

**Instructions for  
Old South Salem Walk, Y1028  
Salem, Oregon  
5/10 Km, rated 1A, 2A**

Walk Start Location: 665 Winter St SE, Salem, OR

Driving Directions: I-5 take exit 253, head to Salem City Center. Continue three blocks on Mission past 12th St traffic light. Right on Winter at 2<sup>nd</sup> traffic light Left at first drive and go to back of lot. Coords: 44.93318, -123.03812

Park : Park in lot left of Bldg. M. To start walk return to Winter Street and turn Left to Bldg B to start walk, or go along fence next to playgrounds to Mission go to #4, then return here after end of walk.

Restrooms: No restrooms at the start at this time. There are restrooms in Bush Park at about 140 meters to the left at 3K (#15) on the 5K, and at 7K (#34) on the 10K.

“This map and direction may only be used in conjunction with a signed American Volkssport athletic waiver. All other uses are prohibited.”

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WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

“Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.”

# "Old South Salem" 2022 Walk, Y1028, 10K, Rated 2A

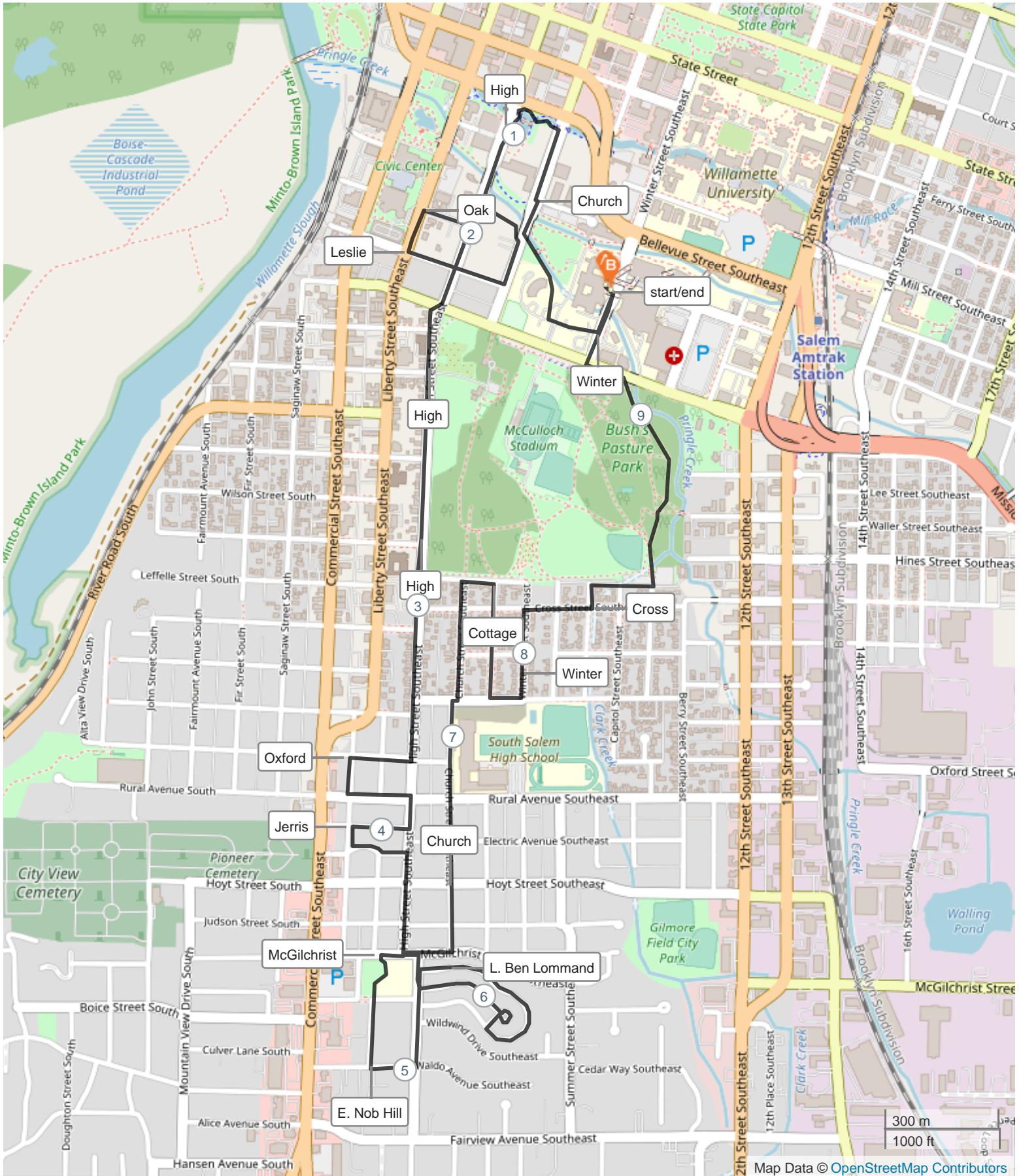
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For Challenges, see Tables

