

# YR1024 North Bend – Rattlesnake Lake and Palouse to Cascade Trail

## 6K Rated 2B , 10K and 11K Rated 3C



**Interlaken Trailblazers welcome you to North Bend – Rattlesnake Lake and Palouse to Cascades Trail**

**Starting Point:** Parking lot at Rattlesnake Lake Recreation Area

**Restrooms** at walk start, Education Center (1K) and pit toilets several other places along the route.

**Driving Directions:** From I-90E take exit 32 (436th Ave SE). Turn Right on 436<sup>th</sup> Ave SE continuing onto Cedar Falls Way. Turn Left into the Seattle City Light Rattlesnake Lake Recreation Area Parking lot at the sign on your left. (no fee).

**GPS:** 47°26'03.9"N 121°46'04.5"W

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**Special Programs: AVA – A-Z (N) Rail to Trails, PAR for the course,**

**ESVA: Rail to Trail**



Emergency Dial 911

POC: Irene Stanford, for walk direction information

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

POC:  
irenestanford@msn.com  
(206)228-3915

**History**

**Rattlesnake Lake** is part of the Cedar River Watershed that furnishes water to the city of Seattle. Historically the town of Moncton was here until a neighboring dam was built and the town was slowly flooded (1915). In the fall of the year many times the lake level is low and you can see the foundations from the old town. Be sure to visit the Cedar River Watershed Education Center that is on your route. Note the musical rain drums on your right as you walk through the center.

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Page 2	5K/10K Walk Directions and Map



## North Bend – Rattlesnake Lake



Dial 911

YR1024 6k Rated 1B

Register: QFC— 460 E North Bend Way, North Bend, Drive to Start

*Driving Directions to Rattlesnake Lake Recreation Area (5 mi): From QFC, LEFT on North Bend Way. TURN RIGHT at the roundabout onto Cedar Falls Way. TURN Right at the "T". This will turn into Cedar Falls Rd SE. Follow this to Rattlesnake Lake Parking Lot.*

