



Mid Florida Milers Walking Club

Orlando South 5K & 10K Year Round Event©

Administrative Information for the
Orlando South 5K and 10K Walks©
Event Y0395
Questions today? (407) 706-3034

This walk is sponsored from 2026 by Sharon Axelrod

DIRECTIONS: GPS: GPS: 28.5316611,-81.3755015.

To the walk start at Beardall Senior Center at 800 N Delaney Av. from I-4W, use exit 83, Anderson St. Left to Orange Av. Right on Orange Ave to 3rd light (Gore Av). Left, then left at mid-block into the Senior Center. From I-4E use exit 83. Right on South St. Then right on Orange Av to 4th light (Gore). Left and then left at mid-block to the Senior Center. From SR408W use exit 11A, Rosalind. Stay in left lane to Orange Ave. Left on Orange to 4th light (Gore), then left at mid-block into Senior Center. From FL408E use exit 10B just before I-4 to Delaney Ave. Right on Delaney to Gore. Right to Center at mid-block. Parking is available in the Center's lot. Strollers and wheelchairs permitted. Leashed pets allowed. Please carry water.

Contact: JoAnne, (407) 222-8118, beachfan10478651@aol.com.

This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. **Do NOT mix and match**, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Log into the OSB system (my.ava.org) to "finish/complete" your online registration after the walk. You pay the \$4 fee by credit card and have access to the walk instructions/directions immediately. When you later enter 'completed', you can download the printable stamped insert card.

AVA Special Programs: Par for the Course; Walk the USA A-Z: O. There are separate pages for the 10K and for the 5K in the file.

As with all remote start walks your assistance to keep the route and information current is requested. Issues, comments? Email POC: beachfan10478651@aol.com. Current Mid-Florida Milers YREs will be found on our web site: www.midfloridamilers.org. or see our [Facebook page](#).

Special thanks to MFM member and route monitor JoAnne Cross for developing historical data provided on the Downtown and South walks. Data courtesy of "Orlando Lake Lucerne Historical Trail" by Steve Rajtar.



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*Restrooms are available at AMTRAK Station. Map on reverse. **Points of Interest (POI)** are keyed to route instructions number.*



Emergency-911; Injury? 407-375-2387
Questions? call JoAnne 407-222-8118

1.	Exit RIGHT from the front and RIGHT at corner onto sidewalk past shuffleboard courts. POI
2.	Cross parking lot onto Bay St. (no sign) & RIGHT .
3.	LEFT on Delaney Ave. POI
4.	Cross & LEFT on S. Lake Lucerne Circle. POI (Lake Lucerne is on the right).
5.	Cross Orange Ave. at light and continue onto W. Lake Lucerne crossing to left sidewalk at Westminster Towers. POI
6.	Cross & LEFT on Lucerne Terrace.
7.	RIGHT on W Gore St. POI to left .
8.	LEFT & cross Gore at Lucerne Terrace (traffic light), RIGHT & cross Lucerne Terrace. Continue on Lucerne to Columbia. POI-on corner at Gore .
9.	Carefully cross & RIGHT on Columbia.
10.	LEFT at Sligh. <i>Historic Amtrak train station is on the right.</i> POI
11.	Cross & LEFT on Copeland. Cross Lucerne Terrace to circle at Orlando Health complex. POI .

12.	RIGHT on the covered sidewalk to wide concrete walkway. Cross Sturtevant St. Now on Kuhl Ave. Continue to Miller.
13.	LEFT at W. Miller, cross Kuhl then RIGHT crossing W. Miller. Continue on Kuhl to concrete sidewalk towards lake.
14.	Follow sidewalk along Kuhl and enter walkway around Lake Beauty, curving left keeping lake on your left. POI
15.	RIGHT on Miller St. & cross Orange Ave. at the light. Straight on E. Miller on right side (do not take left fork).
16.	Cross & RIGHT on Delaney Ave. POI before Delaney .
17.	LEFT on Avalon Bv.
18.	LEFT on Osceola Ave. Walk on left.
19.	LEFT on Raehn St.
20.	RIGHT on Delaney Ave.
21.	Continue straight at light at Briercliff Ave. Restrooms in Delaney Park.
22.	Cross & RIGHT on Euclid. POI
23.	LEFT on Cherokee Dr. POI
24.	LEFT on Delaney Ave.
25.	Cross and RIGHT on Delaney Ave. to finish.
26.	LEFT on Beardall sidewalk to statue and finish.