Emergency: 911; Contact: Julia Westerberg, [pjwesterberg@comcast.net](mailto:pjwesterberg@comcast.net), 541-979-0139

- 1) **RIGHT** when leaving Salem Hospital;
- 2) **RIGHT** into the parking lot south of Bldg B;
- 3) **RIGHT** on sidewalk just after the driveway at the stop sign; **LEFT** on sidewalk at the bottom of the hill leading to Bldg M;
- 4) **RIGHT** on gravel path just before the short boardwalk, leading to Church St & passing the Parkview Family Lodge on the right. *[Option: you might want to read the historic signs by the Rehab Adaptive Playground about the former OR School for the Blind at this site];*
- 5) **RIGHT** on Church St;
- 6) **CAREFULLY CROSS & RIGHT** on Church at the crosswalk after the bridge to walk on the other side of Church, passing the SAIF building;
- 7) **LEFT** on sidewalk before the Mill Race bridge passing the "Good Cents" sculpture commemorating 50th anniversary of the OR Bottle Bill; **1K**
- 8) **RIGHT** at first bridge to walk in Mil Race Park counter-clockwise almost half-way to exit on High St at the second sidewalk leading to High St;
- 9) **LEFT** up the hill on High known in the past as Fry's Hill/Rattlesnake Hill in the Gaiety Hill neighborhood, part of Gaiety Hill/Bush's Pasture Park Historic District;
- 10) **LEFT** to go down the driveway at Woodland Chapel to the end of the parking lot. **TAKE** wood chip path right of the George Arthur Powell Meditation Garden sign & curving to the right. **GO** up the stairs to Church St;
- 11) **RIGHT** on Church;
- 12) **RIGHT** on Leslie & carefully cross busy High;
- 13) **RIGHT** on Liberty;
- 14) **RIGHT** on Oak St. *At the end of Oak on High is the Smith-Fry house, one of Salem's oldest houses Built in 1859 it later was the home of Governor La Fayette Grover (1870-77; later US Senator/US Congressman). Daniel Fry bought the house in 1894 & land between Pringle Creek/Leslie & High/Church to build houses for family/his drugstore employees.*
- 15) **RIGHT** on High St. to walk ca 1.4K to #16. **2K** *883 High ca 1880 by pioneer Virgil Pringle. Home of Mark Hatfield/family 1958-68 while he was governor. His name is in the sidewalk* **1043 High (1884) home of U.S. Senator Benjamin Harding. 3K at Cross**
- 16) **CROSS & RIGHT** on Oxford. *watch for uneven sidewalks*
- 17) **CROSS & LEFT** on West Nob Hill;
- 18) **LEFT** on Rural. *Daylight Donuts on Commercial has RRs*
- 19) **RIGHT** on High;
- 20) **CROSS & RIGHT** on Jerris; *395 Jerris on right is former home of Douglas McKay, Salem Mayor/US Senator/ OR Governor/US Secretary of Agriculture* **4K at 380 Jerris**
- 21) **LEFT** on West Nob Hill;
- 22) **LEFT** on Fawk curving downhill to High;
- 23) **RIGHT** on High;
- 24) **CROSS & RIGHT** on McGilchrist. *School built 1915 when High St was a dirt road. SCHOOL DAYS: LEFT on West Nob Hill & LEFT on sidewalk leading to Ohmart. RIGHT on East Nob Hill. WEEKENDS: Enter McKinley School Park at gate & take curvy left sidewalk to exit on Ohmart & STRAIGHT on East Nob Hill. 2655 E. Nob Hill (behind shrub is the Smith/Ohmart (large land owner) house built in 1870. There used to be orchards/farmland in this area;*
- 25) **CROSS & LEFT** on Waldo. *Mark Hatfield lived at house at 490 Waldo. Observatory apparently was there when his family built this house in 1939. 5K at 470 Waldo*
- 26) **CROSS & LEFT** on High;
- 27) **CROSS & RIGHT** on Lower Ben Lomond which will become Upper Ben Lomond. *Be careful since very few sidewalks in area & narrow streets. Ben Lomond Park platted in 1915 by the Ohmarts but slowly developed with water/sewer/paved streets starting during 1950s;*
- 28) **RIGHT** on Crest. Go around traffic circle counter-clockwise. State Capitol can be seen in distance;
- 29) **STRAIGHT** on Tillman. **6K at 695 Tillman**
- 30) **RIGHT** on High, **LEFT** at school crosswalk & then **RIGHT**;
- 31) **LEFT** on McGilchrist; at High **CIROSS at crosswalk & GO RIGHT** on McGilchrist;
- 32) **CROSS & LEFT** on Church for almost **1K**. *At Cross you are back in Gaiety Hill/Bush's Pasture Park Historic District; 7K South High School north doors*
- 33) **RIGHT** on Leffelle;
- 34) **RIGHT** on Cottage;
- 35) **LEFT** on Howard;
- 36) **LEFT** on Winter; **8K at 1675 Winter**
- 37) **RIGHT** on Cross;
- 38) **CROSS & LEFT** on Davidson;
- 39) **RIGHT** on Leffelle;
- 40) **ENTER** Bush Park on left at Yew St;
- 41) **TAKE** sidewalk on the right leading away from balfield. Sidewalk to the left will lead to restrooms;
- 42) **RIGHT** on wood chip path at intersection with playground sidewalk, and walk with Pringle Creek on right. Ignore small paths to left & right; head straight to Mission St. Deepwood Estate is on the other side of the Creek. **If wood chip path is too soggy, continue on sidewalk which will lead to Mission St; 9K on path near Mission**
- 43) **LEFT** at the end of the path to walk on sidewalk in front of Mission St parking lot;
- 44) **CROSS** Mission at the left crosswalk at Winter;
- 45) **CONTINUE** straight on Winter to return to Building B at Salem Hospital. **9.5K**

