

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

MAPS AND DIRECTIONS HEREIN MAY ONLY BE USED IN CONJUNCTION WITH A SIGNED AMERICAN VOLKSSPORT ASSOCIATION ATHLETIC WAIVER. ALL OTHER USES ARE PROHIBITED.

## Frankfort, Illinois

### Start point:

Public Parking Lot at the intersection of White St and Elwood St; Frankfort, IL

### Directions to start point:

I-80 exit 145 (Rt 45, LaGrange/96th S). Go S to Frankfort. Cross Rt 30, continue on Rt 45 as it bends right. Take 1st left to Old Frankfort Way/Honorary Glen Warning Drive. Right on White Street to Public Parking Lot at Elwood and White. Left into Parking Lot.

**TRAIL:** Paved walkways, roadways, and natural surfaces. Both trails are 10 kilometers (6.2 miles); a shorter route (5k) is available on Trail #1 only. The degree of difficulty is a 1A. Wheelchairs and baby strollers may experience some difficulty on the trails. Restrooms and water are available at the start point and throughout the walk.

**AFTER YOUR WALK,** please be sure to log back into the OSB system to "finish/complete" your online registration after completing the walk. The OSB system does not deduct any walking fee from your Event Bank until you have submitted walk completion info including the date the event was walked; the distance walked; and the selection of applicable special programs you're participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from your Event Bank when the pdf is downloaded. Later, any pdf fee is credited back to your Event Bank when you submit the walk completion info as a paying-for-credit walker. Note, however, that the \$2 coupon for the downloaded pdf will expire in 60 days).

### Special Programs (Both the 10k and 5k walks qualify for the following):

#### Rails-To-Trails

Old Plank Road

#### Rockin' Around the Clock

White St and Old Plank Road trail

#### Town Halls/City Halls

432 W Nebraska St (5k route can view Town Hall from pedestrian bridge over IL Rte 45/La Grange Rd)

**Walking the United States - 50 States**

**Walking the USA A-Z**

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**Frankfort Trail #1 (5k and 10k routes)  
Starting point is Public Parking Lot  
Intersection of White and Elwood Streets, Frankfort, IL**

Excerpts in these directions cited from: <http://opr.org/history-1.htm>

*On February 12, 1849, "the Illinois Legislature...granted the 'Oswego and Indiana Plank Road Company' ...the right to levy tolls... and other rights necessary for plank road operation... For many years it was a trail used by those on foot or on horseback, later... was surveyed for use as a plank road... in 1997, it became what we know it as today: a recreational trail, a nature preserve corridor, a green belt, an alternative transportation network."*

**Note:** Breidert Green Park has restrooms, open year-round, along the Trail, across White Street from the Trolley Barn.

From the parking lot, exit towards Clock "Tower" on White Street and Old Plank Road Trail.

1. **RIGHT** onto Trail, go west.

**Note:** While on Old Plank Road Trail CAREFULLY cross all streets—STOP and LOOK both ways—traffic does not stop!

2. On Old Plank Road Trail, continue west, crossing on suspended bridge over US 45 and passing Pleasant Hill Cemetery and Michele Bingham Memorial Park.

3. Continue on Trail to Elsner Road, 108<sup>th</sup> Street (2.45 K at this point.)

**Those wishing to walk the 5k route, turn around now and follow trail back to start point/finish. 10k walkers, cross Elsner Road and continue.**

4. Continue on Trail, crossing Wolf Road to 116<sup>th</sup> Street / South Owens Road.

**Note:** You will see a water tower to your right (to the north) as you approach 116<sup>th</sup> Street (4.1 K at this point). Turn around.

5. Return on Trail to Maple Street (7.7 K at this point).

6. **RIGHT** on Maple Street to Nebraska Street.

7. **RIGHT** on Nebraska Street to Locust Street.

8. **LEFT** on Locust Street to Oregon Street.

9. **LEFT** on Oregon Street to Maple Street.

10. **RIGHT** on Maple Street to Utah Street.

