



## Mid Florida Milers Walking Club

### LBV/Disney Springs 6km and 10 km Walks©

#### Administrative Information for the LBV/Disney Springs Walks Event Y0841

This walk is sponsored from 2026 by Bob and Letty Zook

Register for the OSB at [my.ava.org](http://my.ava.org)

Park at the Orange Garage in Disney Springs on E. Buena Vista Drive. 28,36875,-81.52103.

Take the elevators/escalators to 2<sup>nd</sup> level, cross bridge & descend to ground level. Walk starts at the bottom of the escalators. Security checkpoints at all entries.

Wheelchairs/strollers are OK. Pets are not allowed. Many restrooms throughout Disney Springs, plus a multitude of eating locations.

**This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.**

**For questions call Paul: (801)554-7132.**

**AVA Special Programs:** Walk the USA A-Z: O.

The 10K and the 6K routes are in one file.

As with all remote start walks your assistance to keep the route and information current is requested. Issues, comments? Email: [rperickson25@gmail.com](mailto:rperickson25@gmail.com)

Current status of this and other Mid-Florida Milers YREs will be found at our web site:

[www.midfloridamilers.org](http://www.midfloridamilers.org).

Use either the Online Start Box (**OSB**) or Physical Start Box (**PSB**) to register and complete the event. **Do NOT mix and match**, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Log into the OSB system ([my.ava.org](http://my.ava.org)) to “finish/complete” your online registration after the walk. You pay the \$4 fee by credit card and have access to the walk instructions/directions immediately. When you later enter ‘completed’, you can download the printable stamped insert card.



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### Disney Springs 6-10K Walks, via Saratoga Springs and (10K only) Key West Resorts

<b>info</b>	Emergency: 911; Incident Notification: 407-375-2387
	<b>These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.</b>
	<b>The Disney Springs walks are sponsored by Bob and Letty Zook.</b>
<b>info</b>	Restrooms throughout Disney Springs. After parking in the Orange Garage, proceed to the 2 <sup>nd</sup> level and security clearance.
<b>1.</b>	At base of escalator, walk to the <b>LEFT</b> of Planet Hollywood and across the bridge.
<b>2.</b>	Bear <b>RIGHT</b> and cross the bridge toward Blaze Pizza. Pass Visitor Center & bear <b>LEFT</b> to Frontera Cocina.
<b>3.</b>	<b>LEFT</b> at Pandora and cross bridge.
<b>4.</b>	<b>RIGHT</b> in front of Ragland Road and Cookes of Dublin.
<b>5.</b>	Bear <b>RIGHT</b> with Paddlefish to the left & go straight keeping to right. Pass Lego World of Disney & Ghirardelli Ice Cream.
<b>6.</b>	<b>LEFT</b> at Earl of Sandwich.
<b>7.</b>	Circle anti-clockwise round the carousel and turn <b>RIGHT</b> just past carousel into walkway.
<b>8.</b>	<b>RIGHT</b> on path behind stores and <b>LEFT</b> towards lake.
<b>9.</b>	Pass <b>RIGHT</b> of Pin Traders and stay right towards the Pearl Factory and Margaritas kiosk, then go up ramp.
<b>10.</b>	<b>LEFT</b> on walkway with Ghirardelli's on right then turn <b>RIGHT</b> at passageway toward Crystal.
<b>11.</b>	<b>RIGHT</b> at Basin then <b>LEFT</b> past front of World of Disney store. Continue <b>LEFT</b> , past Starbucks, <b>LEFT</b> at Legos and then turn <b>RIGHT</b> .
<b>12.</b>	Straight on center walkway with fountains at Disney Springs Town Center, passing Lime Garage and restrooms on Left.
<b>13.</b>	Continue through covered shopping plaza then <b>RIGHT</b> toward the blue balloon passing Starbucks on left then <b>LEFT</b> down ramp at boat landing, keeping lake on your right.

