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WELCOME TO TREKKING THE KENTUCKY STATE CAPITAL

At present this Year-Round Event is only available via the Online Start Box (OSB).

If at some future date the location of the Physical Start Box (PSB) allows access to the PSB, this event may be available via both the OSB and PSB. In that case, please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using OSB.

This year-round walking event is hosted by the Derby City Walkers. The two distances offered (6 & 10 kilometers) mostly incorporate the routes of the current host club to allow all walkers the opportunity to continue the experience the sights, sites, sounds, smells, and tastes of life along both banks of the majestic Kentucky River and the Capitol for the State of Kentucky while the Physical Start Box location is closed.

This event and its two routes are sanctioned by the IVV through the AVA and qualify for credit toward IVV achievement awards.

The two routes offer the opportunity to receive credit for the following special programs, as indicated:

Walking the United States (50 States/51 Capitals) (All Routes)

Walking the USA, A-Z (ALL Routes)

Walking with America's Veterans (ALL Routes)

Rocking Around the Clock (ALL Routes)

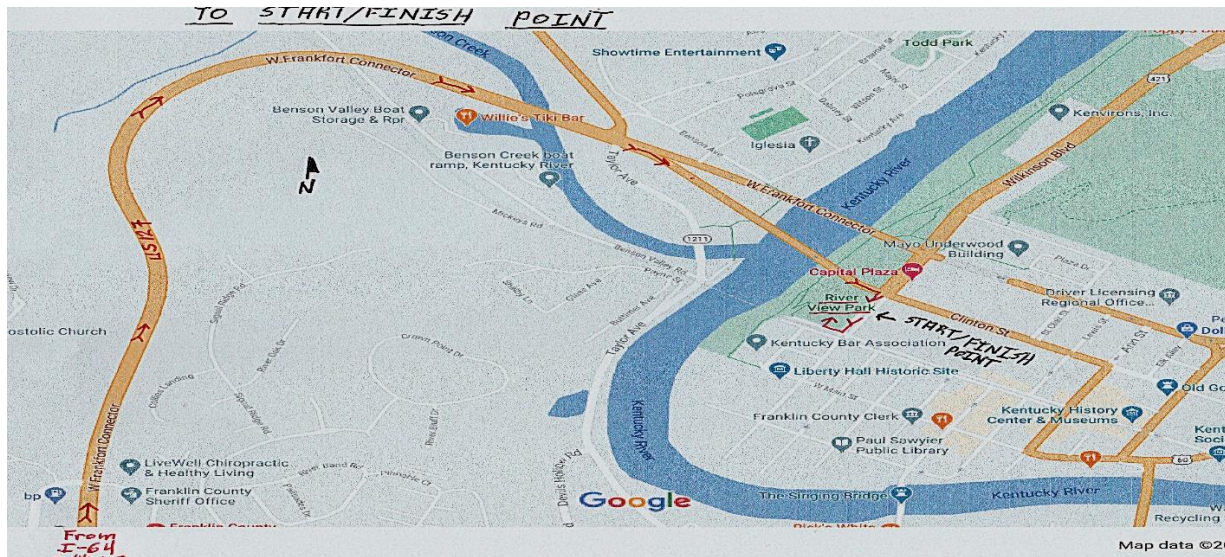
To begin your adventure, you will need to travel to the Start/Finish Point, which is the parking area for River View Park at 404 Wilkinson Boulevard, Frankfort, Kentucky, 40601. Take Interstate I-64 Exit 53 to Northbound US 127. Remain on Northbound US 127, which may have signage identifying the route as Lawrenceburg Road or West Frankfort Connector, to its intersection with Wilkinson Boulevard. TURN RIGHT onto Wilkinson Boulevard. At the intersection of Wilkinson and West Broadway Street TURN RIGHT onto West Broadway Street. Immediately after turning onto Broadway, you will see the parking area for River View Park to your right. Note that this area is also used for the Frankfort Farmers Market on Tuesdays and Saturdays from 8:30 am to 12 noon (local time). On street parking for two hours may also be available nearby.