# 2022 Old South Salem



# “Old South Salem” 2022 Walk, Y1028, 5K, Rated 1A

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For Challenges see Tables

Emergency: 911; Contact: Julia Westerberg, [pjwesterberg@comcast.net](mailto:pjwesterberg@comcast.net), 541-967-3001

- 1) **RIGHT** when exiting Salem Hospital;
- 2) **CROSS & RIGHT** to enter parking lot south of Bldg B to head to Rehab playground ;
- 3) **LEFT** on sidewalk next to playground stone wall & fence to go to Mission St. Historic signs tell the story of the Oregon School for the Blind which was formerly at this location;
- 4) **RIGHT** to Church. More signs about the Oregon School for the Blind border the playground gate on the right;
- 5) **CROSS & RIGHT** on Church. You are in the Gaiety Hill-Bush’s Pasture Historic District;
- 6) **CROSS & LEFT** on Leslie. Carefully cross High;
- 7) **RIGHT** on Liberty;
- 8) **RIGHT** on Oak. **(1K at 490 Oak) At the end of Oak on High is the Smith-Fry house, one of Salem’s oldest houses. Built in 1859 it later was the home of Governor La Fayette Grover (1870-77) & later US Senator/US Congressman. Daniel Fry bought the house in 1894 & the land between Pringle Creek/Leslie & High/Church to build houses for family/his downtown drugstore employees;**
- 9) **RIGHT** on High;
- 10) **CROSS** Mission (a long traffic light) to continue on High. **Watch for uneven sidewalks Note historic signs at Mission/High on traffic light box. 883 High (south of Mission) ca 1880 Italianate home of pioneer Virgil Pringle. Later inhabited by Mark Hatfield & family while he was governor (1959-67). His name is in the concrete sidewalk in front of the house 1043 High (1884) home of U.S. Senator Benjamin Harding; 2K near Leffelle**
- 11) **GO** 1K to Oxford;
- 12) **LEFT** on Oxford to Church;
- 13) **LEFT** on Church. **RIGHT** on Howard & **LEFT** at crosswalk to continue on Church. **At Cross you are back in Gaiety Hill/Bush’s Pasture Park Historic District; 3K at 1565 Church**
- 14) **RIGHT** on Leffelle;
- 15) **RIGHT** on Cottage;
- 16) **LEFT** on Howard;
- 17) **LEFT** on Winter;
- 18) **RIGHT** on Cross;
- 19) **CROSS & LEFT** on Davidson;
- 20) **RIGHT** on Leffelle ; **(4K)**
- 21) **LEFT** at Yew to enter Bush Park;
- 22) **TAKE** sidewalk **RIGHT** of “Don’t Feed Wildlife” sign. The sidewalk to the left will lead to restrooms;
- 23) **TAKE** wood chip path on right to walk with Pringle Creek on right. Ignore small paths on left & right to

head to Mission St. Deepwood Estate is on the other side of the Creek. **If too wet, continue on sidewalk leading to Mission.**