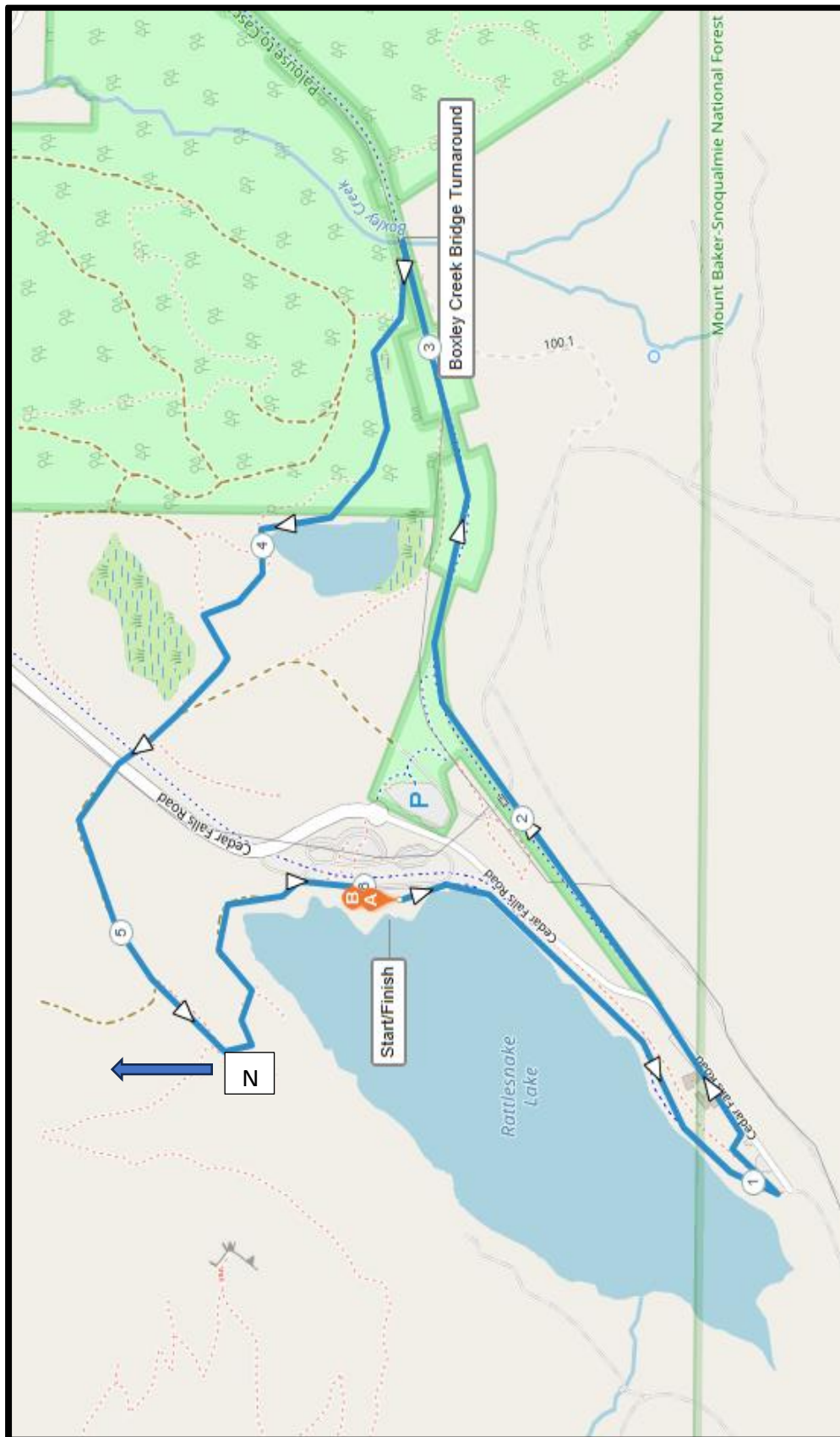
Restrooms at start point, Rattlesnake Lake Park, Cedar River Education Center and Palouse to Cascades State Park  
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1. From the parking lot follow any trail downhill toward the lake. Start at the park information kiosk by the Porta-Potties.
2. Facing the information kiosk **TURN LEFT** on paved lakeside trail and follow this trail to the end keeping the lake on your right.(do not take gravel trails on left)
3. As the trail angles left, **TURN LEFT** on the paved path (Snoqualmie Valley Trail) and walk toward the back of the Cedar River Education Center. (1.5K)
4. At the "T" **TURN RIGHT** and then immediately **LEFT** following the walkway to the front of the Education Center. Check out the Education Center (especially the water drums). Restrooms available here.
5. Leaving the Education Center continue ahead on the paved path to the walkway beside the parking lot Parallel to Cedar Falls Rd. At the end of the sidewalk continue ahead on Cedar Falls Rd for a short distance to a wide dirt and gravel trail on your right (Palouse to Cascades State Park Trail)
6. **TURN RIGHT**, carefully cross the road, walk around the gate and follow this trail to the bridge over Boxley Creek (Sign on right before the bridge.)
7. **TURN AROUND on bridge \*\*\*\*(5k option)**
8. Immediately after re-crossing the bridge, look for a faint trail to the Right. (The sign is facing away from you)
9. **TURN RIGHT** on this lightly traveled trail which can have vegetation encroaching at times. You may have to step over small, downed trees.
10. Take the **LEFT** option at the next two junctions.
11. When the lake comes into view, the trail appears to go steeply downhill, instead, look **RIGHT** and follow the trail keeping the lake to your left.  
\*\*\* Christmas Lake was so named because it was formed during the Boxley Creek Blowout in December 1918. \*\*\*
12. **TURN LEFT** at the "T" and **VEER LEFT** at the next junction. The trail follows the lake for a while, then curves right away from the shore.
13. At the next "Y" either trail is ok. Left walks along a creek. Right is shorter but steeper.
14. Shortly after the trails converge **TURN LEFT** at a "T" Follow this to a gravel service road.
15. **VEER RIGHT** onto the road. Pass to the left of the metal gate, cross a wide gravel path (Snoqualmie Valley Trail) and proceed to the stop sign at Cedar Falls Road.
16. Carefully **CROSS** Cedar Falls Road and continue on the service road passing to the left of a metal gate. The road goes uphill curving left passing 3 fenced structures on the right. (Views of Rattlesnake Ledge ahead)
17. Just before the road curves back to the right, **VEER LEFT** downhill. This trail narrows and comes to a "T" This is the popular Rattlesnake Ridge Trail
18. **TURN LEFT** downhill to the large signboard. Views of Rattlesnake Lake. (RESTROOMS).
19. **TURN LEFT** before the signboard onto a gravel road.
20. Walk around a metal gate to a paved path and **TURN RIGHT**. Follow the paved path back to the start/finish. Where it is possible, use pedestrian paths to return to your vehicle.

We hope you enjoyed the walk!!!

