

Rhinebeck NY -- 5 and 10 K Walks

There are two walks available. The 5K walk and 10K walk are both rated **1A**

Starting Point: **Parking Lot behind** Beekman Arms
6387 Mill St.
Rhinebeck, NY 12572

Phone: 845-876-7077

The hotel is open dawn to dusk. Park in the town parking lot behind the Beekman Arms Inn, which you can enter from W Market St. Your best bets for finding restrooms on the walk are in the Beekman Arms and at the gas stations on Route 9 and Market Street. There are many restaurants near the center of town, the major intersection of East and West Market St, Mill and Montgomery St. For your safety, please remember to walk facing traffic on road shoulders when there are no sidewalks. Be very careful crossing the streets, especially those without lights and crosswalks. Rhinebeck's sidewalks are very uneven. Watch where you are going, especially in winter!

DIRECTIONS TO START: Rhinebeck is located in eastern New York State, just east of the Hudson River, approximately 60 miles south of Albany and approximately 100 miles north of New York City.

From the North: I-87(Adirondack Northway) South to Exit 21 towards Catskill Rt 23. At end of ramp left onto Rt23B toward Rip Van Winkle Bridge. Left onto Rt 23 East over bridge to roundabout. Take first exit off roundabout Rhinebeck-Hudson Rd (Rt 9G S). Continue on Rt 9G for approximately 10 miles to ramp on right for Rt 308 East. Continue on Rt 308 south then west as it becomes East Market St. Continue on East Market (Rt 308) into Rhinebeck. After crossing intersection with Mill St/Montgomery St (US 9) take next left into Parking Lot behind Beekman Arms Inn.

From the South: Take Taconic State Parkway north to ramp for Bulls Head Rd(CR19). Left onto Willow Brook Rd for a short distance, then left on Bulls Head Rd (CR19). Continue on this road as it becomes Slate Quarry Rd.(CR19) and continue to T intersection with Rt 9G. Right on Rt 9G to Y intersection with Violet Hill Rd. Bear left onto Violet Hill Rd to T intersection with Rt 308. Left on Rt 308 as it becomes E Market St. Continue on East Market into Rhinebeck. After crossing intersection with Mill St/Montgomery St(US 9) take next left into Parking Lot behind Beekman Arms Inn.

From the East: I-90 West to towards Albany. Continue on I-90 W to Exit B2 toward Taconic State Parkway (Rt 295). Take Taconic State Parkway south to exit for Rt 199. At end of ramp, bear right onto Rt 199 West. Continue on Rt 199 W to Y intersection with Rt 308. Bear left onto Rt 308. Continue on Rt 308 into Rhinebeck. After crossing intersection with Mill St/Montgomery St(US 9) take next left into Parking Lot behind Beekman Arms Inn.

From the West: Take State Route 28 (Rt 28) east to interchange with US 209 North (Clayton "Peg Leg" Bates Memorial Hwy) Continue on US 209 North towards Kingston-Rhinebeck Bridge. US 209 curves east and becomes Rt 199 east towards bridge. After bridge turn right onto River Rd. (CR-103). Sharp right onto Rhinecliff Rd. Rhinecliff Rd becomes West Market St (Rt 308). After crossing Garden St, look for entrance to Beekman Arms Inn on right, Entrance is just before traffic light intersection with Montgomery St/Mill St (US 9). Right into Beekman Arms parking lot. **ALTERNATE:** Take I-87 from the north or south to Exit 21 and follow **Directions from the North.**

Course Description: Rhinebeck is a picture-book village nestled in the rolling hills of the scenic Hudson Valley. The town comprises one of the largest districts of historic homes. Yesterday's treasures, alive and well in today's world. The Sepasco Indians inhabited this wooded and fertile land long ago before Rhinebeck was founded in 1686 when five Dutchmen purchased 2,200 riverside acres from the Sepasco and Esopus Indians. The original village consisted of a mill, blacksmith shop, church, and tavern, the Bogardus Tavern, which later became the Beekman Arms. In 1697, Judge Henry Beekman obtained a royal patent for the lands adjacent to the Dutchmen's settlement. Your walk through Rhinebeck will show you many historic homes.

