

# CEDAR MILL CREEK & FALLS – Y0823 – 6/10K – 1A/2B

These instructions may be used only upon registration at a currently sanctioned IVV/AVA Event

These walking directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. For emergencies contact 911. Walk owner is Carolyn Smith and she can be reached at 971-340-6049.

## INTRODUCTION

Thank you for participating in this Cedar Milers event. Our goal is to make this a memorable walk for you. If there are any improvements or suggestions you have, please send them to the POC email. We do ask that if any unforeseen construction or obstacles are encountered during the walk that you also contact us so we can update the materials. If there are any new challenge sightings or if a listed challenge is no longer present, please contact us so we can update the listing information for all future walkers.

We have several YREs in Beaverton, W. Portland, Hillsboro, Forest Grove, Tigard, and Sherwood as well as walks in Arlington, Condon, Irrigon, John Day, Umatilla and Vale.

## DRIVING DIRECTIONS

**Address:** **Sunset Athletic Club** 13939 NW Cornell Rd, Portland, OR 97229

**GPS** [45.530722, -122.819916](#) **PLUS CODE:** G5JJ+42 Portland, Oregon

## DESCRIPTION

Take US Hwy 26 west to exit 67 (Murray Blvd). Turn right (north) onto NW Murray Blvd, then left (west) on NW Cornell Rd to just past Sunset High School.

**Park** at Sunset Athletic Club or at the Sunset Mall one block east.

**Restrooms:** Safeway store at Sunset Mall one block east of Sunset Athletic Club.

**Walk Completion and Credit:** Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

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EMERGENCY: 911  
NON-EMERGENCY:  
POINT OF CONTACT: Carolyn Smith 971-340-6049

[www.cedarmilerswalking.club](http://www.cedarmilerswalking.club)

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# CEDAR MILL CREEK AND FALLS – Y0823 – 6k – 2A

These instructions may be used only upon registration at a currently sanctioned IVV/AVA Event

1. **FACING** Sunset Athletic Club on NW Cornell Rd.
2. **RIGHT** on NW Cornell Rd to NW Trail Ave.
3. **LEFT** on NW Trail Ave.
4. **CROSS** and **RIGHT** on NW Westlawn Terrace – stay on left side of street.
5. **RIGHT** on NW 128<sup>th</sup> Ave.
6. **Labyrinth Option: Continue Straight to Christ United Methodist Church. Pass gate on Right and continue Right to sidewalk. Veer Left to Labyrinth between the Church and Offices. Return to NW Filbert St. and TURN RIGHT.**
7. **LEFT** on NW Filbert St. (If skipping the Option)
8. **CAREFULLY CROSS** NW Saltzman Rd using the crosswalk to the left.
9. **LEFT** on NW Saltzman Rd to St Pius X church driveway entrance.
10. **RIGHT** into church driveway passing Youth Center on left to driveway going uphill.
11. **LEFT** along upper parking lot to opposite end of lot.
12. Exit parking lot through easement (yellow post and 3 barriers) onto NW Westlawn Terrace (not marked).
13. **STRAIGHT** on NW Westlawn St to NW 122<sup>nd</sup> Ave.
14. **RIGHT** on NW 122<sup>nd</sup> Ave (sign hidden in trees on right).
15. **LEFT** on NW Reeves St
16. **CAREFULLY CROSS** NW 119<sup>th</sup> Ave entering pathway straight ahead.
17. Exit path onto cul-de-sac and continue **STRAIGHT** on NW Reeves St. Just before NW 113<sup>th</sup> Ave, cross NW Reeves St and take steps down to Cedar Mill Creek viewpoint to view the creek.
18. **RIGHT** on NW 113<sup>th</sup> Ave to NW Cornell Rd.
19. **LEFT** to cross NW 113<sup>th</sup> Ave at signals and enter Cedar Mill Sentinel Plaza. *Notice the Sentinel Pole (Rick Barrow, artist) dedicated in May 2003 as a monument to Native Americans.)*
20. Continue through plaza to NW Cornell Rd.
21. **RIGHT** along NW Cornell Rd to signals at NW 113<sup>th</sup> Ave.
22. **LEFT** to cross NW Cornell Rd.
23. **LEFT** on NW Cornell Rd to path at cyclone fence.
24. **SHARP RIGHT** at cyclone fence (just before Speed 40 sign) going uphill on pathway into George Foege Park.
25. Continue on path as it curves slightly left. *Note George Foege Memorial Plaque).*
26. **RIGHT** to cross footbridge over NW Cedar Hills Blvd.
27. Continue on pathway and short section of road to Cedar Mill Creek Greenway.
28. **SLIGHT RIGHT** to cross second footbridge over NW 118<sup>th</sup> Ave.
29. **LEFT** down first set of stairs to NW 118<sup>th</sup> Ave.
30. **LEFT** on NW 118<sup>th</sup>.
31. **LEFT** on NW Cornell Rd onto Larry Vincent Memorial Bridge.
32. **LEFT** onto Sue Conger Boardwalk and Overlook to waterfall viewing area.
33. **RIGHT** on boardwalk to end.
34. **RIGHT** toward NW Cornell Rd.
35. **LEFT** on NW Cornell Rd passing John Quincy Adam Young house (*one of the oldest surviving buildings in Washington County*).
36. Continue on NW Cornell Rd to signals at NW Saltzman Rd.
37. **CROSS** both NW Saltzman Rd and NW Cornell Rd to diagonally opposite corner.
38. Continue a short distance on NW Saltzman Rd to view historic mural on Leedy Grange wall.
39. Return to NW Cornell Rd.
40. **RIGHT** on NW Cornell Rd passing through downtown Cedar Mill.
41. **CROSS** NW Murray Rd at signals and continue **STRAIGHT** on NW Cornell Rd.
42. **CROSS** NW Trail St to finish at Sunset Athletic Club.

