

**Instructions for  
Dallas Historic & Nature Y1160  
Dallas, Oregon  
5/10 Km, rated 1B**

**Walk Start Location:** Tater's Cafe, 683 SE Jefferson St, Dallas, OR GPS Coords: 44.92293, -123.31572

**Driving Directions:** From OR22 West & OR99W: west on OR223 (becomes Ellendale Ave). Left at traffic light at Kings Valley Hwy. OR223 is then known as Main St. Turn left at Oak from Main and then left on Jefferson. Tater's on the left.

**Park :** Park on near by side streets, look for limited parking time.

**Restrooms:** at the start, in Dallas City Park on West Loop, & in Aquatic Center on East Loop.

“This map and direction may only be used in conjunction with a signed American Volkssport athletic waiver. All other uses are prohibited.”

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**WALK COMPLETION AND CREDIT:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant’s Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user’s Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.

“Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.”

**DALLAS: PARKS, CREEK TRAIL & MORE, 2025, Y1160, 10K, RATED 2A**

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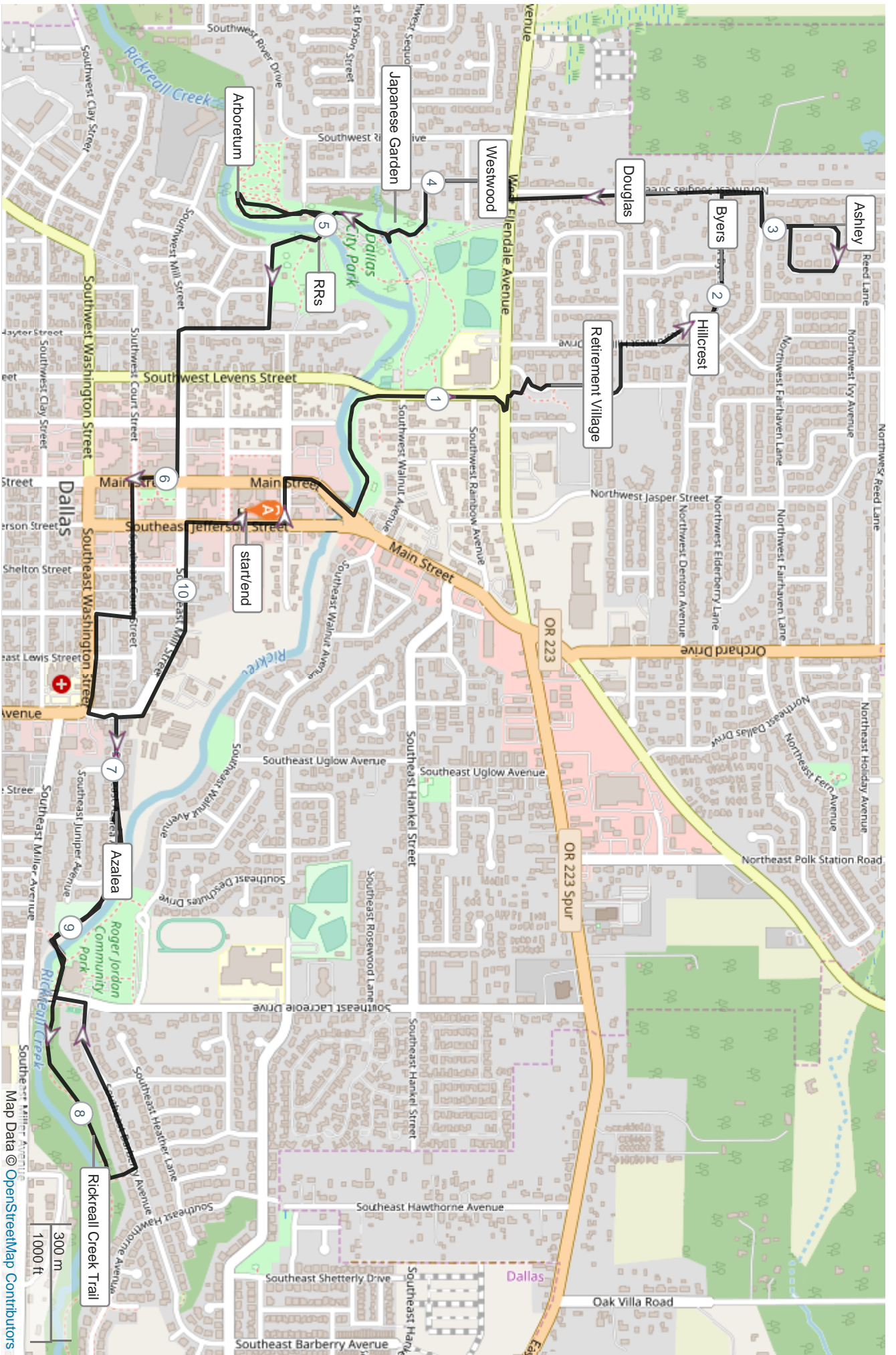
**Emergency: 911; Point of Contact: Julia Westerberg, 541-967-3011**

