

Green Lake – Y0974 – 5K – 1A, 10K – 2B

FS Family Wanderers © 2025 Issue date: November 2025. POC: Michelle Roberts (206) 552-1775 In case of Emergencies: dial 911.
These maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver.
All other uses are prohibited.

Notice for registrants using this Online Start Box:

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet).

Reminder: OSB registered users should be sure to log back in to the OSB system to “finish/complete” your online registration after doing the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs you are participating in. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info.

Two distance options:

5K – Paved path around Green Lake.

10K – Adds more of Green Lake/Lower Woodland Parks, a small park with war memorials, a bit of the Phinney neighborhood, and the Rose Garden next to the Woodland Park Zoo.

Restrooms:

Restrooms are available at start and at several points along path around Green Lake.

Comments:

Pets permitted but not in buildings. Owners responsible for leash and clean up laws. 5K is suitable for strollers and wheelchairs. 10K may be difficult for strollers, is not suitable for wheelchairs.

Start point address:

Urban Bakery
7850 E. Green Lake Dr. N.
Seattle, WA 98103
(47.68571N -122.33653 W)

Driving Directions:

Coming via bus: Metro route 45 has stops near bakery.

Coming via car: Northbound or Southbound I-5: Exit 172 (NE 85th St). Exit forces you into correct direction. Take NE 85th St to Wallingford Ave N. LEFT to E. Green Lake Dr N. Bakery is on corner on left. Park on-street or in Green Lake Park lot a few blocks away (near Seattle Public Theater).

Challenges – AVA:

Anniversaries Hurrah – All AVA walks are considered to qualify

Par for the Course – Playground in Green Lake Park by community center

Walking with America’s Veterans – 10K goes through a small park with Spanish-American War memorials

Challenges – ESVA:

Frontline Heroes – Sustenance

That’s Entertainment – Cultural (Seattle Public Theater)

SEATTLE GREENLAKE YRE 0974
5K RATED 1A, 10K RATED 2B
FS Family Wanderers ©2025

Start - Urban Bakery, 7850 E Green Lake Dr N

5K and 10K walkers:

- 1) Cross E Green Lake Dr N and enter park.
- 2) **GO STRAIGHT** on asphalt path, passing **RESTROOMS** on your left and wading pool on your right, to walking/biking path next to the lake.
- 3) **RIGHT** on the path and follow it around lake.
- 4) Shortly you will pass on your left The Seattle Public Theatre in an old bathhouse.
- 5) Later on your left will be the Aqua Theatre, a large concrete structure where aquatic and other performances were held. Interesting history display on wall by path. Today rowing clubs are based here. (**RESTROOMS**) (2K)

5K walkers go to direction 39.

10K walkers:

- 6) At end of Aqua Theatre, **RIGHT** on paved path to road.
- 7) Cross street **CAREFULLY** using crosswalk and walk toward red and white gate.
- 8) Go through gate to enter parking lot for tennis courts. Walk along sidewalk (courts on right).
- 9) At end of parking lot, continue between posts, on paved road. Pass skate park and sport fields.
- 10) Road goes uphill to end at N 50th St. Pass between large concrete blocks.) (3K)
- 11) **RIGHT** on path/sidewalk.
- 12) Cross Fremont Ave N. In a short distance **CONTINUE STRAIGHT** on wood chip path. (Don't follow paved path as it bends right.)
- 13) At sign for Dayton Ave N, **RIGHT** on wood chip path.
- 14) **LEFT** at next intersection.
- 15) **RIGHT** at second broad paved path/road. (On large rock is a memorial plaque "...to the comrades of the Illinois...")
- 16) **LEFT** on next wood chip path. Pass Spanish-American War memorial. Continue to parking lot. (4K)
- 17) **RIGHT** on sidewalk along chain link fence. Walk takes you to Phinney Ave N.
- 18) **RIGHT** on Phinney Ave N to N 58th St.
- 19) **LEFT** at N 58th St to cross Phinney using crosswalk. Then continue on N 58th St for one block to Greenwood Ave N.

- 20) **LEFT** on Greenwood Ave N. Pass Community Garden. Continue to N 49th St.
- 21) **LEFT** on N 49th St for one block.
- 22) **LEFT** on Phinney Ave N to N 50th St.
- 23) **RIGHT** on N 50th St to Fremont Ave N.
- 24) **CROSS** and **LEFT** on Fremont Ave N.
- 25) In a little way, **RIGHT** into Rose Garden. (6K) Path winds through garden, through Seattle Sensory Garden, and back through Rose Garden to exit.
- 26) Exit. **RIGHT** on gravel path. Path will curve right.
- 27) **LEFT** at black sign: "Lower Woodland Park Green Lake".
- 28) Take paved path to pedestrian bridge over Aurora Ave N (unmarked).
- 29) **LEFT** after bridge on first gravel path. Continue **LEFT** on gravel path (paralleling Aurora Ave).
- 30) Pass another pedestrian bridge and continue to a 4-way intersection (before parking lot).
- 31) **SHARP RIGHT**, then immediate **LEFT** at fork. Go down hill to fenced area (dog park).
- 32) With fence on your left, take path along fence.
- 33) At corner of fence (7K), continue **STRAIGHT** to road.
- 34) **RIGHT** on road. Walk downhill, bending left, to crosswalk.
- 35) Using crosswalk, cross street **CAREFULLY**.
- 36) Take gravel path to return to path around lake.
- 37) **RIGHT** on path.