- 24) **LEFT** at Mission to take sidewalk on the other side of the parking lot entrance/exit;
- 25) **CROSS** Mission at the left crosswalk at Winter;
- 26) **CONTINUE** on Winter to return to Bldg B to finish the walk. **TOTAL: 5K**

Boundaries for Gaiety Hill/Bush’s Pasture Park Historic District (1986): Pringle Creek/Mission Street on the north, 12th Street on the east, Cross Street on the south, and Liberty/High on the west including Deepwood Estate (1894), Bush House (1878) and Bush’s Pasture Park of 100 acres. There are over 140 buildings, mostly residential, dating from 1878 to 1938, on 143 acres.

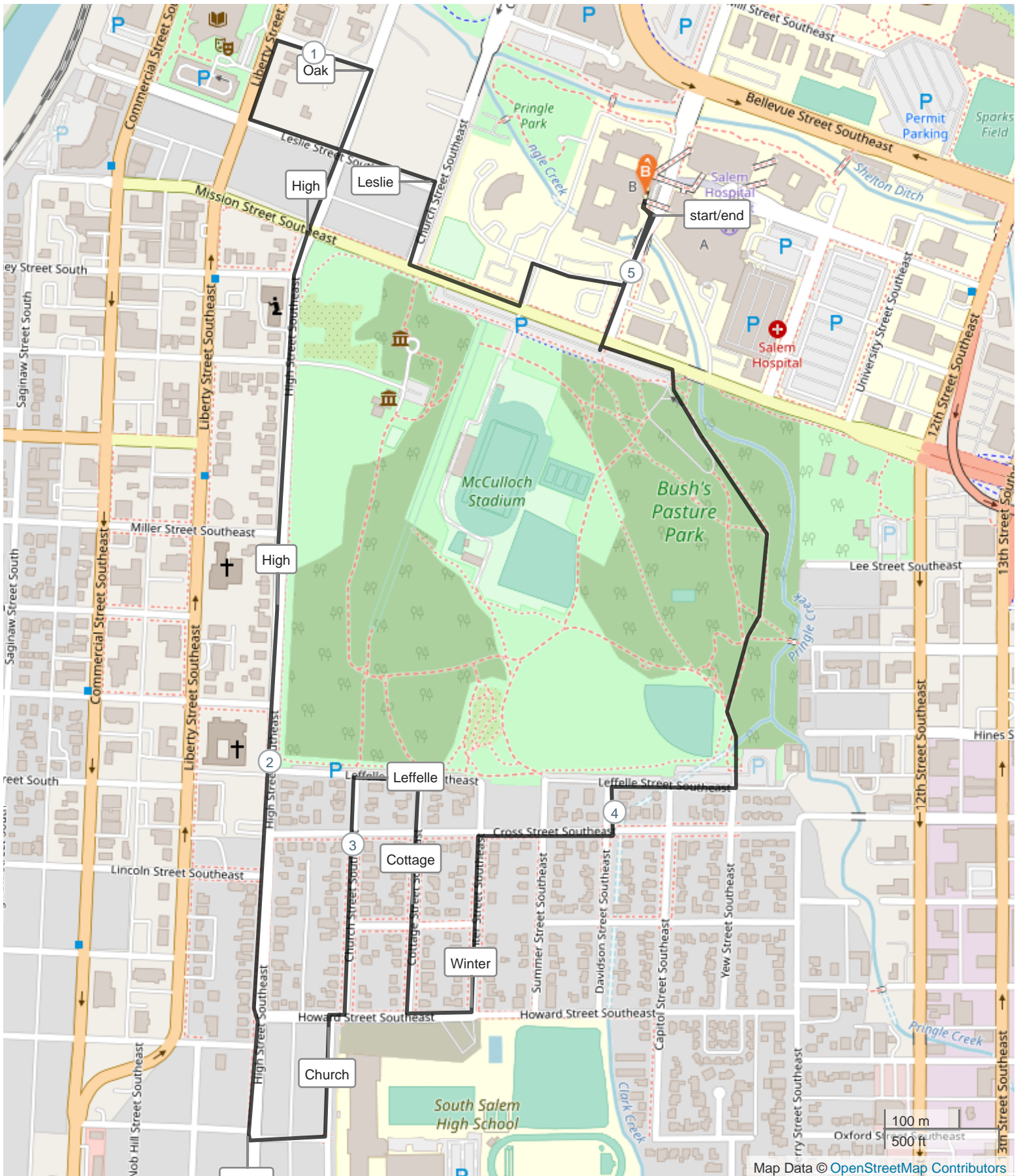
Area south of Mission was formerly outside Salem’s city limits and was a suburb for large estates and farms with fruit trees. Development was slow until the early 20th century when it was annexed by Salem in 1903. Many of these houses were built in the early 1900s. Gaiety Hill residences date from 1920s.