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COVID-19 RESTRICTIONS: Do not attempt this event if you are ill. Keep your personal safety mask with you at all times and use when entering an enclosed space or cannot maintain social distancing. It is highly recommended that you wear your personal safety mask through downtown Frankfort. Recommend that you have available your personal hand sanitizer.

Water and restrooms may or may not be available at the Start/Finish Point, depending on the time of year. However, public restrooms are available at various parks and some businesses along the route. Water may be had along the routes for a price. If you wish to enjoy free water, recommend you carry your own.

Three maps are provided. The use of all three maps is necessary for the distances offered. Note that the map of the Frankfort Cemetery is the reverse of conventional maps. South is at the top of the page, while North is at the bottom of the page.

The instructions contain two Checkpoints. You may disregard the Checkpoints because they are irrelevant when using the OSB. However, they are provided in these instructions only for those of you who enjoy looking for such information.

ON ALL ROUTES SAFETY IS PARAMOUNT. All routes are on sidewalks or improved trails. However, if it should be necessary to walk on a street for some reason, please do so facing approaching traffic. All routes are intersected by streets, which should be crossed cautiously using the available pedestrian crossings. If there is an existential injury producing accident on any of the routes, call 911 immediately. Once the existential threat has passed, contact the Pat O'Conner, President of the Derby City Walkers at 502-896-4127, or via email at kentuckypat@gmail.com to complete an AVA incident form.

Upon completing this event please be sure log back into the OSB system to "finish/complete" your online registration and record your distance.

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TREKKING ON THE BANKS OF THE MAJESTIC KENTUCKY RIVER AND THE STATE OF KENTUCKY CAPITOL

Welcome to the historic city of Frankfort, Kentucky, situated on both banks of the majestic Kentucky River. After securing your vehicle at the River View Park parking site near the intersection of Wilkinson and Broadway, please follow the instructions starting below:

1. Return to the intersection of Broadway Street and Wilkinson Boulevard. Cautiously cross Wilkinson and TURN LEFT onto Wilkinson.
2. Proceed along Wilkinson, which is also US 421, to its intersection with Mero Street. Along the way you should cautiously cross Clinton Street using the pedestrian signals.
3. TURN RIGHT onto Mero and continue along Mero to its intersection with High Street. Along the way you will pass the Kentucky Transportation Cabinet, the huge building on your left and across the street. You will also pass the historic Sig Luscher Brewery to your right. The brewery, first established in 1866, continues as a family owned craft brewery.
4. At the intersection of Mero and High Street TURN RIGHT onto High and proceed to its intersection with Clinton Street.
5. Cautiously cross Clinton Street using the pedestrian signal. After crossing Clinton ahead and to your right is the first Kentucky Governor's Mansion, which was built in 1797/1798. After observing the mansion, TURN RIGHT onto Clinton Street.
6. Proceed along Clinton to its intersection with Ann Street and TURN LEFT onto Ann Street
7. At the intersection of Ann Street and Broadway Street you will see the Kentucky Historical Society Center and Museums to your left. The center and museums are worth checking out. However, there is an entry fee.
8. Cautiously cross Broadway. To your left and across the parking lot is the former Frankfort Rail Depot. TURN RIGHT onto Broadway and cautiously cross Ann Street.
9. Continue along Broadway (notice the restaurants along the way and historical markers) to its intersection with Wilkinson Boulevard. (Looks like your car across the way.) TURN LEFT onto Wilkinson. (1.6 K point)
10. Proceed along Wilkinson to its intersection with Main Street. At the intersection of Wilkinson and Main TURN LEFT onto Main Street.
11. Proceed along Main Street to its intersection with St. Clair. Cautiously cross St. Clair, TURN RIGHT and cautiously cross Main Street.
12. Proceed along St. Clair Street to The Singing Bridge. Along the way you will pass the Franklin County Court House. Cross the Kentucky River via The Singing Bridge. Along the way St. Clair Street becomes Bridge Street. Continue straight on Bridge Street to its intersection with West Second Street.

