

The Northern Virginia Volksmarchers Club  
**Fairfax Walk**

AVA Sanctioned Event (#119131/Y1166)

**Event Description:** This event starts at the Safeway parking lot near Blenheim Boulevard (formerly Old Lee Highway.) Address is 10350 Willard Way. Walkers have a choice between 5KM (3.1 miles) and 10KM (6.2 miles). Both distances are rated 2A and go through historic Old Town Fairfax, some residential areas, and a bluestone trail alongside Accotink Creek. Both options include the Historic Blenheim estate and the Civil War Interpretive Center on site. Ten-kilometer walkers also enjoy paved and gravel paths through Daniels Run Park. Both distances are suitable for strollers.

**Note:** Admission to the Blenheim brick house and Civil War Interpretive Center is free. The home is open Tuesday-Saturday 10 a.m. to 3 p.m. Guided tours of house and site are offered at 1 p.m. Tuesday through Saturday. House is accessible on the first floor only. The 2008 Civil War Interpretive Center includes a life-size replica of the house's attic where numerous convalescing Union soldiers signed their names and drew their thoughts on the walls. A gift shop offers items related to the Civil War and Fairfax history.

**Club Contact:** Barry Plott, Email: [nvv@verizon.net](mailto:nvv@verizon.net); Phone: 703-352-5135

**Club Website:** [www.northernvirginiavolksmarchers.club](http://www.northernvirginiavolksmarchers.club)

**Driving Directions to the trail start:** Take Exit 170B (Little River Turnpike/VA-236) off of the Capital Beltway (I-495). Follow Little River Turnpike west toward Fairfax City approximately five miles. Turn right on Blenheim Boulevard and go several blocks. Turn left into the Courthouse Plaza Shopping Center.

**Starting Point Location:** Safeway parking lot at Courthouse Plaza Shopping Center, 10350 Willard Drive.

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**Registration:** Online registration takes place using the AVA OnLine Start Box on my.ava.org. Follow the instructions provided to create a user account, and sign AVA's waiver (one time). Payment instructions are also included. Once registered for the walk, you can download the start point and walk directions. The fee for this download is \$2. You will be credited this fee if you complete the walk and pay the \$3 walk participant fee within 60 days. The sponsoring club receives credit for OSB participation when the OSB registrant has entered completion date online, that is, your participation date, distance, and any special programs.

**After you've completed the walk:** Please remember to log back into the OSB's "Finish Table" after finishing this walk. Completion information includes the date the event was walked, the distance walked, and applicable special programs.

**Restrooms:** Food, beverages, and restrooms are all available at the start point. Restrooms located on the second floor of the Safeway. Park portapotties are also an option on the walk.

**Special Programs:** Walking In the USA, Walking the USA, A-Z, Town Halls/City Halls (10455 Armstrong St.).

**IN CASE OF EMERGENCY: DIAL 911**  
**EVENT RELATED ASSISTANCE:**  
**BARRY PLOTT: 703-352-5135**

Note: Please use either the On-line Start Box (OSB) or mail-in registration procedures to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing the event using the mail-in registration event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed on line by entering your participation date, distances, and any special programs using the OSB.

THESE WALK DIRECTIONS AND MAPS MAY ONLY BE USED IN CONJUNCTION WITH A SIGNED AMERICAN VOLKSSPORT ASSOCIATION ATHLETIC WAIVER.

ALL OTHER USES ARE PROHIBITED.



# Fairfax 5/10K Directions

NOTE: Bathroom located inside Safeway

1. Facing Safeway turn left, and turn left on University Drive. **5K Walkers:** Turn right on Main St. **10K Walkers:** Continue on University and turn right on Armstrong.

2. **All Walkers:** Turn right on Chain Bridge Road. Proceed down the hill. Turn right on blacktop path just before footbridge over creek. Continue past “Belles Bird Sanctuary” on right and through tunnel. (If tunnel is yucky, ascend to street, cross, and rejoin path with creek on your left.)

3. Ignore intersecting path at Van Dyck Park entrance. Ignore gravel path on right and paved path on right just past pavilion. Your path will bend right uphill. Just after it passes nearest tennis court and bends right, turn left on path to Blenheim Boulevard.

4. Turn left on Blenheim Boulevard. Turn left on Blenheim access road across from Heritage Lane. Just before Interpretive Center, turn right on path, keeping the Center on your left. Turn right on path toward mansion, and proceed counterclockwise around mansion. Turn right on path to cemetery.

5. Reverse course, keeping Center to left. At intersection, turn right and proceed counterclockwise around white building.

Continue on wide road and through parking lot in front of Center.

6. At end of parking lot, turn right onto gravel path to street (Blenheim Boulevard). **5K Walkers:** Turn right on Blenheim Boulevard to FINISH at Courthouse Plaza.

