



NEBRASKA CITY WALK
TRAIL RATED 2A - 5K AND 10K ROUTES
©Nebraska Wander Freunde Trailblazers 1/1/22
SPECIAL PROGRAMS: Town Halls/City Halls,
Walking with America's Veterans



Nebraska City's history begins before Nebraska was established as a territory in 1854, as an 1846 military outpost called Fort Kearny. Its prime location along the Missouri River made it a natural jumping off point for '49ers on their way to California and became the starting point of the Ox-Bow Trail (also known as the Old Fort Kearny or Nebraska City Road), which was a shortcut to the Oregon Trail just past the "new" Ft. Kearny (now Kearney, Nebraska). Our walk in Ashland, Nebraska also walks along a portion of the Ox-Bow Trail at Salt Creek!

Today, Nebraska City is better known as the birthplace of Arbor Day, the passion of J. Sterling Morton (father to the J. Morton of Morton Salt fame). The elder Morton served many roles in local government and was Grover Cleveland's Secretary of Agriculture. His home at Arbor Lodge and its surround farms are part of this walk. Of course, this walk takes place on tree-lined streets rising from the Missouri River floodplain. Look for the many tree sculptures around the city and evidence of a vibrant arts culture and rich historical past.

Walk Registration:

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

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Use the following table to guide what portion of this document you may wish to print out.

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NEBRASKA CITY WALK

Starting Point Location:

40.68106, -95.88439
Arbor Day Farm Parking Lot
2611 Arbor Avenue
Nebraska City, NE 68410

From I-29: Use I-29 Exit 10 to access IA Hwy 2-W. West (past the Pilot Travel Center) across the Missouri River into Nebraska. You're now on NE Hwy 2-W/J. Sterling Morton Beltway (passing the Lewis and Clark Interpretive Trails and Visitor Center on your left, right after the river). A little more than 3.5 miles, turn right on Steinhart Park Road (blue sign showing picture of tent and RV). After a little more than 1.7 miles, the road turns left and becomes Arbor Avenue. Continue for .3 miles, to the parking lot entrance on your left.

From US Hwy 75 S: Left (east) on US-75 BUS S (G Road) for 1.4 miles to Centennial Avenue. Right for 1 mile, then it becomes Arbor Avenue. Just past H Road, turn right into the parking lot.

From US Hwy 75 N: As you approach NE-Hwy 2, look for the sign that says "North US 75/West NE-2 Omaha/Lincoln". Get into the left lane as directed, pass under the overpass and immediately take the left to merge onto westbound NE-2/US-75 N. Go 1.5 miles to Steinhart Park Road and turn right (blue sign showing picture of tent and RV). After a little more than 1.7 miles, the road turns left and becomes Arbor Avenue. Continue for .3 miles, to the parking lot entrance on your left.

Emergency Numbers:

Restrooms:

- If exiting from I-29, the Pilot Travel Center has restrooms and is open 24 hours.
- Arbor Day Farm has public restrooms available when open.
- About 1 km into the walk, restrooms are available at the Lied Lodge and Conference Center.
- At 712 Central Avenue (not on the 10k route), public restrooms are available from 8 a.m. to 5 p.m. every day.

Notes on the Directions

- Numbered streets increase in value from east (the Missouri River) to the west and run north/south. North of Central Avenue, avenues run east/west. South of Central Avenue, corsos (Italian for "courses") run east/west.
- (10k only) As you walk along, keep an eye out for the beautifully painted stylized tree sculptures from the city's 2013 *Enchanted Arboretum Project*.

SPECIAL PROGRAM QUALIFIERS (5k & 10k) **Town Halls/City Halls**

City Hall is on Central Ave., across from the fire station, between 15th St. and 14th St.

SPECIAL PROGRAM QUALIFIERS (10k only) **Walking with America's Veterans**

- Memorial Way murals, south side of Central Avenue, between 9th and 8th Streets, just past Brown's Shoe Fit Co. at 811 Central.



In case of **Emergency: Dial 911**
Event related assistance:
Sandy Spaulding 712-435-0815

