

**Freestate Happy Wanderers Bowie, Maryland 6K & 10K Year-Round Event
(Y0390), an AVA Sanctioned Year-Round Event**

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This is a quiet walk on paved trails and sidewalks through a nice suburban community. It is rich in wildlife, including waterfowl and songbirds, and the occasional turtle. Both trails lie entirely within the City of Bowie and Prince George's County. Allen Pond Park is the City's premier, multi-use park. It is home to the Bowie Ice Arena, the Robert V. Setera Amphitheater, and the Bowie Skate Park. The park is also home to Opportunity Park, offering 100% accessible activities in preschool and school-aged playgrounds. Blacksox Park is primarily designed for baseball and softball, but also has playgrounds for all ages. Located in a 1906 storekeeper's house, the National Capital Radio and Television Museum (ncrtv.org) explores broadcast history from the earliest days of wireless telegraph to the development of television. A fascinating collection of broadcast memorabilia includes depression-era cathedral radios, early televisions, transistors, and crystal sets. Hours are of operation are: Fri, 9am-4pm, Sat and Sun, 12noon-4pm. Admission is free.

Trail Descriptions:

This event consists of a 6KM route and a 10KM route starting from the Starbucks in Bowie Town Center. Both routes lie entirely within the City of Bowie and pass the Bowie City Hall and Evergreen and Allen Ponds. Trails are a combination of paved trails and sidewalks in residential and wooded areas. Pets are allowed on both routes which are also suitable for wheelchairs and strollers.

1. Bowie 6KM route: The 6K trail is along streets of Bowie, through Allen Pond Park, along Evergreen Pond and in Bowie Town Center. This route is rated 1A.
2. Bowie 10KM route: The 10k trail also goes to Blacksox Park and past the National Capital Area Radio & Television Museum (see hours above). This route is rated 1A.

Special Programs:

Par-For-The-Course

Step to the Beat

Town Halls / City Halls

Washington-Rochambeau National Historic Trail

Freestate Happy Wanderers Website: <https://sites.google.com/svsvc.org/fsw/home>

7/2/2024

Start Point:

Starbucks, 3924 Town Center Blvd, Bowie, MD 20716.

Walk hours are sunrise to sunset. Walk only during daylight hours. Pets are allowed on this event, although they must be leashed at all times and cleaned up after.

(GPS: Lat: 38.94465, Long: -76.73387)

Amenities:

Restrooms are available in Starbucks and at several locations on the trail during the warm months. Food is also available at several locations in Bowie Town Center to suit every pocketbook and taste.

Driving Directions:

3924 Town Center Blvd, Bowie, MD 20716.

From I-95 (I-495/Washington Beltway), Exit 19A (Bowie)/US 50 E. Take US 50 6 miles to Exit 11 S (MD 197/Collington). Right at 3rd light to Town Center Blvd. Left at 1st intersection at bottom of hill. Right to parking lot behind Aroma Restaurant and Lounge. Walk through walkway to left of Aroma, turn left at sidewalk.

From east, take MD 3/301 N or S, exit at MD 197 N (Rip's restaurant at intersection). Turn N on MD 197. Left at 3rd light to Town Center Blvd. Left at 1st intersection at bottom of hill. Right to parking lot behind Aroma Restaurant and Lounge. Walk through walkway to left of Aroma, turn left at sidewalk.

Walk Registration:


Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Note: This event also has a physical start box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete this event. Do not mix and match. For example, if you register using the OSB do not complete your event by using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distance and any special program using the OSB. See below.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please log in to your Online Start Box account, click on the "My Start Box" tab, then the "Finish Table" tab, and click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Emergency Numbers:

	In case of Emergency: Dial 911 Event related assistance: Karen Gill (301) 219-9010
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<p>These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.</p>
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BOWIE, MARYLAND YRE Y0390