- 1) **LEFT** when leaving Tater's to walk on Jefferson;
- 2) **LEFT** on Academy (the next street);
- 3) **CROSS & RIGHT** on Main
- 4) **LEFT** to enter Rickreall Creek Trail in the Sgt. Ian M. Tawney Memorial Park;
- 5) **RIGHT** on Levens after leaving the Trail; **1K**
- 6) **RIGHT** on Ellendale, carefully **CROSS** Ellendale at crosswalk and then **LEFT**.
- 7) **RIGHT** on pathway leading to the Dallas Retirement Village Center. **LEFT** at path under the arbor arch, taking you to the driveway & go **RIGHT**;
- 8) **LEFT** on Brentwood where the driveway ends;
- 9) **RIGHT** on Hillcrest which will curve to the Left;
- 10) **LEFT** on Byers to its end at Douglas. **2K** Be on the lookout for a flock of turkeys in this area ;
- 11) **RIGHT** on Douglas;
- 12) **RIGHT** on Denton;
- 13) **LEFT** on Ashley which will curve to the Right;
- 14) **RIGHT** on Eve which curve to the Right;
- 15) **LEFT** on Ashley; **3K**
- 16) **RIGHT** on Denton;
- 17) **LEFT** on Douglas;
- 18) **CAREFULLY CROSS** Ellendale & go **RIGHT** to Westwood Dr;
- 19) **LEFT** on Westwood; **4K**
- 20) **LEFT** on Glen St to its end at City Park;
- 21) Enter the Park and take the path on the Right at the Y. It will end at Brandvold Dr;
- 22) **RIGHT** on Brandvold Dr to the Japanese Garden on the Left. Explore the Garden but then cross the Red Bridge & then **RIGHT** to return to Brandvold;
- 23) **CROSS** Brandvold to continue going straight on the path which will parallel Brandvold and end in the parking lot by the swinging bridge. There are restrooms in the parking lot;
- 23) **RIGHT** to head to the Delbert Hunter Arboretum;
- 24) Enter the Arboretum. **RIGHT** to go to the Flume Trail on the Left by the sign explaining the Flume;
- 25) **LEFT** at the end of Flume Trail to cross the bridge;
- 26) **LEFT** to walk on trail with Rickreall Creek on the Right leading to the Arboretum exit by the pond; **5K**
- 27) **STRAIGHT** to cross the bridge on the Right (careful as the bridge will sway & be slippery);
- 28) **RIGHT** on driveway after passing the restrooms to exit the Park at Allgood St (no sign);
- 29) **LEFT** on Allgood St;
- 30) **RIGHT** on Hayter;
- 31) **LEFT** on Mill St;
- 32) **RIGHT** on Main St; **6K**
- 33) **CROSS & LEFT** on Court St;
- 34) **RIGHT** on Lyle;
- 35) **LEFT** on Washington;
- 36) **CAREFULLY CROSS** Uglow at crosswalk & go **LEFT**;
- 37) **RIGHT** on Azalea; **7K**
- 38) **CONTINUE** on Azalea but after crossing Alderson, go **LEFT** to go on sidewalk bordering Rickreall Creek & go **RIGHT**;
- 39) **LEFT** to cross bridge after passing Dog Park (official name is Central Bark) on Right;
- 40) **RIGHT** on Rickerall Creek Trail passing Aquatic Center (restrooms when open) and using the LaCreole underpass;
- 41) **CONTINUE** on Rickreall Creek (**8K**) to second exit on Left leading to Barberry Ave. Don't take the first exit leading to Pickleball Court (porta potty there). **Option: for an extra 1K, continue on the trail past Barberry exit to its end at Hawthorne. LEFT on Hawthorne and LEFT on Barberry & resume at #41;**
- 42) **LEFT** on Barberry to LaCreole;
- 43) **LEFT** at pickleball court to return to Rickreall Creek Trail and **RIGHT** to use the underpass again;
- 44) **CROSS** the bridge again on the Left;
- 45) **RIGHT** on sidewalk by the Creek on Azalea with Dog Park on the Left; **9K**
- 46) **CONTINUE** on Azalea to Uglow;
- 47) **RIGHT** on Uglow which will end at Mill St;
- 48) **LEFT** on Mill to Jefferson ; **10K**
- 49) **CROSS & RIGHT** on Jefferson to return to Tater's.

