



Tarrant County Walkers

Welcomes you to

Downtown Fort Worth
AVA Sanctioned Year-Round Event

This walk, starting and ending at the Sheraton, is composed of 5km and 10km routes. The routes, rated 2A, are along city streets. Takes you through downtown with its rich architecture and western history. It includes the Fort Worth Water Gardens, Sundance Square, Bass Performance Hall and the new campuses of Tarrant County College.

WALK REGISTRATION:

Please use the Online Start Box (OSB) to register and complete the event.

WALK COMPLETION AND WALK CREDIT:

Once you have physically completed the walk, login to your Oline Start Box account. Click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped insert cards that you may choose to print out.

DRIVING DIRECTIONS TO START POINT:

Sheraton Ft. Worth-1701 Commerce, 76102. W on I-30. Exit Henderson, right to Lancaster, right to Commerce, left on Commerce. Sheraton on the right. Parking on street at meters.

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Downtown Fort Worth 10K directions

1. Leaving the Sheraton, **Right** on Commerce St.
2. **Left** at the traffic light crossing Commerce St.
3. **Bear Left** and enter the Water Gardens.
4. Walk towards the Water Garden Map and **bear Left**, passing the Aerated pool on your right.
5. **Left** at Central Square-go up the steps to view Active Pool.
6. Turn around and cross Central Square towards the Quiet Pool.
7. Go down the stairs and walk to the far end of the Quiet Pool.
8. Take the stairs on your left and return to street level
9. **Left** on Houston and cross W. Lancaster Ave.
10. **Left** on Lancaster and walk to the Al Hayne Memorial to the 1890 Spring Palace Fire.
11. Return to Lancaster and turn **Left**.
12. At Houston turn **Left** and walk across Parking lot towards the Texas and Pacific Lots building (restrooms at back of building at the TRE passenger station).
13. Facing the T&P, turn **Right** and walk toward the Post Office -building with green roof.
14. Go up the steps and enter the lobby of the Post Office. (No photos please).
15. Go straight through and exit building. At the light at Jennings Ave., cross Lancaster, 13th, Texas and 12th.
16. **Right** on 12th to Throckmorton St.
17. **Left** on Throckmorton and use crosswalks to cross both Jennings and 10th St.
18. **Right** on 9th to small park (Hyde Park) with the FW Panther. Circle Panther, exciting on 9th St.
19. **Right** on 9th to Houston.
20. **Left** on Houston crossing 8th.
21. **Left** on 7th St-cross Throckmorton, Taylor, Lamar to Burnett Plaza.
22. Head towards large Silver Cutout Sculpture.
23. **Left** at sculpture and walk thru park to 10th St. (US Courthouse across the street).
24. **Right** on 10th to Cherry St.
25. **Left** on Cherry, crossing 10th and Texas St.
26. **Right** on Texas St.-cross Macon, Florence, Henderson.
27. **Left** on Henderson.
28. **Right** (prior to Lancaster) on steps to the Masonic Temple.
29. **Bear Left** in front of the Temple to first sidewalk prior to Lancaster Ave.
30. **Right** on sidewalk crossing Collier St., Ballinger St., and Summit Ave.
31. Go up the steps to Quality Hill.
32. **Right** towards 2 historic homes to Penn St. (Ball-Eddleman McFarland and Pollock-Capps).
33. Continue Penn St. to 7th St. (after you pass Presbyterian Church, **turn left** to view Labyrinth alongside of Church. Return to Penn St.)
34. **Right** on 7th—cross Henderson
35. Left on Henderson-cross and **Right** on 5th.
36. Follow the sidewalk in front and side of First United Methodist Church. Side is on 4th St.
37. Cross and **Left** on Burnett St.
38. Cross and **Right** on 3rd. St.
39. **Left** on Throckmorton and Cross W. Weatherford and W. Belknap St. (M&O Subway Museum on left at 300 Throckmorton).
40. **Left** on Belknap to Tarrant County College Trinity River Campus.

