



Dumfries, Virginia (Montclair and Ashland Neighborhoods)

The Wood and Dale Wanderers Volkssport Club  
Welcomes You to  
The Dumfries/Montclair/Ashland Walk  
An AVA Sanctioned Year Round Event



This walk offers a 5 km and a 10 km trail. The 5 km walk visits the Montclair neighborhood, while the 10 km walk also includes the Ashland neighborhood. Both are rated 2A. Carry adequate water.

**Walk Registration:**

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

**Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

**Starting Point Location:** Parking lot of Lake Montclair Center. You can use the address for Burger King as reference: 5301 Waterway Dr., Dumfries, VA 22025. GPS LAT: 38 36 32 N, LONG: 77 21 36 W

**Driving Directions:**

**From I-95:** Exit 152B to Route 234 (Dumfries Road) toward Manassas, Virginia. Travel north along Route 234 for 3.2 miles. Turn right on Waterway Dr., and the shopping center will be on the right.

**From I-66:** Exit 44 south onto Route 234 for about 19 miles to Waterway Dr. Left on Waterway Dr. Shopping center is on the right.

**Special Programs:** Par for the Course—**LOTS** of qualifiers  
IVV Americas

**Restrooms:** Available at Burger King and possibly at the Food Lion in Lake Montclair Center

**Note:** This event also has a Physical Start Box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

**Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

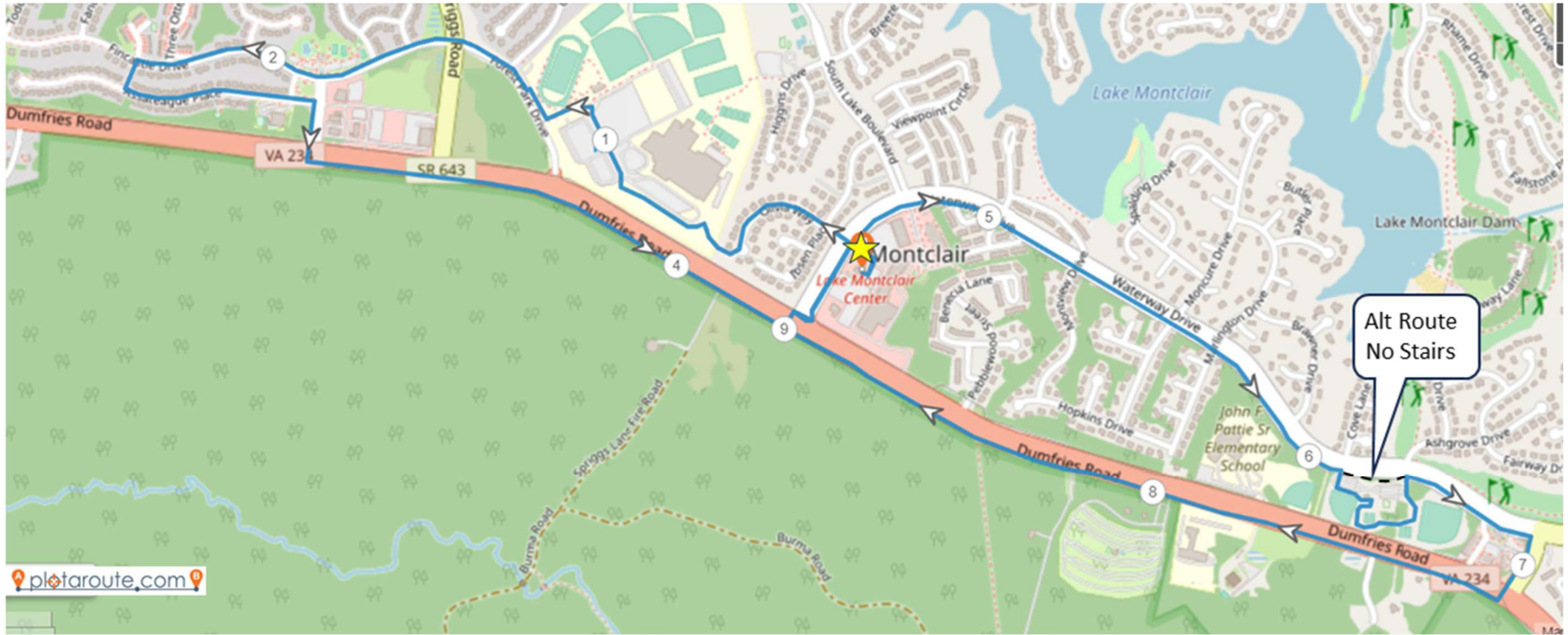
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**10K ONLY. 5K SKIP TO #11**