**THANKS for walking with the
Mid-Florida Milers**



Link to all MFM YREs



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Walk Item	Points of Interest
1	Delaney Elementary School was opened in 1920. It was phased out as an elementary school in 1975. The city bought it from the county school board in 1983 and converted it to the senior center.
3	713 Delaney-McCormick House 2d on right. Joseph E. Woodrick built this Spanish Rococo style house in 1924 for Joe McCormick, president of Lake County Manufacturing Co. McCormick and F. A. Peppercorn built the nearby Delaney Elementary School. 710 Delaney on left (2d house) is a fine example of the Colonial Revival style, built in 1923. It features 5 bays and a turned balustrade above the side porch. 705 Delaney on right at corner is the McEwan House, built in 1920. Dr. J. S. McEwan was a founder of Orange Memorial Hospital, and president of the Association of Surgeons of the Atlantic Coast Line Railroad. During the mid-1910's he and Dr. C. D. Christ raised money to build a new hospital to replace St. Lukes Hospital, which was running out of funds and finally closed in 1916. They founded Orlando General Hospital in 1918, which is now known as Orlando Health.
4	236 S. Lucerne Circle on left (SW corner of Delaney and S Lake Lucerne). Woodruff House was designed in the prairie style for Seth B. Woodruff in 1916. Murry S. King was one of Orlando's first architects. Woodruff was involved in farming, merchandising, and public service. He sold the home in 1934 to Lyman Beckes. It has been remodeled for use as law offices. Davis Causeway. Originally both parts of Lake Lucerne were joined and traffic had to go around it to leave downtown to the south. March 3, 1956 was the opening of the J. Rolfe Davis Causeway. Mayor Davis was in the first car to drive across the causeway.
4	Early Settlers along Lake Lucerne: James P. Hughey of Georgia arrived in 1855 in a covered wagon, built a log house and homesteaded 160 acres from Lake Lucerne to Parramore Ave. He established the first drainage system—a big ditch through Lake Minnie (now Cherokee) and Lake Davis to the sinkhole in what is now Greenwood Cemetery.

Walk Item	Points of Interest
	In 1885 Charles Lord of England came to Orlando and established the Lord Grocery Co. He built his home then donated 2 black swans to the lake. He also donated Billy Bluebeard and Sallie, a pair of white swans which he brought back from the private preserves of English King Edward VII in 1910. Billy picked on the black swans so much that the black ones were moved to Lake Eola, where the city took care of them. One year his mate failed to hatch any eggs, so Billy grabbed her by the neck, dragged her into the lake and drowned her. When he died, he was stuffed and placed in the Orange Co. Historical Museum. Davis Causeway. (On your Right) Originally both parts of Lake Lucerne were joined and traffic had to go around to leave downtown to the south. This ended in 1956 with the opening of the J. Rolfe Davis Causeway. Mayor Davis was in the first car to drive across the causeway.
5	20 W. Lucerne Cir. S Lucerne Towers. In 1959 Lucerne Towers, Inc. received a permit for an 8-story apartment building. Designed by Broleman & Rapp and built for \$4 million, it was one of the tallest buildings in Orlando for some time. 50 W. Lucerne Cir. Bridges House is a classical Revival style home designed by New Jersey architect Wilson C. Ely for retired NY clergyman Rev. John J. Bridges. It was built in 1916 and renovated for professional offices in 1982. This was the first home built in Orlando in the highly academic Classical Revival style. 70 W. Lucerne Circle, S. In 1972 the Gentile House, built in 1918, was razed for the construction of Westminster Towers, a retirement center sponsored by the First Presbyterian Church of Orlando. It officially opened August, 1975.
7	80 W. Gore St. the Davis House is the 2d building on the south side of Gore. William M. Davis moved here from SC and was involved in farming and the turpentine industry. He invested in real estate and served as a vice president of the Orlando Bank & Trust Co. He also helped organize the Orange County Fair Assoc. in 1909. He built this Greek Revival home about 1925, later remodeled as a doctor's office.

