

ELLENSBURG CITY AND CWU - Y0320

Central Washington Sun Striders

5K City Route is Rated 1A - 10K City Route is Rated 2B - 5K Alt Route is Rated 1A

IF AN EMERGENCY DIAL 911

This OSB information packet consists of the following six pages of information:

1. This information page with driving directions, restroom and other info.
2. The 5K and 10K City and CWU walk directions page.
3. The 5K City and CWU map
4. The 10K City and CWU map.
5. The 5K Alternate driving directions and walk directions page.
6. The 5K Alternate walk route map.

Driving directions to the Ellensburg City and CWU 5K and 10K walk start

From Snoqualmie Pass:

Drive east on I-90. Take Exit 106 Ellensburg. Go STRAIGHT through the roundabout on University Way. Follow University Way into town. At Sprague St/Wildcat Way, turn RIGHT on Sprague. At 5th Avenue "T", turn LEFT on 5th and park on the right side of the street along Safeway Store building.

From Yakima or Vantage:

Drive west on I-90. Take Exit 109 Ellensburg. At the stop light, turn RIGHT on Canyon Road toward Ellensburg. Continue into downtown as Canyon Rd. will ANGLE RIGHT and become Main St. Turn RIGHT on 5th Avenue. Just past Sprague St., park on the right side of 5th along the Safeway Store building.

Safeway Store Coordinates: 46.59' 47.67" N 22358 120.32' 34.97" W

Driving directions to the 5K Alt. walk are on the 5K Alt. directions page.

The Alt 5K can be walked by itself or added to the City 5K or 10K to extend them for distance.

Restrooms:

At Safeway Store, City Pool Bldg, and at CWU Student Union/Rec Center (SURC). On Alt. 5K, restrooms or port-a-potties are in North Alder Street Park and McElroy Park.

Words-to-the-Wise and Other Info:

During cold mornings in the late fall, winter and early spring, there may be icy patches especially where temps are below freezing at night and where the sun hasn't shone on or melted ice on walk surfaces. In winter, there will likely be patches of snow. During hot summer days, carry water and bring your own shade as some portions of the walk are unshaded.

Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a walker's Event Bank when he/she submits the walk completion info as a paying for credit walker.) The \$2 "coupon" for the downloaded pdf expires in 60 days.

Thanks for participating in our Ellensburg City and CWU walk. There is another club sanctioned walk in a large, wooded city park along the Yakima river in West Ellensburg and there are sanctioned walks relatively close by in Cle Elum, South Cle Elum, Suncadia, Roslyn, Yakima and Vantage.

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ELLENSBURG CITY AND CWU YRE 0320

Central Washington Sun Striders 10K is Rated 2B 5K is Rated 1A

see notes below for alternate 10K(1A) and for 15K(2B)

IF AN EMERGENCY DIAL 911

5K & 10K start the same with #1

START on 5th Ave with Safeway (or its parking lot) to your left side.

1. **STRAIGHT** on 5th to Ruby St. *City Hall across street at 5th and Sprague.*
 2. **CROSS** Ruby St. and **LEFT** on Ruby.
 3. **CROSS** 3rd and **RIGHT** on 3rd (*history labyrinth in front of large library window*).
 4. **RIGHT** on Main St.
 5. **RIGHT** on 4th Ave.
 6. **LEFT** on Pearl St.
 7. **CROSS** 5th and **RIGHT** on 5th.
 8. **LEFT** on Pine St.
 9. **RIGHT** on University Way for about 50 feet to pedestrian crosswalk light.
 10. Turn **LEFT** and **CROSS** University Way.
 11. **RIGHT** on University Way along CWU campus.
 12. **LEFT** just after Sue Lombard Hall onto wide pedestrian mall.
 13. **RIGHT** just after Black Hall and before the SURC (*Student Union/Rec Center - restrooms*)
 14. **LEFT** at street and follow **RIGHT CURVE** with parking lot on your right. Becomes 11th Ave.
 15. **CONTINUE** following 11th Ave.
 16. **LEFT** on Maple St. which will **CURVE** to the **LEFT** in a block or so. Watch for steps and small bridge over canal (on right) just after the cement basketball court area.
 17. **RIGHT** and **UP** the steps and **CROSS** the bridge over the canal.
 18. **RIGHT** into first parking lot lane and follow to a cement path that crosses it. (Asphalt parking lot/cement path)
 19. **LEFT** to follow the cement path across the parking lot towards the music building.
 20. Keep the music building on your left and **CONTINUE** until you reach the street (Dean Nicholson Blvd, unmarked)
 21. **RIGHT** on Dean Nicholson Blvd. to stoplight.
- ******ALDER ST LOOP -- 5K addition** will cross here and follow those instructions which are on a separate sheet.)**** *If not doing the **5K addition**, continue with #22.*
22. **RIGHT** at stoplight (Alder St).
 23. **RIGHT** at University Way.
 24. **LEFT** at Chestnut Street.

