



Fredericksburg Walking Club

ASHLAND — “Center of the Universe” | Find the LOVE 5K & 10K Walk | Y0673 | Rated 1A

Start Point: Ashland Visitor Center, 112 N. Railroad Ave, Ashland, VA 23005

Restrooms: Visitors Center

An AVA Sanctioned Year Round Event (YRE) (Award and Credit Available)

This walk comprises 5 km and 10 km trails. There is an award for walk, a patch depicting a train. Cost including credit \$7. Credit only \$3 (prices subject to change). This route takes walkers through Historic Ashland with its serene landscapes, historic architecture, and trains that rumble through downtown following the main street. This route also passes through the beautiful campus of Randolph-Macon College.

The walk start / finish point is the Ashland Visitor Center in historic Train Depot (see Driving Directions below for details).

Walk Registration:

This walk has a Physical Start Box (PSB) inside the Visitor Center. If you register at the location, ask the center personnel for the walk box. Registration can also take place using the AVA Online Start Box (OSB), which is located on the website my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (print if desired). The Point of Contact (POC) does not provide event directions or accept payments.

Driving Directions:

Ashland Visitor Center is located at 112 N Railroad Ave, Ashland, VA 23005. They are currently open daily from 9-5, but you may wish to call ahead to check – (804) 752-6766.

From I-95 N: From I-95 N, take exit 92B to merge onto VA-54 W/E Patrick Henry Rd toward Ashland. Continue to follow VA-54 W. Turn right onto Henry St. Turn left at the 1st cross street onto College Ave. Turn left onto N Railroad Ave. Destination will be on the left.

From I-95 S: From I-95 S, take exit 92 to merge onto VA-54 W/E Patrick Henry Rd. Continue to follow VA-54 W. Turn right onto Henry St. Turn left at the 1st cross street onto College Ave. Turn left onto N Railroad Ave. Destination will be on the left.

Parking in Ashland is free, but at times can be limited. There is an Ashland Downtown Municipal Parking Lot at 109 Hanover Avenue, Ashland, VA 23005.

Restrooms: Restrooms are located at the Visitor Center and numerous locations along the route. (

Special Programs:

Virginia Find the LOVE, City Halls/Town Halls, Par for the Course, Step to the Beat

Walk Completion and Walk Credit:

Please use either the OSB or the PSB to register and complete the event. Do NOT mix and match. For example, do not register using the OSB and then complete your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Once you have completed the walk, either follow the instructions in the PSB and sign the log, stamp your books, and mail in your payment **OR** log in to your AVA OSB Account. If you are using the OSB, click on the “My Start Box” tab, click the “Finish Table” tab, and then click “Go to Finish Table” button for the event that you completed. Use the displayed entry form to submit the date and distance for your walk, as well as selecting the applicable AVA Special Programs. This will generate the stamped virtual insert cards that you may choose to print out.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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Contact Information: If there is an emergency, please call 911. For event-related assistance, contact Lina (904) 945-7653 / evangelinapalmer@msn.com.



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For an alternative 5k route, walkers can do the second half of the 10k route.

