



FRIEDRICH WILDERNESS PARK – Y0411

San Antonio Pathfinders



Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing using the PSB, nor signing the PSB log sheet. The sponsoring club receives credit for an OSB participant when an OSB registration has been completed by entering the participation date, distance and any special programs using the OSB. The park is a natural area; hiking boots and poles are recommended. The longer distance walks are challenging, please bring water. The walk is composed of two 10k routes rated 3C and 4C, and a 5k route rated 1B. The park opens at 7:30am and closes at 7:00pm.

Walk Registration:

Please use the Online Start Box (OSB) to register and complete the event.

Walk Completion and Walk Credit:

Be sure to log back into the OSB system to finish and complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion information indicating the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion information as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Driving Directions to Start Point:

The start point for the event is 21395 Milsa Dr., San Antonio, TX 78256.

From San Antonio drive on I-10 W past Loop 1604 in north San Antonio. Continue on I-10 W/US-87 N and exit at 552 toward Dominion Dr. Turn LEFT onto Dominion Dr/Stonewall Pkwy. Continue to follow Stonewall Pkwy as it becomes Milsa Dr. Park entrance is on the right.

There are restrooms located in the park.

IN EMERGENCY: DIAL 911

Event related assistance: /Ellen Ott 210-723-8574 or ellenott@sbcglobal.net

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FRIEDRICH WILDERNESS PARK 5K (1B) WALK – Y0411 San Antonio Pathfinders



WALK:

1. From left side of parking lot, look at restrooms (water and restrooms open in season) and walk **LEFT** toward wooden fence. Take path to the **LEFT** of the fence by the “Wildflower Area” sign. Stay **LEFT** on path around (to the right) the garden.
2. At picnic tables, **LEFT** to restrooms. At restrooms, **STRAIGHT** on concrete walk to enter Trail System. Pass map kiosk.
3. **LEFT** on Forest Range trail and then **RIGHT** on Forest Range.
4. **LEFT** on Grey Fox Pass.
5. **RIGHT** on Forest Range.
6. **LEFT** on Water Trail. Pass Juniper Barrens connector. Cross Main Loop. Continue on Water Trail past windmill.
7. **RIGHT** on Main Loop. Cross Water Trail.
8. **LEFT** on Juniper Barrens. **STRAIGHT** (right) at next “Y”. Complete Juniper Barrens loop and return to Main Loop.
9. **RIGHT** on Main Loop, then **RIGHT** again to exit. Return to parking lot.

Special Programs: El Camino Real de los Tejas, Walk Texas (South Texas Plains), Texas Hill Country Challenge

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SANCTIONED EVENT
Eligible for credit towards IVV Achievement Awards



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FRIEDRICH WILDERNESS PARK 10K (3C) HIKE – Y0411

San Antonio Pathfinders



Water, hiking boots, hiking poles or walking sticks are highly recommended for the 10K walk.
Most trails are well marked unless denoted.

WALK:

1. From the parking lot, (Restrooms on left) walk toward the stairs. Pass map kiosk on the left.
2. **RIGHT** on concrete walk to enter Trail System.
3. **LEFT** on Forest Range, then **RIGHT** on Forest Range.
4. **LEFT** on Scrub Jay Pass.
5. **RIGHT** on Forest Range.
6. **RIGHT** on Grey Fox Pass.
7. **LEFT** on Forest Range.
8. **RIGHT** on Water Trail. Pass Juniper Barrens connector. Cross Main Loop. Continue on Water Trail past windmill.
9. **RIGHT** on Main Loop. Cross Water Trail.
10. **LEFT** on Juniper Barrens.
11. **STRAIGHT** (right) at next “Y”.
Complete Juniper Barrens loop and return to Main Loop, turn **RIGHT**.
12. In a short distance, veer **RIGHT** at the “Y” onto Main Loop. Cross Water Trail (2x) and stay **LEFT** on Main Loop at the park bench.
13. At fence line, follow Main Loop **straight** and uphill.
14. Continue on Main Loop as it veers left. (DO NOT go on Juniper Ridge.)
15. Continue on Main Loop, DO NOT take Fern Dell.
16. **RIGHT** on Upland Range, a narrow rocky uphill trail.
17. **RIGHT** on Vista Loop. (Scenic views to the left.) Vista Loop Trail will turn right and go down a steep rocky slope. (DO NOT go straight where there are limbs across a smaller trail.)
18. **RIGHT** on Fern Dell. (DO NOT take Juniper Ridge.)
19. **RIGHT** on Main Loop.
20. **RIGHT** on Upland Range. (Note this will be your second time on Upland Range.)
21. **LEFT** on Vista Loop.
22. **RIGHT** on Main Loop. Follow downhill.
23. **BEAR RIGHT** on Juniper Barrens.
24. Quick **LEFT** at “Y” on Juniper Barrens, then **LEFT** on Water Trail.
25. **RIGHT** on Water Trail.
26. **RIGHT** on Forest Range.
27. **LEFT** on Grey Fox (SP Animal Safari).
28. **RIGHT** on Forest Range.
29. **RIGHT** on Scrub Jay.
30. **LEFT** on Forest Range.
31. **Right** to exit. **Right** on Main Loop to exit. Return to parking lot and finish of walk.