**Total: 10.3K**

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

# 2025 Dallas 10K



**DALLAS: PARKS, CREEK TRAIL & MORE, 2022, Y1160, 5K EAST, RATED 1A**

**Willamette Wanderers of Salem & Keizer, Oregon ©2021**

**Emergency: 911; Point of Contact: Julia Westerberg, 541-967-3011**

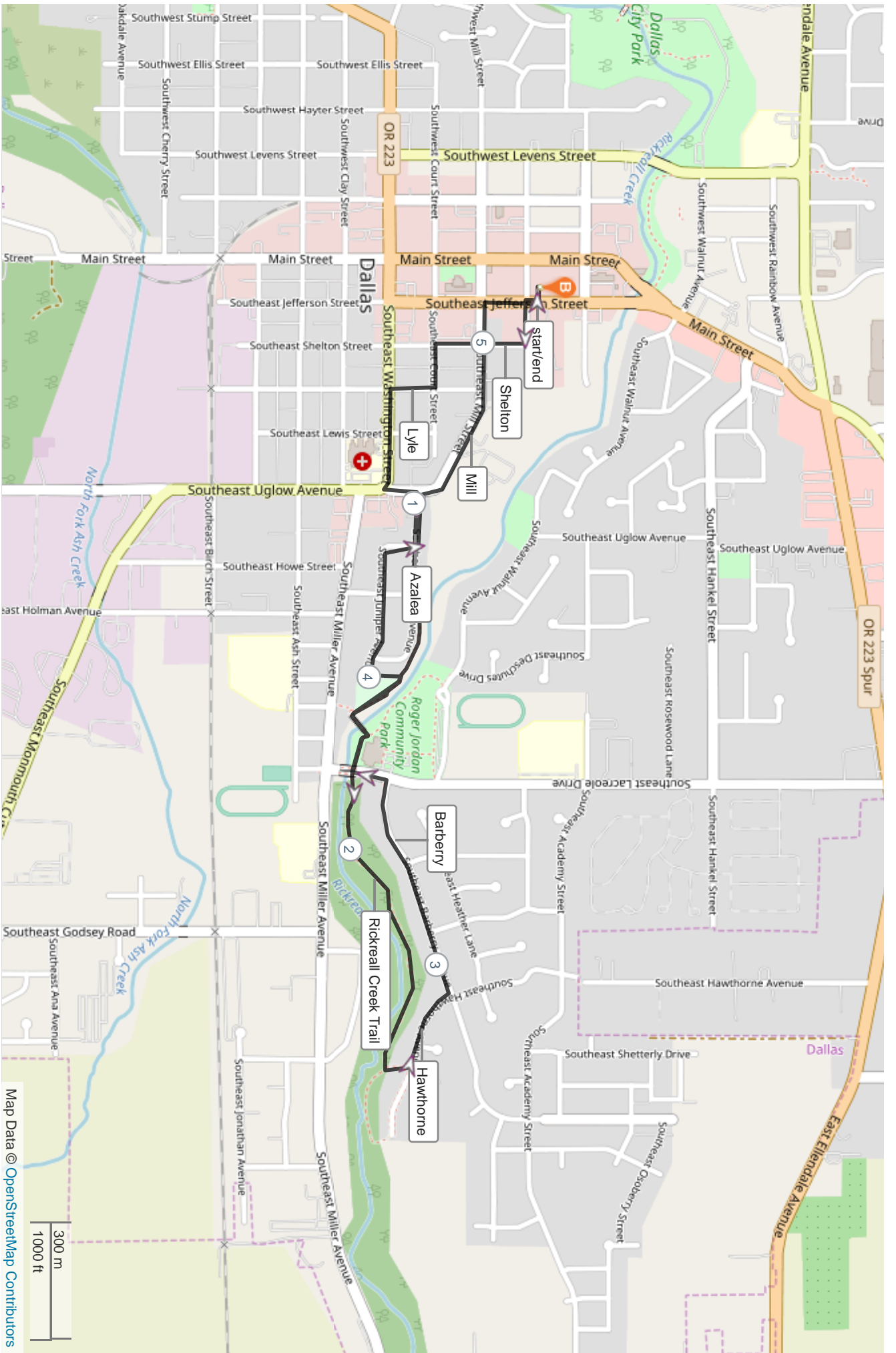
- 1) RIGHT when leaving Tater's to walk on Jefferson;
- 2) LEFT on Oak;
- 3) RIGHT on Shelton;
- 4) LEFT on Court (no sign but 2nd Left; 1st left is Mill);
- 5) RIGHT on Lyle;
- 6) LEFT on Washington;
- 7) CAREFULLY CROSS Uglow at crosswalk & GO LEFT;  
**1K**
- 8) RIGHT on Azalea. Dog Park sign is there;
- 9) CONTINUE on Azalea but after crossing Alderson, go LEFT to go on sidewalk bordering Rickreall Creek & GO RIGHT;
- 10) LEFT to cross bridge after passing Dog Park (official name is Central Bark) on right;
- 11) RIGHT on Rickerall Creek Trail passing Aquatic Center (limited hours & restrooms may not be available) and using the LaCreole underpass; **2K**
- 12) CONTINUE on Rickreall Creek to take third exit on left leading to Hawthorne. *The first exit leads to pickleball court (porta potty there); second exit leads to Barberry further up on the trail.*