6K Walk, Rated 1A

1. Exit Starbucks, turning **LEFT** down the sidewalk. Cross Emerald Way at the traffic circle.
2. Immediately **turn LEFT** and walk towards the Stop Sign at the end of the street (former Sears building across the street, no sign). **Cross** East Dr. and **turn RIGHT**. Continue straight past the parking lot and **CAREFULLY** cross Evergreen Pkwy.
3. **Turn LEFT**, continue on sidewalk along Evergreen Pkwy. Pass a stormwater pond on right. Evergreen Pkwy turns left. Continue straight, passing Bowie City Hall on right. You are now on Excalibur Rd. Continue on the sidewalk (large pond on your right).
4. At the traffic light **CAREFULLY** cross Mitchellville Rd. at **CROSSWALK** and continue on Excalibur Rd, crossing Excaliber Ct.
5. **Cross and turn RIGHT** on Edenwood Dr. Walk 25m and **turn LEFT** into Glen Allen Park.
6. At the 3-way intersection, **bear LEFT** and continue on pathway, playground slides will be on your right. **Bear LEFT** at “Y” just past tennis courts, softball field will be on right.
7. **Turn hard LEFT** at parking lot, go through yellow gate and white fence, to Atlantis Dr.
8. **Turn RIGHT** on Atlantis Dr.
9. **Turn LEFT** at the traffic signal, crossing Atlantis Dr., then immediately **turn RIGHT** crossing Mitchellville Rd. **Continue STRAIGHT** ahead on Northview Dr (Atlantis becomes Northview at the traffic signal). Athletic fields on your left.
10. **Turn LEFT** on the sidewalk at the entrance to Allen Pond Park just past the Bowie Ice Arena. Continue on the sidewalk, which turns left to pass in front of the arena. Water and restrooms available in ice arena.
11. As you approach the steps, **turn RIGHT** and cross the parking lot on the marked crosswalk. **Continue STRAIGHT** ahead and go up the stone steps. Walk **STRAIGHT ahead** across the grassy slope to the left of the gray stage.
12. At the brick path, **turn RIGHT** and continue around Allen Pond, keeping the pond on your left. At the path intersection **turn LEFT** onto the blacktop path and continue until you reach Nottinghill Dr. (no sign, white fence).
13. **Turn RIGHT** on Nottinghill Dr walking to the corner of Nottinghill and Northview Dr.
14. Cross Northview Dr at light and **turn RIGHT**. You are now walking on the sidewalk along Northview Dr. Cross Everette Dr, continuing straight until just past the black chain link fence. **Turn LEFT** at first blacktop path. Ignore all side paths. Stay on path as it turns left.
15. **Turn RIGHT** at the 4-way intersection, tot lot on your left. Straight behind houses (ignore side paths); at fork, **bear RIGHT and quickly LEFT**. Cross Everest St (no sign) and stay on blacktop path.
16. At pond, **turn LEFT**. Follow path onto wooden boardwalk and bridge. At end of the bridge **turn LEFT** towards the shopping center. At the “Y” near the road, **turn LEFT**. Walk along left side of Evergreen Parkway to Town Center Blvd.
17. Cross Town Center Blvd, **turn RIGHT**, and cross Evergreen Parkway at the crosswalk.
18. Walk **STRAIGHT** ahead on left side of Town Center Blvd. Cross Emerald Way and about halfway down the block (Panera Bread on the left), **turn RIGHT** and cross Town Center Blvd using the crosswalk. **Turn RIGHT** and return to Starbucks.

Thank you for walking with Freestate. Please patronize Starbucks and thank the staff for supporting this event.

**Questions/Issues Contact:
Karen Gill at (301) 219-9010,
12713 Kingsfield Lane, Bowie MD 20715**

Bowie 6Km Volksmarch Route



300 m
1000 ft

Map Data © OpenStreetMap Contributors

BOWIE, MARYLAND YRE Y0390

10K Walk, Rated 1A

1. Exit Starbucks, turning **LEFT** down the sidewalk. Cross Emerald Way at the traffic circle.

2. Immediately **turn LEFT** and walk towards the Stop Sign at the end of the street (former Sears building across the street, no sign). **Cross** East Dr. and **turn RIGHT**. Continue straight past the parking lot and **CAREFULLY** cross Evergreen Pkwy.

3. **Turn LEFT**, continue on sidewalk along Evergreen Pkwy. Pass a stormwater pond on right. Evergreen Pkwy turns left. Continue straight, passing Bowie City Hall on right. You are now on Excalibur Rd. Continue on the sidewalk (large pond on your right).

