



Burke Centre Six Ponds Walks

Northern Virginia Volksmarchers Club

Welcomes You to the Six Ponds Walks

AVA Sanctioned Event (#116681/Y0932)



Description: Both distances are scenic, mostly shady, largely on paved paths, rated 1A, and suitable for strollers and wheelchairs. Both the 7K and the 10K walks go next to or around six ponds in the Burke Centre community. There are original Burke windmills next to three of the ponds, and in warm weather turtles sun themselves on logs, geese fly in and out, ducks raise their families, and the occasional blue heron and hawk are may be present.

Club Contact: Sandy Koontz, Email: shkrgk@gmail.com; Phone: 703-239-1073

Club Website: www.northernvirginiavolksmarchers.club

Driving Directions to the trail start:

Starting Point Location: Starbucks, 6003A Burke Centre Parkway, Burke, VA 22015 (703-250-2292)

From I-66: Take Exit 55 (Fairfax County Parkway/VA 286) south to Fairfax. Continue 5.2 miles and turn left onto Burke Centre Parkway. Drive east 0.7 miles to Ox Road (VA 123). Cross Ox Road and drive 2 miles. Turn left into Burke Towne Centre Shopping Center and park near the Starbucks which is next to Giant.

From Capital Beltway (I-495): Take Exit 54A (Braddock Road, West) to Fairfax. Continue west on Braddock (VA 620) for 1.6 miles. Make a slight left turn onto Burke Lake Road. Drive 2.5 miles then turn right onto Burke Centre Parkway. Drive 1.4 miles and turn right into Burke Towne Center. Terre Centre Elementary School will be on your left. Park near the Starbucks next to Giant.

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Registration: Use AVA Online Start Box at my.ava.org and follow instructions provided to create a user account and sign AVA's waiver. Payment instructions are included. Download and print walk directions. The club does not provide event directions or accept alternate payment methods. **Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using PSB or signing the PSB log sheet. The sponsoring club receives credit for OSB participation when OSB registration has been completed online by entering your participation date, distance, and any special programs using the OSB.**

Walk Completion Credit: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that the person is participating in. Nevertheless, a fee of \$2 is deducted from the user's Event Bank when the directions are downloaded. PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note that the \$2 coupon for the downloaded directions will expire in 60 days

Restrooms: Handicap friendly restrooms are located in Starbucks. Restrooms may, after COVID restrictions are lifted, be available at the Burke Centre Conservancy offices, 6060 Burke Centre Pkwy.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Dial 911
Event related assistance:
Sandy Koontz: 703-239-1073

Burke Centre Six Ponds 10 Kilometer (6.2 Mile) Walk Directions

**Pipestems are common in Burke Centre. They are unnamed roads, look like a driveway, but have several homes on them.

1. With back to Starbucks, turn left and walk past Café Rio. Cross the narrow road that is on the side of Café Rio.

2. Immediately turn left on the asphalt path in front of you and go down a wooden staircase. Turn left on the path at the bottom of the stairs; then in 20 feet take a second left.

3. Ignoring three paths into housing developments on your right, take this path to a T intersection.

4. Turn right, cross a bridge, and come to another T intersection. Turn right, continuing on this paved path and ignoring all paths to the left and right into housing developments.

5. After passing a church playground and church on your right, continue to the street (Coffer Woods Road). Using the crosswalk, enter Hemlock Woods development. (1K)

6. Take your first left onto a pipestem**. Go straight until you cannot go any further, right until you cannot go any further, and left until you come to a paved path.

7. Take this paved path over a bridge to a T intersection where you will turn right. Continue on this long, paved path, ignoring all paths on the left and right.

8. When you come to a basketball court, pass it and then turn left on the first paved path to your left. Walk the boardwalk to a set of steps. (2K)

9. Go up the steps to Bryce Pond/Reservoir.

10. Turn left on the path to walk clockwise $\frac{3}{4}$ of the way around the pond. After crossing two bridges, then ignoring two paved paths to the left that go into a housing development, continue straight on the path, crossing another bridge, and coming to a four-way intersection with three large rocks in the middle.

11. Take the second path to the left and go uphill onto a pipestem**.

12. Turn right, walking to the stop sign at the corner of Wheaton Drive and Natick Road. Turn left on Wheaton Drive to walk on the left side of the road to Burke Centre Parkway.

13. Carefully cross the parkway at the crosswalk, entering the Ponds Community Center area.

14. Turn left on Burke Pond Lane, walking on the left side of the roadway with a white wooden fence on your right. Just past the fence, take the paved path toward Pine Pond.

15. At the Y, veer right to go across the earthen dam. Continue walking clockwise a total of $\frac{1}{2}$ of the way around the pond.

