

MARYLAND HEIGHTS, MISSOURI – YRE 0530 (OSB)
CREVE COEUR PARK 5K WALK DIRECTIONS (Rated 1A)

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This map and directions may only be used in conjunction with a signed American Volkssport Association (AVA) athletic waiver. All other uses are prohibited. In case of emergency: Dial 911

DRIVING DIRECTIONS TO THE START POINT IN CREVE COEUR PARK: From I-70 Exit 232 go South on I-270 to Exit 17 (Dorsett Rd.), OR from either I-64 Exit 25 or I-44 Exit 276 go North on I-270 to Exit 17 (Dorsett Rd.). Go WEST on Dorsett Rd. approximately 1.5 miles to its end at Marine Ave. At the end of Dorsett Rd. turn right on Marine Ave. for approx. 1.6 miles to the traffic light at Maryland Heights Expy. Turn left on Maryland Heights Expy. to Creve Coeur Mill Rd. (2nd traffic light). Turn left on Creve Coeur Mill Rd. for approx. 1.7 miles to the Lakehouse Restaurant on your left. If the restaurant is not open, you may still park in the restaurant parking lot during all daylight hours. The parking lot is the walk start point. Rest rooms in restaurant, and porta-potties on trail. (for GPS: 2160 Creve Coeur Mill Rd., 63146; 38.700954,-90.497364)

NOTE: For this YRE Walk you must use the Online Start Box (OSB) to register and complete this event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by going to the “Finish Table” and entering your participation date, distance, and any special programs using the OSB.

OSB COMPLETION AND CREDIT: Be sure to log back into the OSB system to 'finish/complete' your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when they submit the event completion info as a paying-for-credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registration lapses, you may re-register without cost.

Special Programs: Anniversaries Hurrah; Par for the Course (exercise stations and soccer fields); Walking Missouri Counties (St. Louis **County**); Walking the USA – A to Z (“M” for Maryland Heights)

1. Exit the Lakehouse parking lot, turn left on paved bike/walk path, and continue clockwise around Mallard Lake, with the lake on your right.
NOTE: This walk is partly on a shared bike/walk path, with a yellow center line. Please walk to the right of the yellow center line at all times.
2. Continue on the paved path to the “roundabout” (traffic circle) in the bike/walk path. Turn right at the roundabout and continue with the lake on your right.
3. When you come to the intersection just before the Hwy. 364 overhead bridge, turn right and cross the small bridge over Creve Coeur Creek, continuing on the paved path with the Hwy. 364 bridge on your left.
4. **Just before** you reach the point where the paved bike/walk path curves left and goes under the Hwy. 364 bridge, **turn right** on the gravel walking only path.
5. As you emerge from the woods, the gravel path ends at another paved bike/walk path.

6. **Turn left** on the paved path, and continue with Creve Coeur Creek on your right.
7. After curving to the left, the paved bike/walk path ends, but continue a few yards farther on the concrete sidewalk to the intersection of Amiot Dr. and Creve Coeur Mill Road. At this point, **TURN AROUND**, and retrace your steps back to the intersection of the gravel walk path and the paved bike/walk path in step #5.
8. **Bear left** on the paved path, cross the bridge over Creve Coeur Creek, and continue on the paved path back to the start/finish at the Lakehouse Restaurant.

Please refer any questions or comments on this walk to the walk POCs – DeAnne & Gordon Brown.