4. At the traffic light **CAREFULLY** cross Mitchellville Rd at **CROSSWALK** and continue on Excalibur Rd, crossing Excaliber Ct.

5. **Cross and turn RIGHT** on Edenwood Dr. Walk 25m and **turn LEFT** into Glen Allen Park.

6. At the 3-way intersection, **bear LEFT** and continue on pathway, playground slides will be on your right. **Bear LEFT** at “Y” just past tennis courts, softball field will be on right. **Turn hard LEFT** at parking lot, go through yellow gate and white fence, to Atlantis Dr.

7. **Turn LEFT** on Atlantis Dr crossing Azimuth Ct and Atwater Ct.

8. Just past “15700 Atlantis” **turn RIGHT**, **CAREFULLY** cross Atlantis Dr, and **continue STRAIGHT** on blacktop path.

9. At the first intersection **turn LEFT**; soccer fields will be off to the right. Ignore paths on both sides and continue straight. Cross the bridge (**3.0k**) and continue straight until you reach Mt Oak Rd, no sign.

10. **CAREFULLY** cross Mt Oak Rd and continue **STRAIGHT** on pathway (sign says “Amber Meadows”).

11. **Turn RIGHT** at first intersection (signpost–Blacksox Park). Enter Blacksox Park and continue between ballfields. Walk around brick building to the right and continue on pathway between ballfields. (NOTE: the restrooms are **ONLY** open when there are games.)

12. At the parking lot, **bear RIGHT**, and continue straight ahead to a blacktop path in the corner (sign – Mt Oak Rd). Continue on path to Mt Oak Rd.

13. At Mt Oak Rd **turn LEFT** on sidewalk. Cross Appleton Ln and continue to light at Mt Oak Rd & Mitchellville Rd. (Refreshments available in 7-11.)

14. **CAREFULLY** cross Mt Oak and Mitchellville Roads in crosswalk. **Turn RIGHT**.

On your left is the **National Capital Radio and Television Museum**). The museum is open, free of charge, Fridays 10 a.m. to 5 p.m. and Saturdays and Sundays 1 to 5 p.m

Continue past the Radio & Television Museum on the **LEFT** side of Mitchellville Rd, crossing Nemo Dr and North Platte Dr.

15. **Turn LEFT** onto North Oak Ct (at the office park). Cross November Dr and Ct (no sign). **Cross and turn LEFT** onto Norwalk Ct. (**6.0k**)

16. **Turn RIGHT** onto Nottinghill Dr. After a short distance **turn RIGHT** onto first path into Allen Pond Park.

17. **Turn RIGHT** at the “T”. (NOTE: You will be walking most of the way around Allen Pond, with the water on your left). Continue past the “island bridge”, and past a playground on your right.

18. Just past the playground, **turn LEFT** onto the brick path which goes between the dock and the gray boat rental building. NOTE: Restroom availability in park: in boat rental and red brick building during the summer; port-a-pots all year. Also check out the Bowie Ice Arena for restrooms – to your right, across the parking lot.

BOWIE, MARYLAND YRE Y0390

10K Walk, Rated 1A

19. Follow the brick path near the pond's edge, passing behind the gray stage of the Setera amphitheater (**7.0k**). Continue on brick pathway along the pond's edge. **Turn LEFT** onto the blacktop path, keeping the water on your left.

20. Just before the white fence, **turn RIGHT** onto Nottinghill Dr. Continue to corner of Nottinghill Dr and Northview Dr.

21. Cross Northview Dr at light and **turn RIGHT**. You are now walking on the sidewalk along Northview Dr. Cross Everette Dr, continuing straight until just past the black chain link fence. **Turn LEFT** at first blacktop path. Ignore all side paths. Stay on path as it turns left.

22. **Turn RIGHT** at the 4-way intersection, playground on your left. Continue behind houses (ignoring side paths); at fork, **bear RIGHT and almost immediately LEFT** and cross Everest St (no sign). Continue on blacktop path.