These maps & directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

For immediate emergency assistance call 911.

Event Related Assistance: POC: Larry Godshalk Ph: 518-878-4596

Rhinebeck NY -- 5K Walk -- Rated 1A

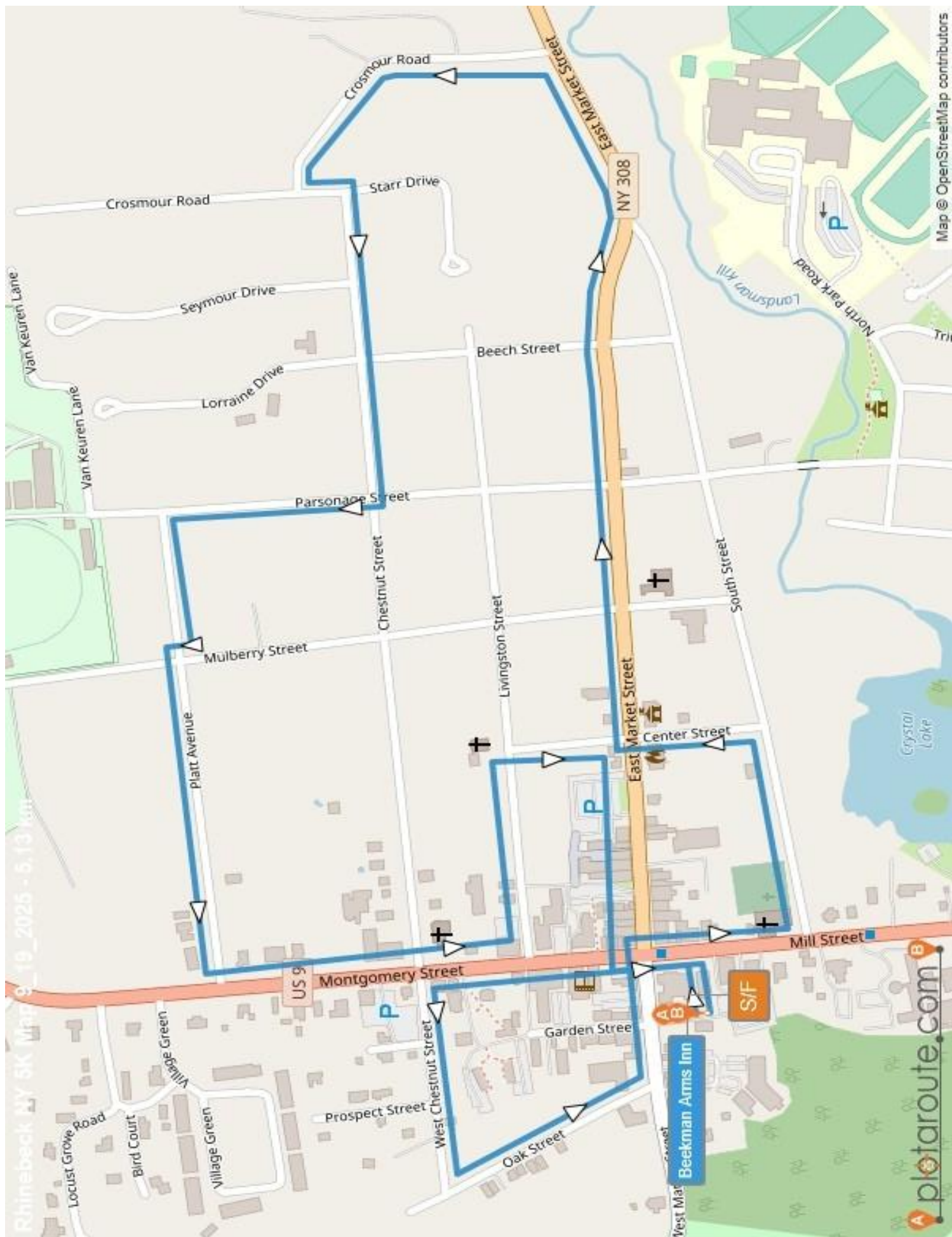
1. From the parking lot head towards Mill St(US-9) walking on the path between the Beekman Arms on your left and the post office on your right.
Note the NYS Historical Sign about Bogardus Land Training Ground for the Revolutionary War. (SP: Anniversary Hurrah!)
2. **LEFT** on Mill St(US-9) walking in front of the Beekman Arms to traffic light at W Market St. INFO A
3. **CROSS** W Market St at the traffic light. Mill St(US-9) becomes Montgomery St(US-9).
4. **CONTINUE** on Montgomery(US-9) to Chestnut St. INFO B
5. **LEFT** on Chestnut uphill to "T" intersection with Oak St.
6. **LEFT** on Oak to W Market St.
7. **LEFT** on W Market back to intersection with Mill St/Montgomery St(US-9). INFO C
8. **CROSS** Montgomery(US-9) then **immediate RIGHT** to **cross** E Market St. using crosswalks. You are now on the left side of Mill St (US-9).
9. **CONTINUE** on Mill(US-9) to South St. INFO D
10. **LEFT** on South St to Center St.
11. **LEFT** on Center to E Market St.
12. **CAREFULLY CROSS** E Market and **immediate RIGHT** to **cross** Center St. You are now on the left side of E Market St.
