



The Suncoast Sandpipers Volkssport Club
 welcomes you to the
Downtown Sarasota 5 & 10K Walk
 An AVA Sanctioned Year Round Event



Table of Contents	
Course Description	1
Eligible AVA Special Programs	1
Online Start Box Finish Table Procedures	1
Driving Directions to Walk Start	2
5/10K Walk Directions	2
5K Map	4
10K Map	5



Course description: The rated 1A (easy) walk route guides participants through the historic and charming Sarasota waterfront and downtown area. Exact origin of the name "Sarasota" is unknown but legend connects it with Sara, reputedly the daughter of conquistador De Soto. Others connect it to an Indian word "sara-se-cota," for a landfall easily observed. Now, Sarasota is synonymous with cultural excellence & natural beauty.

Eligible AVA Special Programs	
PROGRAM	STEP
Step to the Beat	5
Par for the Course	24
Walking with America's Veterans	32
Walking the United States (Florida)	All
Walking the USA A - Z (S)	All



Online Start Box Finish Table: Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Driving Directions to Walk Start Point Start.

Location: 2nd St. Garage at Whole Foods. 1400 2nd St, Sarasota, FL 34236. Parking garage at Whole Foods is only for customer for 2 hours. Look for large P sign for parking on 2nd St. This entrance takes you to free 4-hour upper level parking over Whole Foods.

Directions: From I-75 N/S take Exit 210 Fruitville Rd., to Sarasota. Follow Fruitville Rd. about 7 miles, crossing US 301 (Washington Blvd.) & Orange Ave. to Lemon Ave. Left on Lemon Ave. & right on 2nd St. to "P" sign and garage on left.

In Case of Emergency: Dial 911
For event related assistance:
Call Alice Lawrence at 727-542-9742

These walk directions & maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited

**5 & 10 K Walk Directions & Points of Interest (POI)**

1. RIGHT on small street in front of main entrance (opposite Whole Foods Parking Garage) to 2nd St. (no street sign).
 2. LEFT at 2nd St. Walk 2 blocks to intersection of 2nd St., Pineapple Ave. & Coconut Ave. After crossing Central Ave., you'll pass Selby Library on left, a white building with columns.
- If library is open (10 AM), visit ceiling-to-floor salt-water aquarium in children's section. Designed by architect Eugene Arbry, 2-story library is 74,000 sq feet, with space for 300,000 volumes.**
3. At 2nd St. and Pineapple Ave. (no sign), intersection forms point of a "V." Note statue of a family reading a book at bottom of V.
 4. LEFT in front of statue. You face a building with a rainbow corner. CROSS street toward building and TURN LEFT. You are on Pineapple Ave. (no sign).
 5. CROSS 1st St. & continue on Pineapple Ave., passing Opera House on right.

The Sarasota Opera receives worldwide accolades, producing its own operas since 1974. Originally the 1920s Edwards Theatre, built in Mediterranean Re-

vival style, it became an opera house in 1984. It is on the National Register of Historic Places.

6. CONTINUE on Pineapple Ave., crossing Main St., State St., McAnsh Sq., and Ringling Blvd. to Burns Ct. at red and white marker.
7. RIGHT on Burns Ct. Follow Burns Ct. as it goes LEFT, passing Burns Ct. Cinema on right, to Selby La. (Orange Cube sculpture).

Burns Court is named after Owen Burns (1869-1937), who bought more than 75% of city land area and constructed notable buildings, including John and Mable Ringling's home. Ringling Brothers and Barnum & Bailey Circus moved winter quarters to Sarasota in 1927. The Ringlings built a Venetian style estate on Sarasota Bay & an art museum to house their collection.

8. LEFT at Selby La. to Pineapple Ave.
9. RIGHT at Pineapple Ave. Just after Oak St, Pineapple Ave. merges onto Orange Ave.
10. CONTINUE on Orange Ave. to traffic light at Mound St.

11. 5 & 10K Split

5K Cutoff: CROSS & RIGHT on Mound St which will become Bayfront Dr. Go to step 21. **You will pass the world-renowned Selby Gardens on left .Be sure to come back to visit the botanical gardens, a major tourist destination.**

10K: CROSS Mound St. Go to step 12.

