



The Sun Country Striders  
Welcomes You to  
**Mescalero Fitness Trail**  
Lincoln County  
AVA Sanctioned Year Round Event



This walk is composed of 5k and 10k routes are out and back trails. The walk is on the Mescalero Apache Reservation just west of Ruidoso, and meanders near the road on a paved fitness trail amidst pines. Elevation changes are gentle but overall elevation is almost 7000 feet. Restrooms and dining available at the nearby Inn of the Mountain Gods, a beautiful casino and hotel operated by the Apache nation.

**Walk Registration:**

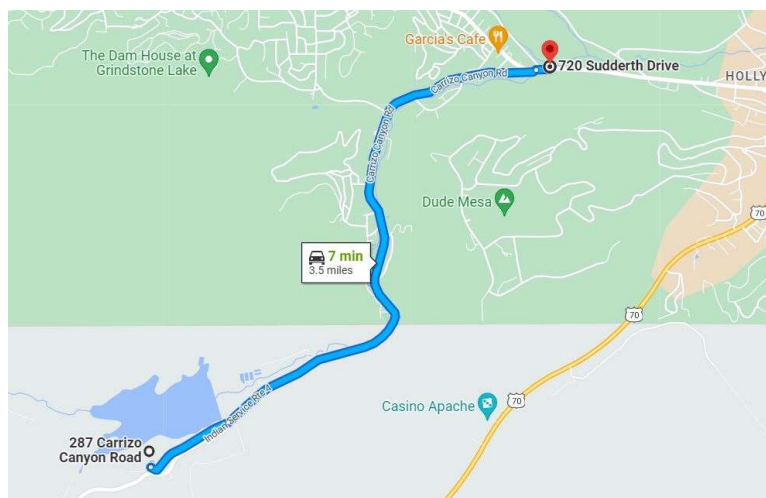
Please use the Online Start Box (OSB) to register and complete the event or contact the POC for remote registration. Directions and stamp will be available in Silver City during the Sun Country Striders Week of Walking April 13-16, 2023. If wishing to do the walk on the way to the events, contact the POC.

**Walk Completion and Walk Credit:**

Once you have completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

**Driving Directions to Start Point:**

From US-70 in Ruidoso, turn North onto Sudderth Dr and stay in the left lane. LEFT on Carrizo Canyon Road (large sign indicating turn for Inn of the Mountain Gods). Continue 3.8 miles, passing the Inn on your right (inn coordinates are 33.2948055 N and 105.6894305 W). LEFT into a multi-level parking garage. Trail begins across from the Inn.



**Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

<b>Section Contents</b>	<b>Pages</b>
Introduction, Walk Registration/Completion, Driving Directions, and Table of Contents	1-2
Mescalero Fitness Trail - 5 & 10k	3

## Mescalero Fitness Trail – 5/10K

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

1. **Follow** the fitness trail to the right as it meanders close to the road to a large parking lot with a bench and information sign.

2. The bench is the turnaround point for the 5k. Return to your car.
3. **10k ONLY: Continue** on trail to the end at US-70. **U-TURN** back to your car.

**Event related assistance:  
Henrietta Vargas – 575-496-7990**

