

Green Lake – Y0974 – 5K – 1A, 7K – 2A, 8K – 2B, 10K – 2B

FS Family Wanderers © 2025 Issue date: August 2025. POC: Michelle Roberts (206) 552-1775 In case of Emergencies: dial 911.
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Notice for registrants using this Online Start Box:

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet).

Reminder: OSB registered users should be sure to log back in to the OSB system to “finish/complete” your online registration after doing the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs you are participating in. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info.

Three loops can be combined to make four distance options:

5K loop – Paved path around Green Lake.

7K - Adds a 2K loop going north to a duck sanctuary.

8K – Adds a 3K loop to explore more of the park and visit the Rose Garden next to the Woodland Park Zoo.

10K – All three loops.

Restrooms:

Restrooms are available at start and at several points along path around Green Lake.

Comments:

Pets permitted but not in buildings. Owners responsible for leash and clean up laws. 5K and 7K suitable for strollers and wheelchairs. 8K and 10K may be difficult for strollers, are not suitable for wheelchairs.

Start point address:

Urban Bakery
7850 E. Green Lake Dr. N.
Seattle, WA 98103
(47.68571N -122.33653 W)

Driving Directions:

Coming via bus: Metro route 45 has stops near bakery.

Coming via car: Northbound or Southbound I-5: Exit 172 (NE 85th St). Exit forces you into correct direction. Take NE 85th St to Wallingford Ave N. LEFT to E. Green Lake Dr N. Bakery is on corner on left. Park on-street or in Green Lake Park lot a few blocks away (near Seattle Public Theater).

Challenges – AVA:

Anniversaries Hurrah – All AVA walks are considered to qualify

Par for the Course – Playground in Green Lake Park by community center

Challenges – ESVA:

Frontline Heroes – Sustenance

That’s Entertainment – Cultural (Seattle Public Theater)

SEATTLE GREENLAKE YRE 0974
5K RATED 1A, 7K RATED 2A
8K AND 10K RATED 2B
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This walk is made up of 3 loops. A 5K around lake, a 2K loop north, and a 3K loop south and west.

7K and 10K routes:

- 1) Exiting Urban Bakery, **RIGHT** on E Green Lake Dr N for one block.
- 2) **ANGLE RIGHT** onto Green Lake Dr N to N 80th St. Cross N 80th St.
- 3) Immediately **ANGLE RIGHT** on Interlake Ave N to N 85th St.
- 4) **LEFT** to lighted crosswalk at Stone Ave N.
- 5) **RIGHT** to cross N 85th St. (Be careful - extremely busy street.)
- 6) **RIGHT** on N 85th St for a few paces to Stone Ave N. (Stone jogs at 85th.)
- 7) **LEFT** on Stone Ave N to N 90th St.
- 8) **RIGHT** on N 90th St.
- 9) After one block, **LEFT** to cross N 90th St using crosswalk, then **RIGHT** to continue on N 90th St.
- 10) Stop to look at the private duck sanctuary near Densmore Ave N.
- 11) Continue to Wallingford Ave N. (Note interesting murals on school.)
- 12) **RIGHT** on Wallingford Ave N to E Green Lake Dr N.

ALL ROUTES:

- 13) Cross E Green Lake Dr N and enter park.
- 14) **GO STRAIGHT** on asphalt path, passing **RESTROOMS** on your left and wading pool on your right, to walking/biking path next to the lake.
- 15) **RIGHT** on the path and follow it around lake.
- 16) Shortly you will pass on your left The Seattle Public Theatre in an old bathhouse.
- 17) Later on your left will be the Aqua Theatre, a large concrete structure where aquatic and other performances were held. Interesting history display on wall by path. Today rowing clubs are based here. (**RESTROOMS**)

8K and 10K ROUTES:

- 18) At end of Aqua Theatre, continue to crosswalk.
- 19) **RIGHT** to cross street **CAREFULLY** and walk toward red and white gate.

- 20) Go through gate to enter parking lot for tennis courts. Walk along sidewalk (courts on right).
- 21) At end of parking lot, continue between posts, on paved road. Pass skate park and sport fields.
- 22) Road goes uphill to end at N 50th St. Pass between large concrete blocks.
- 23) **RIGHT** on path/sidewalk.
- 24) **RIGHT** on Fremont Ave N.
- 25) **RIGHT** into Rose Garden. Path winds through garden, through Seattle Sensory Garden, and back through Rose Garden to exit.
- 26) Exit. **RIGHT** on gravel path. Path will curve right.
- 27) **LEFT** to use crosswalk. (Look for black sign: "Lower Woodland Park Green Lake".)
- 28) Take paved path to pedestrian bridge over Aurora Ave N (unmarked).
- 29) **LEFT** after bridge on first gravel path. Continue **LEFT** on gravel path (paralleling Aurora Ave).
- 30) Pass another pedestrian bridge and continue to a 4-way intersection (before parking lot).
- 31) **SHARP RIGHT**, then immediate **LEFT** at fork. Go down hill to fenced area (dog park).
- 32) With fence on your left, take path along fence.
- 33) At end of fence, continue **STRAIGHT** to road.
- 34) **RIGHT** on road. Walk downhill, bending left, to crosswalk.
- 35) Using crosswalk, cross street **CAREFULLY**.
- 36) Take gravel path to return to path around lake.
- 37) **RIGHT** on path.