Note the Town Hall on this corner which houses the Town Justice Court and the Fire/Police Station on another corner.
13. **CONTINUE** on the left side of E Market St. as road bears left to Crosmour Dr.
Note gas station with restrooms on right.
14. **LEFT** on Crosmour Dr. to "T" intersection with Starr Dr(left, no street sign)/Crosmour Rd(right).
15. **LEFT** on Starr Dr.(no street sign) to Chestnut Dr.
16. **RIGHT** on Chestnut to N Parsonage St. *No sidewalk for a while, so walk on left side of street facing traffic.*
17. **RIGHT** on N Parsonage to Platt Ave. INFO E
18. **LEFT** on Platt to Mulberry St.
19. **RIGHT crossing** Platt then **immediate LEFT crossing** Mulberry and continue down sidewalk on right side of Platt.
20. **CONTINUE** on Platt to "T" intersection with Montgomery St. INFO F
21. **LEFT** on Montgomery to Livingston St.
At the corner of Montgomery and Chestnut is the Episcopal Church of the Messiah. Note the gargoyles on the corners of the church. (SP: Walking With the Wild Things) INFO G
22. **LEFT** on Livingston to Center St.
23. **RIGHT** on Center to E Market St.
24. **RIGHT** on E Market to Montgomery St(US 9).
Note Veterans Memorial on the right. (SP: Walking With America's Veterans) INFO H
25. **CROSS** Montgomery(US-9) and **immediate LEFT** to **cross** W Market St.
26. **RIGHT** on W Market for a short distance to Parking Lot and Start Point on your left.