(D) deeebee333@gmail.com, 314-401-1715

(G) brownstl@swbell.net, 314-401-0950

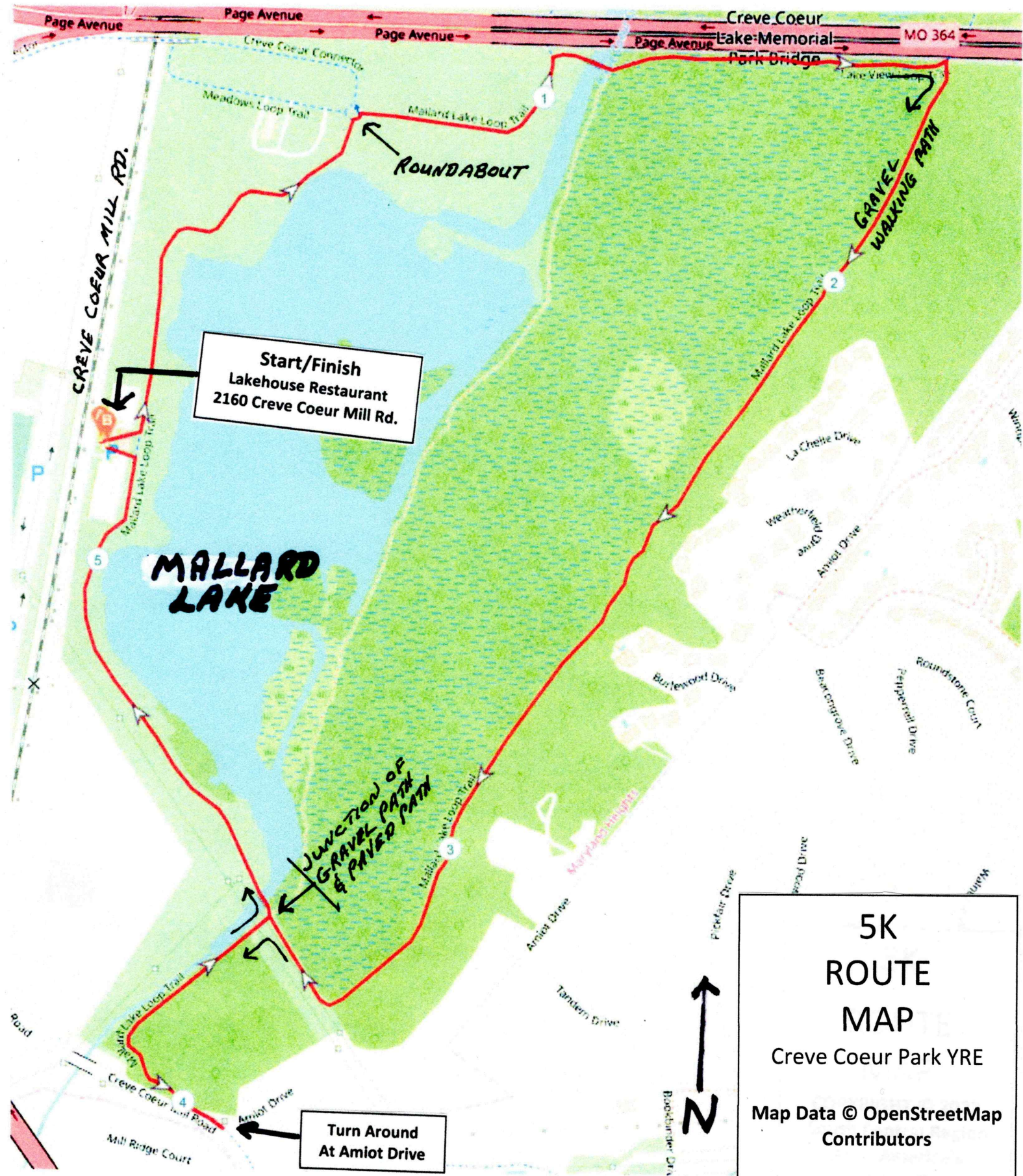
Please visit our web-site

<https://www.saintlouiswalkers.com/> for information on other walks in the St. Louis Metro area.



**AMERICA'S
WALKING CLUB**
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Creve Coeur Park 5K



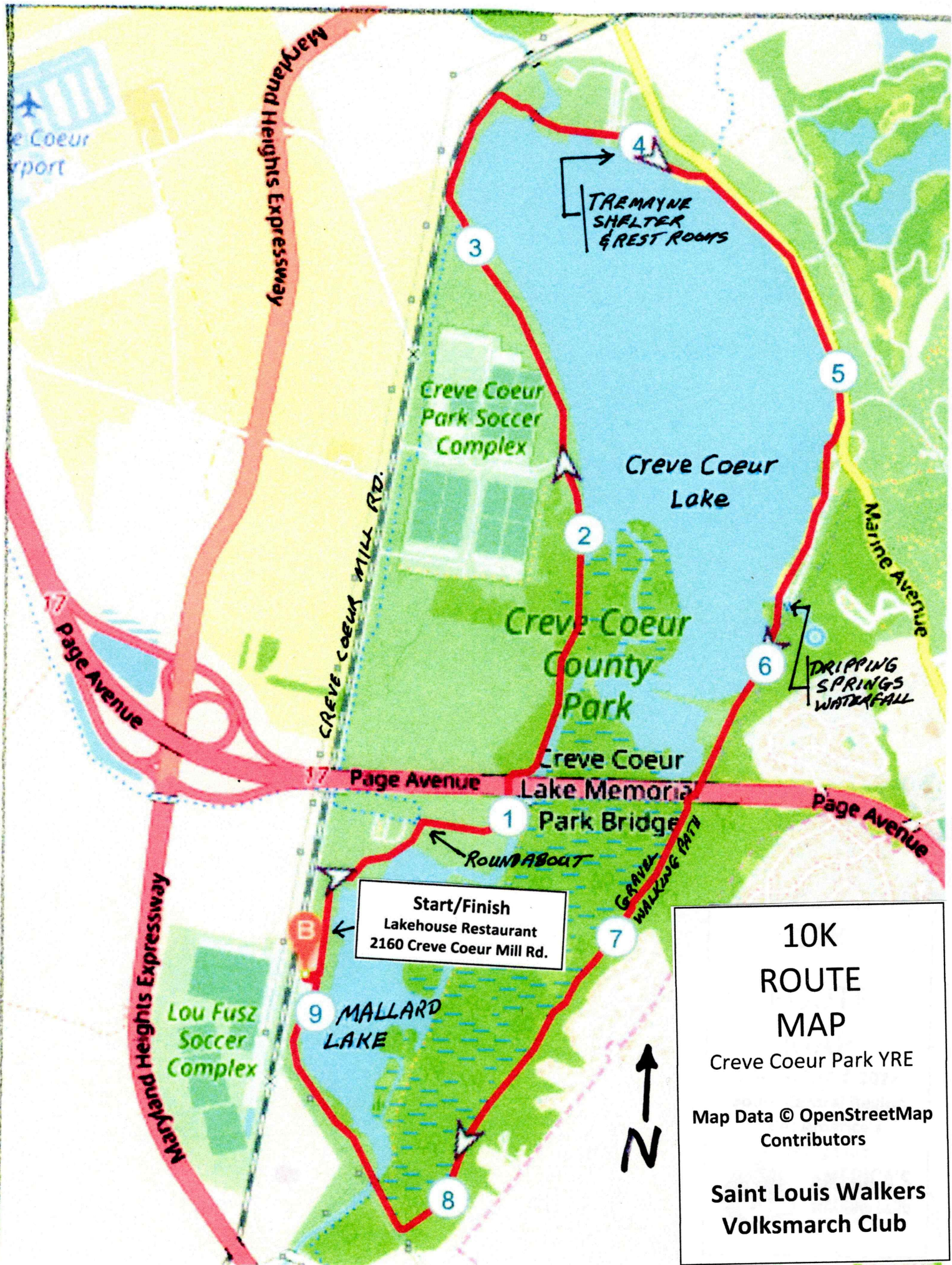
Start/Finish
Lakehouse Restaurant
2160 Creve Coeur Mill Rd.