**Option: to make the walk a 6K, continue on Trail to its end. Sidewalk will end at a gravel path taking you to Hawthorne. Then resume walk.**

- 13) LEFT on Hawthorne;
- 14) LEFT on Barberry to LaCreole; **3K**
- 15) LEFT at pickleball court to return to Rickreall Creek Trail and RIGHT to use the underpass again;
- 16) CROSS the bridge again on your left;
- 17) RIGHT on sidewalk with Dog Park on left but turn LEFT at the western end of the Dog Park to go on sidewalk leading to the next street which is Juniper (NS);
- 18) RIGHT on Juniper which will go to the right to end at Azalea; **4K**
- 19) LEFT on Azalea to Uglow;
- 20) RIGHT on Uglow which will end at Mill St;
- 21) LEFT on Mill to Jefferson; **5K**
- 22) CROSS & RIGHT on Jefferson to return to Tater's.

**Total: 5.3K**

# 2022 Dallas 5K East



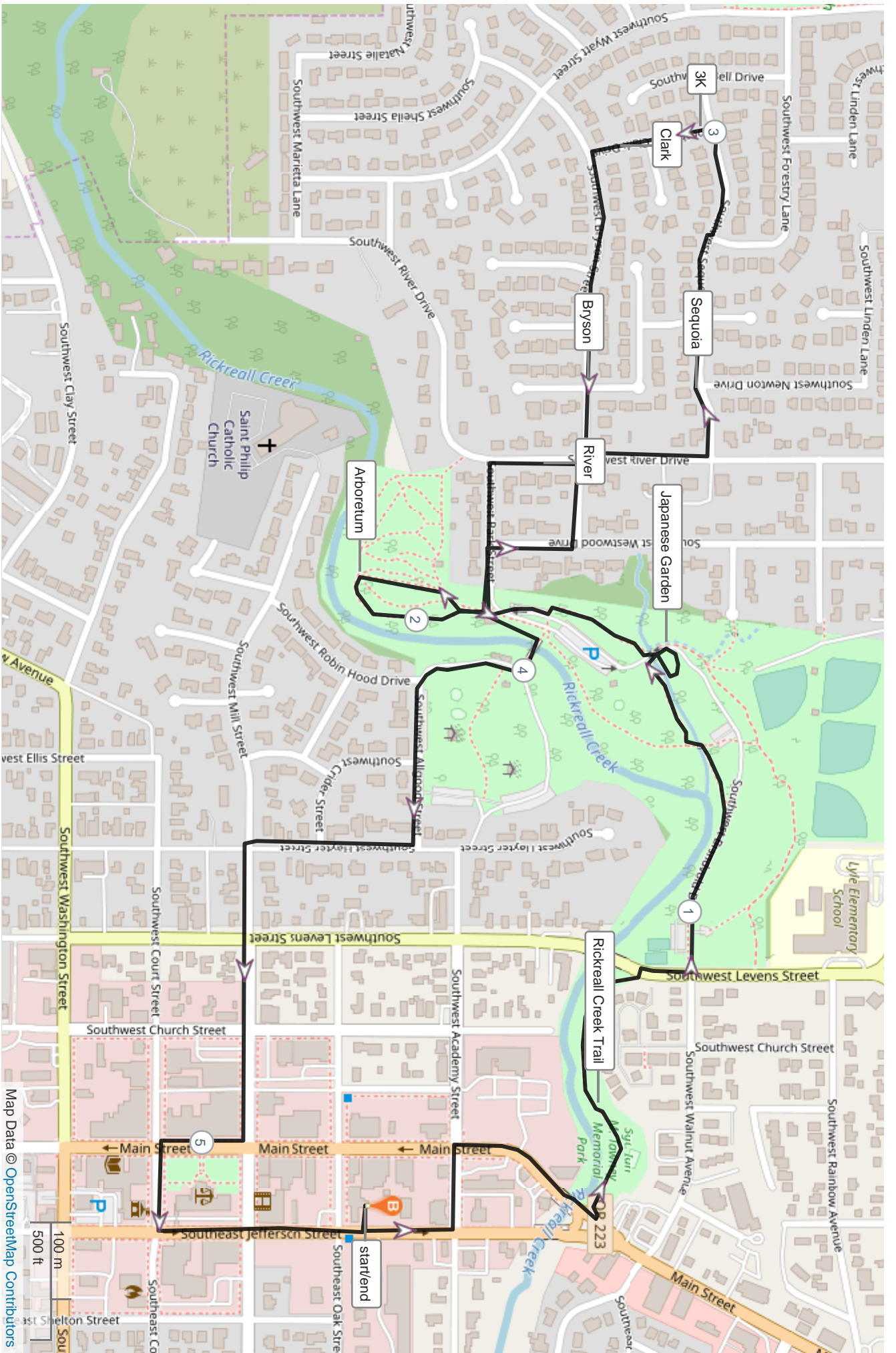
**DALLAS: PARKS, CREEK TRAIL & MORE, 2025, Y1160, 5K WEST, RATED 1A**

**Willamette Wanderers of Salem & Keizer, regon ©2024**

**Emergency: 911; Point of Contact: Julia Westerberg, 541-967-3011**

- 1) **LEFT** when leaving Tater's to walk on Jefferson;
  - 2) **LEFT** on Academy;
  - 3) **CROSS & RIGHT** on Main;
  - 4) **LEFT** to enter Rickreall Creek Trail in the Sgt. Ian M. Tawney Memorial Park; **1K**
  - 5) **RIGHT** on Levens after leaving the Trail;
  - 6) **CROSS** Levens at Walnut St and enter City Park on the sidewalk to the Left of Brandvold Dr;
  - 7) The sidewalk will curve to the Left. **RIGHT** on pathway at the parking lot bridge which will lead to the Japanese Garden;