12. Continue on Orange Ave. for one block and cross over a small bridge to Bay Point Dr.
 13. RIGHT at Bay Point Dr. until it ends at bay. Turn around, retracing steps to V (passing basketball court on right) where Bay Point Dr. and Gulf View Dr. (no sign) meet.
 14. At Gulf View Dr. bear RIGHT to Orange Ave.
 15. RIGHT at Orange Ave. to Harbor Dr., passing Bahia Vista & Loma Linda Sts. on left.
 16. RIGHT at Harbor Dr. to intersection with Harbor Pl.
 17. At intersection of Harbor Dr. & Harbor Pl, bear RIGHT, staying on Harbor Dr. as it circles counter-clockwise until intersecting again with Harbor Pl.
- Beautiful residences, many owned by Europeans and Canadians, can be found throughout Sarasota County, known worldwide as a desirable location.**
18. Bear LEFT on Harbor Pl until it connects with Harbor Dr. Take Harbor Dr. towards right for 1 block to Orange Ave., passing Flower Dr. on right.

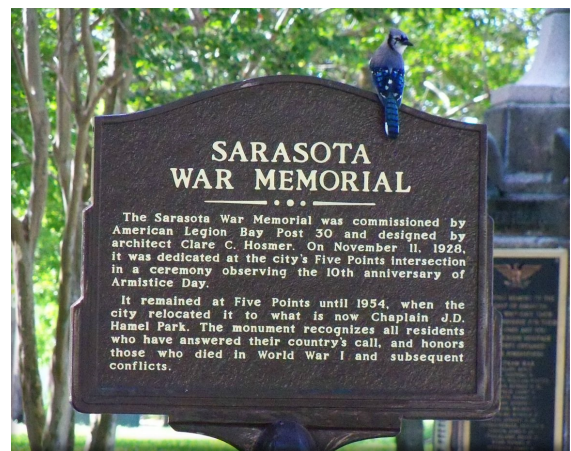
19. LEFT at Orange Ave. to Mound St., passing Loma Linda, Bahia Vista and Alta Vista on right and Gulf View and Bay Point Dr. on left, and crossing small bridge.
20. LEFT at Mound Street which will become Bayfront Dr. You will pass the world-renowned Selby Gardens on left. **Be sure to come back to visit the botanical gardens, a major tourist destination.**
21. Follow sidewalk along bay, water on left.
22. Sidewalk becomes a red brick & concrete shell walkway. Follow walkway, bearing right, towards large archway with words "Sarasota Bayfront." Walk through archway, bearing left, & turn to large stone marker with words "Start Island Park Fitness Walk."
23. Bear LEFT, passing rest rooms on left; continue to bear LEFT between two small buildings, keeping water on left at all times.
24. Follow the designated ½-mile walk clockwise, until you return to the "Start Island Park Fitness Walk" marker.
25. Once you return to "Start Island Park Fitness Walk" marker, bear LEFT, staying near boats and keeping water on left. Do not go back through archway.
26. Continue on sidewalk to brick & concrete shell walkway, always keeping water on left.
27. Just before you reach some steps, bear RIGHT onto diagonal brick and concrete shell walkway, keeping bay on left, to arch.
28. Leave Bayfront area through arch, ignoring second arch on left, and walk toward "Marina Jack" sign. On right, you'll pass an iconic 25-foot-tall statue of a sailor kissing a nurse.



Unconditional Surrender is one of a series of computer-generated sculptures by artist Seward Johnson, the grandson of Robert Wood Johnson I, the co-founder of Johnson & Johnson. The aluminum statue resembles a 1945 photograph by Alfred Eisenstaedt, V-J Day in Times Square.

29. At Marina Jack sign, CONTINUE to intersection of Bayfront Dr. and Main St.
30. CROSS Bayfront Dr., pushing traffic light button before crossing.

