

# Houston Downtown Walk

**Houston Happy Hikers Welcomes You to the Downtown Houston, TX. The walk can be done as a 5 or 10 K.**

**Walk Registration:** Registration takes place online using AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.”

## Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

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In case of Emergency Call: 911

Event related assistance:

David Ramsey: 832-387-6780

WALK SAFELY – Do not assume drivers see you or that intersections are four-way stops

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

**Starting Point Location:** Fannin South Park & Ride, 1604 West Bellfort Avenue, Houston, TX 77054. Ride train to Preston Street train stop corner of Preston/Main street for start of walk.

**Driving Directions:** From Sugar Land, TX take I-69 North, Exit HWY 90, Exit West Bellfort. Park & Ride is to left. A parking and train fee required.

**Restrooms:** Restrooms located at various businesses and parks downtown.

**Directions for Houston Downtown 5k**  
**Houston Happy Hikers, Houston, TX**

1. **Starting** at the corner of Main and Preston, go one block on Preston to Fannin and **cross** Fannin.
2. **Left** on Fannin to Franklin, **crossing** back across Fannin and continuing along Fannin to Commerce.
3. **Cross** Commerce, then turn **left** past Allan's Landing (on your right) to Travis.
4. **Cross** Travis and turn **left** to **cross** Commerce.
5. Continue on Travis to **cross** Congress, then **right**, to **enter** Market Square Park.
6. Bear **right** past fountains and art to approach Milam.
7. **Left** on walking path past the dog park to exit at the Milam/Preston intersection.
8. **Cross** Milam and continue on Preston to Smith.
9. **Cross** Smith, then **left** (crossing Preston) to Fish Plaza (in front of the Wortham Theater Center).
10. **Right** to cross the plaza and take the stairs **down**, past the (currently dry) fountains to the Buffalo Bayou Walk South Trail.
11. **Left** along the trail to the stairwell at the Capitol St Bridge.
12. **Up** the stairs and **left** on Capitol toward downtown to Bagby.
13. **Right** on Bagby to Walker, **crossing** Walker.
14. **Left** on Walker to Smith.
15. **Right** on Smith to McKinney.
16. **Right** on McKinney to Bagby, crossing Bagby to **enter** Sam Houston Park at that corner.
17. Loop around the reflecting pool and **exit** the park at the Bagby/Lamar corner.
18. **Right** on Bagby and follow it as it bends to become West Dallas.
19. **Cross** both Clay and West Dallas, a major intersection that is poorly marked. (Look for Antioch Missionary Baptist Church to the left as you cross Clay.)
20. **Left** on Clay, passing Antioch MBC (now on your right).
21. **Left** on Smith to Dallas (This means Dallas St.; the city of Dallas is too far north! 😊).
22. **Right** on Dallas to **cross** Main.
23. **Left** on Main to Preston and the **finish**.

Directions for Houston Downtown 10k  
Houston Happy Hikers, Houston, TX

1. **Start** at the corner of Main and Preston, go one block on Preston to Fannin; **cross** Fannin.
2. **Left** on Fannin to Franklin, **crossing** back across Fannin and continuing along Fannin to Commerce.
3. **Cross** Commerce, then turn **left** past Allan's Landing (on your right) to Travis.
4. **Cross** Travis and turn **left** to **cross** Commerce. Continue on Travis to **cross** Congress, then **right**, **entering** Market Square Park.
5. Bear **right** past fountains to approach Milam.
6. **Left** on walking path past the dog park.
7. **Cross** Milam and continue on Preston to Smith.
8. **Cross** Smith, then **right** with Sesquicentennial Park on your left.
9. Bear **left** and **cross Buffalo Bayou** on the bridge.
10. **Left** on Franklin sidewalk above the bayou. (Do not cross Franklin.)
11. Just past stairway, **left** onto walking path, entering the park.
12. Continue on winding path past the George H. W. Bush statue.
13. **Cross** Preston at its intersection with Bagby, then **left** and **down** the inclined walkway beside the granite monument, which becomes the Buffalo Bayou Walk North Trail.
14. Continue on the trail with the bayou on your left to the pedestrian bridge.
15. **Cross the bayou** on the bridge, then **up** the stairs.
16. **Right** at the top of the stairs, then **left** on Walker.
17. **Left** on Bagby to Capitol and **cross** Capitol.
18. **Left** on Capitol to the middle of the bridge, then **right** and **down** the stairs to Buffalo Bayou Walk South Trail.
19. At the foot of the stairs, **right** along the trail.
20. Bear **right** onto the stairs with red brick wall and green handrails (after the overpass).
21. **Up** the stairs to (currently dry) fountain, continue **up** to street level at Fish Plaza.
22. **Cross** the plaza to Smith.
23. **Left** on Smith to Prairie.
24. **Right** on Prairie to **cross** Milam.
25. **Right** on Milam (passing Cameron Pocket Park near Capitol) to Walker.
26. **Right** on Walker to Louisiana.
27. **Right** on Louisiana to Rusk.
28. **Left** on Rusk to Smith, **crossing** Smith and **entering** Tranquility Park.
29. **Loop** around the reflecting pool and **exit** the park at the Walker/Smith corner.
30. **Cross** Walker and follow Smith past City Hall (on your right) to McKinney, **crossing** McKinney.
31. **Right** on McKinney, then **left** at the library plaza, **crossing** it (with the library entrance to your right) to Lamar.
32. **Right** on Lamar to **cross** Bagby, **entering** Sam Houston Park at that corner.
33. Loop around the reflecting pool and **exit** the park at the Bagby/McKinney corner.
34. **Right** on Bagby and follow it as it bends to become West Dallas.
35. **Cross** both Clay and West Dallas, a major intersection that is poorly marked. (Look for Antioch Missionary Baptist Church to the left as you cross Clay.)
36. **Left** on Clay, passing Antioch MBC (on your right).
37. **Left** on Smith to Dallas (This means Dallas St.; the city of Dallas is too far north! 😊).
38. **Right** on Dallas to **cross** Main.
39. **Right** on Main for half a block into Green Street courtyard.
40. **Take the 'up' escalator** to level 2 and use the sky bridge to **cross** Fannin and San Jacinto. **Use the 'down' escalator** to get to street level on Caroline.
41. **Right** on Caroline to Clay.
42. **Left** at Clay, **crossing** both Austin and Clay to **enter** Root Square Park.
43. **Follow** the trail paralleling Austin St. toward the gazebo and fountain.
44. Past the gazebo, **left** parallel to Bell, then **left** parallel to La Branch.
45. **Exit** the park near the metallic sculptures at Clay and La Branch.
46. **Cross** Clay and follow La Branch to Lamar.
47. **Cross** Lamar and La Branch and **enter** Discovery Green.
48. Bear **left**, then take the trail **between** the lake and the splash pool.
49. At the promenade lined with oak trees and benches, **left** toward the George R Brown Convention Center.
50. **Left** on walkway at Avenida de las Americas and continue to Minute Maid Park.
51. **Left** on Texas.
52. **Right** on Crawford.
53. **Left** on Preston
54. **Left** on San Jacinto.
55. **Right** on Texas.
56. **Right** on Main to Preston and the **finish**.

# Downtown Houston 5K Map

Numbers on the map correspond to Direction step numbers.