*****5K WALKERS DO #25 - #28. 10K skip to #29)**

25. **LEFT** on 6th Ave. to Veteran's Memorial Park sign, just before the city pool building (*Veteran's Memorial Park sign and memorial*). (*Restrooms*

in city pool building, ask at desk for door code.)

26. **TURN AROUND** and return on 6th, this time **CROSS** Chestnut and **CONTINUE STRAIGHT** on 6th.

27. **LEFT** on Anderson St. for 1 block

28. **CROSS** and **RIGHT** on Anderson St. to Safeway (1/2 block).

****10 K WALKERS ONLY****

29. **LEFT** at 3rd Ave. and go up hill.

30. **LEFT** at Alder St.

31. **RIGHT** at angled T onto Craig Ave.

Carefully walk here as pedestrians and cars share this road!! (*NO restrooms in park.*)

32. **CONTINUE** to base of water tower and **CURVE** back to your left. *Pass American Legion*

33. **RIGHT** at the stop sign, follow the sidewalk as it **CURVES RIGHT** onto 4th.

34. As 4th **CURVES LEFT** and becomes Poplar, take the hillside stairs down, keeping to the **RIGHT** where it divides. It will bring you out on an unsigned road. Continue **STRAIGHT**, passing the county fair office and entry.

36. **LEFT** where the road turns (6th, unsigned), and walk to the end of the city pool building. (*Restrooms inside, ask at desk for door code.*)

37. **RIGHT** at the side of the building into Veteran's Memorial Park and follow the path through the park (*children's playground*) to the street (7th Ave). (*Seasonal restrooms*)

38. **LEFT** on 7th. (Carefully CROSS Chestnut.)

39. **LEFT** on Walnut St. (Carefully CROSS 3rd, 5th, and Capitol).

40. **RIGHT** on Capitol.

41. **LEFT** on Anderson.

42. **RIGHT** on Washington. (*note beautiful garden!*)

43. **RIGHT** on Ruby.

44. **LEFT** on Capitol.

45. **CROSS** and **RIGHT** on Pearl to Dick & Jane's Spot.

46. **LEFT** just after Dick & Jane's, through arch, before parking lot and follow the path next to the house to alley.

47. **LEFT** at alley to street (1st Ave, unmarked)

48. **RIGHT** on 1st Ave.

49. **RIGHT** on Main St.

50. **RIGHT** on 3rd Ave.

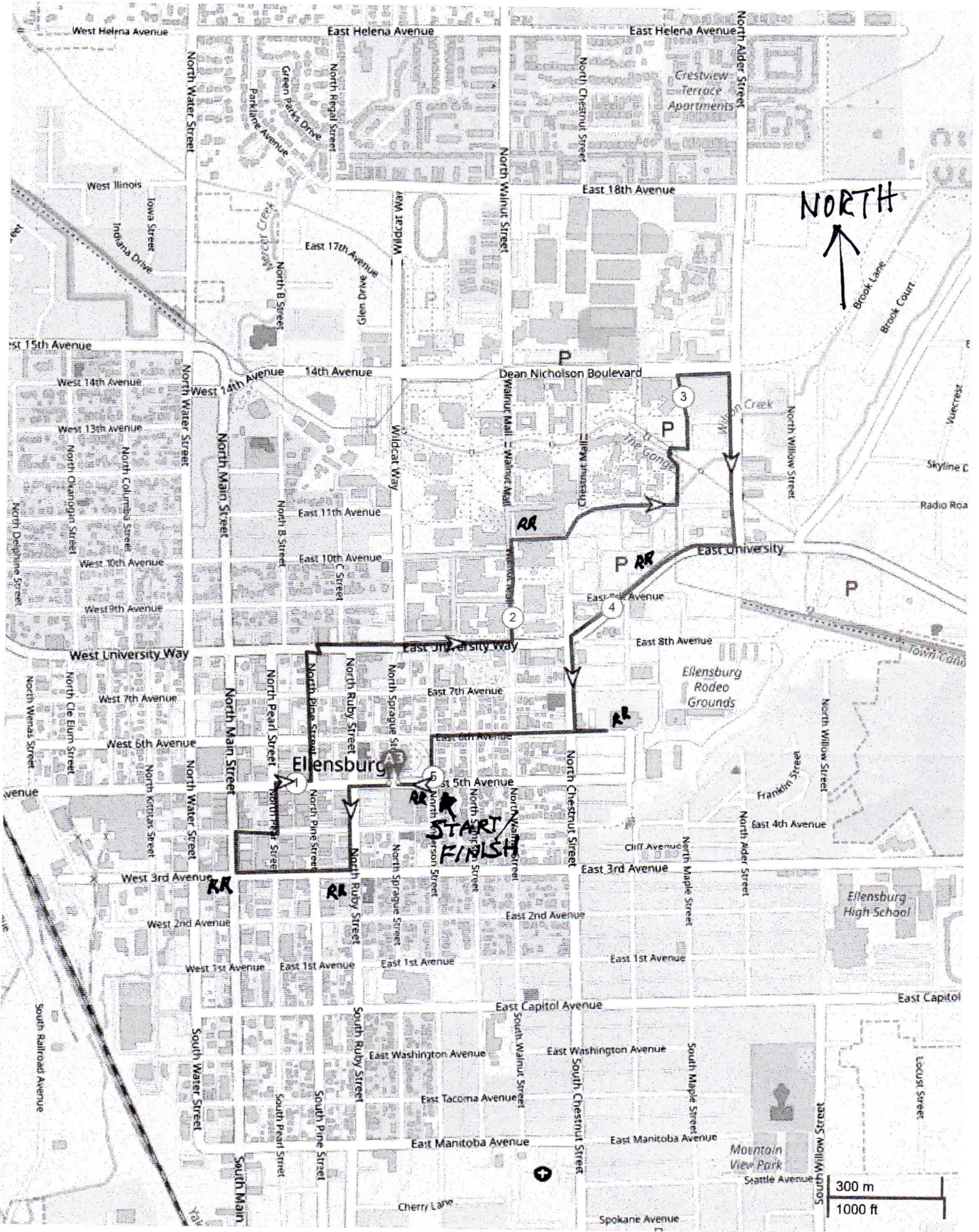
51. **LEFT** on Anderson.

