

MOUNT RAINIER NATIONAL PARK

SKYLINE TRAIL

10K - EVENT Y0835

This walk is rated 3C. Open Thu, Jul 1st until Sep 30th.

High Point: 7,000 ft. - Elevation Gain: 1,700 ft.

Copyright 2021 Four Plus Foolhardy Folks Volkssport Club

Welcome and thank you for your interest in this walk.

This on-line packet contains the following pages of information:

1. This information page.
2. Driving and hiking directions.
3. A map of the area.
4. AVA Special Programs

After your walk, be sure to log back into the OSB system to complete your online registration. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.). Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Thanks for participating and we hope you enjoy your walk. POC: Marcia Stein
206-713-1564 foolhardyone@gmail.com

DESCRIPTION:

There's a reason they named it Paradise. John Muir said he'd never seen a finer trail. You too will be amazed at the abundant variety of wildflowers, amused at the antics of marmots, and awed by the grand views of Mt. Rainier's glaciers. Come see this incredible National Park. This is a very popular, well-maintained trail that starts in the parking lot of the Paradise Visitor Center. Starting elevation: 5,400'. Top elevation: 7,000'.

Check for trail alerts before you go. Visit:

<https://www.nps.gov/mora/planyourvisit/conditions.htm>

NOTE: These maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

If you are in the area and require emergency assistance please call 911. If you require information about Mount Rainier National Park please call 360-569-2211.

You may have poor or little cell coverage while on the trail. However, this trail is heavily trafficked and you will rarely be out of sight of other people.

Driving Directions

GPS Coordinates for Skyline Trailhead Parking Area: 46.78603, -121.73586

Mt. Rainier National Park is located about 90 miles South East of Seattle, WA. Drive to the Paradise Visitors Center inside the park and park in the main parking lot. The trail begins on the stone steps to the left of the restrooms. The trail is marked.

Entrance fee required to enter the national park. In late July, the wildflowers are at their peak.

There are restrooms at the parking lot where the hike starts and finishes. There are none along the trail.