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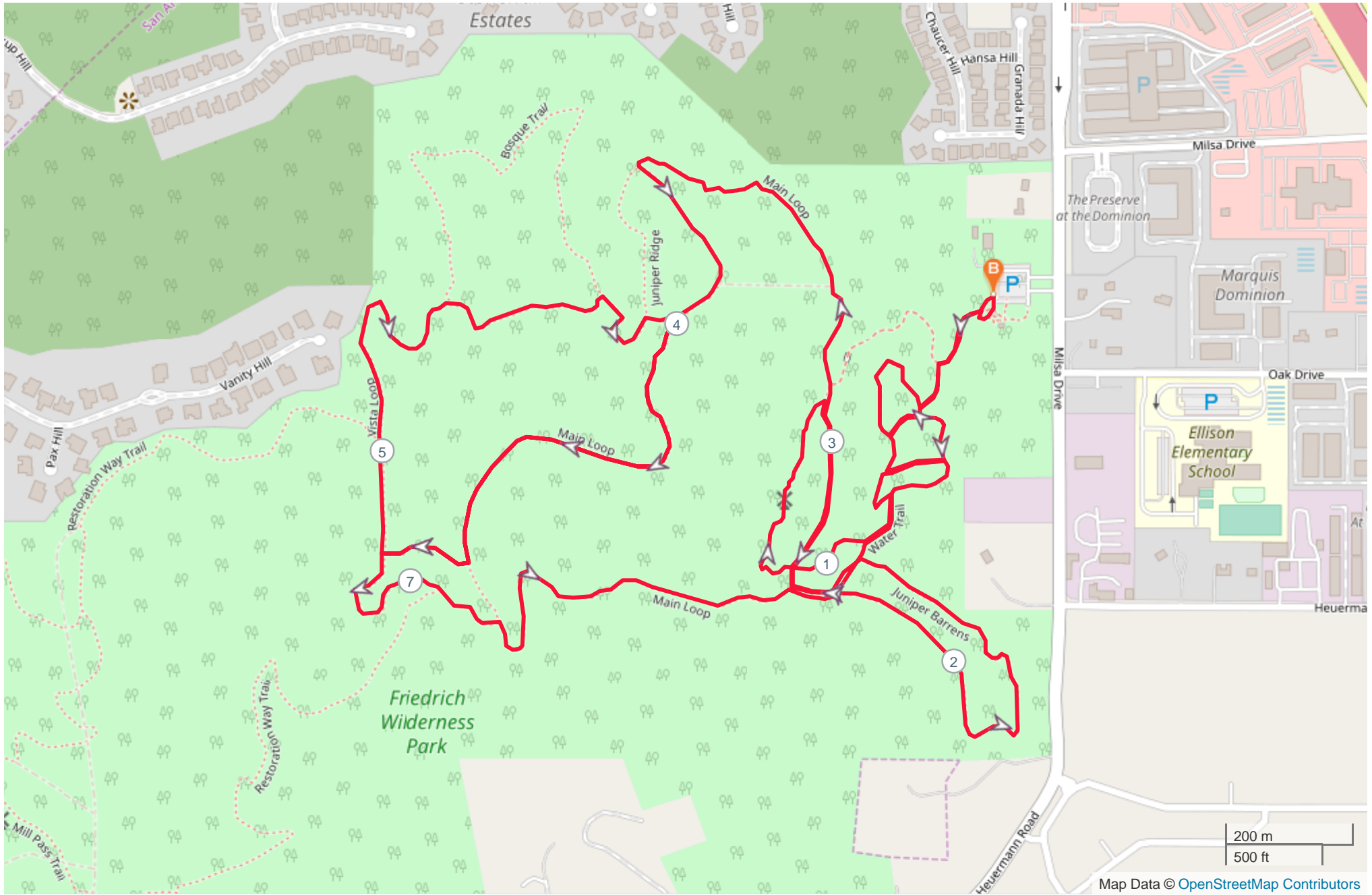
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Friedrich Wilderness Park 10k 3C Route





FRIEDRICH WILDERNESS PARK 10K (4C) Restoration Way Trail – Y0411 San Antonio Pathfinders



WALK:

Most trails are well marked. Hiking Boots, Hiking Sticks and Water are strongly recommended. The trail is rated a 4, Moderate to Difficult, and is not suitable for strollers or wheelchairs.