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# CEDAR MILL CREEK AND FALLS – Y0823 – 10K – 2B

These instructions may be used only upon registration at a currently sanctioned IVV/AVA Event

1. **FACING** Sunset Athletic Club on NW Cornell Rd.
2. **RIGHT** on NW Cornell Rd to NW Trail Ave.
3. **LEFT** on NW Trail Ave.
4. **CROSS** and **RIGHT** on NW Westlawn Terrace.
5. **RIGHT** on NW 128<sup>th</sup> Ave.
6. **Labyrinth Option: Continue Straight to Christ United Methodist Church. Pass gate on Right and continue Right to sidewalk. Veer Left to Labyrinth between the Church and Offices. Return to NW Filbert St. and TURN RIGHT**
7. **LEFT** on NW Filbert St. (If skipping the Option)
8. **LEFT** to crosswalk and **CROSS** NW Saltzman Rd.
9. **LEFT** on NW Saltzman Rd.
10. **RIGHT** into St. Pius X Catholic Church driveway passing Youth Center on left and crossing parking lot to driveway going uphill.
11. **EXIT** parking lot through easement in NE corner (yellow post and 3 barriers just past St Pius X Community Center) onto NW Westlawn St (not marked).
12. **RIGHT** on NW 122<sup>nd</sup> Ave.
13. **LEFT** on NW Reeves St.
14. **CAREFULLY CROSS** NW 119<sup>th</sup> Ave entering pathway straight ahead.
15. **EXIT** path at NW 116<sup>th</sup> Ave and continue straight on NW Reeves St. Just before NW 113<sup>th</sup> Ave, cross NW Reeves St to Cedar Mill Creek viewpoint going down steps to view the creek.
16. **RETURN** to NW Reeves St going **RIGHT** to NW 113<sup>th</sup> St.
17. **RIGHT** on NW 113<sup>th</sup> St to first mailbox.
18. **CAREFULLY CROSS** NW 113<sup>th</sup> St onto continuation of NW Reeves St and up short (but steep) hill to Jackie Husen Park at top of hill.
19. **LEFT** at first pathway into park.
20. **LEFT** to enter Jordan Woods Natural Area.
21. Continue on paved trail to Cedar Mill Creek Overlook. *Notice Discover Nature through Art pieces along the trail.*
22. **RETURN** to main trail and take first **LEFT** up staircase (43 steps) to exit the park onto NW 107<sup>th</sup> Ave.
23. **LEFT** onto Cedar Mill Park West Entrance trail.
24. Continue on trail to parking lot adjacent to Cedar Mill Elementary School and NW Cornell Rd.
25. **RIGHT** through parking lot to NW Cornell Rd.
26. **RIGHT** on NW Cornell Rd to NW 107<sup>th</sup> Ave.
27. **CAREFULLY CROSS** NW Cornell Rd to continue on NW 107<sup>th</sup> Ave.
28. **RIGHT** on NW Copeland St.
29. **LEFT** on NW Lamonde Terrace (*note friendly goats*).
30. **RIGHT** on NW Leahy Rd.
31. **LEFT** on NW 112<sup>th</sup> Ave a short distance then **RIGHT** on NW Leahy Rd to NW Cedar Hills Blvd.
32. **RIGHT** on NW Cedar Hills Blvd to path and continue straight uphill on path to grassy area at top of hill. *Note George Foege (Cedar Mill's first fire chief) Memorial Plaque on large stone.*
33. **OPTIONAL:** take ramp down to NW Cornell Rd, cross to NE corner of intersection to view Sentinel Pole (*Rick Bartow artist*) at Cedar Mill Sentinel Plaza.
34. **LEFT** to cross footbridge across NW Cedar Hills Blvd and continue a short distance on path to NW 114<sup>th</sup> Ave (unmarked).
35. **LEFT** on NW 114<sup>th</sup> Ave to end of road.
36. **OPTIONAL:** turn left a short distance to see pond with waterfowl, then return to NW 114<sup>th</sup> Ave.
37. **RIGHT** onto Cedar Mill Creek Greenway Trail to its end.
38. **RIGHT** on NW Barnes Rd.
39. **RIGHT** on Cedar Mill Creek Trail (first right after NW Lost Springs Terrace).
40. **CONTINUE** on path to stairs just before footbridge over NW 118<sup>th</sup> Ave.
41. **RIGHT** down stairs to NW 118<sup>th</sup> Ave.
42. **LEFT** on NW 118<sup>th</sup> Ave.
43. **LEFT** on NW Cornell Rd onto Larry Vincent Memorial Bridge.
44. **LEFT** down stairs onto Sue Conger Boardwalk and Overlook. *Sue Conger was one of the founding members of the Cedar Mill Community Library. Enjoy view of Cedar Mill Creek Falls which provided water power to run the mill located further down Cedar Mill Creek.*
45. **RIGHT** on boardwalk to end.
46. **RIGHT** on gravel path toward NW Cornell Rd.