  - 8) **RIGHT** over the Red Bridge into the Garden. Explore the Garden but go **LEFT** up the stairs to exit on Brandvold;
  - 9) **LEFT** on Brandvold but go **RIGHT** on path after the bridge to walk on path paralleling Brandvold;
  - 10) **RIGHT** on Brandvold after trail ends in the parking lot by the swinging bridge to head to the Delbert Hunter Arboretum;
  - 11) **ENTER** the Delbert Hunter Arboretum & go **RIGHT** to walk on Flume Trail (to the Left of the sign explaining the Flume);
  - 12) **LEFT** at the end of Flume Trail to cross the bridge;
  - 13) **LEFT** to walk on trail with Rickreall Creek on the Right & head to exit the Arboretum by the pond; **2K**
  - 14) **LEFT** after exiting to walk on Park Ave;
  - 15) **RIGHT** on Westwood;
  - 16) **LEFT** on Bryson;
  - 17) **RIGHT** on River;
  - 18) **LEFT** on Sequoia;
  - 19) **LEFT** on Clark; **3K**
  - 20) **LEFT** on Bryson;
  - 21) **RIGHT** on River;
  - 22) **LEFT** on Park Ave to reenter City Park;
  - 23) **LEFT** to head to the bridge;
  - 24) **RIGHT** to cross the bridge (careful as the bridge will sway and can be slippery); **4K**
  - 25) **RIGHT** on walkway after passing the restrooms to exit the Park on Allgood St (no sign);
  - 26) **LEFT** on Allgood St;
  - 27) **RIGHT** on Hayter;
  - 28) **LEFT** on Mill St;
  - 29) **RIGHT** on Main St; **5K**
  - 30) **CROSS & LEFT** on Court St;
  - 31) **LEFT** on Jefferson to return to Tater's Café.
- TOTAL: 5.5K**