41. **Bear Right** on the path walking down the steps. Along the water flow to a tunnel through the wall.
42. **Right** through the tunnel under the water fall and continue path to Taylor St.
43. **Right** on Taylor to Belknap St.
44. **Left** on Belknap St. and continue across Commerce.
45. After crossing Commerce, just past the first building, turn Left and walk down the steps. (TCC Trinity River East Center for Health Care Professionals.
46. At bottom of the steps, (facing the water flow) turn **Left** and walk to the bottom banister.
47. Turn around and retrace steps walking under Belknap and up the steps to E. Weatherford St.
48. **Right** on Weatherford and cross Commerce to Main St.—Look left to see Panther sculpture in park.
49. Continue on Weatherford to Houston.
50. **Left** on Houston.
51. **Left** on 4th St.
52. **Left** on Main St. through Sundance Square (Chisholm Trail mural)
53. Use the **right** crosswalk to cross 3rd St. and continue the **right** side of Main. (Sid Richardson Western Museum on right. Open 9-5 Free admission)
54. **Right** on 2nd and cross Commerce St.
55. **Right** on Commerce.
56. **Cross and right** on 4th St. (Bass Performance Hall)
57. **Left** on Main and cross 5th through 9th streets. JFK marker.
58. **Left** on 9th St and continue across Jones St.
59. **Right** on Jones to the University of Texas at Arlington Ft. Worth Center.
60. Bear **Left** to the steps leading towards the rear of the University Building.
61. Go up the steps, follow the porch along the back. At the end walk towards the restored Santa Fe Depot building in front of you.
62. Return to Jones at 14th and cross Jones.
63. 14th St. to Calhoun St.
64. Cross and **Left** on Calhoun St.
65. **Right** on E. Lancaster Ave.
66. **Right** on Commerce back to Sheraton Hotel.

Event Related Assistance:

Brooke Hudson 817-944-5191

Emergency: Dial 911

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These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