**10K Walkers:** Turn left on Blenheim Boulevard, cross it at first crosswalk, continue on its right side, and turn right on Cornell Road.

7. Turn left on St. Andrews Drive. At road’s end, take gravel path to right.

8. Path bends right then left, crosses footbridge and goes uphill. At “T” intersection, turn right to cross another footbridge.

9. Ignore all paths on right and short path on left to playground and a second short path uphill. Your (main) path bends right across from that second path.

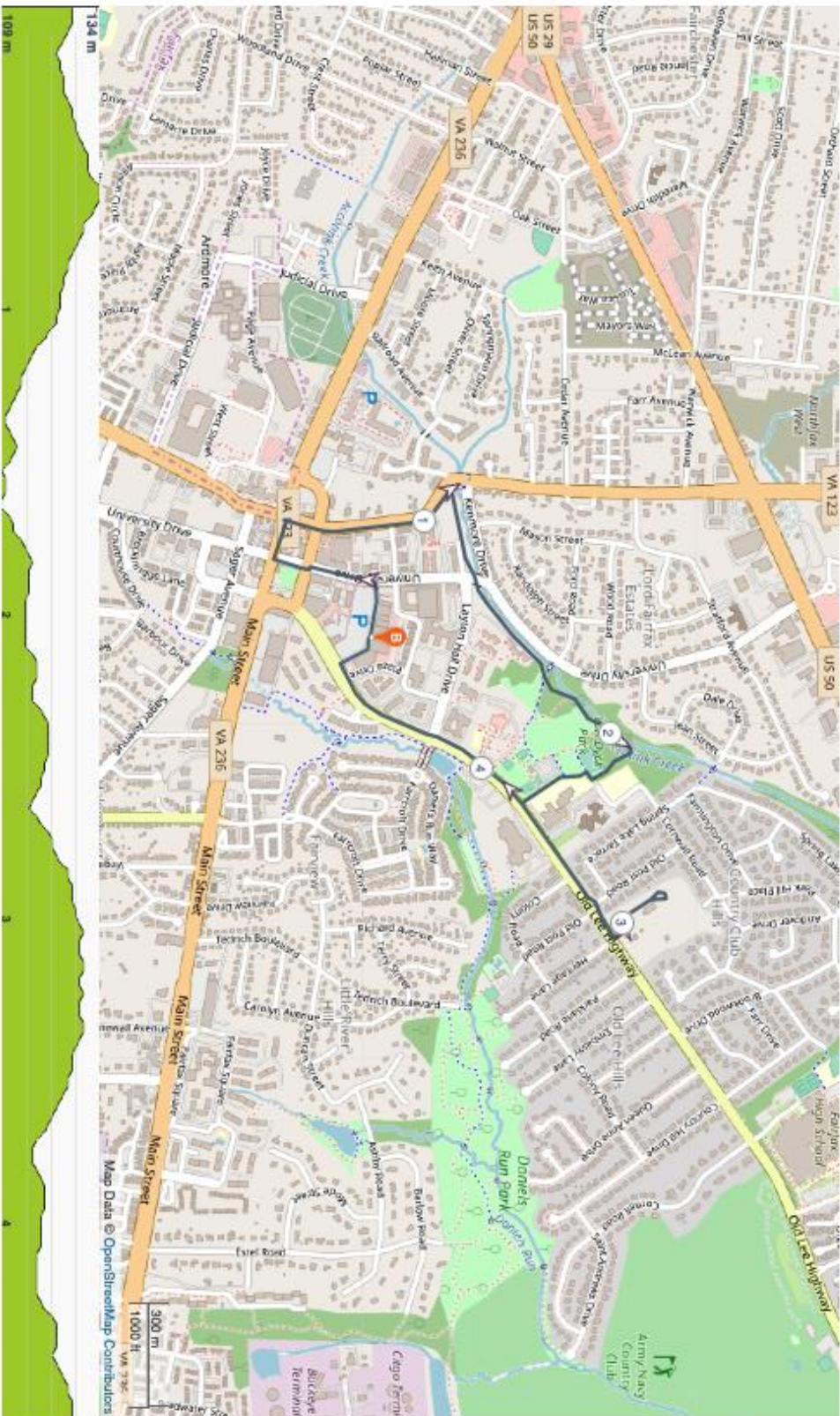
10. Turn right on path just before street. Bear left across footbridge, and proceed on left side of parking lot onto Old Post Road (no sign yet).

11. Turn left on Blenheim Boulevard. At stoplight across from Courthouse Plaza, turn right to finish.

**In case of emergency-Dial 911.**

**Event-related assistance: Barry Plott 703-352-5135.**

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Fairfax 5K

Fairfax 10K

