



AMERICA'S WALKING CLUB

— ESTABLISHED 1976 —

REDDING, CA Sundial Bridge

5k/10K Rated: 1A Y0705

Page 1 of 4

Special Programs 😊 Rails to Trails, Rock Around the Clock, Walking with America's Veterans

Start Point: *Turtle Bay Exploration Park*, 844 Sundial Bridge Drive, Redding, CA 96001.

Directions to start: Northbound I-5 EXIT 678 to CA-44 toward Eureka -OR- Southbound I-5 EXIT 678B to CA-44 toward Eureka.

Merge onto CA-44 W then take EXIT 1 for Sundial Bridge Dr, toward Park Marina Dr. Keep right to take the ramp toward AUDITORIUM. Turn slight right onto Sundial Bridge Dr. Enter parking lot on left. Walk thru the arched entrance to Turtle Bay Exploration Park. Restrooms, water, food available here.

Sundial Bridge 5k

1. Begin at entrance to Sundial Bridge, but do not cross it.
2. Walk toward gift shop/museum and veer left onto trail by river.

😊 Rails-to-Trails – *Sacramento River Trail*

3. Follow this asphalt trail as it curves toward freeway ignoring any paths to the right.
4. As you near the highway keep right on asphalt path.
5. When trail ends at parking lot turn right toward concrete structure.
6. Continue to the sidewalk leading to the structure and information sign between the two handicap parking spots.

You may explore the "Monolith" and the artifacts within if you wish.

7. Cross driveway by Monolith to follow sidewalk on left side of Sheraton Hotel.
8. Veer left and cross parking lot to crosswalk.
9. Cross street and turn left to cross adjacent street toward small grove of trees.

😊 Walking with America's Veterans – *Veterans Memorial Grove*

10. Circle Memorial Grove and re-cross street.
11. Turn left on sidewalk by parking lot to crosswalk through parking lot to Turtle Bay Exploration Park entrance.
12. Continue to the Sundial Bridge.
13. Cross Sundial Bridge.

😊 Rock Around the Clock – *Sundial Bridge*

14. Follow sidewalk to right after bridge to Sulfur Creek sign.
15. Turn left and cross the Sulfur Creek Bridge.
16. Take sharp right on the first trail just after bridge.
17. Follow trail as it curves left to join another trail. This is the McConnell Arboretum Perimeter Trail.
18. Follow McConnel trail keeping river on right.
19. At trail split (Dayshift/Nighshift info marker on right) turn left. DO NOT GO UP HILL. *You're welcome.*
20. Continue around the arboretum.
21. When you complete the loop, turn right and recross the Sulphur Creek Bridge. *You may choose to turn left to explore beneath the bridge and check out the river.*
22. Walk to Sundial Bridge and cross back over to complete your 5K walk.

Sundial Bridge 10k

1. Begin at entrance to Sundial Bridge
2. Cross Sundial Bridge.

😊 Rock Around the Clock – *Sundial Bridge*

3. Follow sidewalk to right after bridge to Sulfur Creek sign.
4. Turn left and cross the Sulfur Creek Bridge.

Copyright 2022 AVA – Pacific Region Director

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. www.ava.org

In case of EMERGENCY, call 911



AMERICA'S WALKING CLUB

— ESTABLISHED 1976 —

REDDING, CA Sundial Bridge

5k/10K Rated: 1A Y0705

Page 2 of 4

5. Take sharp right on the first trail just after bridge.
6. Follow trail as it curves left to join another trail. This is the McConnell Arboretum Perimeter Trail.
7. Follow McConnell trail keeping river on right.
8. At trail split (Dayshift/Nightshift info marker on right) turn left. **DO NOT GO UP HILL.** *You're welcome.*
9. Continue around the arboretum.
10. When you complete the loop, turn right and recross the Sulphur Creek Bridge.
11. Turn right passing Sundial Bridge. *Restrooms available ahead past kiosk if gate is open.*
12. At Kiosk turn left on the Sacramento River Trail which follows the Sacramento River on your left.
- 😊 **Rails-to-Trails – Sacramento River Trail**
13. Come to parking lot as trail turns left. On your right is a Human Sundial – Check it out!
14. Pass under Market Street bridge then statues of Chauncy Bush and two boys on right.
15. Walk down into the Fish Viewing Facility to see any fish moving in the river then continue left on trail to picnic pavilion.
16. Go past pavilion to the Gazebo.
- 😊 **Walking with America's Veterans – Lake Redding Veterans Gazebo**
17. Take steps on left side of Gazebo down to trail and turn right.
18. Pass under Benton Drive bridge to continue on trail along river and passing the large Elks Lodge property. (Two metal arches over trail)
19. Continuing past Elks Lodge ignore path on right.
20. Come to a fork in path with low water bridge on left and a flood caution sign then **TURNAROUND.**
21. Retrace steps to intersection just before Benton Drive bridge.
22. Take path on left up to Benton Drive then go right over the pedestrian Diestelhorst Bridge.
23. Cross river enjoying the views on both sides.
24. At bronze Redding Trustees plaque on left **TURNAROUND** and go back over bridge. Another chance to possibly see bald eagle or osprey near river, maybe salmon in water.
25. Return to river trail and turn left to pass under the two bridges and arrive back at Sundial Bridge.
26. Recross Sundial Bridge to complete your 10K walk.