SPECIAL PROGRAMS		
Anniversary Hurrah!	Walking With the Wild Things	Walking With America's Veterans
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Rhinebeck NY -- 5K Walk -- Rated 1A

AFTER YOUR EVENT: Be sure to log back into the OSB system to 'finish/complete' your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable Special Programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying-for-credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Rhinebeck NY -- 5K Walk -- Rated 1A



Rhinebeck NY -- 10K Walk -- Rated 1A

1. From the parking lot head towards Mill St(US-9) walking on the path between the Beekman Arms on your left and the post office on your right.
Note the NYS Historical Sign about Bogardus Land Training Ground for the Revolutionary War. (SP: Anniversary Hurrah!)
2. **LEFT** on Mill St(US-9) walking in front of the Beekman Arms to traffic light at W Market St. INFO A
3. **CROSS** W Market St at the traffic light. Mill St(US-9) becomes Montgomery St(US-9).
4. **RIGHT crossing** Montgomery St(US-9) and **continue** on left side of what is now East Market St. to N Parsonage St.
Note Veterans Memorial on the left. (SP: Walking With America's Veterans)
5. **CROSS** N Parsonage then **immediate LEFT** to walk up the right side of N Parsonage to Livingston St.
6. **LEFT** on Livingston to its end at Montgomery St.(US-9)
7. **RIGHT** on Montgomery(US-9) to Chestnut St.
At the corner of Montgomery and Chestnut is the Episcopal Church of the Messiah. Note the gargoyles on the corners of the church. (SP: Walking With the Wild Things) INFO G
8. **RIGHT** on Chestnut to Mulberry St.
9. **CROSS** Mulberry then **immediate LEFT** to **cross** Chestnut and **continue** walking up the right side of Mulberry to Platt Ave.
10. **RIGHT** on Platt to N Parsonage St. INFO I
11. **RIGHT** on N Parsonage to Chestnut St.
12. **CROSS** Chestnut then **immediate LEFT** to **cross** N Parsonage and **continue** on the right side of Chestnut to its end at Crosmour Rd(left)/Starr Dr.(right, no street sign).
13. **LEFT** for a short distance then **RIGHT** on Crosmour Dr.
14. **CONTINUE** on Crosmour Dr to its end at E Market St. (Rt 308) (no street sign) **CAUTION Crosmour is a country road with no sidewalks and narrow shoulders so walk on the left side where possible and be alert for approaching traffic from either direction.**
15. **RIGHT** on East Market (Rt 308). You will pass a gas station with rest rooms on the left side of East Market Street. If using the gas station facilities **CAREFULLY CROSS** E Market St (Rt 308)
16. **CONTINUE** on either side of E Market St (Rt 308) to Mulberry St.
17. **LEFT** on Mulberry St.(also labeled Monsignor John T Joy Plaza) to its end at South St.
18. **LEFT** on South St to blinking light intersection at S Parsonage St.
19. **RIGHT crossing** South St and **continue** on the right-side S Parsonage to N Park Rd.
20. **LEFT crossing** S Parsonage and **continue** on the left side of N Park to Arnett Rd. Note Park and playground on your left. (SP: Par for the Course)
21. **RIGHT crossing** N Park onto Arnett and **continue** down the left side of Arnett to Knollwood Rd.
22. **LEFT** on Knollwood to Manor Rd.
23. **LEFT** on Manor to its end at Somers Dr.