1. From the Lake Montclair Center parking lot, walk carefully down the entrance driveway with Burger King on your left to Waterway Dr.
2. **Carefully** cross Waterway Drive in the crosswalk. Continue straight onto Olivia Way.
3. Just after 5154 Olivia Way, turn → **RIGHT** between the wood fences onto the paved path and follow it until it ends at the outer road of Forest Park High School.
4. When you exit the path, turn ← **LEFT** to walk on the left side of the school's outer road.
5. When you reach a crosswalk on your right, turn → **RIGHT** to cross the road, then turn ← **LEFT** on the sidewalk and walk straight toward the athletic field in the distance (*1K in the parking lot*). Cross parking lot intersections carefully.
6. When you reach sidewalk next to the athletic fields, turn ← **LEFT** and follow that sidewalk to Forest Park Drive (no sign).
7. Turn → **RIGHT** on sidewalk between the trees and the athletic field along Forest Park Drive. When the sidewalk ends at an asphalt path, bear slightly left to continue on the asphalt path along Forest Park Dr. to the light at Spriggs Rd. Cross Spriggs carefully and continue straight onto Fincastle Dr. Continue on Fincastle, passing the Ashland Community Center (*tennis courts – Par for the Course*).
8. Continue on Fincastle (*2K just past Weyanoke Way*) to Plain Dealing Pl/Federal Hill Ln. Turn ← **LEFT** on Federal Hill Ln. for a short block. Turn ← **LEFT** on Assateague Pl.
9. Turn → **RIGHT** on Carrs Brook Way to the light at Route 234/Dumfries Rd (*3K*). Cross carefully with the light and turn ← **LEFT** on the paved multi-use path.
10. Continue on the multi-use path to the light at Waterway Dr. (*4K about 2/3 of the way between lights*). Carefully cross Route 234/Dumfries Rd. with the light and continue on the left side of Waterway Dr. *If you need to stop at Burger King for food or restrooms, cross Waterway and then come back to this side of Waterway to continue.* Continue with instruction #13.

**5K START HERE.**

11. From the Lake Montclair Center parking lot, walk carefully down the entrance driveway with Burger King on your left to Waterway Dr.
12. Turn → **RIGHT** to walk on the right side of Waterway Dr.
13. Continue on Waterway Dr. about 1.5 km (*6K/1K after Brawner Dr.*) At Cove Ln (sign across street), → **RIGHT** up steps into parking lot for Anne Moncure Wall Park. *There are several qualifiers for Par for the Course in this park: ball fields, pickleball courts, basketball courts, playground. Note: If you need to avoid stairs, continue on Waterway Dr. You will be able to see the playground from the park entrance. There is also a portable toilet in the park.*
14. If you went up the steps, walk across the parking lot toward a ball field and bear ← **LEFT** to enter paved path that goes toward the yellowish building. Continue on paved path with building on your left to the next intersection.
15. → **RIGHT** on paved path that will curve around between the pickleball courts and ball field. Continue on paved path as it continues to curve and passes basketball courts. Path will then curve left between warmup cages and another ball field. When you pass the picnic shelter, take the next path → **RIGHT** to return to Waterway Dr.
16. → **RIGHT** on Waterway Dr. to stop sign at Country Club Dr. *Golf course across street...more Par for the Course.*
17. → **RIGHT** on Country Club Dr. to light at Route 234. *There is a small shopping center here with several eateries, a wine bar, and a 7-11 convenience store. 7K/2K at 7-11.*
18. Carefully cross Route 234 with light and turn → **RIGHT** on multiuse trail. Follow trail along Route 234 for about 1.9 km to light at Waterway Dr. *8K/3K at entrance to Prince William campground. 9K/4K near light at Waterway Dr.*
19. → **RIGHT** to cross Route 234 with light, and → **RIGHT** to cross Waterway Dr.
20. ← **LEFT** on Waterway Dr. back to Burger King.



These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Dial 911  
 Event related assistance:  
 Celia Miner, 571-212-0329

*Thank you for walking with us. Please visit our other year-round events in Old Town Manassas, at Leesylvania State Park, at Quantico Marine Corps Museum, at Prince William Forest Park, at Manassas Battlefield Park, and at Potomac Mills Mall.*