

Winston Wanderers welcomes you to:
High Point, NC- PEC Walk (Guilford County)
16/12 Km Volkswalk Y0682

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IN CASE OF EMERGENCY: DIAL 911 Event Related Assistance: **Lloyd Tolbert**; treb03@gmail.com (276)403-0608

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Start/Finish Point: Piedmont Environmental Center (PEC) 1220 Penny Road High Point, NC 336-883-8531

HOW TO GET THERE: From Greensboro, exit I-40 at either Wendover Ave (exit 214) or NC68 (exit 210) towards High Point. Turn left on Penny Rd. The PEC is approx. 2 miles on the left. From Winston -Salem, Take US311 (I-40 exit 196) south to High Point, following the 311 bypass to Eastchester Dr, exit 23. Left on Eastchester, right on Wendover and right on Penny Rd, to the PEC on the left. From north and east on I-85: take the (new) I-85 bypass south to Bus-85/US29/70 (exit 118) toward Jamestown/High Point. Exit Bus 85 on the (new) US311 bypass, exit 19, and follow to Exit 21, Greensboro Road/ Lexington Ave. Turn right on Greensboro Rd to Penny Rd. Turn left on Penny Rd to PEC on the right. From south on I-85: take I-85 to US52 (exit 87) to Bus-85/US29/70 to High Point. Exit Bus 85 on the (new) US311 bypass, exit 19, and follow to Exit 21, Greensboro Road/ Lexington Ave. Turn right on Greensboro Rd to Penny Rd. Turn left on Penny Rd to PEC on the right.

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when they submit the event completion info as a paying for credit participant. Note however that the \$2 coupon for the downloaded PDF expires in 60 days.

Parking: Parking Lots

Restrooms: At start point and around the park

The Piedmont Environmental Center (PEC) is divided into South and North Preserves by East Fork Road. Water, vending machines and rest rooms are at the start/finish and at the turn-around point in Gibson Park

All trails are marked by colored dots atop square posts

1. Depart the start/finish point in the PEC past the end of the parking lot and go **RIGHT** on the Greenway. (Markings – Red/White/Blue). Follow the Greenway until it crosses East Fork Road into the North Preserve.

!! Use caution crossing the road!!

2. **IMMEDIATELY** after crossing East Fork Road and entering the North Preserve, turn **RIGHT** onto the Deep River Trail – Red/White Markings.

There are a number of small footbridges on this section of trail. Only one – the third – has handrails.

3. At the end of the railed footbridge turn **RIGHT**. Continuing on the Deep River Trail you will

eventually cross under a power line and a short time later over a pipeline. Go straight across both.

4. As the trail nears a roadway turn right across a short boardwalk and exit to the road (Sunnyvale Road which is not marked).
5. Turn **RIGHT** on the road and then after a very short distance turn **LEFT** on the paved Greenway. You will pass a wetland area observation deck on your right.
6. After passing the observation deck you will come to Gibson Park on your left. This is the turn-around point. **DO NOT** go beyond the Gibson Park historic cabin (circa 1800) on the Greenway.
7. To return from Gibson Park turn around to retrace steps along the Greenway. When you come to the road. Turn **RIGHT**, pass Deep River Trail on left and continue to greenway on left. Turn **LEFT** on greenway and continue all the way back to Start/Finish at the PEC.

16 KM OPTION

- A. After crossing East Fork Road to return to the South Preserve, continue on the Greenway for approximately 1 km, watching for the $\frac{3}{4}$ mile marker post. Just past the $\frac{3}{4}$ mile marker and nearing the top of the hill, turn **LEFT** on an unmarked path a short distance to the Bill Faver Lakeshore Trail – with **WHITE MARKINGS**.
- B. **IN THIS SECTION OF THE PEC THE DOTTED POST MARKINGS ARE ONLY AT TRAIL INTERSECTIONS. TRAIL MARKINGS ARE AUGMENTED WITH PAINT MARKINGS ON TREES.**
- C. At the **first trail intersection** (not marked) **TURN LEFT** and continue to follow the **WHITE** markings.
- C. At the junction of the Lakeshore trail and the Dogwood (Orange) Trail, **TURN LEFT** staying on the **WHITE (Lakeshore)** trail.
- D. At the junction with the Pine Thicket (Red) trail, again **TURN LEFT**, staying on the Lakeshore - **WHITE** - trail. (There is a park bench on either side of the white trail and you are in a kudzu thicket at this point).
- E. At the Racoon Run trail – **BLUE** markings – **TURN LEFT** on the **BLUE** Trail. Follow the **BLUE** trail in a clockwise loop, returning to this same trail intersection.
- F. When back to the **BLUE-WHITE** trail junction **TURN LEFT**, again following the **WHITE TRAIL** until it intersects the Fiddlehead Trail – **YELLOW** markings – at the end of a closed floating bridge.
- G. **TURN RIGHT** on the **YELLOW TRAIL** and follow it to the end where it Tee’s with the **WHITE** Trail.
- H. **TURN LEFT** and follow the **WHITE TRAIL** to a clearing by a picnic area. The PEC main building is up the hill to the right.
- I. **TURN RIGHT** and return to the start/finish in the PEC.