\*\*\*\* **5K** alternate in muddy conditions, Follow the track back to the Cedar Falls sign. Just beyond that **TURN RIGHT. CONTINUE** on the trail past the parking area, crossing the paved road to the lake parking and your car

# Rattlesnake Lake 6K





Dial 911

## North Bend – Rattlesnake Lake

YR1024 10k/11k rated 3C Hiking poles recommended  
Register: QFC— 460 E North Bend Way, North Bend, Drive to Start

*Driving Directions to Rattlesnake Lake Recreation Area (5 mi): From QFC, LEFT on North Bend Way. TURN RIGHT at the roundabout onto Cedar Falls Way. TURN Right at the “T”. This will turn into Cedar Falls Rd SE. Follow this to Rattlesnake Lake Parking Lot.*

Restrooms at start point, Rattlesnake Lake Park, Cedar River Education Center and Palouse to Cascades State Park  
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- (1) From the parking lot follow any trail downhill toward the lake. Start at the park information kiosk by the Porta-Potties.
- (2) Facing the information kiosk **TURN LEFT** on the paved lakeside trail and follow this trail to the end keeping the lake on your right. (*do not go left on gravel trails*)
- (3) As the trail angles left, **TURN LEFT** on the paved path (Snoqualmie Valley Trail) and walk toward the back of the Cedar River Education Center. (1.5K)
- (4) At the “T” **TURN RIGHT** and then immediately **LEFT** following the walkway to the front of the Education Center. Check out the Education Center (especially the water drums). Restrooms available here.
- (5) Leaving the Education Center continue ahead on the paved path to the walkway beside the parking lot Parallel to Cedar Falls Rd. At the end of the sidewalk continue ahead on Cedar Falls Rd for a short distance to a wide dirt and gravel trail on your right (Palouse to Cascades State Park Trail)
- (6) **TURN RIGHT**, carefully cross the road, walk around the gate and follow this trail to the bridge over Boxley Creek (Sign on right before the bridge.)
- (7) **CROSS** the bridge over Boxley Creek. About .2 k beyond the bridge find a trail sign for CEDAR BUTTE on a tree to the right. **TURN RIGHT** on the trail uphill.
- (8) After about .5 k the trail forks, **VEER LEFT** (both trails lead to Cedar Butte, you will return on the other trail)
- (9) In 1.5k, The two branches reconnect at Saddle Junction (signed for Saddle/Summit/Blowout)

\*\*11K **CONTINUE STRAIGHT** switchbacking uphill.  
\*\*10k **TURN RIGHT** toward Blowout, read notes after 11) and continue to 12)

(10) On the final approach to the summit, the trail narrows there are a few feet of steep terrain. This levels out and follows a ridge. At the summit there is a USGS Bench Mark from 1937 stamped "Ceder Butt." The summit is forested, but there are views northward of Mount Si, Mount Teneriffe, and Mailbox Peak.

(11) When you are ready to descend, retrace your route to Saddle Junction. **VEER LEFT**.

Dec 23, 1918. The flood severely damaged the town of Edgwick below. There were no fatalities.\*\*\*

- (12) At the next junction **VEER LEFT** and continue downhill.5k to The Palouse to Cascades Trail.
- (13) **TURN LEFT** on the trail for .2 k, crossing the bridge over Boxley Creek. Immediately after crossing the bridge, look for a faint trail to the Right. (the sign is facing away from you)
- (14) **TURN RIGHT** on this lightly traveled trail which can have vegetation encroaching at times. You may have to step over small, downed trees.
- (15) Take the **LEFT** option at the next two junctions.
- (16) When the lake comes into view, the trail appears to go steeply downhill, instead, look **RIGHT** and follow the trail keeping the lake to your left.  
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- (20) **VEER RIGHT** onto the road. Pass to the left of the metal gate, cross a wide gravel path (Snoqualmie Valley Trail) and proceed to the stop sign at Cedar Falls Road.
- (21) Carefully **CROSS** Cedar Falls Road and continue on the service road passing to the left of a metal gate. The road goes uphill curving left passing 3 fenced structures on the right. (Views of Rattlesnake Ledge ahead)
- (22) Just before the road curves back to the right, **VEER LEFT** downhill. This trail narrows and comes to a “T” This is the popular Rattlesnake Ridge Trail.
- (23) **TURN LEFT** downhill to the large signboard. Views of Rattlesnake Lake. (RESTROOMS).
- (24) **TURN LEFT** before the signboard onto a gravel road.
- (25) Walk around a metal gate to a paved path and **TURN RIGHT**. Follow the paved path back to the start/finish. Where it is possible, use pedestrian paths to return to your vehicle.

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