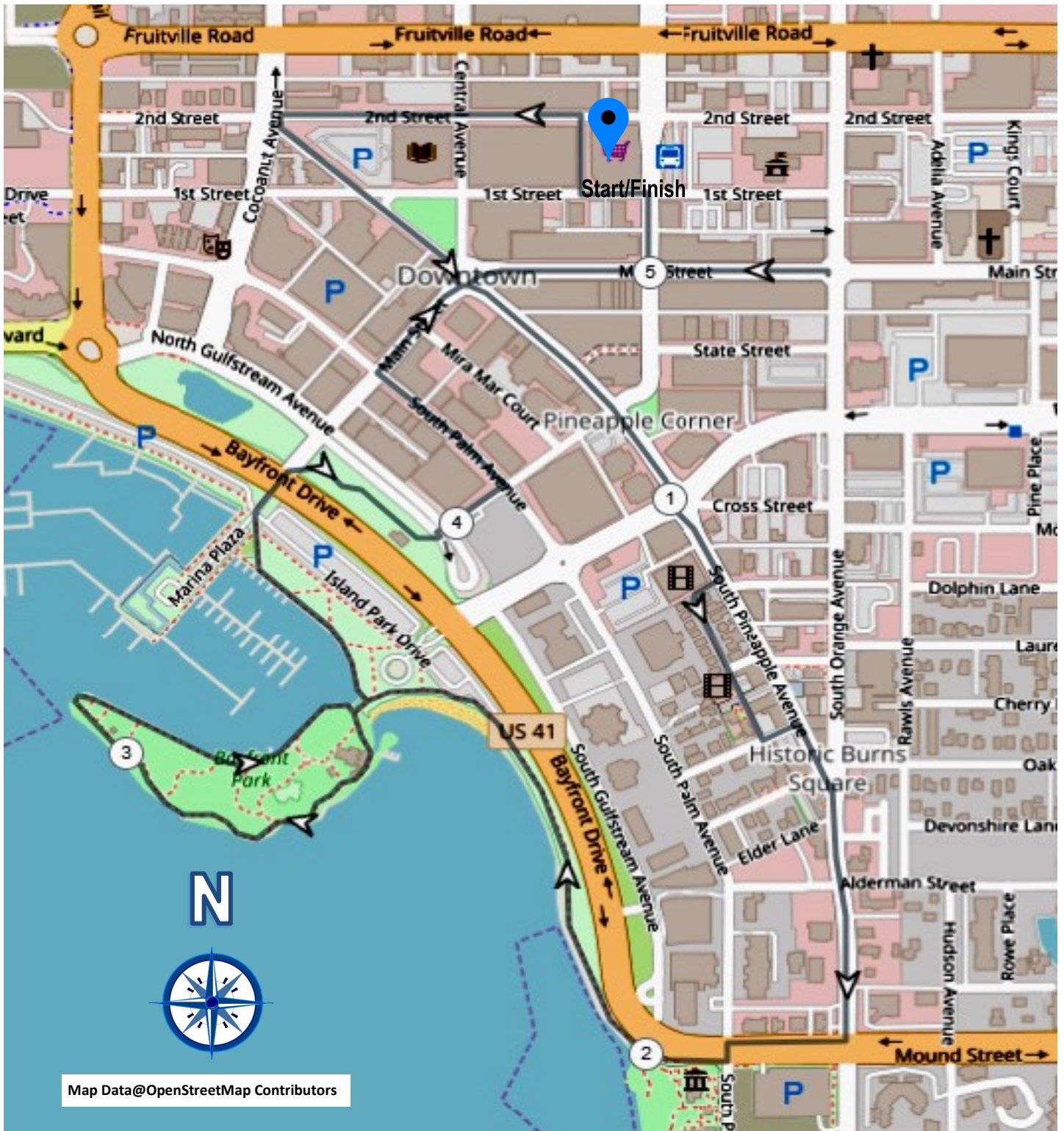
31. Immediately after crossing **both** lanes, turn RIGHT AND CROSS Main St. (green "Main St." sign is on traffic light behind you; ahead you'll see green "Marina Plaza" sign). A few yards past corner, LEFT to enter a small square with green and yellow benches.
32. Upon exiting square, RIGHT to walk towards the Memorial.
33. Walk ¾ of the way around the memorial in a counterclockwise direction and leave park on diagonal path to sidewalk on Gulf Stream Ave. (No street sign. Sign on building directly across street says "Gulf Stream Towers").
34. RIGHT at Gulf Stream Ave.; follow sidewalk to end, passing a Blue Star Highway Memorial Marker and small tiled-roof building on right.
35. LEFT at sidewalk end & cross Gulf Stream Ave.
36. RIGHT on McAnsh Sq. Walk one block to Palm Ave.
37. CROSS Palm Ave. and LEFT to Main St.
38. RIGHT at Main St. to intersection of Main St. and Pineapple Ave.
39. CROSS Pineapple Ave and CONTINUE on Main St. to Orange Ave. After crossing Pineapple, make sure you're on Main St. which shifts right at this point.
40. LEFT at Orange Ave. to cross Main St. and LEFT again to Lemon St. Now's the time to enjoy a look at local eateries to decide the best place for lunch!
41. RIGHT on Lemon St. to 1st St.
42. CROSS & LEFT on 1st Street, for ½ block, then RIGHT to return Whole Foods and garage.



All photos by Michelle Devlin

5K Route

Circled Numbers are kilometers walked.



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10 K Route

Circled Numbers are kilometers walked