16. After passing a windmill on your right (3K) and crossing a bridge, turn left on the path and, ignoring two paths to your right, go up to the street (Wilmington Drive).

17. Cross Wilmington Drive at the crosswalk to enter the path at Bass Pond. Turn left to go clockwise $\frac{1}{2}$ of the way around the pond.

18. After crossing the bridge, take the path on your left up to the street (Winter Park Drive).
19. Turn right on the sidewalk, walk to the end of the Winter Park Drive, and enter the path just past the 8 mailboxes.
20. Take this path to Lynch Pond and turn left to go clockwise $\frac{1}{4}$ of the way around the pond. Take the second path on your left (windmill on your right) to a Y intersection.
21. Turn right to pass the wooden trash receptacle and bench, then left to cross a small road.
22. Note the Johnson-Sabin Way sign at the gravel roadway, and take the gravel road at this sign. The gravel road will turn left to pass the Burke Centre offices and grounds buildings on your left. (Restrooms available here Monday through Friday from 9:00 to 5:00 after COVID restrictions are lifted).
23. As the gravel road again begins to turn left (4K), instead take the sidewalk to your right to the street (Beacon Pond Lane).
24. Turn left to Marshall Pond Road. Take a left to continue on the sidewalk on the left side of Marshall Pond Road, past Ash and Beech pipestems**.
25. Turn left on the next path. Take this path to Winnipeg Drive, ignoring paths on your right and left. Cross Winnipeg Drive at the crosswalk and turn right.
26. Walk on the sidewalk on the left side of Winnipeg Drive, crossing and then turning left on Whidbey Lane.
27. Walk on the sidewalk on the right side of Whidbey Lane, passing house #10009, and turning right on the path just past this house.
28. Take the winding path down to the pond. At the T turn left to cross the earthen dam.
29. Just past the wooden bench on your right and wooden trash receptacle on your left (note this location as we will return here after circling the next pond) turn left to the street.
30. Cross the street to enter the Meadow Pond area, taking the path to the large pile of rocks
31. Turn left in front of the rocks (5K) to completely circle this pond clockwise. Note the amphitheater on your right just before you cross the earthen dam. Soon after passing a windmill on your right and rocks on your left, you will be back at the original large pile of rocks (this time on your right).
32. Take this path straight to again cross the street and enter the path to Spring Pond area. With the wooden trash can and bench now on your right, go straight and part way around the pond.
33. At the T intersection a few feet beyond the bridge, turn right on the path. After passing a covered wooden overlook on your right and crossing two more bridges, turn left on the winding path to return to Whidbey Lane (6K).
34. Take a left on Whidbey Lane and a right on Winnipeg Drive.
35. At the crosswalk sign, turn left on the crosswalk to the asphalt path. Take this past a playground on your left and then turn left on the next path.
36. Cross two pipestems ** on this path until you come to a T intersection.
37. Turn left to a cul-de-sac. Look across and note the asphalt path directly across from you to the left of two mailboxes (#'s 6216 & 6218).

38. Take this path into the woods. The path will turn right, left, right again just after a playground on the right (7K), and left again to cross an old bridge. Take no paths right or left into housing developments.

39. Come to a street (Roberts Road) and cross at the crosswalk.

40. Turn left on the asphalt path to walk on the right side of Roberts Road. Cross Heritage Landing Road and turn right to walk on the left side of the road.

41. At Falcons Landing Court, cross Heritage Landing Road to walk on the left-hand side of Falcons Landing Court. (8K).

42. Just past house #6208 turn left onto the asphalt path. At the T intersection turn right; then take the first path to the right between two split rail fences and back to Roberts Road. Do not cross road.

43. Turn left on the path to walk across Burnside Landing and continue on the path on the left side of Roberts Road.

44. Stay on the path to an old bridge and crosswalk on your right. Turn right to cross on the crosswalk onto an asphalt path. Turn left on the path (9K).

45. Ignore all paths on the right into housing developments as you twist and turn numerous times before the path ends at the intersection of Burke Centre Parkway and Burke Commons Road.