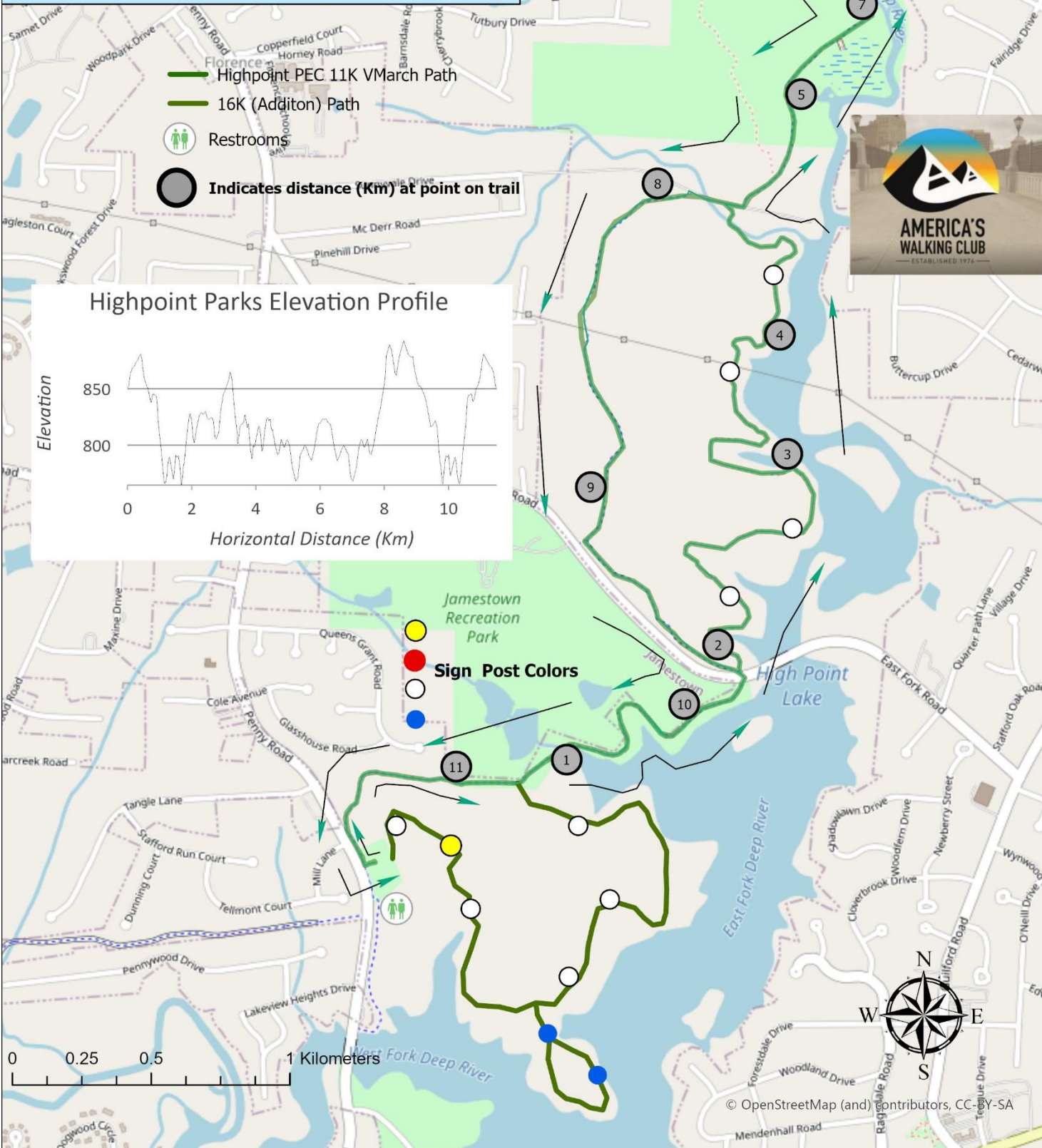
Thank You for walking with us, we hope you have enjoyed this walk. Please use the back of your start card for comments.

Please take a few moments to visit the displays at the Environmental Center, and don't miss the mapscape, a detailed topographical model of North Carolina and parts of its bordering states. The mapscape is located a few steps down the hill to the left from the PEC building.

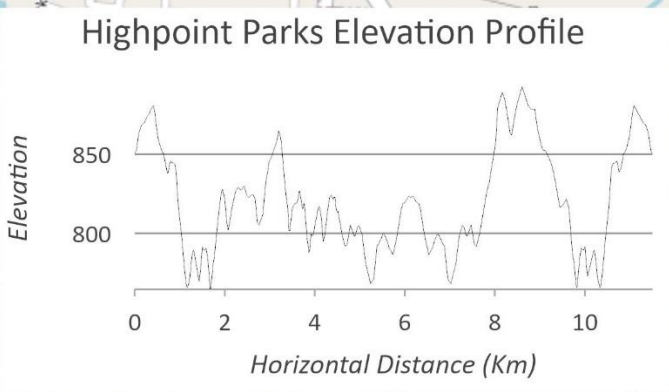
High Point Parks Walk

12 Km or 16 Km

AVA YR 682



- Highpoint PEC 11K VMarch Path
- 16K (Additon) Path
- Restrooms
- Indicates distance (Km) at point on trail



- ### Sign Post Colors
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