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13. At the intersection of Bridge Street and West Second Street. TURN LEFT onto West Second and proceed along Second to its intersection with Shelby Street.
14. Cautiously cross Shelby Street. TURN RIGHT and cautiously cross West Second Street. Proceed along Shelby Street to its intersection with Todd Street.
15. TURN LEFT onto Todd Street and proceed one block to the intersection Todd and Capital Avenue. Note that Todd Street is a one way street and that you are walking against the traffic. So, you may not see a street sign. At the intersection of Todd and Capital, if you look to your right, you will see a park like setting with the Kentucky Capitol Building in the distance. (3.2 K point)
16. TURN RIGHT onto Capital Avenue and cautiously cross Todd Street. Proceed along Capital Avenue in the direction of the Kentucky State Capitol. Continue on the sidewalk around the Capitol. On the backside of the Capitol, you will pass the floral clock and the Governor's Mansion. As you return to the front of the Capitol, TURN RIGHT onto Capital Avenue, and continue straight on Capital Avenue. At the intersection of Capital Avenue and Second Street you will see a V.F.W. Post on your right. Next door to the V.F.W. Post is a famous candy shop, which offers a free sample of its bourbon candies. This candy shop is CHECKPOINT ONE: What is the name of the Candy shop??
17. From the intersection of Capital Avenue and Second Street continue North on Capital Avenue and across the Kentucky River on the War Mother's Memorial Bridge. Upon reaching the North Bank Capital Avenue intersects with East Main Street. This is a Decision Point for you to decide whether to do 6 or 10 kilometers. **At the intersection of Capital and Main 6-km walkers will TURN LEFT onto Main Street and complete the route using instructions 21 through 22. At the intersection of Capital and Main 10-km walkers will TURN RIGHT onto Main Street and continue with the instructions below.**
18. Go up the hill on Main Street to the second stop light, which is the intersection of Main and Glenn's Creek Road. Along this segment of the route, you will pass the Kentucky Military History Museum. TURN RIGHT onto Glenn's Creek Road. Very shortly after turning onto Glenn's Creek Road you will see the entrance to the Frankfort Cemetery. TURN RIGHT into the Cemetery.
19. When you approach two "A" signs on your right, TURN RIGHT on the road after passing the second "A" sign. Continue bearing right on the main road until you see the Daniel Boone sign pointing toward his grave (See cemetery map). The Daniel Boone grave site is Checkpoint 2: Who else is buried at this grave site?? (7 K point) After observing the Daniel Boone grave, return to the road and proceed along the road with the cemetery boundary fence to your right. Continue along the road to the rear of the cemetery. TURN RIGHT AT THE "P" SIGN. TURN RIGHT AT THE "R" SIGN and proceed around the R Section. Then, proceed along the main road through the Cemetery and return to the Cemetery Entrance. Along this segment of the route, you will pass the Kentucky Military Monument. After the monument you will pass Sections J, H, C, E and F. As the road curves to the RIGHT, follow it back to the

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Cemetery Entrance on Glenn's Creek Road.
(8.2 K point)

20. Exit the Cemetery and make TWO immediate LEFTS and return to Main Street. Proceed along Main Street down the hill back into downtown Frankfort.