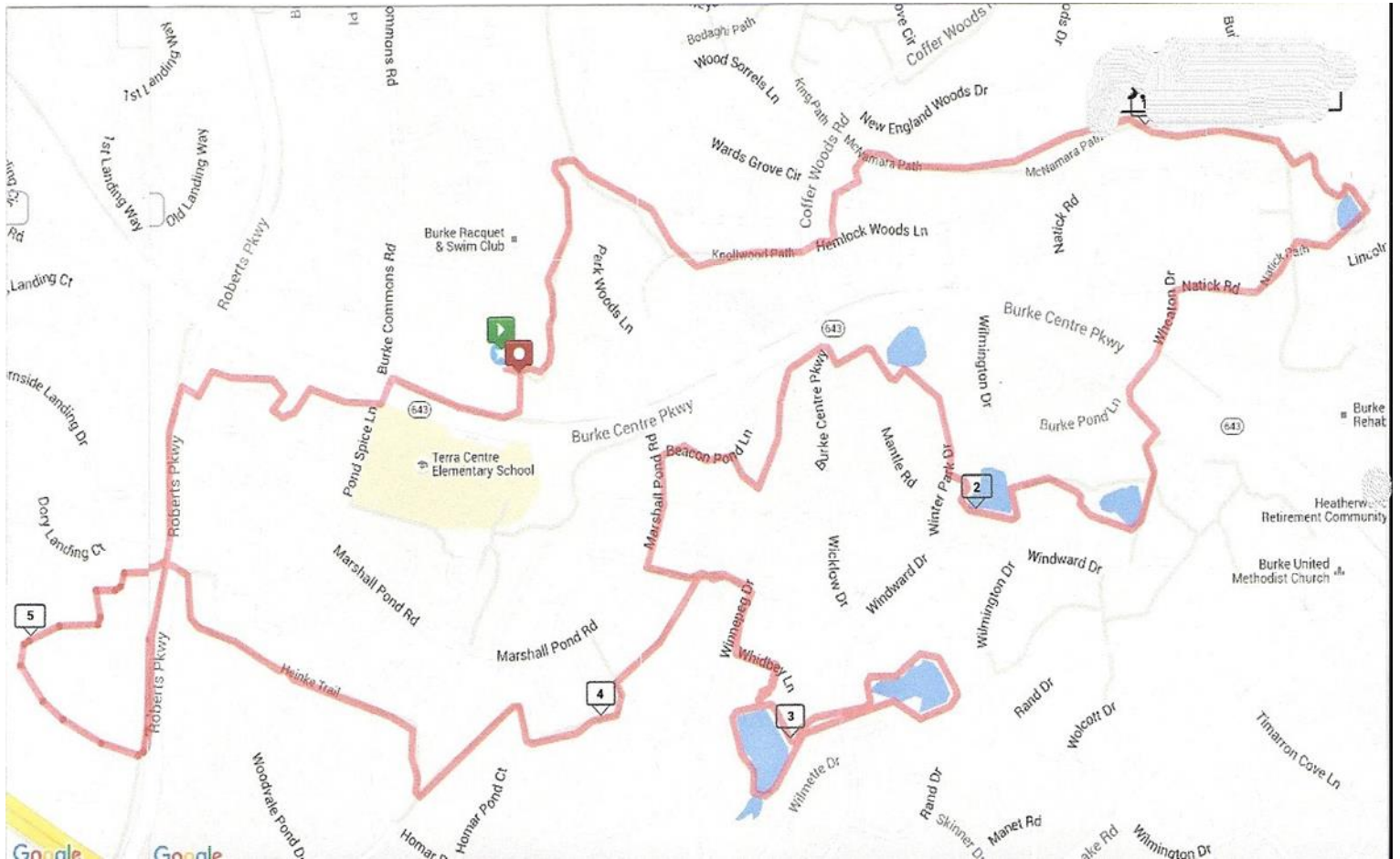
46. Cross Burke Centre Parkway at the light, then turn right and cross Burke Commons Road.

47. Take the paved path to walk on the left side of Burke Centre Parkway, passing two automobile entrances to Burke Town Centre. Turn left on the path to return to Café Rio and Starbucks.

We hope you enjoyed this walk around the ponds and will try other walks sponsored by our club.

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Burke Centre Six Ponds 10 Kilometer (6.2 Mile) Walk Map