Event related assistance or suggestions for improvement please contact:

Carl Cordes (702) 540-6632 pa_rd@ava.org

Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (NOTE: The \$2 fee for event PDF Download is deducted from the user's Event Bank when the pdf is downloaded. This prepaid fee is applied against the credit fee(s) at the OSB "Finish Table" when you submit the walk completion info. However, the \$2 "coupon" for the downloaded PDF expires 60 days from download.)

TM



AMERICA'S WALKING CLUB

— ESTABLISHED 1976 —

REDDING, CA Sundial Bridge

5k/10K Rated: 1A Y0705

Page 3 of 4



Copyright 2022 AVA – Pacific Region Director

In case of EMERGENCY, call 911

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. www.ava.org



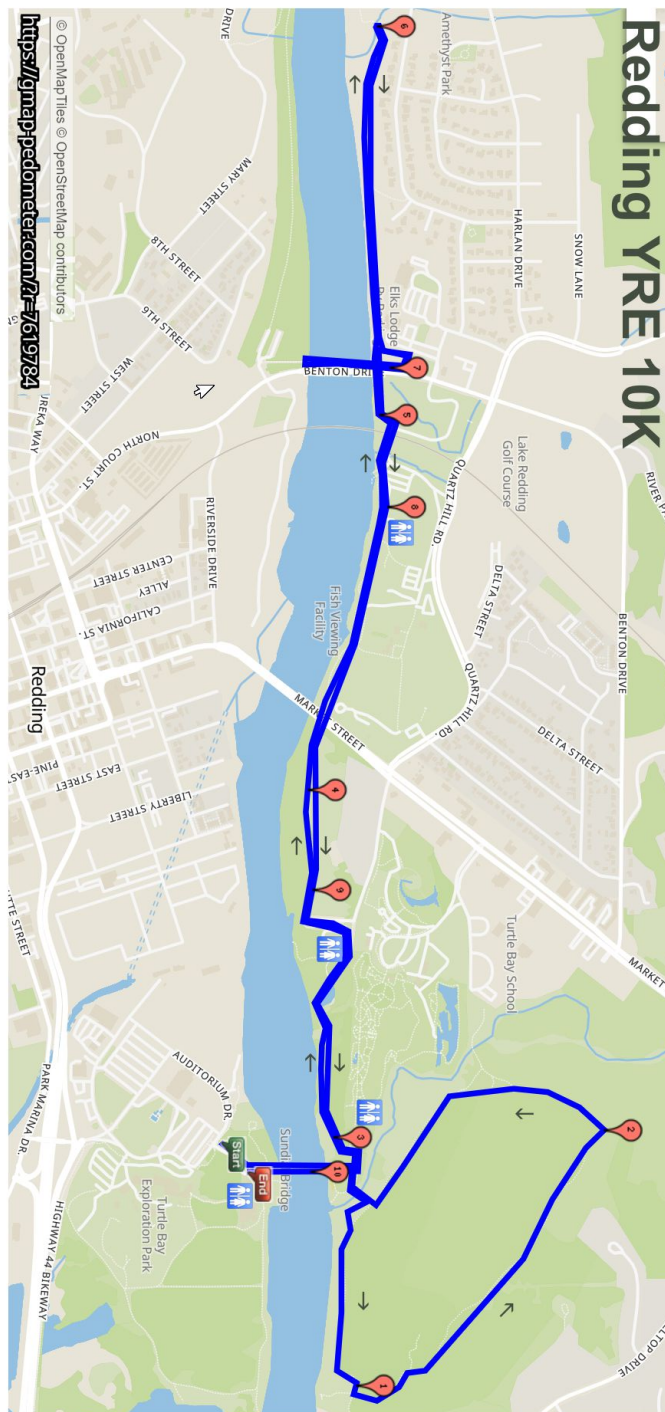
AMERICA'S WALKING CLUB

— ESTABLISHED 1976 —

REDDING, CA Sundial Bridge

5k/10K Rated: 1A Y0705

Page 4 of 4



Copyright 2022 AVA – Pacific Region Director

In case of EMERGENCY, call 911

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. www.ava.org