<b>14.</b>	<b>5K:</b> Turn <b>LEFT</b> between restaurants Summer House on the Lake (white building) and Jaleo (red building) then turn <b>LEFT</b> . <b>10K:</b> At the end of the lake, turn <b>LEFT</b> at the boat landing and continue towards large white canopied building (Cirque du Soleil). Then <b>LEFT</b> at House of Blues entrance.
<b>15.</b>	Continue past Splits Ville, AMC theater, and numerous other stores.
<b>16.</b>	Straight past Starbucks over large bridge. Pass Paradiso37 to the Boathouse. (amphibious cars/boats at Dockside Bar!)
<b>17.</b>	<b>RIGHT</b> on walkway to plaza and Paddlefish boat restaurant. Veer <b>RIGHT</b> passing TREX.
<b>18.</b>	<b>LEFT</b> at bridge and past the Rainforest Café.
<b>19.</b>	<b>LEFT</b> after Days of Christmas and through the Security exit.
<b>20.</b>	Go over the bridge past the boat dock then turn <b>LEFT</b> on pathway at Saratoga Springs sign with lake on left.
<b>21.</b>	Continue following the path past the heron fountain & the 8 Furlong marker then <b>RIGHT</b> before the Gazebo, and follow sidewalk with condos on the right.
<b>22.</b>	Follow the sidewalk as it turns right with water on the left, then turn <b>LEFT</b> at the Y with the iron Directory sign.
<b>23.</b>	<b>RIGHT</b> at Y then curve left to road.
<b>24.</b>	Cross road to sidewalk with lake (fountain) on left.
<b>25.</b>	Turn <b>LEFT</b> at long bridge and continue straight ahead to road with pond on left.
<b>26.</b>	Cross the road past pool on left, to hotel entrance with horse and jockey statue on your right. (restrooms in hotel entrance)
<b>27.</b>	<b>RIGHT</b> past hotel entrance towards hotel "bag drop" area and turn <b>LEFT</b> .
<b>28.</b>	Go down the slope on the slip-road and turn <b>RIGHT</b> at the "No.1 Tee" sign.
<b>29.</b>	Cross the small bridge and <b>10K:</b> turn <b>RIGHT</b> on path with water on right and continue past 2 bridges. <b>5K:</b> turn <b>LEFT</b> and keeping <b>LEFT</b> continue on path, passing putting green on Left, until the large parking lot on your



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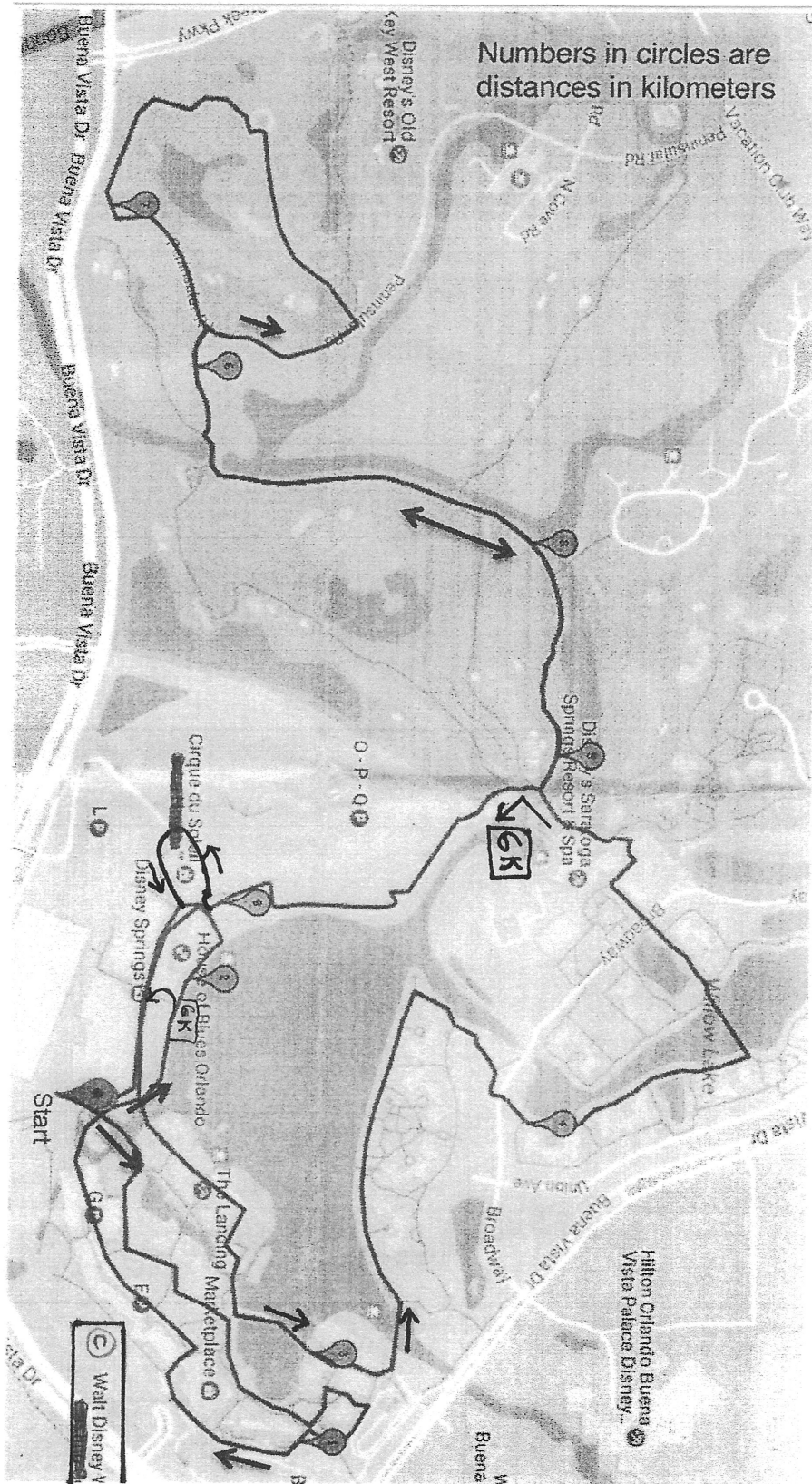
### Disney Springs 6-10K Walks, via Saratoga Springs and (10K only) Key West Resorts