11. **LEFT** on Utah Street to Walnut Street (8.5 K at this point).

12. **RIGHT** on Walnut Street to Pacific Street.

13. **LEFT** on Pacific Street to Hickory Street.

14. **LEFT** on Hickory Street to Nebraska Street.

**Note:** Main Park, adjacent to Nebraska Street, has restrooms, only opened during warm-season months.

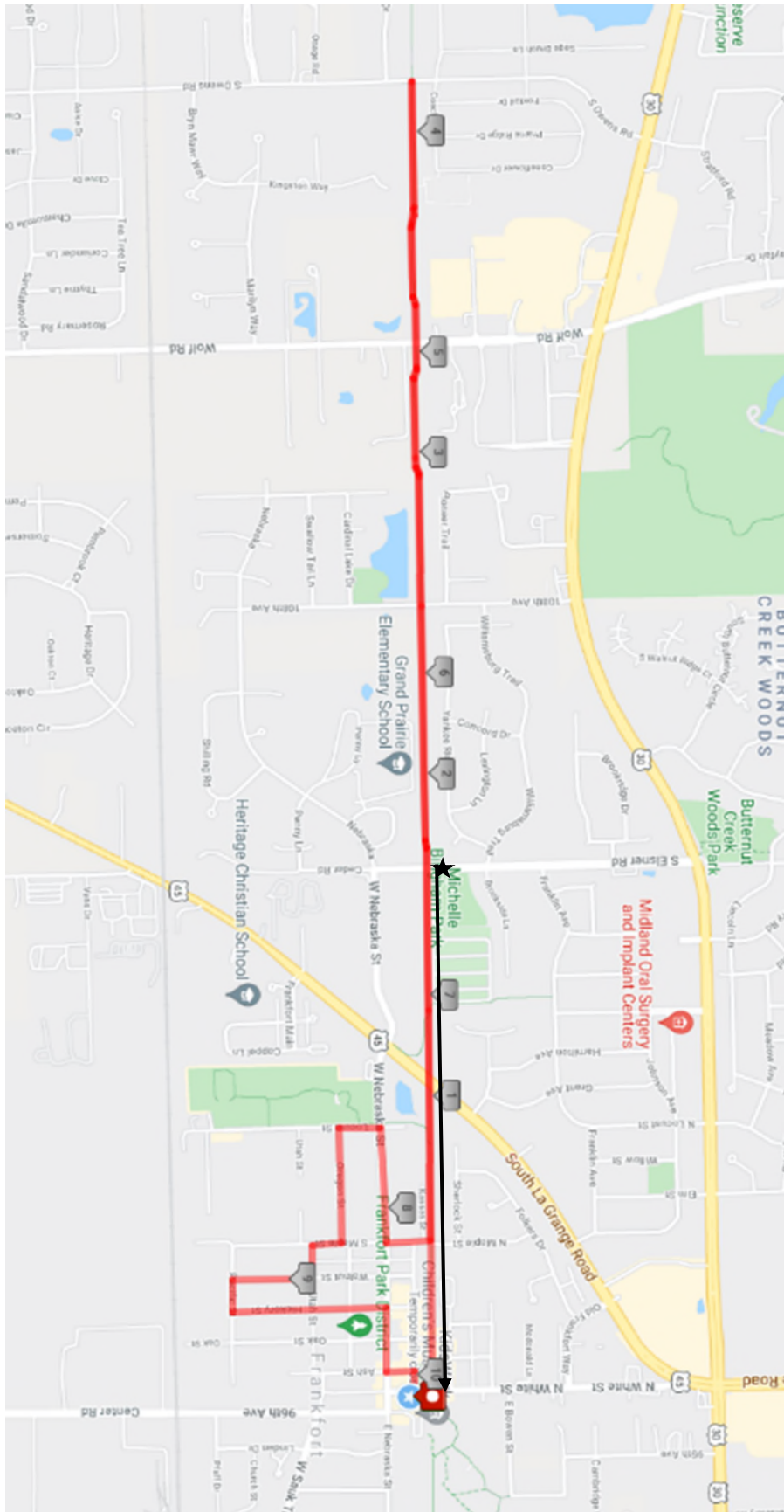
15. **RIGHT** on Nebraska Street to Ash Street.