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Walk Item	Points of Interest
8	830 Lucerne Terrace , Berman House is on the corner of Gore & Lucerne Terrace. Nat and Pauline Berman came to Orlando in 1908 and had a store which was called Bumby Hardware Store. The Bermans moved into this house in 1935. Pauline was an activist in the civil rights movement and was the first female radio news commentator in the U.S, hosting her own program from 1930 until 1933. For years this was the Baby House—a store run by Berman’s son-in-law, Al Prince. In the 1990’s it was sold, along with Prince’s house to the west, and it was converted into the area’s first Jewish funeral home.
10	Railroad Station . Architect M. A. Griffith was sent by the railroad to the west coast to study various examples of Spanish architecture to produce a station with a Spanish Mission Revival style. His experience produced a building with a relatively plain appearance similar to that of California Spanish colonial churches. It was built in 1926 by W. T. Hadlow and features an arcade, parapet, tile roof and flanking bell towers. It opened with a large celebration Jan. 11, 1927.
11	Orlando Health . One of the founders of this hospital was Dr. C. D. Christ, a surgeon. He had established a private sanitarium and hospital in the Christ Building on E. Central Boulevard in 1910. The Church and Home Hospital provided for the community’s medical needs on Anderson St. Until it ran out of money and closed in 1916. Dr. Christ and Dr. John S. McEwan raised the funds necessary to build a new one, which opened as Orlando

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	General Hospital in 1918. It was renamed Orange Memorial Hospital, later became Orlando Regional Medical Center, and now Orlando Health. Orlando Health is a huge complex including Winnie Palmer Hospital for Women and Babies and Arnold Palmer Hospital for Children.
14	Lake Beauty Park was created with the relaxing enjoyment of patients, guests and staff at Orlando Health. The path around the lake is .4 kilometers.
16	336 S. Jasmine Ave. just before Delaney Ave. At the northwest corner of Jasmine and Miller is a Mission style bungalow built in 1925. Featured are parapets and typical buttresses, covered by rough-cut stucco. Its basic plain style is made more interesting by the use of small-paned, arched windows
22	Al Coith Park on the left was named after the Superintendent of Parks during the 1930’s. The school and the road are named for early settler James Delaney, who arrived in Orlando from Covington, GA in 1875.
23	Edwards House: 309 E. Cherokee Dr. (Delaney and Cherokee) Dr. Gaston H. Edwards began practicing medicine in Orlando in 1909 after serving as a surgeon in the Colon Hospital in the Panama Canal Zone. In 1914 He and Dr. J.S. McEwan organized the Orlando Clinic. This home was built in 1924 by A. B. Struble in Colonial Revival interpretation of Greek Revival architecture. (21 Aug 2022)