1. From the parking lot, walk toward the stairs. Pass the Map Kiosk on your left (look for the Park Map). Restrooms on left.
2. **RIGHT** on the cement Entry Trail and stay **Right** as it becomes asphalt.
3. **RIGHT** on **Main Loop Trail** (bench on right).
4. **LEFT** to stay on **Main Loop Trail** (*DO NOT* turn right on Juniper Ridge Trail).
5. Stay on **Main Loop Trail** (*DO NOT* turn Right on Fern Del. *DO NOT* turn right on Upland Ridge)
6. **RIGHT** on **Vista Loop**. Stay on **Vista Loop** and *DO NOT* turn left on the first Restoration Way trail. *DO NOT* turn right on Upland Range.
7. **LEFT** on the next **Restoration Way Trail**. This is the 4.7km trail.
8. Stay on **Restoration Way Trail**. *DO NOT* go left on Encino Pass.
9. **RIGHT** to stay on **Restoration Way Trail**, *DO NOT* veer left onto Mill Pass.
10. **RIGHT** on **Vista Loop**.
11. **RIGHT** on **Main Loop**.
12. **LEFT** on **Main Loop** (not right onto Juniper Barrens).
13. **RIGHT** on **Main Loop** to exit. Cross a **Boardwalk**. Return to parking lot and finish of walk.