23. At lake, **turn LEFT**. Follow pathway onto wooden boardwalk and bridge. At end of the bridge **turn LEFT** towards the shopping center. At the "Y" near the road, **turn LEFT**. Walk along LEFT side of Evergreen Pkwy to Town Center Blvd.

24. Cross Town Center Blvd, **turn RIGHT**, and **CAREFULLY** cross Evergreen Pkwy. Walk **STRAIGHT** ahead on left side of Town Center Blvd. Cross Emerald Way at the circle and about halfway down the block (Panera Bread on the left), **turn RIGHT** and cross Town Center Blvd using the crosswalk. **Turn RIGHT** and return to Starbucks.

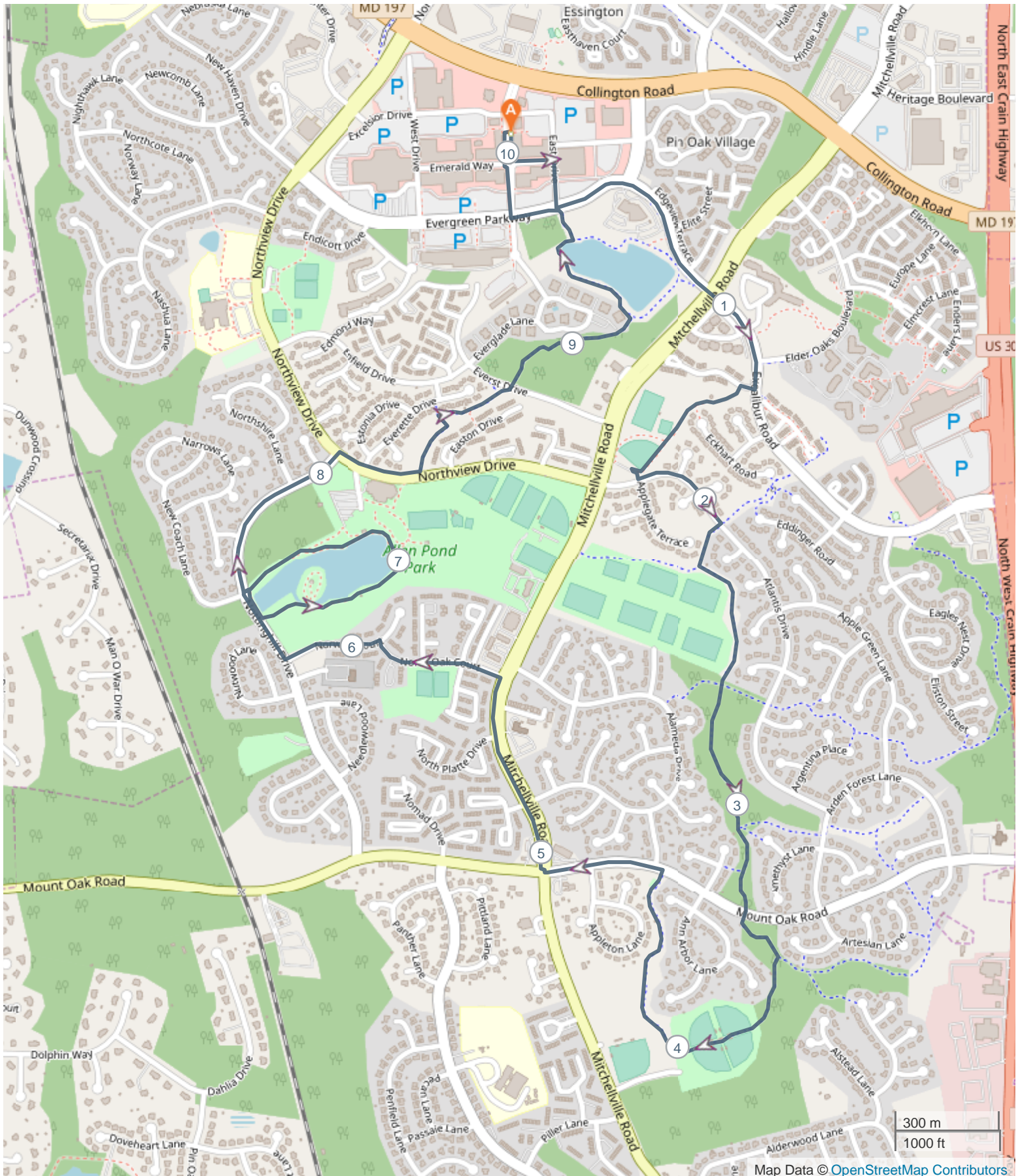
Thanks for walking with Freestate. Please patronize Starbucks and thank the staff for supporting this event.