# 2025 Dallas West 5k



<b>2026 CHALLENGES</b>	<b>DALLAS Y1160 10K</b>	<b>DALLAS Y1160 East 5K</b>	<b>DALLAS Y1160 West 5K</b>
<b>PAR FOR THE COURSE</b>	Disk Golf Dallas City Park	Pickleball Court Aquatic Center	Disk Golf Dallas City Park
<b>WALKING WITH AMERICA'S VETERANS</b>	Polk Co. Court House	Polk Co. Court House	Polk Co. Court House
<b>WALK WITH THE WILD THINGS</b>			315 Clark St.
<b>GRAIN ELEVATORS</b>	Look South to 1313 Main St.	Look South to 1313 Main St.	Look South to 1313 Main St.
<b>Anniversaries Hurrah</b>	Clubs 40th Anniversary	Clubs 40th Anniversary	Clubs 40th Anniversary
<b>2026 OTSVA CHALLENGES</b>			
<b>GARDENS</b>	Delbert Hunter Arboretum		Delbert Hunter Arboretum
<b>GAZEBO</b>	Dallas City Park		Dallas City Park
<b>HOSPITALS</b>	West Valley Hospital	West Valley Hospital	
<b>IMAGES (CAMERA, COPY SHOPS)</b>			
<b>JUSTICE (COURTS LAWYERS, Etc)</b>	Polk County Court House	Polk County Court House	Polk County Court House
<b>JAPANESE</b>	Japanese Garden Dallas Park		Japanese Garden Dallas Park
<b>JEWELRY</b>	837 Main St. Brixus Jewelers		837 Main St. Brixus Jewelers
<b>NATURE</b>	Delbert Hunter Arboretum/ Rickreall Creek Trail	Rickreall Creek Trail	Delbert Hunter Arboretum/ Rickreall Creek Trail
<b>PALM TREES</b>	1087 Barberry	1087 Barberry	
<b>PARKS</b>	Dallas City Park	Roger Jorday Community Park	Dallas City Park
<b>PEDESTRIAN BRIDGES</b>	Rickreall Creek bridges	Rickreall Creek bridges	Rickreall Creek bridges
<b>PLAYGROUND STRUCTURES</b>	Dallas City Park		Dallas City Park
<b>QUEEN</b>	Dairy Queen, Jefferson/Academy	Dairy Queen, Jefferson/Academy	Dairy Queen, Jefferson/Academy
<b>SALONS/SPAS</b>	The Color Bar 930 Main St		The Color Bar 930 Main St
<b>SKATE PARKS</b>	Near Dallas Aquatic Center	Near Dallas Aquatic Center	
<b>SWIMMING POOLS</b>	Dallas Aquatic Center	Dallas Aquatic Center	
<b>TRAILS</b>	Delbert Hunter Arboretum/ Rickreall Creek Trail	Rickreall Creek Trail	Delbert Hunter Arboretum
<b>TRIALS</b>	Polk County Court House	Polk County Court House	Polk County Court House
<b>Vegetables</b>	Veg Garden Alderson & Rickreall Creek Path	Veg Garden Alderson & Rickreall Creek Path	
<b>Victorian</b>	Along route		Along route
<b>Yoga</b>	115 Court St.		115 Court St.
<b>X-Ray</b>	West Valley Hospital	West Valley Hospital	
<b>Zones - Hospital, School</b>	Walnut & Levens		Walnut & Levens
<b>Peace Poles</b>	Tawney Memorial Park, Pickleball Court, City Hall	Front of Pickleball Court	Tawney Memorial Park, Pickleball Court, City Hall
<b>Butterflies</b>	Harvest Crossfit left of Mill St.		Harvest Crossfit left of Mill St.
<b>2026 ESVA CHALLENGES</b>			
<b>FRONT LINE HEROS</b>			
<b>Med Facilities</b>	West Valley Hospital	West Valley Hospital	
<b>Essential Services</b>	187 SE Court St.		187 SE Court St.
<b>Sustenance Providers</b>	433 Main St Love Love Teriyaki & Sushi	Tater's Café	433 Main St Love Love Teriyaki & Sushi
<b>Delivery Services</b>	768 SW Church St USPS		768 SW Church St USPS
<b>Strolling Along the Rivers</b>	Rickrel Creek	Rickrel Creek	Rickrel Creek