



The York White Rose Wanderers
 Welcomes You to
THE YORK HERITAGE RAIL TRAIL
NORTHERN EXTENSION 6K & 14K
 An AVA Sanctioned Year-Round Event



This walk is composed of a 6K out and back and a 14K out and back. Both walks are rated at 1A.

York Heritage Rail Trail- Established in 1992 and covering 176 acres, the Heritage Rail Trail County Park is 27 miles long and runs north from the Mason Dixon line just south of the Borough of New Freedom through Glen Rock, Hanover Junction, and Seven Valleys, through the Howard Tunnel to the Colonial Courthouse in the City of York. The trail continues through the City of York on the Northern Extension to John Rudy County Park. The trail connects to Maryland's 20-mile-long Torrey C. Brown Trail. In addition to the Colonial Courthouse, three historic structures are located on the trail; Hanover Junction and New Freedom Train Stations and Howard Tunnel. YWRW has 8 walk and 2 bike routes along the Heritage Rail Trail. See our website for more information. ywrw.org

John Rudy Park- John C. Rudy County Park is located in East Manchester Township, near Emigsville. Totalling 150 acres, it features pavilions, sports fields, horseshoe pits, volleyball courts, open recreational space, a cross-country running trail, a BMX track and the popular Canine Meadows Off-Leash Dog Area. It is also home to the Parks Administrative Offices, located in a 1798 stone house, the maintenance headquarters and numerous other buildings. The land was donated in 1973 by George B. Rudy and Viola Rudy Williams in memory of their grandparents, John and Mary Rudy.

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

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6K and 14K Walking Directions for the Northern Extension

Starting Point Location:

John Rudy County Park:


400 Mundis Race Road, York PA 17406

From Rt. 30, follow Sherman St. north 3 miles to Mundis Race Rd; turn left, park is .6 mile on right. Drive straight to the parking lot at the end. Then turn right and park near the Heritage Rail Trail archway, which is the beginning of the Rail Trail.

Restrooms:

Restrooms are in the building ahead and to the left as you enter the parking lot.

Emergency Numbers:



In case of Emergency: Dial 911
Eve POC: Seth Werner-
northernnext@ywrw.org

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Walk Directions:

All Walkers:

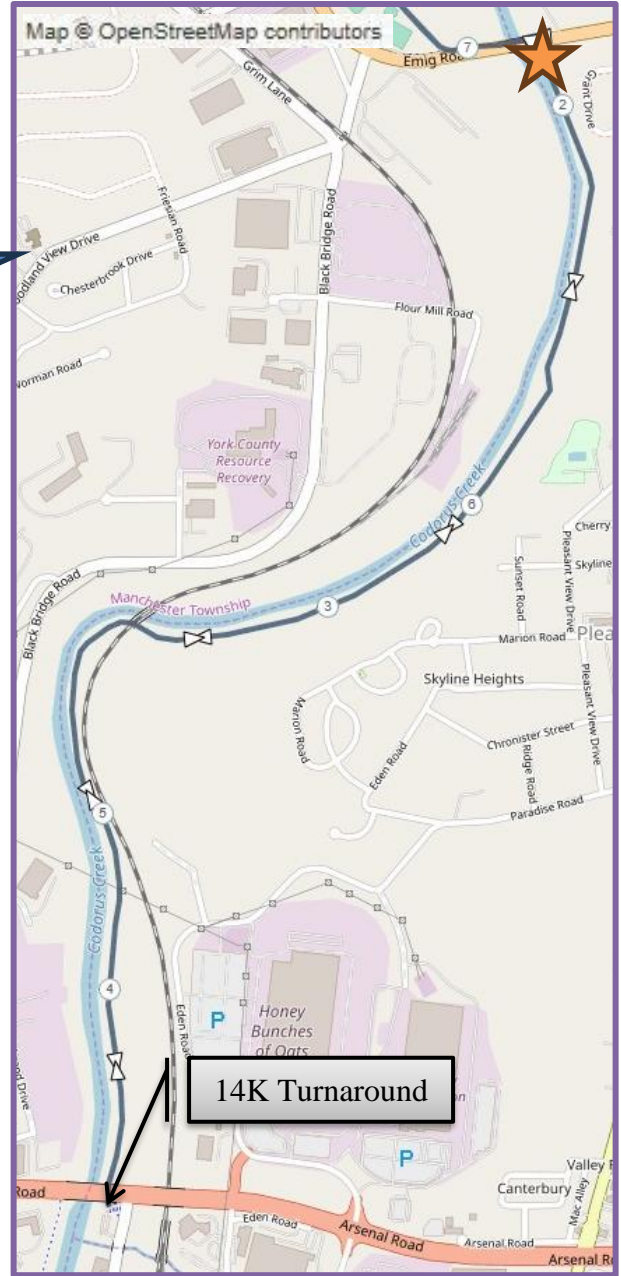
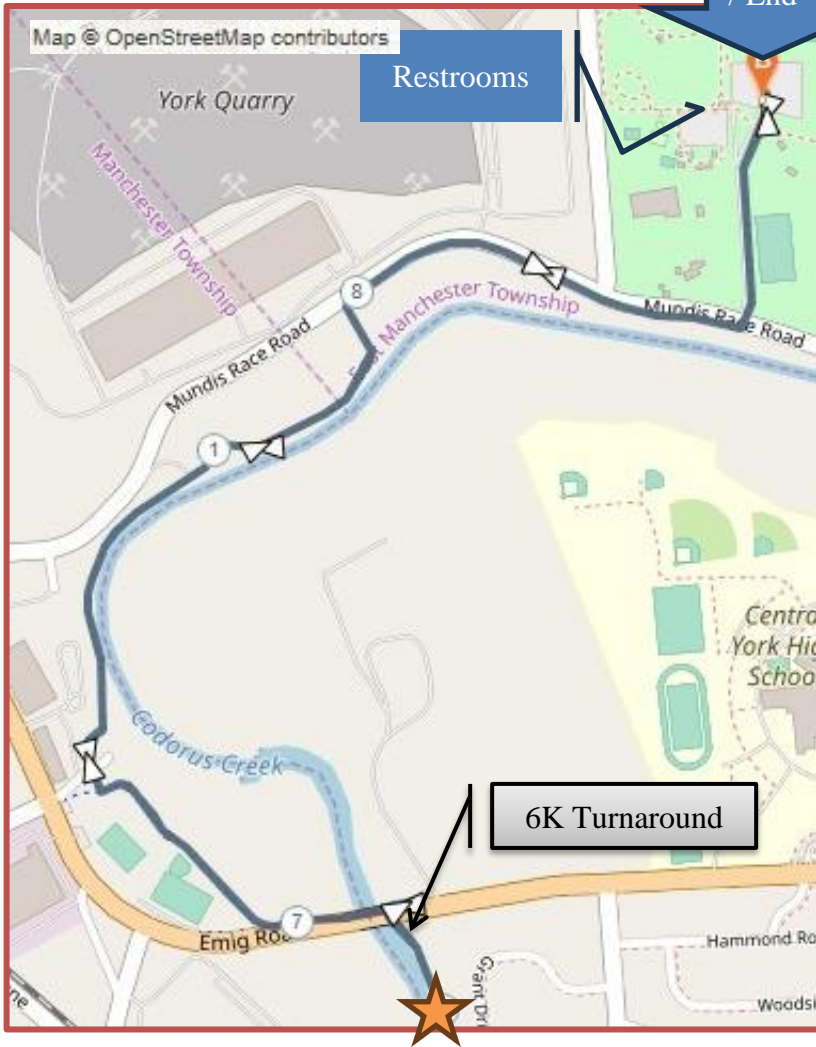
Starting at the archway, proceed on the trail, walking along the driveway that brought you in, back to the entrance/gate. Carefully cross Mundis Race Rd and follow the trail that parallels the road. Eventually the trail will curve left and follow Codorus Creek. The trail takes you past an old trolley car, ball fields, and then to Mundis Mill Rd and the bridge that crosses over Codorus Creek. Use the pedestrian bridge to cross over the creek and curve around under the bridge.

6K walkers turn around here and reverse course back to the Start point at the archway.

14K walkers continue on the trail from the bridge. Most of the trail has the creek and a wooden fence on your right. (Look for eagles that may be nesting in trees on the left side of the trail as you approach the underpass at US 30.) Go under US 30 - the turn-around point is the parking lot just past US 30, alongside Loucks Mill Rd. (The parking lot has a jiffy-john.) Reverse course and return the way you came, all the way to the Start Point at the archway.

Overview:






Special Programs:

- Par-For-The-Course
- Rails-To-Trails
- Walking the United States- States (PA)
- Walking the USA- A-Z (Y)

With the exception of the section of the walk within John Rudy Park, which is in the full sun, the walk is shaded. Much of the walk is along the Codorus Creek. Walk only in daylight hours.

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