	Right. Follow “Walkway to Disney Springs” signs. <b>(go to #38)</b>
30.	Turn <b>RIGHT</b> and cross the concrete dam and enter Key West resort, walking straight through the parking lot (no sidewalk).
31.	<b>RIGHT</b> at the street (no sign) on the sidewalk, <b>RIGHT</b> at ‘Y’ towards ‘exit’ and continue to the crosswalk and cross to <b>LEFT</b> .
32.	Cross and <b>LEFT</b> at Old Turtle Pond, passing tennis courts on your left.
33.	Walk past Old Turtle Pond bus stop, then cross <b>LEFT</b> at traffic circle, then cross <b>RIGHT</b> across the road and walk <b>LEFT</b> on sidewalk, past the pool.
34.	<b>RIGHT</b> at sign “Golf Carts and Pedestrians” following the large sidewalk to the end, turning <b>LEFT</b> @ “golf carts only” sign then <b>RIGHT</b> around the traffic circle to the sidewalk on the other side (golf course on your left).
35.	<b>RIGHT</b> at street past South Point Bus Stop.
36.	Enter the pathway crossing the dam and turn <b>LEFT</b> keeping water on your left.
37.	Continue on the path with waterway on the left, passing two bridges, passing Tee No.1 and putting green on Left. Follow “Walkway to Disney Springs” signs until you reach a large parking lot.
38.	Continue along the path, passing a security point on the left for Disney staff, and

	proceed to the bus stops and turn <b>LEFT</b> at the Disney Springs Entrance sign.
39.	Walk anticlockwise around the large white canopied building. Turn <b>LEFT</b> and enter Disney Springs again through a security checkpoint.
40.	Continue to your <b>RIGHT</b> through the shopping area, again passing Splits Ville, AMC theater, etc. until Starbucks.
41.	Turn <b>RIGHT</b> at Starbucks at the end of the shops and proceed to the escalators/stairs to the parking area in the Orange Garage and <b>FINISH</b> .
<p>Congratulations on completing the Disney Springs Walk.          Thanks for walking with the Mid-Florida Milers.  <b>Link to all MFM YRE walks:</b></p> 	



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Map Data © The Walt Disney Company