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# CEDAR MILL CREEK AND FALLS – Y0823 – 10K – 2B

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47. **LEFT** on NW Cornell Rd passing John Quincy Adam Young house (*one of the oldest surviving buildings in Washington County*)
48. Continue on NW Cornell Rd to signals at NW Saltzman Rd.
49. **CROSS** both NW Saltzman Rd and NW Cornell Rd to diagonally opposite corner.
50. Continue a short distance on NW Saltzman Rd to view historic mural on Leedy Grange #339 (*founded 1903*) wall.
51. Return to NW Cornell Rd.
52. **RIGHT** on NW Cornell Rd passing through downtown Cedar Mill.
53. **CROSS** NW Murray Rd at signals and continue **STRAIGHT** on NW Cornell Rd.
54. **CROSS** NW Trail St to finish at Sunset Athletic Club

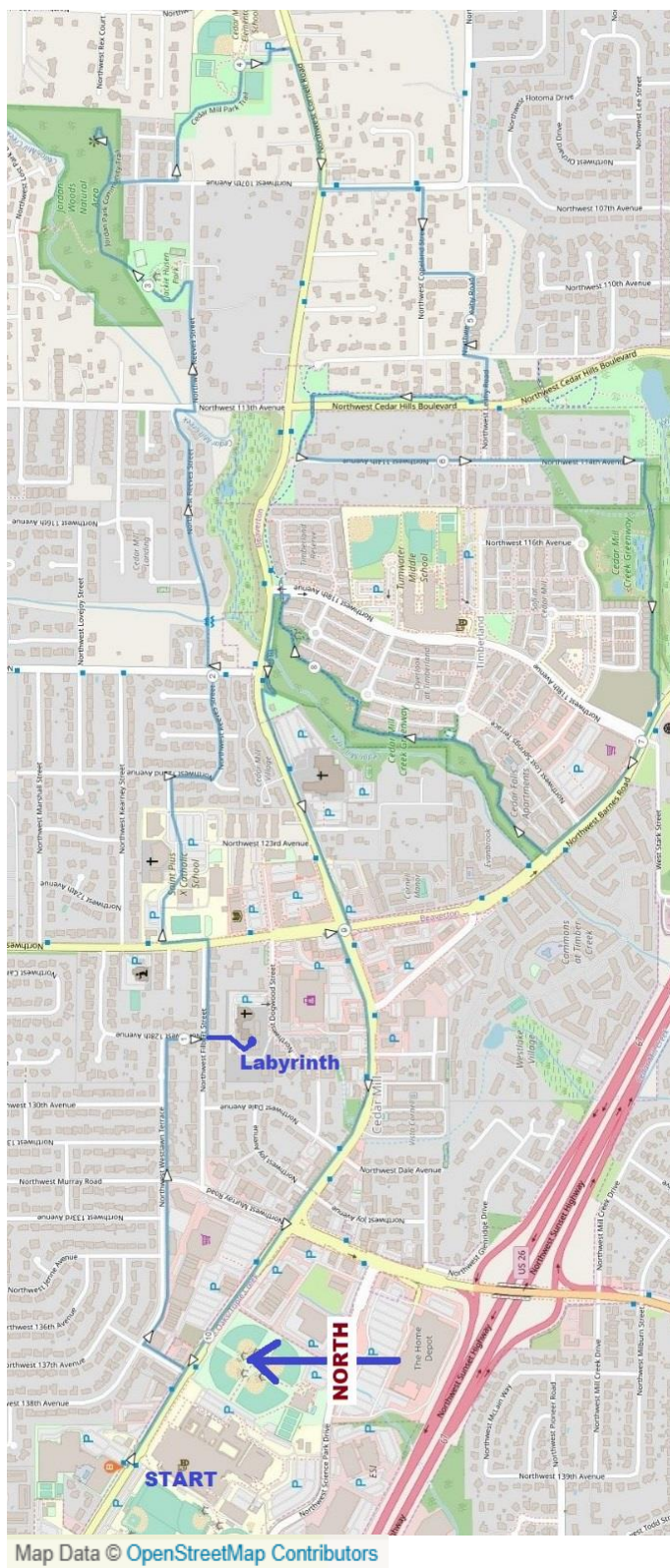
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