welcome to visit the Washington Memorial Chapel. It is open daily 10-5. In the lobby of the bell tower is the Justice Bell, a full-size replica of the Liberty Bell that was taken on a 5,000 mile tour of all 67 PA counties in 1915 for women's suffrage. There is no charge.

OSB or PSB Walk Registration (not both):

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, do not register using the OSB, then complete your event using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

OSB Walk Completion and Walk Credit:

When using OSB registration, upon physically completing the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Restrooms:

Location	Route	Type	Distance	Hours - Season
Starting Point - Cabin Shop	11/8km	Bathroom	0km	10:00am - 5:00pm
Valley Forge Visitor Center	11/8km	Bathroom	2km	9:00am - 5:00pm
Waynes Woods	11/8km	Bathroom	4.9km	Spring, Summer, Fall
Washington Headquarters	11km	Bathroom	8.5km	Year Round

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

Section Contents	Pages
Introduction, Walk Registration/Completion, Restrooms, and Table of Contents	1
Starting Point Address, PSB Location, Driving Directions, and Walk Directions	2-3
11/8km Map	4
AVA Special Programs applicable to this walk for 2023	5

Starting Point Address:

Washington Memorial Chapel Cabin Shop
 2000 Valley Forge Park Rd
 King of Prussia PA 19406
 (610-783-0576)
 Free parking in Washington Memorial Chapel
 Parking lot

PSB Location:

The start box is located inside the Cabin Shop.
 You will need to ask the staff for the "Walk
 Box".

Driving Directions:

From the South: I-95 North to I-476 North to I-76 West. Continue to US 202 South (Exit 328). Exit 422 West, stay in the right lane and exit to Route 23 West. Left on Route 23 then right to continue on Route 23, do not enter the Valley Forge Park, instead **follow Route 23 as it curves to the left to the Washington Memorial Chapel. Turn Right before the chapel into the parking lot. The Cabin Shop is located behind and downhill from Washington Memorial Chapel.

From Pa Turnpike: Exit at Valley Forge Interchange (Exit 326). After the toll booth, stay in the right lane take the next exit to N Gulph Rd then at the stoplight Right on Gulph Rd. Follow N Gulph Rd, going past the entrance to Valley Forge Park, joining Route 23. Follow directions (**) above.

Emergency Numbers:

In case of Emergency: Dial 911
 Event related assistance:
 Dave Brown (610-906-6252)
 ocmbreeze@aol.com

Walking Instructions:

Map is included for both the 11km & 8km walks.

Abbreviations used:

ns - No Sign. There is no street sign.
 SP - Special Program

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

1. Exit the Cabin Shop and walk to the front of the chapel.

The **Cabin Shop** is run completely by volunteers. It offers sandwiches, home-made baked goods, beverages, and souvenirs. **Restrooms** available across the driveway. Key is in the Cabin Shop inside the front door.

Washington Memorial Chapel was built as a monument to George Washington and is an active Episcopal parish in Valley Forge. In the chapel are beautiful stained-glass windows and sculptures. You are invited to visit. On display in the tower chamber is the Justice Bell a half-size replica of the Liberty Bell used in the Women's Suffrage movement.

2. **CROSS** Rte. 23 at the crosswalk and turn **LEFT** on the paved trail - the **Joseph Plumb Martin Trail (JPM)** and continue to the Visitor Center.

The Joseph Plumb Martin Trail was named for a young private from Connecticut who enlisted in Washington's Continental Army at age 16 and served for the duration of the war. At age 70 he wrote a book detailing all he observed during the war including his time in Valley Forge. It remains in publication to this day under the title "Private Yankee Doodle"

3. **CROSS** County Line Rd. and continue uphill.
4. Turn **RIGHT** at the sign for Visitor Center & Main Parking Lot.
5. **CROSS** the entrance road and pass in front of the newly renovated Visitor Center.

Restrooms are available in the VC.

6. Continue **RIGHT** past the VC. Follow the sidewalk to a crosswalk and turn **LEFT** on the paved path and go up a slight hill.
7. Just before the stop sign, turn **RIGHT** and return to the **JPM Trail**. Follow the trail to the **National Memorial Arch**.
8. Bear **LEFT** at the stop sign. Straight ahead is the **National Memorial Arch**. Walk through the arch. **4K**

The National Memorial Arch was dedicated in 1917 to commemorate the suffering and sacrifices of the men and officers during the encampment.