1. Leave Visitor Center on the Track Side.
2. **LEFT** on Platform. (*Virginia Find the LOVE* — look to right for LOVE sign). **SEE #33 in RED for Alternate Start Point.**
3. Continue along N. Railroad Ave./N. Center St. crossing Henry Clay Rd./College Ave. staying on **LEFT** side of N. Center St.
4. **LEFT** onto right side of driveway at 310 Center St. (college business office).
5. Go to **REAR** of property, passing two dumpsters, through a path heading to athletic field (*Par for the Course — athletic field*).
6. Take an immediate **LEFT** onto the paved Mullen Drive. (no street sign).
7. **RIGHT** on Mullen Dr., athletic field on right, go 1 block.
8. **RIGHT** at N. James St. stop sign-onto paved asphalt path.
9. **RIGHT** on W. Patrick St. staying on asphalt path after the softball field to road sign for bike routes (1) and (76) you are still on path.
10. **CONTINUE** straight along W. Patrick St. path for 1 block.
11. **CROSS** the railroad tracks and N. Center St., to **LEFT** onto sidewalk. Go 1 block. Randolph Macon-College Hugh Stevens baseball field is on right (*Par for the Course — Hugh Stevens baseball field*).
12. **CROSS** Smith St. to **RIGHT** on sidewalk, go 2 blocks on Smith St. (Brian Wesley Native Plant Garden on left)
13. **RIGHT** at Henry St. Walk down Henry St., passing several college bldgs., and athletic field.
14. Pass Frank Brown Campus Center, go **DIAGONAL RIGHT** on sidewalk toward large fountain (benches).
15. **CONTINUE** going in same line, going halfway around the fountain.
16. **LEFT** at the next sidewalk passing behind Peele Hall.
17. **LEFT** at 3 pillars honoring alumni who died in action. Pass between buildings going towards Henry St.
18. **LEFT** on Henry St. (1 block) Peele Hall on left is now the President's Office, was once a Carnegie Library.
19. **RIGHT** onto Caroline St. passing Haun Rehearsal Hall on right, (*Step to the Beat — Rehearsal Hall*)
20. **CONTINUE** to Randolph Cir. **LEFT** on Randolph Cir.
21. **CONTINUE** straight to Macon Cir. (Randolph Cir. turns into Macon Cir.). Street loops around.
22. **RIGHT** on Henry Place (1 block).
23. **RIGHT** on Randolph Circle (1 block).
24. **LEFT** on Macon Circle (1 block).
25. **RIGHT** on Caroline St.
26. **LEFT** on Calhoun St. (2 blocks).
27. **RIGHT** on England St. (1 block) Ashland Police Dept is across to the left as you turn right.
28. **LEFT** on S. Taylor St. Use crosswalk to cross England St. (1 block).
29. **RIGHT** on Robinson St. (1 block)
30. **RIGHT** on Robinson St. as it bends right (1 block). Turns into Thomas St. Look to your right as you get to the front of building for a surprise.
31. **LEFT** on England St. (3 blocks to Visitor Center). You will pass the WELCOME MURAL & Ashland Theater built in 1940. (*Step to the Beat — Slipped Disc Music Store on left*). ****10k walkers skip to STEP 33****
32. ****End of 5k walk**** 5k walkers continue straight on England St., **CROSS** railroad tracks, **RIGHT** on N. Center St. to **FINISH** at Visitor Center.
33. ****10k walkers**** continue to **LEFT** on S. Center St. **Do not cross tracks**. Go 8 blocks on S. Center St. ****Alternative 5k Start Point from #1** Right to Cross** England St. & **LEFT** on crosswalk to **RIGHT** on S. Railroad Ave. Ahead is Library (corner of Robinson St.) with rotating sculpture for “Ashland Center of Universe.” Mural is behind and to left of Shear Power.
34. **CONTINUE** 8 blocks on S. Railroad/S. Center St. (passing house at 501 S. Center St. & corner of Maiden Ln., which was used in film “Major Payne.”)
35. **LEFT** on E. Francis St. (1 block) passing tennis courts.
36. **LEFT** on Virginia St. (5 blocks).
37. **RIGHT** on Myrtle St. (1 block) old church on right.
38. **RIGHT** on Maple St. (5 blocks). Dead-end has paved trail crossing New St., **CONTINUE** ON Maple St., sidewalk becomes asphalt path entering Carter Park.
39. **RIGHT** on the first path to the right.
40. **RIGHT** at first trail split, over a wooden bridge.
41. **EXIT** park, **RIGHT** on S. Center St.
42. **LEFT** at E. Francis St. & **CROSS** railroad tracks to **LEFT** on S. Center St.
43. **CONTINUE** on S. Center St. to end of sidewalk. **BEAR RIGHT** onto asphalt Trail into Stony Run Trail.
44. **STAY** on asphalt trail to **END** at S. James St.
45. **STRAIGHT** on S. James St. (5 blocks) pass school on left.
46. **CROSS**, then **RIGHT** on Hanover Ave.
47. **AT POINT** of Triangle, **LEFT** in crosswalk on to Duncan St. (*City Hall/Town Hall*), crossing Thompson St.
48. **RIGHT** on Thompson St. briefly.
49. **LEFT** on N. Railroad Ave to **FINISH** at Visitor Center. ****End of 10K walk****

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In case of Emergency: CALL 911

POC: Lina (904) 945-7653 / evangelinapalmer@msn.com

SPECIAL PROGRAMS: *Virginia Find the LOVE, City Halls/Town Halls, Par for the Course, Step to the Beat.*

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