ALL ROUTES:

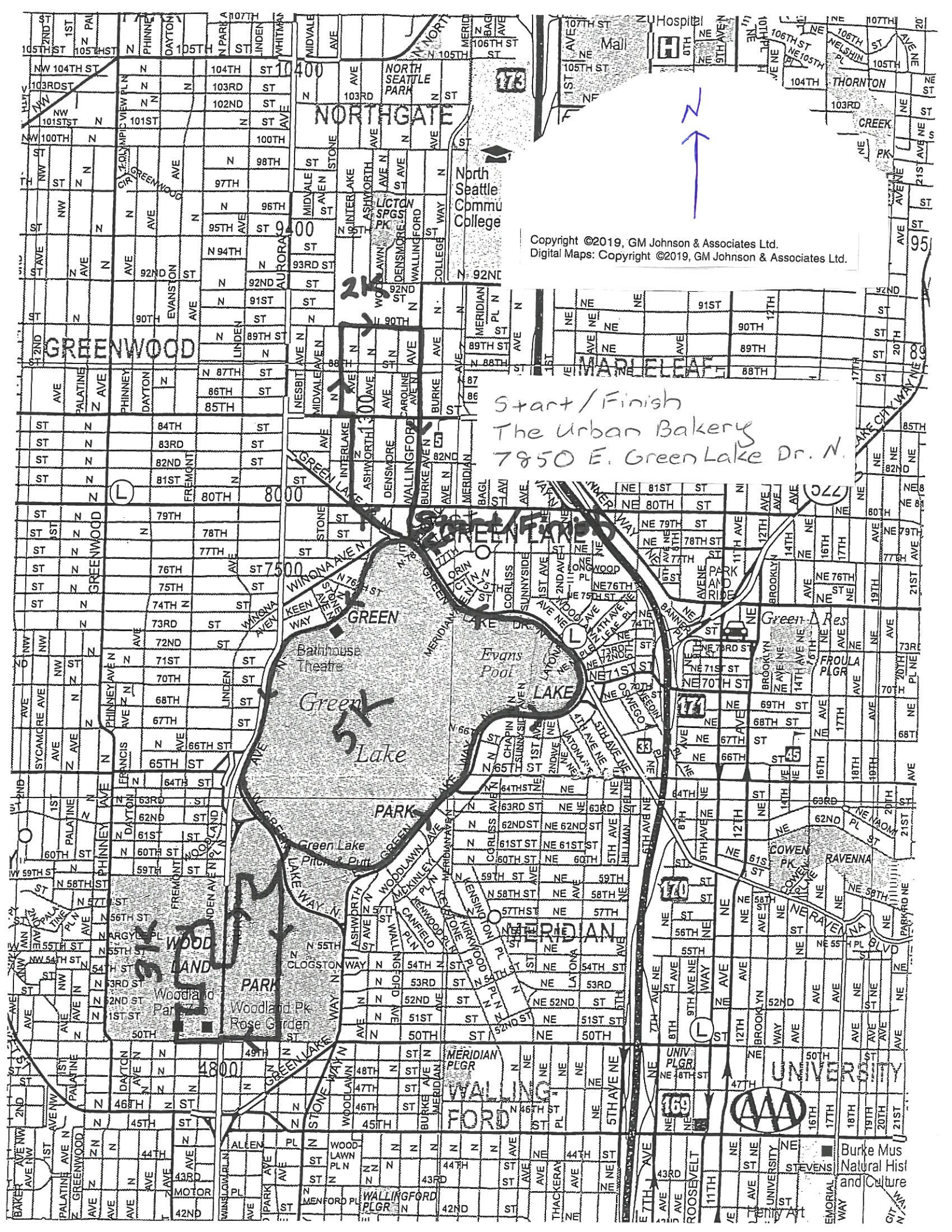
- 38) Continue on path around lake.
- 39) Pass Green Lake Community Center (restrooms) and seasonal boat rentals.
- 40) When you return to wading pool, **RIGHT** to return to where you entered park.
- 41) Cross E Green Lake Dr N to return to Urban Bakery.

Thank you for doing this walk. We hope you enjoyed it. Please thank our kind hosts.

POC: Michelle Roberts - 206-552-1775
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Emergencies: Call 911

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Start/Finish
The Urban Bakery
7850 E. Green Lake Dr. N.

NORTHGATE

GREENWOOD

WALLINGFORD

GREEN LAKE PARK

Green Lake
5th St

WOODLAND PARK

WALLINGFORD

UNIVERSITY CITY

Burke Mus
Natural Hist
and Culture