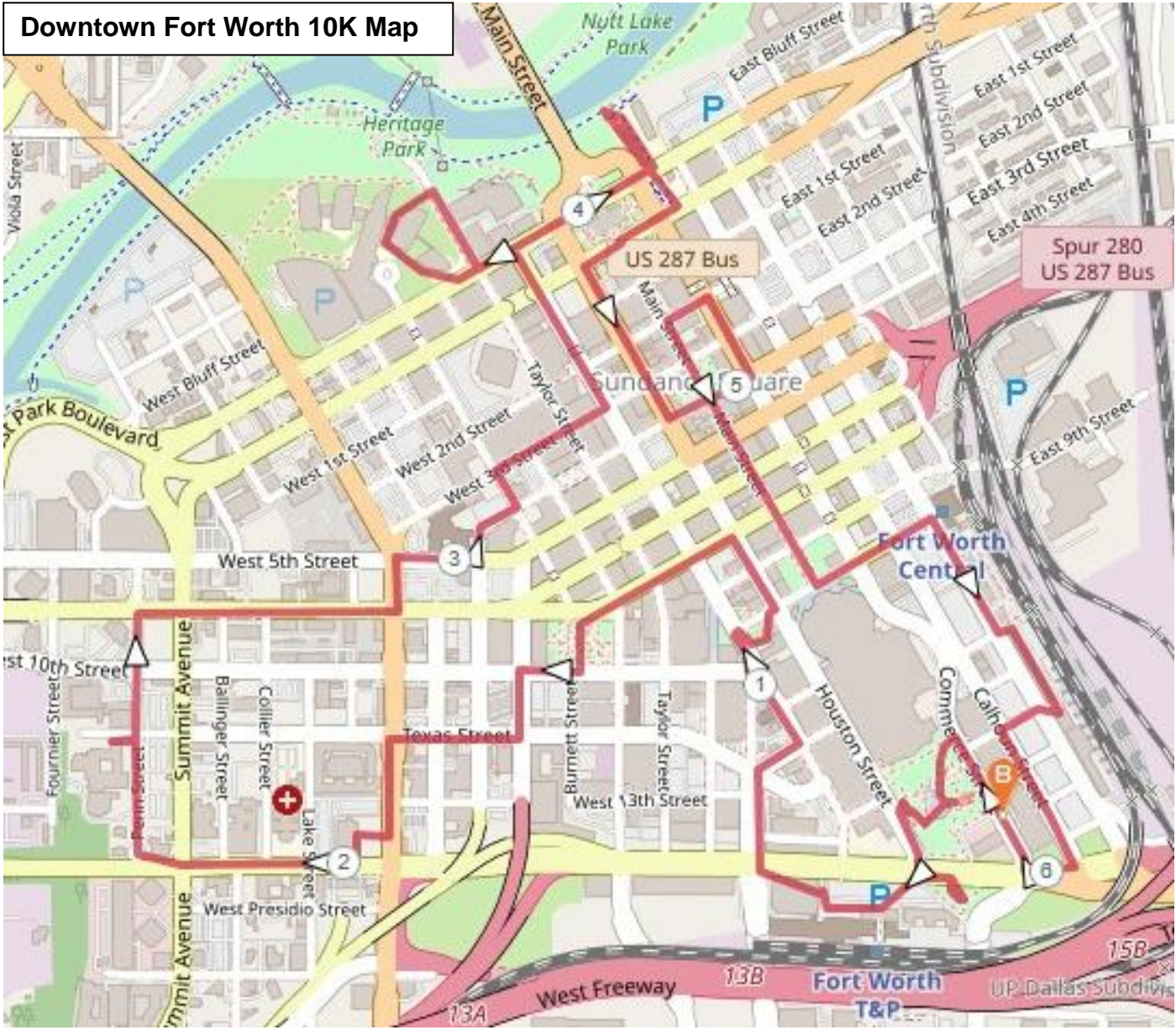
Downtown Fort Worth 6k directions

1. Exit the Sheraton and **RIGHT** on Commerce.
2. **LEFT** at 14th St. crossing Commerce.
3. Bear **LEFT** and enter the Water Gardens.
4. Walk towards the Water Gardens Map and bear **LEFT**, passing the Aerated pool on Right.
5. **LEFT** at Central Square -go up the steps to view Active pool.
6. Turn around and cross Central Square towards the Quiet Pool.
7. Go down the stairs and walk to the far end of the Quiet Pool.
8. Take the stairs on your left and return to street level-Houston Street.
9. **LEFT** on Houston (no sign) and cross W. Lancaster Ave.
10. **LEFT** on Lancaster and walk to the Al Hayne Memorial to the 1890 Spring Place Fire.
11. Return to Lancaster and turn **LEFT**.
12. At Houston St. turn **LEFT** and walk across parking lot towards the Texas and Pacific Lofts building. (Restrooms in back at the TRE passenger station)
13. Facing the T&P, turn **RIGHT** and walk towards the Post Office-building with green roof.
14. Go up the steps and enter the lobby of the Post Office. (No photos please).
15. Go straight through and exit building. At the light at Jennings Ave, cross Lancaster.
16. Continue on Jennings. Crossing 13th, Texas St. and 12th St.
17. **RIGHT** on 12th to Throckmorton St.
18. **LEFT** on Throckmorton St.
19. **LEFT** at 10th St. **RIGHT** into Burnett Park to cutout sculpture (Man with a Briefcase).
20. Continue to closest Street (7th St.).
21. To safely cross 7th, turn **RIGHT** to light at Lamar.
22. **Cross** 7th at Lamar and turn **LEFT** on 7th St. to Burnett St.
23. **RIGHT** on Burnett, crossing 6th, 5th, 4th, and 3rd.
24. **RIGHT** on 3rd.
25. **LEFT** on Throckmorton (at 300 visit the FW train/trolley museum)
26. **Cross and RIGHT** on Belknap.
27. **CROSS** Commerce St. and **LEFT** on first path-walk down the steps. This the new Tarrant County College for Healthcare Professions.
28. Follow path to overlook of the Trinity River.
29. Turn around at overlook with the water feature on your left. Follow path under Belknap and up the steps to E Weatherford St.
30. **RIGHT** on Weatherford St.
31. **LEFT** on Houston.
32. **LEFT** on 4th.
33. **LEFT** on Main St.
34. **CROSS** 3rd (Sid Richardson Western Art Museum-Free-a must to visit).
35. At 2nd, **cross** Main St. and continue on 2nd.
36. **CROSS and RIGHT** on Commerce.
37. **CROSS and RIGHT** on 4th. (Bass Hall).
38. **LEFT** on Main St.
39. **CROSS** 5th, 6th, 7th, and 8th streets (JFK Information)
40. **CROSS and LEFT** on 9th. St.
41. **RIGHT** on Commerce.
42. **CROSS** Commerce at light next to Water Gardens entrance. (May have to cross sooner due to Convention Center construction).
43. **RIGHT** on Commerce to Sheraton and finish.

Walk information: Brooke Hudson 817-944-5191
Emergency: Dial 911
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Downtown Fort Worth 10K Map



Downtown Fort Worth 6K Map