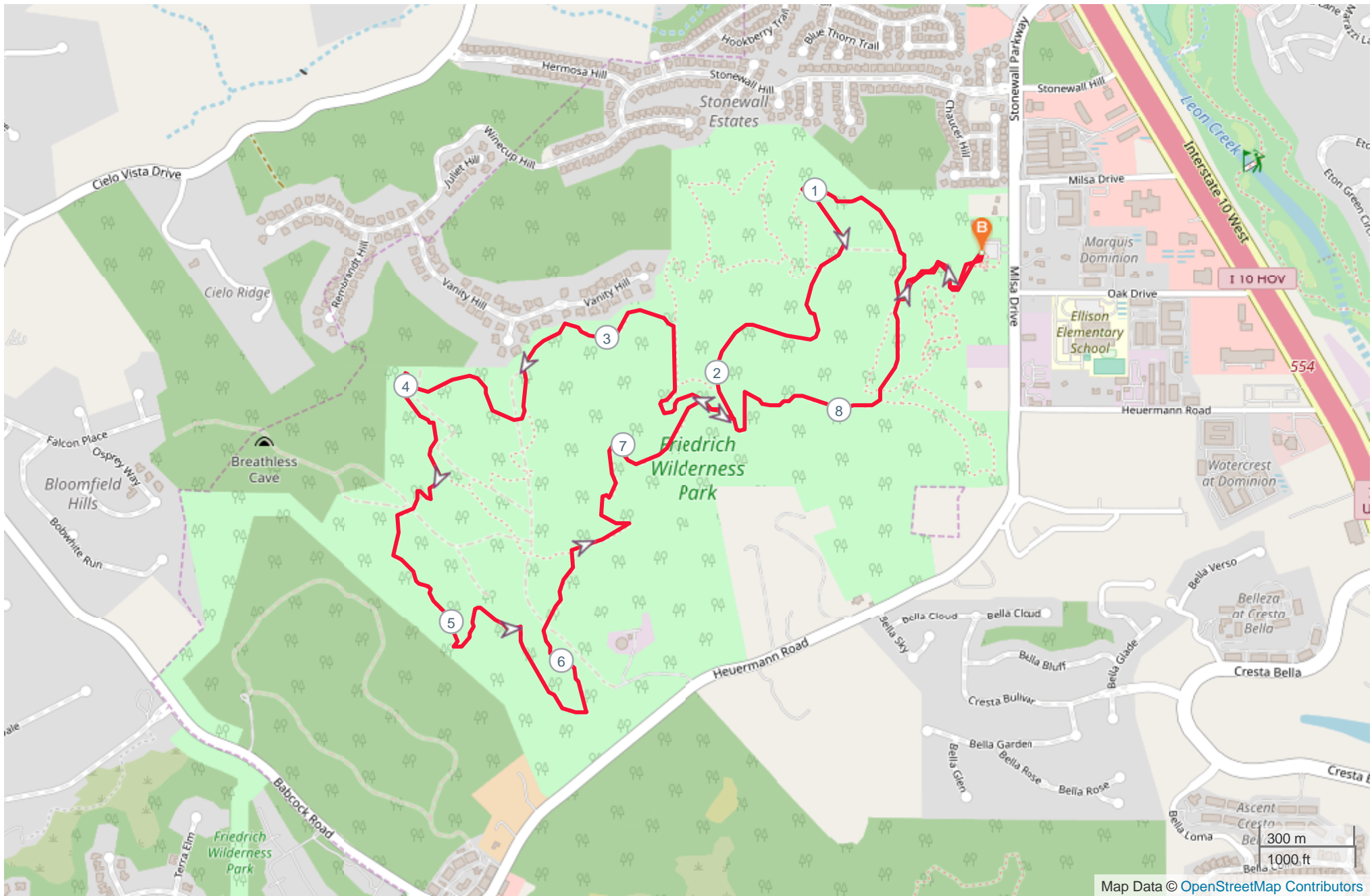
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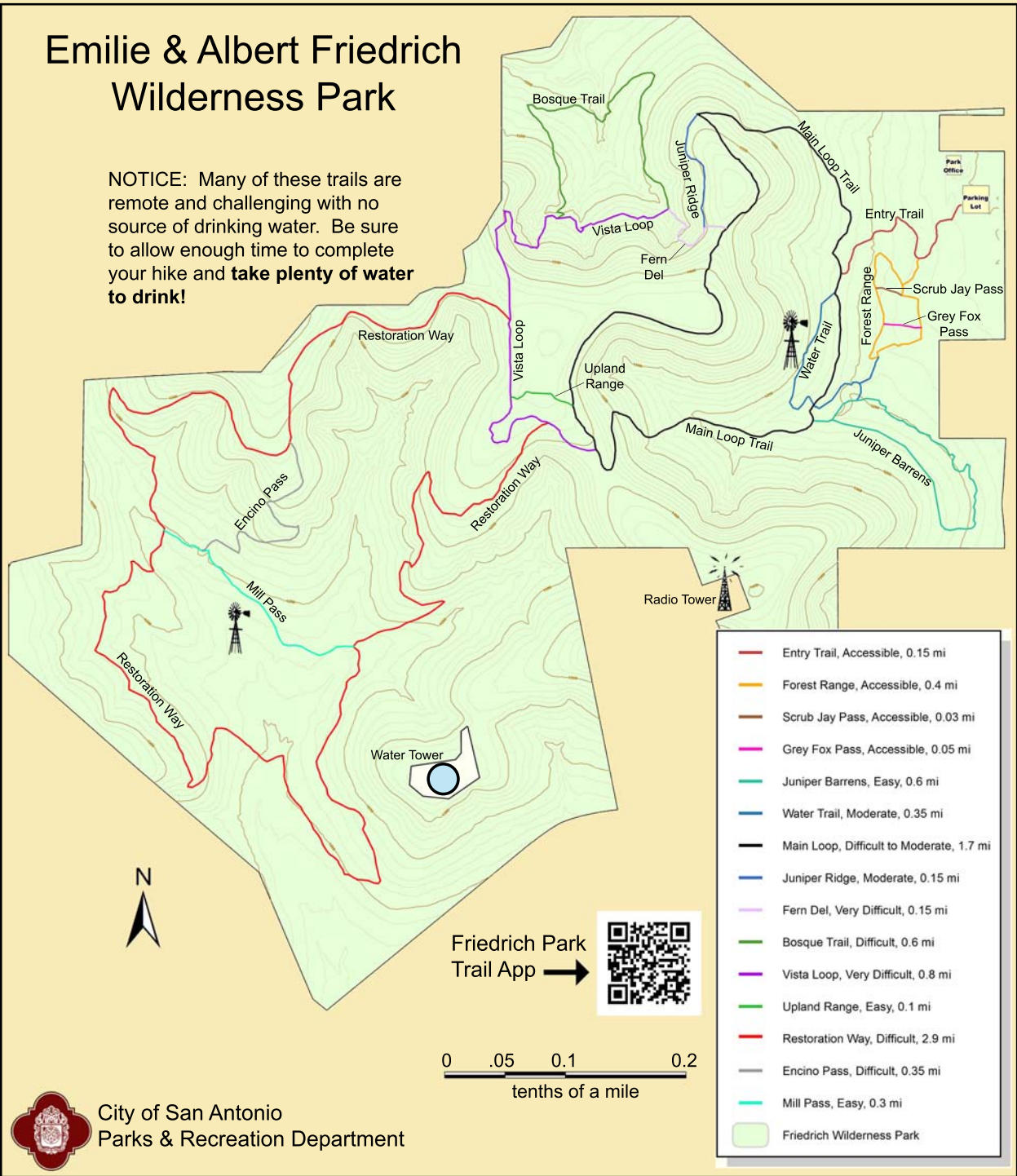
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Friedrich Wilderness Park 10k 4C Restoration Way

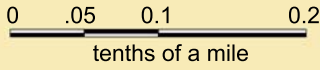


Emilie & Albert Friedrich Wilderness Park

NOTICE: Many of these trails are remote and challenging with no source of drinking water. Be sure to allow enough time to complete your hike and **take plenty of water to drink!**



Friedrich Park Trail App →



City of San Antonio
Parks & Recreation Department