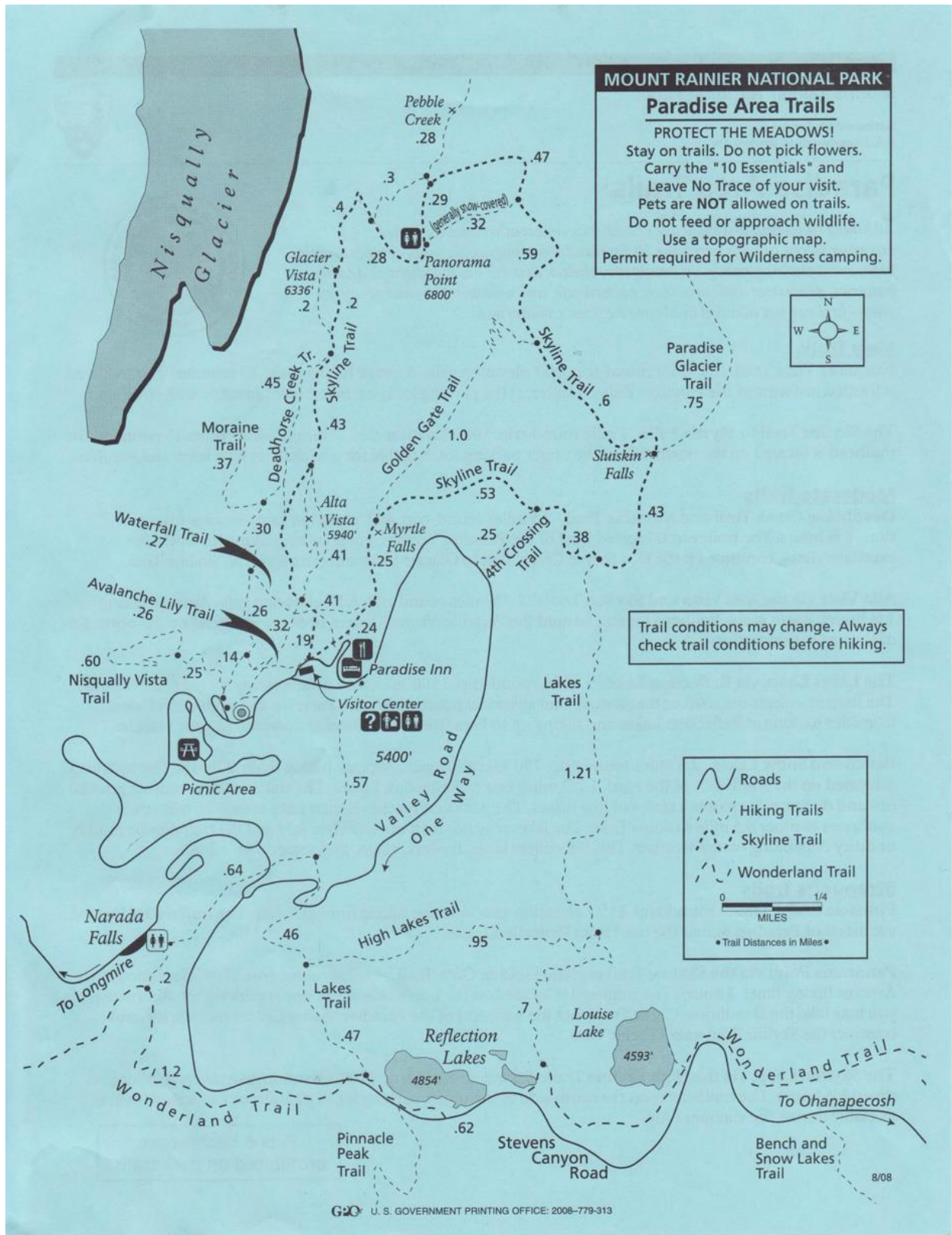
Hiking Directions

This is a strenuous hike. Please carry food and plenty of water on the trail.

The trail begins on the stone steps to the left of the restrooms.

The first kilometer is paved and climbs steeply around the west side of Alta Vista. The views of Mt. Rainier and the Nisqually Glacier get better and better the higher you climb.

At about 3 kilometers, you will reach Panorama Point and discover why it has that name. From here, you can see Mt. Adams, Mt. St. Helens and on a clear day Mt. Hood in Oregon. The climbing is now mostly over. Continue to follow the trail in a clockwise loop. You will pass Sluiskin and Myrtle Falls as you continue back around to the trailhead and parking lot. Stay on the Skyline Trail the entire way (see map).



Map: National Park Service - Mt Rainier Nat'l Park - Paradise Area Trails

ESVA/OTSVVA/AVA SPECIAL CHALLENGE PROGRAMS - 2026

For more information on ESVA go to: <http://www.esva.online/challenges/>

WALK NAME: Mt Rainier Nat'l Park - Skyline Trail		WALK NUMBER: Y0835		
CURRENT ESVA SPECIAL PROGRAMS				
Please note the years [in brackets] that each challenge is active.				
39 COUNTIES - (ONGOING)	Pierce			
DISCOVERING OUR STATE AND NATIONAL PARKS [2026-2028]	Mt Rainier National Park			
TELL ME A STORY [2025-2027]				
THAT'S ENTERTAINMENT [2024-2026]	CULTURAL	FAIRS, FESTIVALS, ARCADES	CRAFTS/HOBBIES	SPORTS VENUES
PREVIOUS ESVA SPECIAL PROGRAMS				
Patches for books received past the end date will be sent while supplies last. No refunds.				
FRONTLINE HEROES [2021-2023]	MEDICAL CENTERS	DELIVERY SERVICES	SUSTENANCE PROVIDERS	ESSENTIAL SERVICES
ON THE ROAD AGAIN [2022-2024]	ONLY APPLIES TO TRADITIONAL EVENTS			
STROLLING ALONG THE RIVERS [2023-2025]				
CURRENT OTSVA SPECIAL PROGRAMS				
For more information on OTSVA go to: https://www.otsva.org/challenges.html				
PEACE POLES [2024-2026]				
CURRENT AVA SPECIAL PROGRAMS				
For more information on AVA go to: https://cb.ava.org/specprog.php				
Most programs allow the participants up to (12) twelve months starting from the official end date to complete any Special Program.				
50 STATES/51 CAPITALS	[ONGOING]	Washington		
A-Z (Walking the US A-Z)	[ONGOING]			
A-MAZ-ING LABYRINTHS	[2024-2026]			
ANNIVERSARIES HURRAH	[ONLY 2026]	All AVA sanctioned events qualify for Anniversaries Hurrah.		
GRAIN ELEVATORS: MONARCHS OF THE PLAINS	[2025-2027]			
IVV-AMERICAS	[2022-NO END]	All AVA sanctioned events qualify for the IVV-America's Special Program.		
LIGHTHOUSES II	[2023-2025]			
PAR FOR THE COURSE	[2023-2025]			
RAILS TO TRAILS	[2022-2025]			
STEP TO THE BEAT	[2024-2026]			
WALKING WITH AMERICAN VETERANS	[2021-2027]			
WALKING WITH THE WILD THINGS	[2025-2027]			