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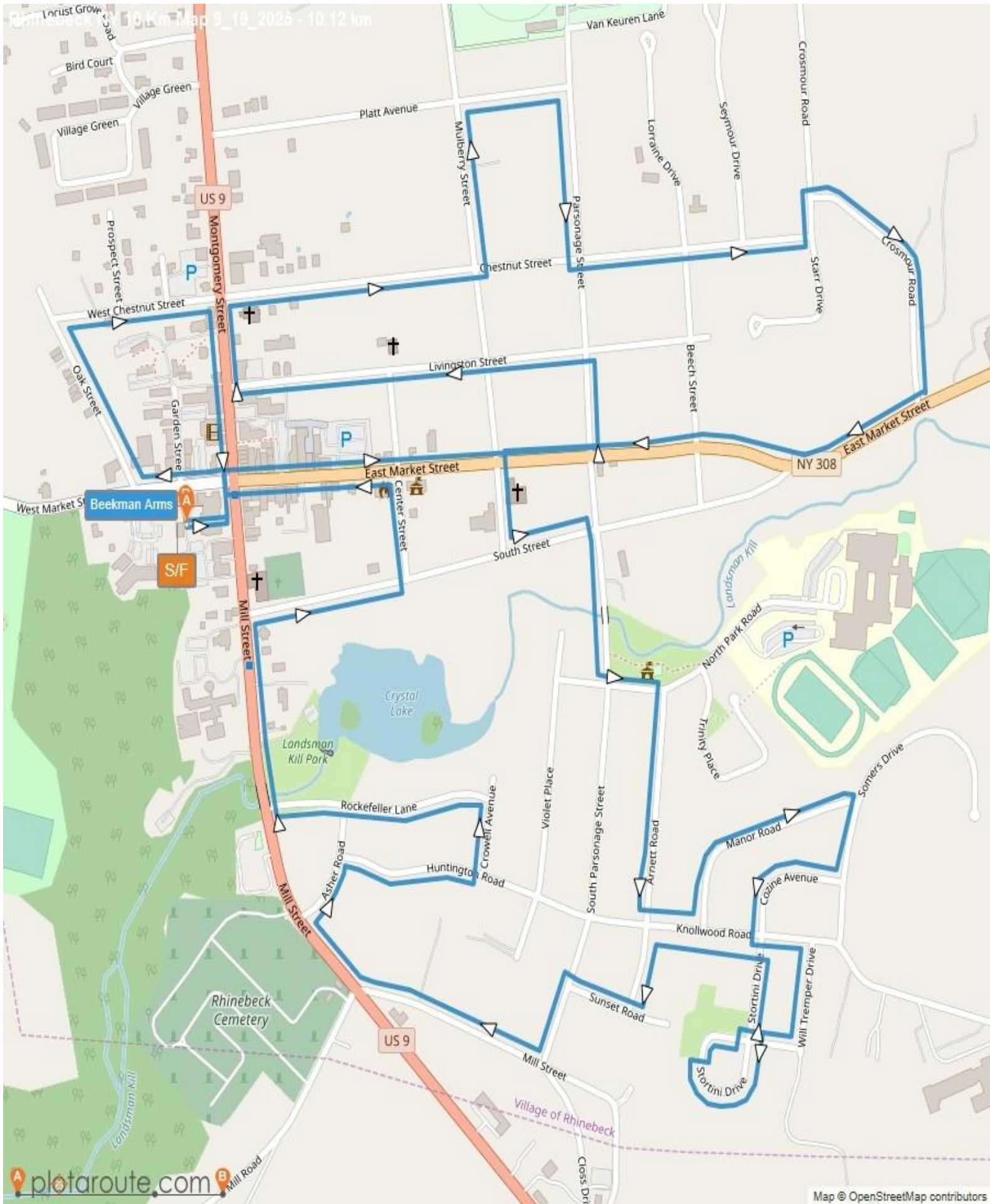
Rhinebeck NY -- 10K Walk -- Rated 1A