Salem Hospital Rehabilitation Center was built on land for the Oregon School for the Blind. Historic signs by the adaptive playground give School’s history. Salem Hospital expansion and widening of Pringle Parkway/Bellevue removed the University Addition (1878) of houses east of Winter to 12th.

The club’s cabinet in Bldg B of Salem Hospital is not accessible during COVID. The Waterways YRE also starts from Bldg B. The Seasonal, Minto-Brown Island Park, starts at the Park but when the cabinet is accessible, registration can be done at the cabinet. All the club’s walks are OSB’s which allows registering on-line at [www.my.ava.org](http://www.my.ava.org) to obtain walking directions and paying on-line.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

# 2022 Old South Salem 5k



<b>2026 AVA CHALLENGES</b>	<b>Old South Salem 10K</b>	<b>Old South Salem 5K</b>
<b>PAR FOR THE COURSE</b>	Playgrounds/ Baseball Bush Pasture Park	Playgrounds/Baseball Bush Pasture Park
<b>STATE CAPITALS</b>	Salem	Salem
<b>Step to the Beat</b>	The Rose Marie Marsh Center for Movment & Music	
<b>Anniversaries Hurrah</b>	Clubs 40th Anniversary	Clubs 40th Anniversary
<b>2026 OTSVA CHALLENGES</b>		
<b>GALLERY</b>		
<b>GARDENS</b>	Bush Pasture Park	Bush Pasture Park
<b>GARGOYLE/GNOME</b>		
<b>GAZEBO</b>	Bush Pasture Park	Bush Pasture Park
<b>HIGH SCHOOLS</b>	South Salem High	South Salem High
<b>HISTORIC HOUSES</b>	High St.	High St.
<b>HOSPITALS</b>	Salem Hospital	Salem Hospital
<b>ITALIAN</b>	325 High St. Gamberettis	
<b>JUSTICE (COURTS LAWYERS, Etc)</b>	515 High - law offices	515 High - law offices
<b>NATURE</b>	Wood Chip Paths	Wood Chip Paths
<b>NOODLES</b>	1865 High -- The Big Noodle truck	1865 High -- The Big Noodle truck
<b>OVERLOOKS</b>	Crest Dr view including Capitol Pioneer statue	
<b>PALM TREES</b>	Crest St. Traffic Circle	
<b>PARKS</b>	Bush Pasture Park	Bush Pasture Park
<b>PEDESTRIAN BRIDGES</b>		
<b>PLAYGROUND STRUCTURES</b>	Bush Pasture Park	Bush Pasture Park
<b>ROSES</b>	Bush Pasture Park	Bush Pasture Park
<b>STATUES</b>	George Arthur Powell Meditation Garden	
<b>Victorian</b>	Several home along trail	Several home along trail
<b>TaXes/Tax Prep</b>	CPA frim brown house @ 537 High	CPA frim brown house @ 537 High
<b>X-Ray</b>	Salem Hospital	Salem Hospital
<b>Zones - Hospital, School</b>	South Salem High school 1910 Church	South Salem High school 1910 Church
<b>2026 ESVA CHALLENGES</b>		
<b>Historic Train Station</b>		
<b>Strolling Along the Rivers</b>	Cross Pringle Creek on Winter St.	Cross Pringle Creek on Winter St.
<b>THAT'S ENTERTAINMENT</b>		
<b>Cultural</b>	The Rose Marie Marsh Center for Movment & Music	
<b>Fair Grounds</b>	2K Option	
<b>Tell Me A Story</b>	Salem Public Libray 585 Liberty, 445 Leslia, 1725 Winter, 2650 High	Salem Public Libray 585 Liberty, 445 Leslia, 1725 Winter