5k Directions


1. From the *Apple House Market*, walk along the building toward The Tree Adventure (stop at end of building).
2. **LEFT** at end of the *Apple House Market Building*, onto a sidewalk (a post sign points to *Lied Lodge & Conference Center*).
3. **FOLLOW** this sidewalk passing the Historic Morton Barns on your right, through a wooded area—over several wooden bridges—to “Y” in the sidewalk behind the Lied Center Lodge.
4. **RIGHT**, up four steps and **RIGHT** on sidewalk that runs behind the hotel rooms.
(**Note:** wheelchairs and strollers can use path in front of Arbor Lodge to enter facility; and then go to Step #7 below.)
5. **GO UP** 39 stairs to the rear hotel lobby entrance and enter the lobby.
6. **PASS THROUGH** the lobby and go out the large front doors (bathrooms, gift shop and restaurant available here).
7. After exiting the lodge, **LEFT** following the sidewalk to Steinhart Park Rd. (not marked).
8. **LEFT** on Steinhart Rd. (crossing this 1998 historically designed bridge) to Central Ave.
9. **RIGHT** on park path along Central Ave. to 22nd St.
10. **LEFT** on 22nd St. facing traffic to Park Lane (on left)/1st. Avenue (on right).
11. **RIGHT** on 1st Ave. to 15th St. and **CROSS**.
12. **RIGHT** on 15th St. to Central Ave.
13. **LEFT** on Central Ave. to 14th St.
14. **LEFT** on 14th St. to 2nd Ave. and **CROSS**.
15. **LEFT** on 2nd Ave. & **ENTER** *Arbor Lodge Park* (stay left on the road to the *Arbor Lodge Mansion*). Please enjoy a mansion tour if open (\$9 for adults, \$7 for children).
16. Facing the mansion, from the outdoor plaque, continue around the right side (north side) of the mansion, passing the Carriage House and through a parking lot to an accessible sidewalk down to Arbor Ave. (not marked).
17. **Carefully CROSS** Arbor Ave., using the pedestrian crossing, and walk down the stairs to *Arbor Day Farm Gift House* (bathrooms available).
(**Note:** wheelchairs and stroller can carefully use road to the gift house parking lot.)

NEBRASKA CITY – 5K

START POINT – Arbor Day Farm Parking Lot, 2611 Arbor Avenue, Nebraska City, NE 68410
40.68106, -95.88439

S/F



 **Emergency: Call 911**
NWFT Club: Lori Anderson 402.641.1771.
Regional Director: Susan Pinneke 515.423.8437

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited.



10K Directions

1. From the *Apple House Market*, walk along the building toward The Tree Adventure (stop at end of building).
2. **LEFT**, at end of the *Apple House Market Building*, onto a sidewalk (a post sign points to *Lied Lodge & Conference Center*).
3. **FOLLOW** this sidewalk passing the Historic Morton Barns on your right, through a wooded area—over several wooden bridges—to “Y” in the sidewalk behind the Lied Center Lodge.
4. **RIGHT**, up four steps and, **RIGHT** on sidewalk that runs behind the hotel rooms.
(Note: wheelchairs and strollers can use path in front of Arbor Lodge to enter facility; and then go to Step #34 below.)
5. **GO UP** 39-stairs to the rear hotel lobby entrance and enter the lobby.
6. **PASS THROUGH** the lobby and go out the large front doors (bathrooms, gift shop and restaurant available here).
7. After exiting the lodge, **LEFT** following the sidewalk to Steinhart Park Rd. (not marked).
8. **CAREFULLY CROSS** Steinhart Park Rd.
9. **ENTER** Steinhart Park walking under a large steel beam marked Nebraska City Bridge.
10. Keeping left, **FOLLOW** the road to a wide pathway across from a brown colored sign reading *Clarence Vigen Baseball Field*.
11. From the road **MERGE LEFT** onto this pathway.
12. **FOLLOW** the path to you reach a yellow-colored left-curve sign.
13. **FOLLOW** the path (left) to 4th Corso (not marked).
14. **LEFT** on 4th Corso along path to 19th St.

15. **LEFT** on 19th St. (carefully walking against traffic) to Central Ave.
RIGHT on Central Ave to the Memorial Way cut-out (immediately past Brown’s Shoe Store between 9th and 8th St.

As you walk along Central Avenue, look for these murals by Kent Schwartz, sponsored by the Nebraska City Chamber of Commerce:

- At 13th St. (SE building):**
Cremo Cigar 5¢
- At 12th St. (SE building):**
Wayne Feed
Dr. Prige’s Baking Powder
- At 12th St. (NW building):**
F.W. Rodenbroch’s Cash Grocery
Selz Royal Blue.
- At 9th St (SE building):**
Morton Salt | White Beast Pure Lard
- At 8th St. (NW building):**
F.W. Woolworth | Argo Starch
- Between 8th and 7th (on west wall of building overlooking the public restrooms):**
The Overland Theater
- 7th St. (NE building):**
Coca Cola | Sloan Drug

Also, while on Central, you will pass the *Kregel Windmill Factory* and *The Nebraska City Fire Fighter Museum* (on north side of Central).

16. **RIGHT and ENTER** Memorial Way, observing the military murals (west wall) and loop back to Central Ave. observing the Nebraska City History murals (east wall).
17. **RIGHT** on Central to 6th St.
18. **CROSS** 6th St.