Burke Centre Six Ponds 7 Kilometer (4.35 Mile) Walk Directions

**Pipestems are common in Burke Centre. They are unnamed roads, look like a driveway, but have several homes on them.

1. With back to Starbucks, turn left and walk past Café Rio. Cross the narrow road that is on the side of Café Rio.
2. Immediately turn left on the asphalt path in front of you and go down a wooden staircase. Turn left on the path at the bottom of the stairs; then in 20 feet take a second left.
3. Ignoring three paths into housing developments on your right, take this path to a T intersection. Turn right, cross a bridge, and come to another T intersection.
4. Turn right, continuing on this paved path and ignoring all paths to the left and right into housing developments.
5. After passing a church playground and church on your right, continue to the street (Coffer Woods Road). Using the crosswalk, enter Hemlock Woods development. (1K)
6. Take your first left onto a pipestem**. Go straight until you cannot go any further, right until you cannot go any further, and left until you come to a paved path.
7. Take this paved path over a bridge to a T intersection where you will turn right. Continue on this long, paved path, ignoring all paths on the left and right.
8. When you come to a basketball court, pass it and then turn left on the first paved path to your left. Walk the boardwalk to a set of steps. (2K)
9. Go up the steps to Bryce Pond/Reservoir.
10. Turn left on the path to walk clockwise $\frac{3}{4}$ of the way around the pond. After crossing two bridges, then ignoring two paved paths to the left that go into a housing development, continue straight on the path, crossing another bridge, and coming to a four-way intersection with three large rocks in the middle.
11. Take the second path to the left and go uphill onto a pipestem**.
12. Turn right, walking to the stop sign at the corner of Wheaton Drive and Natick Road. Turn left on Wheaton Drive to walk on the left side of the road to Burke Centre Parkway.
13. Carefully cross the parkway at the crosswalk, entering the Ponds Community Center area.
14. Turn left on Burke Pond Lane, walking on the left side of the roadway with a white wooden fence on your right. Just past the fence, take the paved path toward Pine Pond.
15. At the Y, veer right to go across the earthen dam. Continue walking clockwise a total of $\frac{1}{2}$ of the way around the pond.
16. After passing a windmill on your right (3K) and crossing a bridge, turn left on the path and, ignoring two paths to your right, go up to the street (Wilmington Drive).

17. Cross Wilmington Drive at the crosswalk to enter the path at Bass Pond. Turn left to go clockwise $\frac{1}{2}$ of the way around the pond.
18. After crossing the bridge, take the path on your left up to the street (Winter Park Drive).
19. Turn right on the sidewalk, walk to the end of the Winter Park Drive, and enter the path just past the 8 mailboxes.
20. Take this path to Lynch Pond and turn left to go clockwise $\frac{1}{4}$ of the way around the pond. Take the second path on your left (windmill on your right) to a Y intersection.
21. Turn right to pass the wooden trash receptacle and bench, then left to cross a small road. Note the Johnson-Sabin Way sign at the gravel roadway, and take the gravel road at this sign.
22. The gravel road will turn left to pass the Burke Centre offices and grounds buildings on your left. (Restrooms available here Monday through Friday from 9:00 to 5:00 after COVID restrictions are lifted).
23. As the gravel road again begins to turn left (4K), instead take the sidewalk to your right to the street (Beacon Pond Lane).
24. Turn left to Marshall Pond Road. Take a left to continue on the sidewalk on the left side of Marshall Pond Road, past Ash and Beech pipestems**.
25. Turn left on the next path. Take this path to Winnipeg Drive, ignoring paths on your right and left. Cross Winnipeg Drive at the crosswalk and turn right.
26. Walk on the sidewalk on the left side of Winnipeg Drive, crossing and then turning left on Whidbey Lane.
27. Walk on the sidewalk on the right side of Whidbey Lane, passing house #10009, and turning right on the path just past this house.
28. Take the winding path down to the pond. At the T turn left to cross the earthen dam.
29. Just past the wooden bench on your right and wooden trash receptacle on your left (note this location as we will return here after circling the next pond) turn left to the street.
30. Cross the street to enter the Meadow Pond area, taking the path to the large pile of rocks.
31. Turn left in front of the rocks (5K) to completely circle this pond clockwise. Note the amphitheater on your right just before you cross the earthen dam. Soon after passing a windmill on your right and rocks on your left, you will be back at the original large pile of rocks (this time on your right).
32. Take this path straight to again cross the street and enter the path to Spring Pond area. With the wooden trash can and bench now on your right, go straight and part way around the pond.
33. At the T intersection a few feet beyond the bridge, turn left on the path. Take this path to the street (Belair Road). Turn right to walk on the sidewalk.
34. Cross Ormand Drive and Winnepeg Drive (6K). Continue on Belair Road to house #6215. Just past this house take the path on your right and, ignoring one short path on your right, proceed to the street (Marshall Pond Road).
35. Turn right on the sidewalk, walk about 40 steps, then turn left to cross the crosswalk to another path. Take this path as it crosses a pipestem and then makes a sharp right.

Ignoring a short path on your right, take this path to a T intersection.

36. Turn right. Ignoring two paths on your right into subdivisions, take this path to the intersection of Marshall Pond Road and Burke Centre Parkway.

37. Cross Marshall Pond Road on the crosswalk. Turn left and cross Burke Centre Parkway on the crosswalk.

38. Turn left and cross Schoolhouse Woods Drive on the crosswalk. Take the paved path

on the right side of Burke Centre Parkway, eventually turning right on the path to return to Café Rio and Starbucks.

We hope you enjoyed walk around the ponds and will try other walks sponsored by our club.

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Burke Centre Six Ponds 7 Kilometer (4.35 Mile) Walk Map