MALLARD LAKE

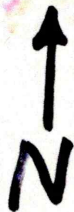
JUNCTION OF GRAVEL PATH & PAVED PATH

Turn Around At Amiot Drive

**5K
ROUTE
MAP**
Creve Coeur Park YRE
Map Data © OpenStreetMap
Contributors
**Saint Louis Walkers
Volksmarch Club**



10K
ROUTE
MAP
 Creve Coeur Park YRE
 Map Data © OpenStreetMap
 Contributors
 Saint Louis Walkers
 Volksmarch Club



Start/Finish
 Lakehouse Restaurant
 2160 Creve Coeur Mill Rd.

TREMAYNE
 SHELTER
 & REST ROOMS

DRIPPING
 SPRINGS
 WATERFALL

ROUNDABOUT

GRAVEL
WALKING PATH

CREVE COEUR MILL RD.

Merme Avenue

Maryland Heights Expressway

Maryland Heights Expressway

Page Avenue

Page Avenue

Page Avenue

Creve Coeur
Park Soccer
Complex

Creve Coeur
Lake

Creve Coeur
County
Park

Creve Coeur
Lake Memorial

Park Bridge

Lou Fusz
Soccer
Complex

MALLARD
LAKE

Creve Coeur
Airport

MARYLAND HEIGHTS, MISSOURI – YRE 0530 (OSB)
CREVE COEUR PARK 10K WALK DIRECTIONS (Rated 1A)

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1. Exit the Lakehouse parking lot, turn left on paved bike/walk path, and continue clockwise around Mallard Lake, with the lake on your right.
NOTE: This walk is partly on a shared bike/walk path, with a yellow center line. Please walk to the right of the yellow center line at all times.
2. Continue on the paved path to the “roundabout” (traffic circle) in the bike/walk path. Turn right at the roundabout and continue with the lake on your right.
3. When you come to the intersection just before the Hwy. 364 overhead bridge, continue straight ahead, going under the bridge.
4. Continue on the paved path with Creve Coeur Creek on your right, then pass the Creve Coeur Park Soccer Complex on your left. Creve Coeur Lake will now be on your right.
5. Continue around Creve Coeur Lake in a clockwise direction, turning right at each intersection.
6. At the next bridge, over Creve Coeur Creek, note the sign on the

bridge railing signifying this as the location of the 1904 Olympics Rowing competition.

7. At approximately **4K**, you will pass Tremayne Shelter on your right, then restrooms on your left.
8. At approximately **6K**, you will pass the Taco Bell Shelter on your left, then **Dripping Springs Falls** on your left.
9. Continue on the paved path with the lake on your right, until you again come to the Hwy. 364 overhead bridge.
10. After walking under the bridge, immediately **turn left** on the gravel walking path and continue through the wooded area.
11. As you emerge from the woods, the gravel path ends at another paved bike/walk path.
12. **Turn right** on the paved path, cross the bridge over Creve Coeur Creek and continue on the paved path, with Mallard Lake now on your right, back to the Start/Finish at the Lakehouse Restaurant.

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