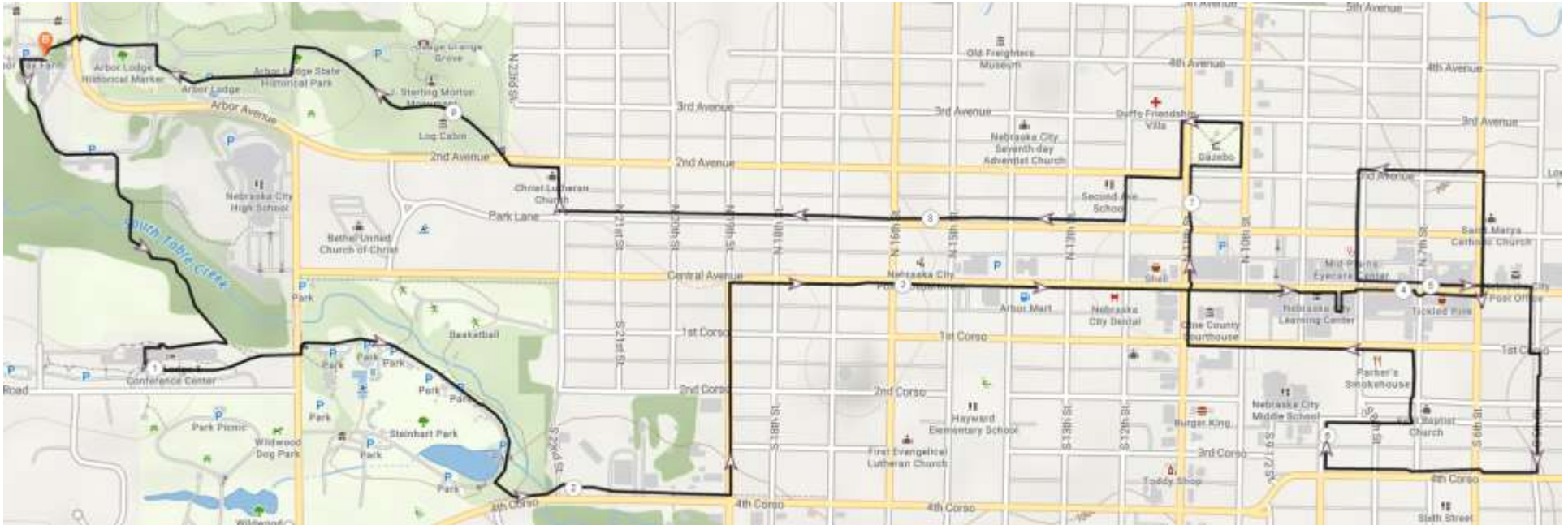
NEBRASKA CITY WALK


19. **RIGHT** on 6th a short distance to view the mural on the south side wall of the *River County Nature Center*.
20. **REVERSE DIRECTION** on 6th and return to Central Ave.
21. **CAREFULLY CROSS** Central Ave, and stay on 6th **to** 2nd Ave.
22. **CROSS** 2nd Ave. and **LEFT** on 2nd Ave. **to** 8th St.
23. **LEFT** on 8th St. **to** Central Avenue. The Nebraska City Tourism and Commerce at 806 1st Avenue (on your right when you reach 1st Ave.) is open weekdays from 8 to 5.
24. **LEFT** on Central Ave. (**Public Restrooms** four doors down Central, 8-5 daily) **to** 5th St.
25. **RIGHT** on 5th St. (cross Central carefully) **to** 4th Corso. (There is an *Oregon Trail Monument* on southeast corner of Central & 5th if interested.)
Note: cross 5th St.—westside to eastside—at 1st Corso for better sidewalks to continue **to** 4th Corso.
26. **RIGHT** on 4th Corso **to** 9th St.
27. **RIGHT** on 9th St. **to** 3rd Corso.
28. Just past funeral home, **RIGHT** on 3rd Corso (not marked)—passing the *Kimmel Harding Nelson Arts Center* and historic *Nelson House*—**to** S. 7th St.
29. **LEFT** on 7th St. **to** 1st Corso (not marked, but large yellow home on southwest corner of 7th & 1st Corso).
30. **LEFT** on 1st Corso—passing the *Civil War Museum/G.A.R. Memorial Hall*, the *Premier Bank*, and *Morton James Library*—**to** 11th St.
31. **RIGHT** on 11th St. **to** 2nd Ave.
32. **CROSS** 2nd Ave. **to** *Nuckolls Square Park*
33. **RIGHT** on 2nd Ave. **to** 10th St.
34. **LEFT** on 10th St. **to** 3rd Ave.
35. **LEFT** on 3rd Ave. **to** 11th St.
36. Carefully **CROSS** 11th St. (no light).
37. **LEFT** on 11th St. **to** 2nd Ave.
38. **RIGHT** on 2nd Ave. **to** 12th St.
39. **CROSS** 12th St.
40. **LEFT** on 12th St. **to** 1st Ave.
41. **RIGHT** on 1st Ave **to** 22nd St. (Little Free library @1412 1st.Ave.)
(at 21st St. cross 1st Ave. for completed sidewalk and continue to 22nd St.)
42. **CROSS** 22nd St.
43. **RIGHT** on 22nd St. (carefully walking against traffic) **to** 2nd Ave.
44. **CROSS** 2nd Ave. **to** sidewalk
45. **LEFT** on 2nd Ave. & **ENTER** *Arbor Lodge Park* (stay left on the road to the *Arbor Lodge Mansion*).
46. Facing the mansion, from the outdoor plaque, continue around the right side (north side) of the mansion, passing the Carriage House and through a parking lot to an accessible sidewalk down to Arbor Ave. (not marked).
47. **Carefully CROSS** Arbor Ave., using the pedestrian crossing, and walk down the stairs to *Arbor Day Farm Gift House* (bathrooms available).
(Note: wheelchairs and stroller can carefully use road to the gift house parking lot.)

NEBRASKA CITY – 10K

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