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1.	Exit Beardall to sidewalk & LEFT toward front of building. Follow sidewalk to right of statue & bear RIGHT to road. <i>See POI.</i>
2.	RIGHT on sidewalk to Delaney Ave. / Gore Ave. light.
3.	Cross & RIGHT on Delaney. <i>See POI.</i>
4.	LEFT crossing Delaney Ave. & RIGHT w/park on the left. <i>POI.</i>
5.	Cross & LEFT on Euclid Ave.
6.	RIGHT on Richmond St. Restrooms in Park.
7.	LEFT on Osceola Ave. crossing Richmond;
8.	RIGHT on Gore Ave. crossing Osceola Ave.
9.	Cross & RIGHT on Summerlin Ave.
10.	LEFT on Florida St.
11.	RIGHT on Brookvilla Ave.
12.	Cross Briarcliff Dr. onto Hardman Dr. curving right to Summerlin.
13.	LEFT at Summerlin.
14.	RIGHT on Miller Ave. crossing Summerlin.
15.	LEFT on Osceola Ave. (partial sidewalk).
16.	Cross & RIGHT on Avalon Blvd.
17.	LEFT on Delaney Ave.
18.	LEFT on Kaley St. Pass Boone HS.
19.	LEFT on S. Mills Ave.
20.	LEFT on Lancaster Dr.; walk to left. Follow to right then straight changing to Mills Ave.
21.	Continue straight on Mills.
22.	LEFT on Woodland St. Pass Pine Bluff.

23.	LEFT on Orangewood Ave.
24.	Cross & RIGHT on Lancaster.
25.	LEFT on Fern Creek Ave.
26.	RIGHT on Morningside Dr. – next right - crossing Fern Creek and walk on left.
27.	LEFT on Hazelwood Dr.
28.	RIGHT on Briarcliff Dr.
29.	Cross & LEFT on Belmont Dr.
30.	RIGHT on Antigua Dr. curving LEFT onto Aruba Dr.
31.	LEFT on Walnut St. curving RIGHT onto Groveland Ave.
32.	LEFT on Santa Maria Pl.
33.	LEFT on Bahama Dr.
34.	RIGHT on Lake Weldona Dr. Walk to left. Pass Stacey.
35.	LEFT on Lake Emerald Dr.
36.	Cross & LEFT on Gore St. Cross Mills
37.	Cross Lake Davis Dr. to sidewalk & LEFT w/ lake on right. Circle 2/3 of the lake. <i>POI</i>
38.	Cross to left side of S. Summerlin Ave @ crosswalk at Cherokee Dr.
39.	Continue in same direction and Left at Woodlawn Blvd.
40.	Cross & LEFT on Cherokee Cir. lake sidewalk. <i>POI</i>
41.	LEFT at sidewalk's end carefully crossing Cherokee Dr. and continue on Cherokee. <i>POI</i>
42.	LEFT on Delaney Ave.
43.	RIGHT on Gore & RIGHT on Delaney.
44.	LEFT on Beardall sidewalk to finish.