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| <p>24. RIGHT on Somers to Cozine Ave.</p> <p>25. RIGHT on Cozine to Knollwood Rd.</p> <p>26. CROSS Knollwood then immediate LEFT continuing down the right side of Knollwood to Will Tremper Dr.</p> <p>27. RIGHT on Will Tremper to first street on right, Carolina Dr. (no street sign)</p> <p>28. RIGHT on Carolina to next intersection, Stortini Dr.(no street sign)</p> <p>29. LEFT on Stortini and continue on street as it circles back around to intersection with Carolina Dr.</p> <p>30. CROSS intersection then LEFT to continue down right side of Stortini to Knollwood Rd.</p> <p>31. LEFT on Knollwood to Arnett Rd.</p> <p>32. LEFT on Arnett to its end at Sunset Rd. (no street sign)</p> <p>33. RIGHT on Sunset to S Parsonage St.</p> <p>34. CROSS S Parsonage then LEFT to continue on the right side of S Parsonage to Mill St.</p> <p>35. RIGHT on Mill to Y intersection. Bear right as Mill St becomes Mill St(US-9).</p> <p>36. CONTINUE on Mill St(US-9) to Asher Rd. <u>INFO J</u></p> <p>37. RIGHT on Asher to Huntington Rd.</p> <p>38. RIGHT on Huntington to Crowell Ave.</p> | <p>39. LEFT on Crowell to Rockefeller Lane.</p> <p>40. LEFT on Rockefeller to its end at Mill St(US-9).</p> <p>41. RIGHT on Mill (US-9) to South St. You will cross over Landsman's Kill on a little foot bridge. Note the NYS Historical Marker.</p> <p><i>The "kill" (Dutch for a body of water, often a stream), whose waters operated the mills of Montgomery, Morgan, Lewis, Livingston, and many others.</i></p> <p>42. RIGHT on South St to Center St. <u>INFO D</u></p> <p>43. LEFT on Center to E Market St.</p> <p><i>On the corner of E Market and Center are the Village Police Department, Fire Department, Village offices, and the Court.</i></p> <p>44. LEFT on E Market to Mill St(US-9). <u>INFO K</u>, <u>INFO H</u></p> <p>45. CROSS Mill St(US-9) then immediate RIGHT to cross W Market St.</p> <p>46. LEFT to continue down right side of W Market to Oak St. <u>INFO C</u></p> <p>47. RIGHT on Oak to W Chestnut St.</p> <p>48. RIGHT on W Chestnut to Montgomery St(US-9). <u>INFO B</u></p> <p>49. RIGHT on Montgomery(US-9) to W Market St.</p> <p>50. CROSS W Market and then immediate RIGHT for a short distance to Parking Lot and <u>Start Point</u> on your left.</p> |
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SPECIAL PROGRAMS	
Anniversary Hurrah!	Walking With America's Veterans
Walking With the Wild Things	Par for the Course

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Rhinebeck NY – Points of Interest