Questions/Issues Contact:

Karen Gill, 301-219-9010

12713 Kingsfield Lane, Bowie MD 20715

Bowie 10Km Volksmarch Route



300 m
1000 ft

Map Data © OpenStreetMap Contributors

BOWIE TOWN CENTER



DIRECTORY LEGEND

- Amazon Locker
- Vending Machine
- Complimentary Wi-Fi
- Family Restroom
- Mall Management
- Restrooms

- DEPARTMENT STORES & ANCHORS**
- Barnes & Noble
 - LA Fitness
 - Macy's
 - Off Broadway Shoes
- WOMEN'S FASHION & SPECIALTY**
- Ashley Stewart
 - Ethnicities
 - Lane Bryant
 - LIDS
 - Lipstick & Misfits
 - Torrid
 - Versona
 - Victoria's Secret
 - VIVI Trendsetters
- MEN'S FASHION & SPECIALTY**
- Men's Wearhouse
 - Suit & Co.
- MEN'S & WOMEN'S FASHION & SPECIALTY**
- Express Factory Outlet
 - What Should I Call My Store
- CHILDREN'S FASHION & SPECIALTY**
- The Children's Place

- SHOES & FOOTWEAR**
- Famous Footwear
 - Foot Locker
 - Off Broadway Shoes
 - Snipes
 - Stepping Pretty
- JEWELRY & WATCHES**
- Claire's
 - Gold USA
 - Kay Jewelers
- HEALTH, BATH & BEAUTY**
- Bath & Body Works
 - Bowie Town Barbers
 - Braids by TITI
 - Chi Bella
 - European Wax Center
 - GNC Live Well
 - Inspire Nails
 - Judith Blanco Beauty
 - LA Fitness
 - LensCrafters
 - Luxury Spa Nails
 - Nail Trix
 - Rally's Hair Salon
 - Sola Salon
 - Visionworks

- HOME DECOR & FURNISHINGS**
- Design Expo Flooring Center
 - Overdue Recognition Art Gallery
 - Sleep Number by Select Comfort
- SPECIALTY RETAIL, GIFTS & LUGGAGE**
- Dollar Tree
 - J-Mart
 - Oopsies Daisies Flower Shop
 - Safeway
- BOOKS, MUSIC, MOVIES & CARDS**
- Barnes & Noble
 - Best Buy
- ELECTRONICS & ELECTRONICS ACCESSORIES**
- AT&T
 - Barnes & Noble
 - Best Buy
 - GameStop
 - My Cell Phone Repair
 - Verizon Wireless
- ENTERTAINMENT**
- All in Adventures
 - PartyHQ
- PERSONAL & PROFESSIONAL SERVICES**
- Bowie Tailor
 - Coach Cleaners
 - H&R Block

- RESTAURANTS & FOOD**
- Aroma Restaurant & Lounge
 - BJ's Bewhouse
 - Bruster's Real Ice Cream
 - Charley's Philly Steaks
 - Chipotle
 - First Watch
 - Five Guys
 - Cake Batter & Co *Coming Soon*
 - Longhorn Steakhouse
 - Mezeh Mediterranean Grill
 - Noodle and Co.
 - Olive Garden
 - Panda Express
 - Panera Bread
 - Potbelly Sandwich Shop
 - Quickway Japanese Hibachi *Coming Soon*
 - Red Robin
 - Sardi's Pollo A La Brasa
 - Smoothie King
 - Starbucks Coffee
 - Three Brothers
 - Italian Restaurant
 - Twisted Crab
 - Wingstop

QUESTIONS?
 Guests with general questions or those needing special assistance are encouraged to contact the mall management office at:
(301) 860-1818



blue outdoor
 FOR ADVERTISING INFORMATION
 CALL 1-888-759-0209