9. Follow the path straight to the parking lot. Cross the road at the stop sign, then walk across the grass to the **JPM Trail**. Continue to the **LEFT** on the trail.

You will pass two columns on the left commemorating officers from Pennsylvania - Generals John Armstrong and Peter Muhlenberg.

Restrooms located in the parking lot for Wayne's Woods.

10. Just before reaching a solar panel, turn **RIGHT** on the asphalt trail (do not continue straight as the trail goes into the woods). You will also see a sign indicating **JPM Trail**. After a short distance on this trail, turn **RIGHT** on the gravel trail. This trail or road is known as the **Baptist Trace** and goes through Artillery Park. **Alternate:** You may follow the **JPM Trail** when the **Historic Trace** is muddy or slippery.

11. At the end of the Baptist Trace, turn **RIGHT** on the **JPM Trail**. Cross Gulph Rd. and continue to the von Steuben statue. **7K**

General von Steuben of Prussia was Washington's drillmaster. He taught the soldiers how to use the bayonet, and most importantly, how to re-form lines quickly during battle.

If walking the 8K, turn **RIGHT** at the kiosk for Varnum's Quarters. Follow the trail until you reach the crosswalk in front of the chapel. Off to the right is a 50' obelisk which marks the only identified grave in the park. **CROSS** Rte. 23 at the crosswalk and return to the Start Point.

12. At the kiosk for Varnum's Quarters, turn **LEFT**, go across the parking lot, through the stop sign, and cross Rte. 23

13. Turn **LEFT** on the **JPM Trail**.

14. Turn **RIGHT** on **River Rd.** just beyond the sign for Washington's Headquarters. Follow the road to the sidewalk on the right. Continue on the sidewalk to the first building on the right where **Restrooms and Water** are available. Take the ramp in front of the restroom building as it goes downhill towards the train station.

If open, you are welcome to visit the museum inside the restored train station. Washington's Headquarters is the stone building closest to the train station which the public is also invited to tour. If open, there is a tour guide inside to answer any questions. There is no charge to visit either of these sites.

15. Just before the train station, turn **LEFT** on the narrow-paved path leading to the huts on the left. Continue on this path past the statue of Washington to **Potts Barn** (the white building).

16. At **Potts Barn**, follow the trail as it turns left. After approx. 25 yds., turn **LEFT** again to return to the **JPM Trail**. Continue on the trail as it goes up the hill. **9K**

17. Cross **River Rd.** Retrace your steps back to the crosswalk at Rte. 23

18. **CROSS** at the crosswalk and turn **LEFT**. Follow the trail as it goes past **Varnum's Quarters**.

Off to the right as you approach the crosswalk is a 50' obelisk which marks the only identified grave in the park.

19. **CROSS** Rte. 23 at the crosswalk and return to the Start Point.

Liberty Bell Wanderers hope you enjoyed our Valley Forge - Historic walk and hope you will return to enjoy it again.

11/8km Valley Forge Historic Walk



2023 KSWA Special Challenges and AVA Special and National Programs

WALK NAME: VALLEY FORGE - HISTORIC					
NUMBER: Y0288					
67 Counties (no end date)			Chester		
AT Thru Hike (2017 -2023) in PA only			N/A		
AVA SPECIAL PROGRAMS					
Program Name	Years	12K	8K	K	Information
Appalachian Trail in 14 States	(2018 - 2028)				
Border Crossings	(2014 - 2023)				
Great Lakes, Great Fun, Great Fitness, Great Friendships	(2021 - 2023)				
IVV-Americas	(2023 - No end)	X	X		
Lighthouses II	(2023-2025)				
Par For The Course	(2023-2025)				
Rails-to-Trails	(2022 - 2025)				
Town Halls/City Halls	(2022 - 2024)				
Walking with America’s Veterans	(2021 - 2023)				
Walking with Wild Things	(2025 - 2028)	X	X		Gargoyles are located above buttresses at the roofline of Washington Memorial Chapel.
Washington-Rochambeau National Historic Trail	(2021 - 2031)	X	X		Washington’s army camped in Valley Forge
Closed Programs on Route					
Airports – Celebrating American Flight	(2020 - 2022)				
Mayflower – 400 th Anniversary Walk	(2020 - 2022)				
Rockin’ Around the Clock	(2020 - 2022)				
AVA NATIONAL PROGRAMS					
Program Name	Years	12K	8K	K	
50 States / 51 Capitals	(No end date)	X	X		Pennsylvania
Walk the USA (A To Z)	(No end date)	X	X		V