16. **LEFT** on Ash Street to Kansas Street.

17. **RIGHT** on Kansas Street to White Street.

18. Cross White Street and back to Parking lot.

# Frankfort Trail #1 map (5k & 10k routes)



★ 5k turnaround point

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**Frankfort Trail #2 (10k route only)  
Starting point is Public Parking Lot  
Intersection of White and Elwood Streets, Frankfort, IL**

Excerpts in these directions cited from:

*On February 12, 1849, "the Illinois Legislature...granted the 'Oswego and Indiana Plank Road Company'... the right to levy tolls... and other rights necessary for plank road operation... For many years it was a trail used by those on foot or on horseback, later... was surveyed for use as a plank road... in 199', it became what we know it as today: a recreational trail, a nature preserve corridor. a green belt, an alternative transportation network.*

**Note:** Breidert Green Park has restrooms, open year-round, along the Trail, across White Street from the Trolley Barn.

1. Exit parking lot toward Clock "Tower" at White St and Old Plank Road Trail.
2. **LEFT** onto Trail and go east.
3. **After** passing a small playground (on the left), turn **LEFT** on path through a wetlands area.
4. **At "Y"**, stay **RIGHT** (on blacktop path); circle the pond.
5. **LEFT** at "T" and continue east on Old Plank Trail to Pfeifer Road (88'h Avenue).
6. **LEFT** on Pfeifer Road (88th Avenue) to Charrington Drive.
7. **LEFT** on Charrington Drive to Bramble Drive.
8. **RIGHT** on Bramble Drive to Brown Drive.
9. **LEFT** on Brown Drive to Charrington Drive.
10. **RIGHT** on Charrington Drive to Ginger Lane (3.1 K).
11. **RIGHT** on Ginger Lane to 92nd Avenue.
12. **LEFT** on 92nd Avenue (Note: 921° Avenue becomes Larch Road) to Sauk Trail (4.5 K).

13. **RIGHT** on Sauk Trail to Linden Drive.
14. **LEFT** on Linden Drive to Pfaff Drive.
15. **RIGHT** on Pfaff Drive to Center Road.
16. **RIGHT** on Center Road to Sauk Trail.
17. **LEFT** on Sauk Trail to Ash Street.
18. **RIGHT** on Ash Street to Nebraska Street (6.1 K).
19. **LEFT** on Nebraska Street to Oak Street.
20. **LEFT** on Oak Street to Pacific Street.
21. **RIGHT** on Pacific Street to Hickory Street.
22. **RIGHT** on Hickory Street to Oregon Street (7.1 K).
23. **LEFT** on Oregon Street to Walnut Street.
24. **LEFT** on Walnut Street to Utah Street.
25. **RIGHT** on Utah Street to Maple Street.
26. **RIGHT** on Maple Street to Oregon Street.
27. **LEFT** on Oregon Street to Locust Street.
28. **RIGHT** on Locust Street to Nebraska Street.

**Note:** Main Park, adjacent to Nebraska Street, has restrooms, only opened during warm-season months.

29. **LEFT** on Nebraska Street; CAREFULLY cross both Nebraska **and** US 45 at the traffic lights.
30. **LEFT** onto bike path (from where to see suspended bridge).
31. **RIGHT** at intersection with Old Plank Trail and walk over suspended pedestrian bridge.
32. **After crossing bridge, RIGHT on 1'** bike path to right. Follow bike path to Nebraska Street (9.0 K).
33. **LEFT** on Nebraska Street to Oak Street.
34. **LEFT** on Oak Street to Kansas Street.
35. **RIGHT** on Kansas Street to White Street. Cross White St.
36. **LEFT** on White Street to return to Start point/finish.