21. At the intersection of Main Street and St. Clair TURN RIGHT onto St. Clair and continue through the open mall.

22. At the intersection of St. Clair and Broadway TURN LEFT onto Broadway and return to the Start/Finish Point.

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THE NORTH BANK FRANKFORT KENTUCKY



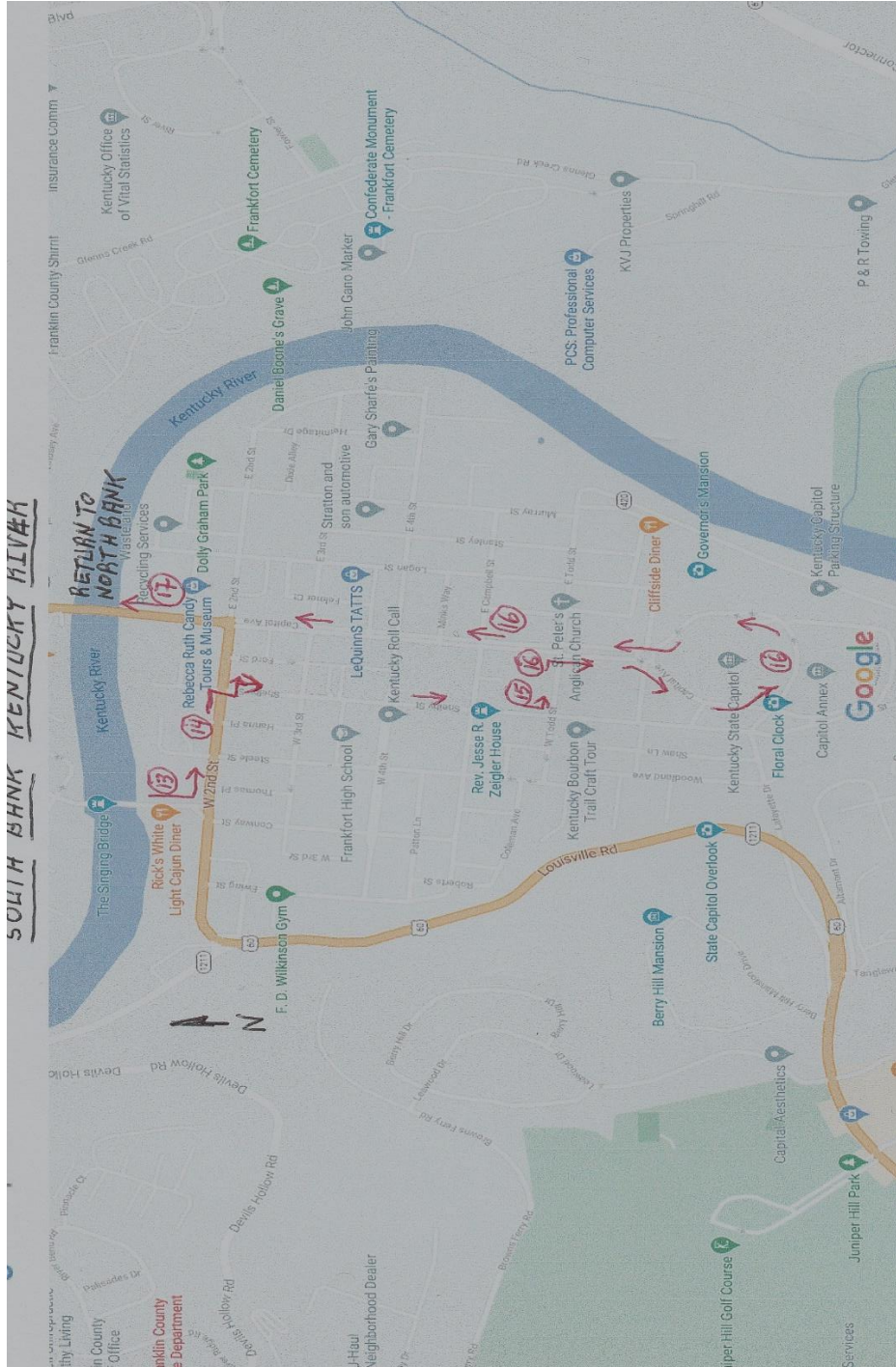
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THE SOUTH BANK FRANKFORT KENTUCKY



