



The Balboa Park/Waterfront Walk

An AVA Sanctioned Year Round Event

This walk offers a 5K and a 11K option and is rated 2A. The trail starts at the Wyndham Bayside Hotel, goes along the waterfront to the east end of the airport runway, then through Balboa Park, around Petco Park (home of the San Diego Padres), through the Gaslamp Quarter, up over the Convention Center, through Seaport Village, past a Veterans Memorial, past the USS Midway Museum, and past the Star of India. This a "Railroad Friendly" walk; the Coaster and San Diego Trolley stop at the Amtrak Santa Fe Station are just three blocks away. Most of the walk is on flat city sidewalks- the rating of 2 is due to the hill going from the waterfront to Balboa Park

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

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Use the following table to guide what portion of this document you may wish to print out.

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Driving Directions to Start

1355 N. Harbor Dr, San Diego, CA 92101. From I-5 heading South - Exit at Front St./Civic Center. Continue a few blocks to Ash St. Turn right (west). Proceed about 8 blocks to Harbor Dr. Turn left. The Wyndham Bayside Hotel is on the left.

There is parking in the hotel lot or metered parking on the street. Restrooms are available at the hotel and Balboa Park.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

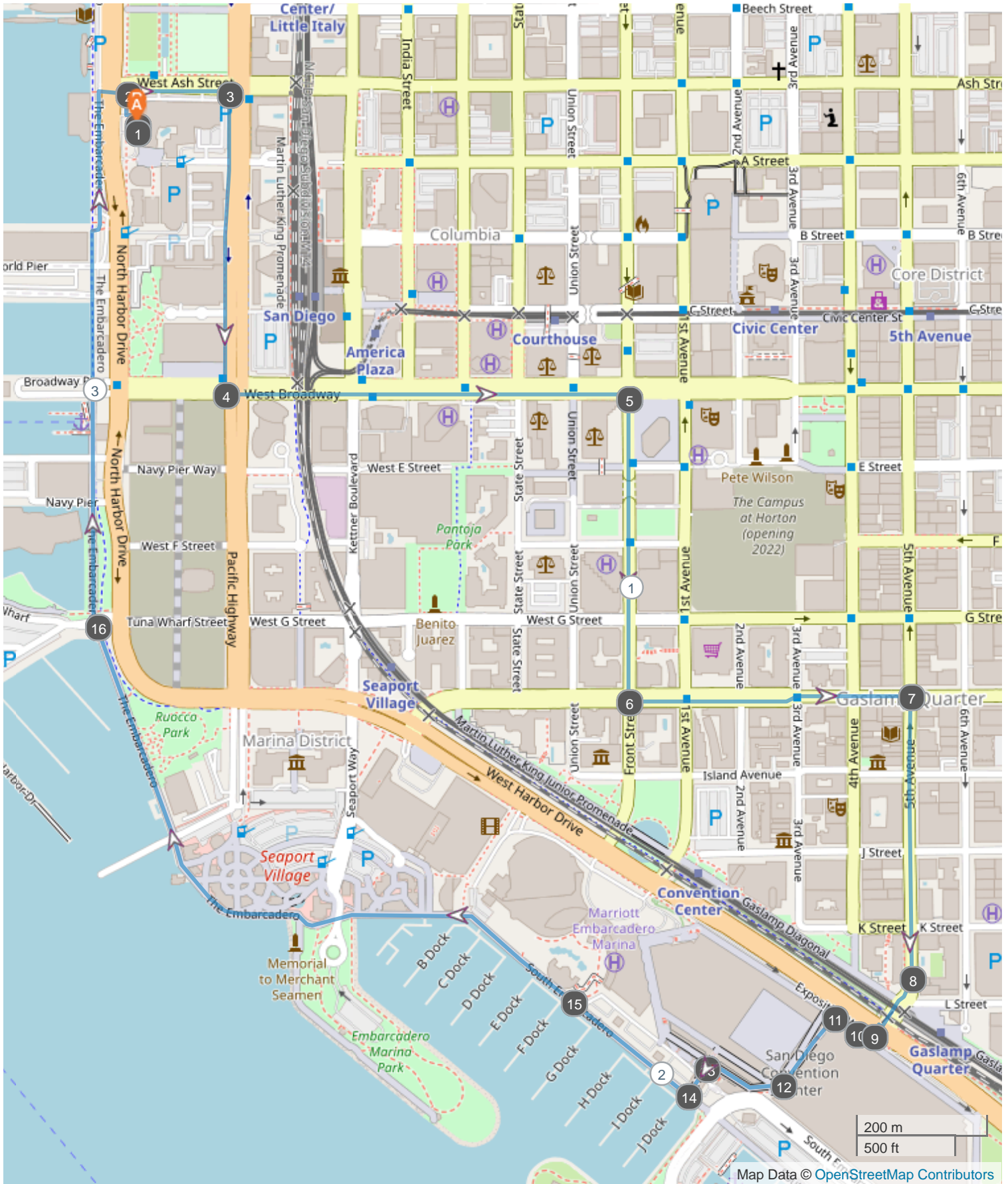
IN CASE OF EMERGENY DIAL 911

FOR EVENT RELATED QUESTIONS CALL MAUREEN CARLSON (909) 227-5319

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited

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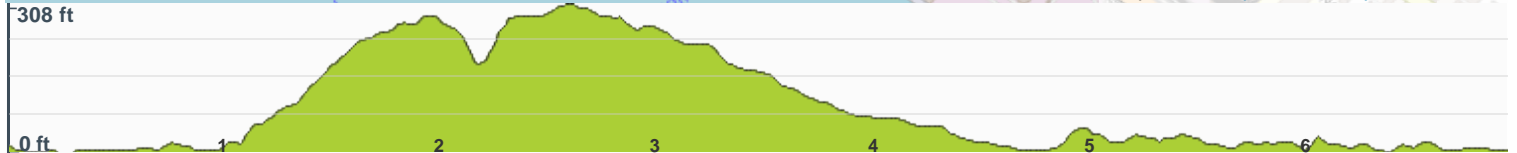
San Diego Balboa Park/Downtown 5K



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Exit the Wyndham Hotel and turn right on Harbor Drive
2	0.045	➔	Turn right on Ash and go 1 block to Pacific Highway
3	0.143	➔	Turn right on Pacific Highway and go to Broadway
4	0.437	➡	Turn left onto West Broadway and go 4 blocks to Front Street
5	0.824	➔	Turn right onto Front Street to Market Street
6	1.111	➡	Turn left onto West Market Street to 5th Street
7	1.388	➔	Turn right onto 5th Avenue. This is the Gaslamp Quarter
8	1.656	↗	Follow 5th under the Gaslamp Arch all the way to the railroad tracks and across Harbor Drive
9	1.726	↘	Turn sharp right onto Grand Stairway at the Convention Center
10	1.749	➔	Turn right onto Grand Stairway