5K and 10K walkers:

- 38) Continue on path around lake.
- 39) Pass Green Lake Community Center (**RESTROOMS**) and seasonal boat rentals. (9K)
- 40) When you return to wading pool, **RIGHT** to return to where you entered park.
- 41) Cross E Green Lake Dr N to return to Urban Bakery.

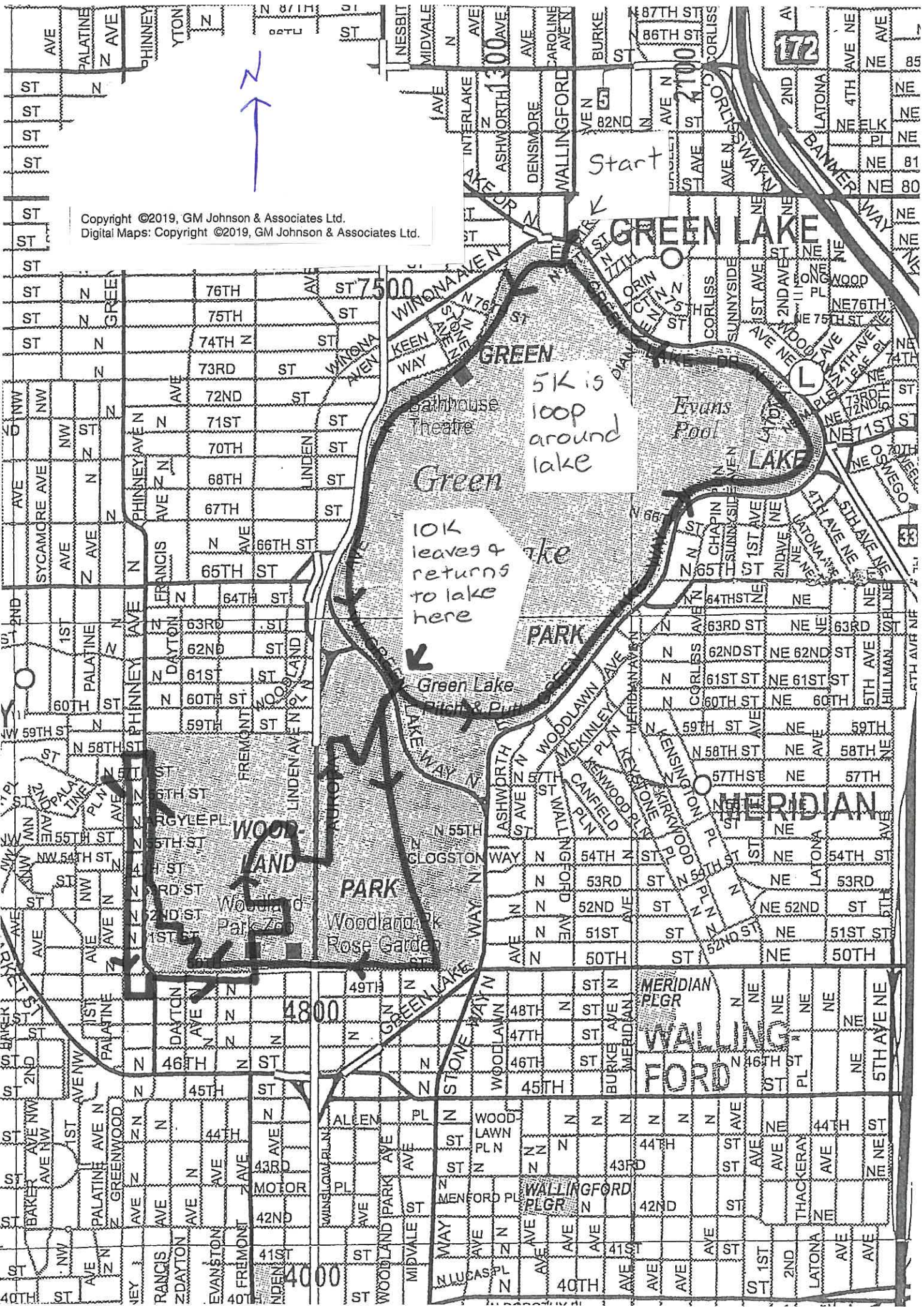
Thank you for doing this walk. We hope you enjoyed it. Please thank our kind hosts at the Urban Bakery.

POC: Michelle Roberts - 206-552-1775

michellero1956@gmail.com

Emergencies: Call 911

This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



Copyright ©2019, GM Johnson & Associates Ltd.
Digital Maps: Copyright ©2019, GM Johnson & Associates Ltd.

Start

5K is
100p
around
lake

10K
leaves &
returns
to lake
here



GREEN LAKE

Bathhouse Theatre

Evans Pool

WOODLAND PARK

WOODLAND PARK

MERIDIAN

MERIDIAN PLGR

WALLINGFORD

4800

4000

172

33