- A. *You are standing at White Corner, built in 1818. There is a historical sign at the corner you are at. Across West Market Street is the world famous “Beekman Arms” - America's oldest continuously operated inn. It is a large clapboard and brick hotel with Federal and Colonial Revival features. In 1766 Arent Traphagen relocated his father’s Traphagen Tavern (located in what was then called “Ryn Beck”) to the town crossroads, where the old King’s Highway intersected the Sepasco Trail, winding its way down to the river. Later to become the Beekman Arms (Known in Revolutionary Times as Bogardus Tavern), it has been here at the center of Rhinebeck ever since. It can boast of many prominent guests. In July 2010, many guests of Chelsea Clinton stayed here at her wedding held nearby, as well as hosting cocktail and after-dinner parties. Old documents and artifacts are exhibited throughout the hotel.*
- B. *#6433 Montgomery St. Note on your left, past the Foster’s Restaurant, the Delamater House. It is one of the architectural jewels of the Hudson Valley, was designed and built by Alexander Jackson Davis for Henry Delamater, founder of the First National Bank of Rhinebeck. Although it was built in 1844, the house is in an excellent state of preservation and remains one of the few early examples of American Gothic residence still in existence. Davis designed many State Capitol buildings as well as mansions, the most famous of which is Lyndhurst in Tarrytown.*
- C. *#20-22 W. Market St. c. 1858 -- Two-story commercial Structure, bracketed style, decorative brackets on façade. Originally Rhinebeck Firehouse (Rhinebeck Firehouse (Relief Hook and Ladder Company #1, c.1870)), presently a commercial building.*
- #1 Beekman Square, c. 1766 -- The Beekman Arms - America's oldest continuously operated hotel. Large clapboard and brick hotel with Federal and Colonial Revival features. In 1766 Arent Traphagen relocated his father’s Traphagen Tavern (located in what was then called “Ryn Beck”) to the town crossroads, where the old King’s Highway intersected the Sepasco Trail, winding its way down to the river. Later to become the Beekman Arms (Known in Revolutionary Times as Bogardus Tavern), it has been here at the center of Rhinebeck ever since. It can boast of many prominent guests. Old documents and artifacts exhibited throughout the hotel.*
- D. *#1 South Street -- Reformed Dutch Church, 1808. Large Federal style church of brick on south and west sides, and stone on the other sides, with fanlight above the doors; bell tower and clock. First church built in the Village of Rhinebeck. Attended by Judge Robert Livingston and his wife, Margaret Beekman and their children, a noted local and national historic family. Behind the church and along South St. is a graveyard containing forty-three American Revolutionary war veterans.*
- E. *North Parsonage Street – at the end of the street, you can view the Dutchess County Fairgrounds; the particular area you are looking at is the horse stables and track, and as you walk down Platt Avenue, you’ll also see on your right the grandstand. The Dutchess County Fair runs for 6 days each August, attracting ½ million patrons. It is over 160 years old and is the second largest county fair in New York State. The fairgrounds themselves contain over 160 acres of finely manicured gardens and grass and also host other various events throughout the year such as auto shows, antique shows, and the like.*
- F. *At the end of Platt (at US Route 9) on your right, you’ll see the Rhinebeck Montessori School. This handsome colonial-looking building was built in 1965 and was originally the Rhinebeck Masonic Temple. The Masonic Lodge in Rhinebeck dates to 1813 and their original meetings were held in, among other locations, in the Beekman Arms.*
- G. *#6439 Montgomery Street -- Church of the Messiah, 1896. Large stone church in Gothic Revival style. This Episcopal congregation included members of the Astor and Delano families, as well as Levi Parsons Morton, U. S. vice-president under Harrison. Money was not spared in its construction.*
- #6426 Montgomery Street -- Former Baptist church, 1823 and 1890. (Terrapin Restaurant, corner of Livingston Street.) Founded in 1821 by Robert Scott, headmaster of Scott School in the village. Small Federal style chapel, north part of church was the original structure. Large shingle style addition, built in 1890, Queen Anne mode. Housed early telephone and telegraph office.*
- H. *East Market Façade -- Three-story and two-story commercial structures on the south side of East Market Street at Route 9 with decorative cast iron lintel, Italianate influence, and heavy bracketed cornices. This row of buildings replaced early structures destroyed in the big fire of May 8, 1864.*

Rhinebeck NY – Points of Interest

- I. *On your left, see the Dutchess County Fairgrounds. The Dutchess County Fair runs for 6 days each August, attracting ½ million patrons. It is over 160 years old and is the second largest county fair in New York State. The fairgrounds themselves contain over 160 acres of finely manicured gardens and grass and it hosts other various events throughout the year such as auto shows, antique shows, and the like.*
- J. *The Rhinebeck Cemetery. -- As you walk north on Mill Street (US-9), across the street is the Rhinebeck Cemetery. Although it is not part of this walk, you may wish to visit the cemetery as it is of historical interest. If so, **be careful** crossing Route 9! Resting here are family members of many of the original Dutch residents: Kipp, VanEtten, VanWagenen, Kierstead, as well as Palatine Germans: Ackert, Suppery, Rikert, Traver. Nestled on the hill under the pines trees at the west end of the cemetery rests the cemetery's most famous personage. In the fenced family plot lies Levi P. Morton, vice-president (1889–1893) of the United States under Benjamin Harrison, who accepted the Statue of Liberty while in position as minister to France, and Governor of New York. At the north end of the cemetery, just before the grassy path that exits the cemetery onto Route 9, there is the Armstrong family mausoleum. Here lies Colonel Henry B. Armstrong, 1812 War veteran, grandson of Margaret Beekman.*
- K. *#51 E. Market St. c. 1850. -- Originally a livery stable with service to the Rhinecliff dock and train station (located west of the village on the shore of the Hudson River). Housed early telephone and telegraph office.*