52. **LEFT** on 5th to Safeway (1/2 block).

These walking directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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ELLENSBURG 0320 5 km.



ELLENSBURG CITY AND CWU - YRE 0320 - Alternate 5K Route

Central Washington Sun Striders 5K Alt Route is Rated 1A

IF AN EMERGENCY DIAL 911

NOTE: *This Alternate 5K may be driven to separately and walked by itself. It can also be combined with the regular Eburg 5K or 10K walk route to make for a 10K or 15K walk (see notes below) as this ties in with the Eburg 5K/10K walk route.*

Use the following driving directions if you wish to ONLY do the Alternate 5km.

Exit 106 from I-90 onto University Way. Go STRAIGHT through the roundabout. Follow University into town, passing CWU buildings. LEFT on Alder St., parking along Alder St. near Dean Nicholson Blvd (stoplight) if possible. On school days, parking on Alder St. may be full. If so, there are free gravel parking lots on each side of the Alder St. a long block north, just before Alder intersects 18th Ave.

To do Alternate 5K AS PART OF your 10K or 15K:

Follow driving directions as shown in the regular posting as you will be starting at Safeway.

IMPORTANT NOTE: *If walking this 5K ONLY, start at the trail on the NE corner of Dean Nicholson & Alder St. which is instruction #4. If walking with the standard 5K or 10K walks to extend your distance, follow those walks FIRST and then start with instruction #1 here as prompted on the other walk directions page.*

1. Dean Nicholson Blvd. to the corner (stoplight)
2. **CROSS** Alder St.
3. **LEFT** and **CROSS** 14th Ave/Dean Nicholson (street name change). **
4. **RIGHT** onto the paved path.
5. Follow path as it **CURVES LEFT** and passes the Challenge Ropes Course (which is next to 18th Ave).
6. At 18th Ave (unmarked), **CROSS** 18th and turn **RIGHT**.
7. At Brook Lane "T", **CROSS** Brook Lane and turn **RIGHT** to McElroy Park entrance.
8. **LEFT**, crossing pedestrian bridge across creek into park's parking lot.
9. **CONTINUE** on path as it circles the small park (do NOT go up the hill) and return to parking lot. *If creek is flooded (rare), just turn around and follow #10 to return to Brook Lane. Port-a-potty in parking lot.*
10. **CROSS** parking lot and turn **LEFT**, crossing pedestrian bridge over creek again to Brooklane.
11. **CROSS** Brook Lane (unmarked).
12. Turn **RIGHT** and **CROSS** 18th (unmarked).
13. **LEFT** on 18th to trail crossing.
14. **RIGHT** on wide paved trail (just after ropes challenge course, on your left).
15. **CROSS** Helena (unmarked), *passing US Military markers on your right.*
16. **LEFT** at Greenfield St. (*unsigned - after the last US Military marker.*)
17. **LEFT** on Alder St.
18. **LEFT** into No. Alder St. Park (turn by Little Library).

19. Keep **LEFT** and follow the path, circling the park to the right (don't exit park at back) and passing the playground. *Seasonal restroom/off-season port-a-potty at picnic shelter.*
20. **LEFT** at parking lot toward Alder Street.
21. **CROSS** and **LEFT** on Alder Street. **CROSS** Helena and 18th, continuing on Alder.
22. **RIGHT** on Dean Nicholson Blvd.
23. After the dorm and just before the tennis courts, turn **LEFT** at crosswalk to **CROSS** Dean Nicholson Blvd.
24. **LEFT** on Dean Nicholson Blvd, toward the traffic signal at Dean Nicholson and Alder St.

If you are doing this as an ADDITION to the regular 5K or 10K Eburg routes:

Continue with your previous instruction sheet, at instruction #22.

If you parked on Alder St. or in one of the gravel lots for this loop ONLY, your vehicle is most likely to your left at the traffic signal. You started the walk at this intersection.

Thank you for walking with us!

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Ellensburg 0320 - ALTERNATE 5km.