11	1.775	➡	Turn left up the stairs for a view of the bay.
12	1.855	➔	Turn right onto Grand Stairway
13	1.934	➡	Turn left onto Grand Stairway
14	1.965	➔	Turn right onto South Embarcadero and go past the Marina sign
15	2.107		Follow the walkway past the Yacht Club, Seaport Village to Harbor Drive
16	2.773		USS San Diego Memorial on corner of North Harbor Dr and Tuna Wharf Street. Continue past the Midway Aircraft Carrier Museum, excursion boats, cruise ship docks, and restaurants
17	3.352		Cross Harbor Drive back to the start/finish point at the Wyndham

San Diego Balboa Park/Downtown 11 K



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.014	➔	Turn right from Wyndham Bayside Hotel
2	0.035	➜	Cross at traffic light and go right along the waterfront towards the airport
3	0.801	↗	Turn right onto West Laurel Street crossing Harbor Blvd. The end of the Airport Blvd will be on your left
4	1.299		Continue on Laurel Street going up the steep block between State and Union Street for about 1.5 miles to the Cabrillo Bridge and into Balboa Park
5	1.895		Laurel Street becomes El Prado through the park, which has museum and gardens on both sides
6	2.608	➔	Continue on El Prado to the fountain just before Park Blvd
7	2.661	↗	Angle to the right across the grass to Park Blvd. The Reuben Fleet Science Center will be on your right
8	2.763	➜	Turn left onto Space Theater Way
9	2.779	➔	Turn right onto Park Boulevard, US 80 Historic
10	4.682	➜	Past Petco Stadium, turn right on Tony Gwynn/7th to K St
11	4.915	➜	Turn left onto K Street
12	5.023	↘	Turn right onto 5th then go up to J St
13	5.095	➜	Turn around at J St and head back down 5th. Go under Gaslight Arch ' Cross railroad tracks and Harbor Dr heading toward the Convention Center
14	5.320	➔	Turn slight right and take the steps that go to the top of the Convention Center
15	5.427	↙	Turn sharp left onto Grand Stairway
16	5.520	➔	Turn right onto South Embarcadero. Go past the Embarcadero Marina Park Sign. Continue on the Embarcadero, past the Yacht Club, Marriott Hotel, and Seaport Village. Eventually it turns into Harbor Drive
17	6.349		USS San Diego Veteran's Memorial on the corner of Harbor Drive and Tuna Wharf Street
18	6.727	➔	Continue on Harbor Drive, past the Midway Aircraft Carrier Museum, excursion boats, cruise ship docks, and restaurants to the Star of India Sailing ship
19	6.925		Return to the start point at the Wyndham across the street