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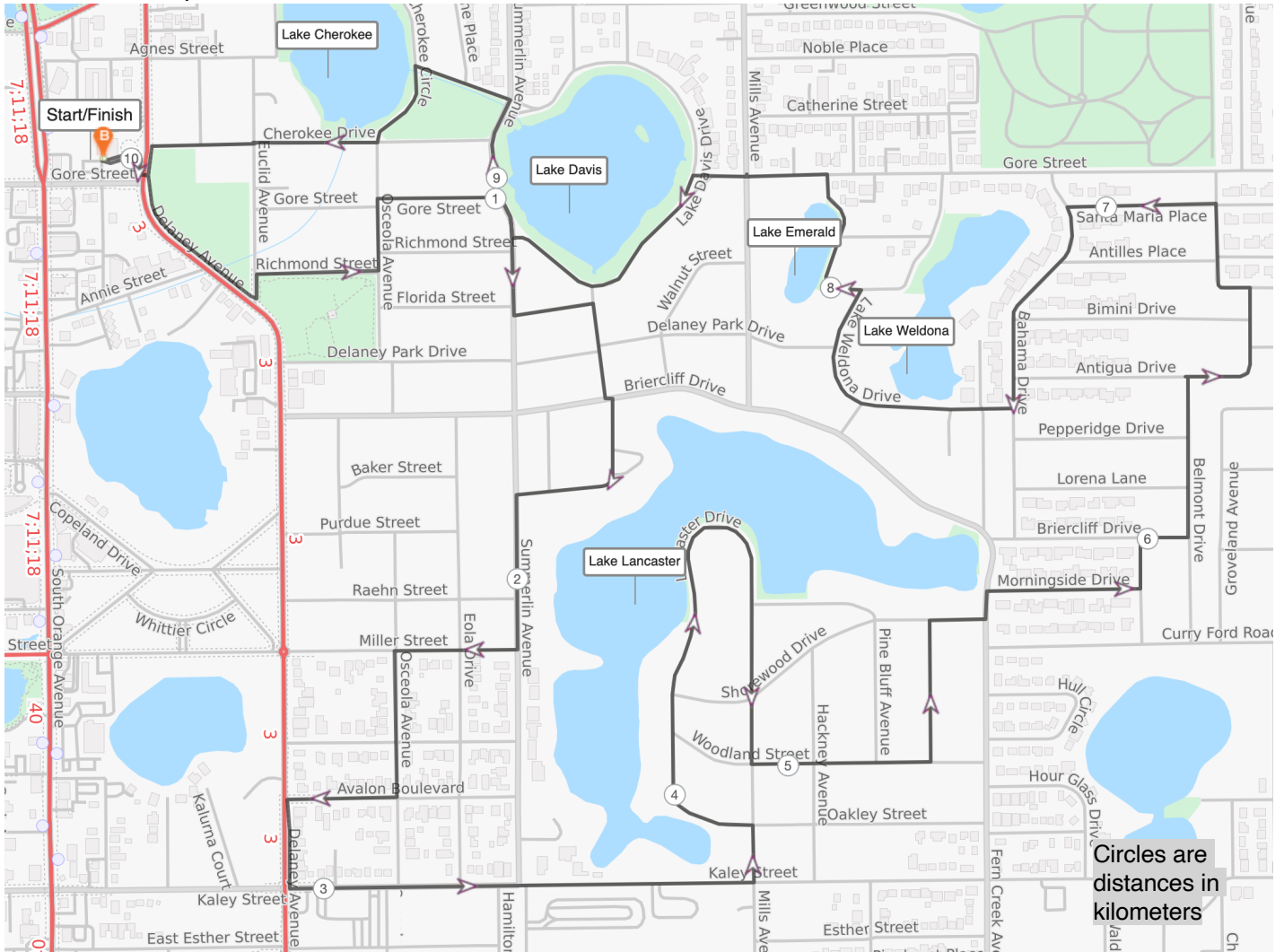
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3	Al Coith Park , named after the Superintendent of Parks during the 1930's. The school and the road are named for early settler James Delaney, who arrived in Orlando from Covington, GA in 1875.
37	Lake Davis neighborhood is named after James J. Davis, a teacher and trustee of Lake Conway School and one of the first surveyors to come to Orlando. Arriving in 1870, Mr. Davis settled on the land between Greenwood Cemetery and Lake Davis. The original plats of the neighborhood date back to 1912. Nearly 40% of the existing development occurred during the 1920's land boom. Another 40% of the existing development occurred between the 1940's and 1960's, with the remaining 20% representing more recent development. "High Style" architectural design is evident throughout the Lake Davis area. The "High Style" architectural design theme includes Colonial Revival, Bungalow Style, Mediterranean Revival and Neo Classical.
40	Lake Cherokee Historic District. Of the 189 buildings 160 are contributing structures. The Lake Cherokee HD is bounded by the E-W Expressway on the north, Summerlin Ave. on the east, Orange Ave. on the west, and Cherokee Dr., Delaney and Gore St. on the south. In 1981 Lake Cherokee area became Orlando's second locally designated historic district
41	Edwards House: 309 E. Cherokee Dr. (Delaney and Cherokee) Dr. Gaston H. Edwards began practicing medicine in Orlando in 1909 after serving as a surgeon in the Colon Hospital in the Panama Canal Zone. In 1914 He and Dr. J.S. McEwan organized the Orlando Clinic. This home was built in 1924 by A. B. Struble in Colonial Revival interpretation of Greek Revival architecture.