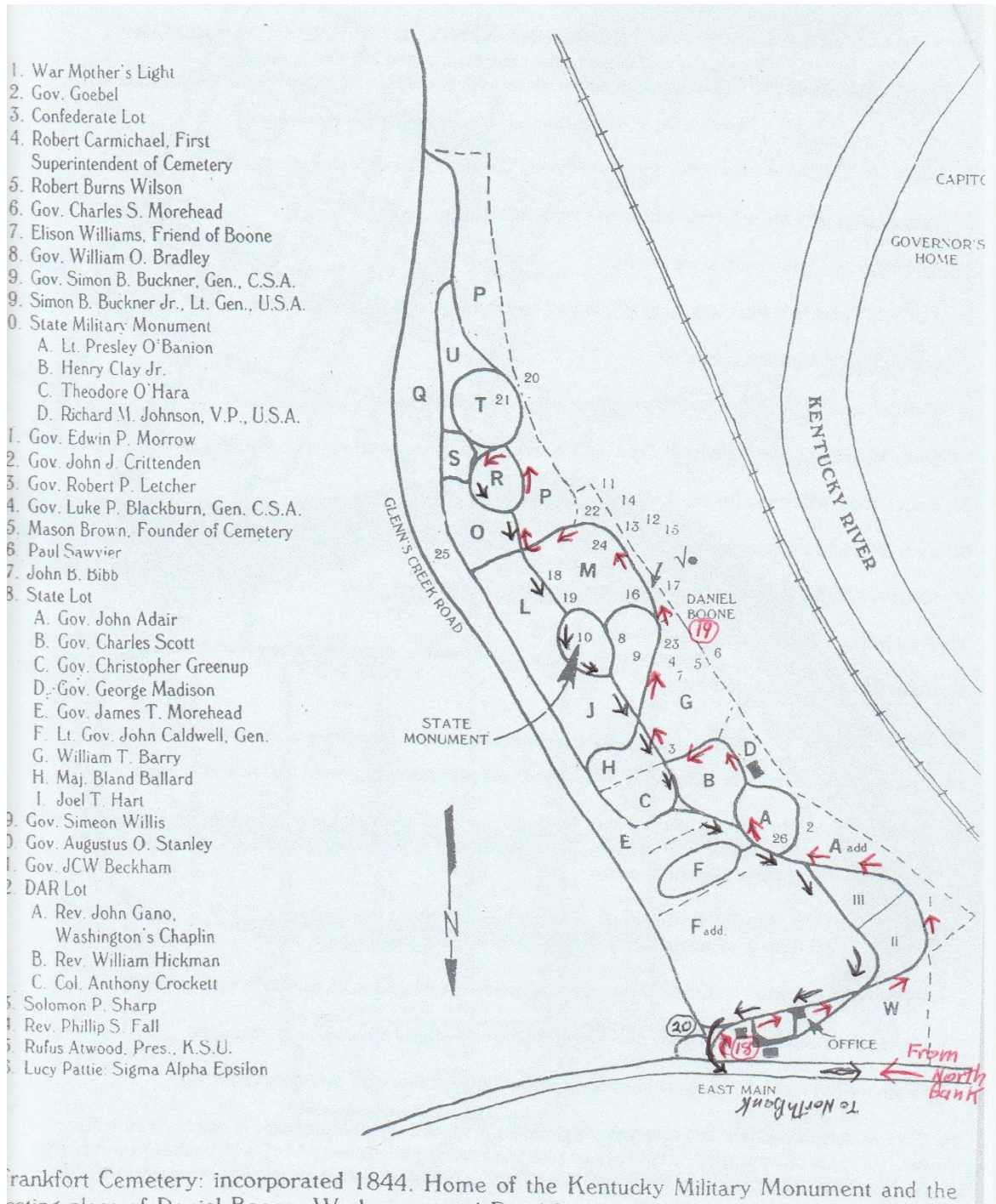
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THE FRANKFORT CEMETERY



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