

## **OSB Event Directions for U.S. National Arboretum 10Km and 5Km Walks, Y1236**

**Walk Start Location:** U.S. National Arboretum, 2400 R Street, N.E., Washington, DC. We recommend that you check hours and special closures at the Arboretum's website: <https://usna.usda.gov/>

**GPS Coordinates:** 38.91219, -76.97081

**Driving Directions:** See detailed directions and options on pages 2 and 3.

**Park:** In the parking lots closest to the Administration Building & Visitor Services.

**Restrooms:** Available at two locations close to the Start/Finish, and elsewhere along the route as described in these directions.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

**Walk Completion and Credit:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

In case of Emergencies, dial 9-1-1. For event-related assistance or to make comments regarding these directions, contact the P.O.C. John Carolus, 410-224-0907, [johncarolus@yahoo.com](mailto:johncarolus@yahoo.com) .

**These maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.**

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# Driving Directions

The National Arboretum is located in the northeast section of Washington, DC, approximately ten minutes from the Capitol Building. There are two entrances: one at 3501 New York Avenue, NE, and the other at 24th & R Streets, NE, off of Bladensburg Road. The R Street entrance is CLOSED to incoming automobile visitor traffic after 2:00 p.m. Monday through Friday. Bicycles, pedestrians, official visitors, volunteers, tours, and contractors will still be allowed to enter through R Street between 2:00 p.m. and 5:00 p.m. Monday through Friday. All others must use the New York Avenue entrance between 2:00 p.m. and 5:00 p.m. Monday through Friday. Traffic will be able to exit through the R Street gate during these closure hours.

## R Street entrance

**(R Street entrance is CLOSED to car traffic after 2 p.m. on weekdays)**

***From Northwest Washington:*** Follow New York Avenue east to the intersection of Bladensburg Road. Turn right (south) onto Bladensburg Road and go 4 blocks to R Street. Make a left on R Street and continue 2 blocks to the Arboretum gates.

***From the Maryland suburbs:*** Take the Capital Beltway (I-495/I-95) to exit 22B towards Washington. Follow the Baltimore Washington Parkway approximately 7 miles to New York Avenue. Get in your left lane. You will approach the intersection of Bladensburg Road where only the two left lanes turn onto Bladensburg Road. Make the left onto Bladensburg Road and go 4 blocks to R Street. Make a left on R Street and continue 2 blocks to the Arboretum gates.

***From Virginia (I-395):*** Follow I-395 north over the 14th Street Bridge. Follow signs until the freeway ends at New York Avenue. Turn right onto New York Avenue and follow New York Avenue east to the intersection of Bladensburg Road. Turn right (south) onto Bladensburg Road and go 4 blocks to R Street. Make a left on R Street and continue 2 blocks to the Arboretum gates.

***From Virginia (I-95 and I-295):*** Follow I 95 North and cross the Wilson Bridge. Stay in the right lane over the bridge. Bear onto the I 95/I 295 North to Washington. Follow I 295 to the exit Rt. 50 West - New York Avenue and continue on Rt. 50 (New York Avenue) to Bladensburg Road where only the two left lanes turn onto Bladensburg Road. Make the left onto Bladensburg Road and go 4 blocks to R Street. Make a left on R Street and continue 2 blocks to the Arboretum gates.

***From Virginia (I-66):*** Cross the Roosevelt Bridge and follow Constitution Avenue past the Capitol Building. Bear left onto Maryland Avenue. Follow Maryland Avenue to Bladensburg Road. Make a left onto Bladensburg Road and travel 1 mile to R Street. Make a right onto R Street and continue 2 blocks to the Arboretum gates.

## New York Avenue entrance

**(8:00 a.m. to 5:00 p.m. daily; vehicular traffic only)**

***From Northwest Washington:*** Follow New York Avenue east past the intersection of Bladensburg Road. 750 feet after that intersection, after passing the Fairfield Inn & Suites hotel, bear right to enter the access road running parallel to New York Avenue, and follow it for 1300 feet (1/4 mile) to the Arboretum gate on your right.

***From the Maryland suburbs:*** Take the Capital Beltway (I-495/I-95) to exit 22B towards Washington. Follow the Baltimore Washington Parkway approximately 7 miles to New York Avenue. Get in the far left lane. Just after passing the Days Inn (on your right) and just as you approach the Fairfield Inn & Suites (on your left), bear left into a small turn lane and make a U-turn onto New York Avenue heading east. Move into the far right lane, and 400 feet after the U-turn, bear right to enter the access road running parallel to New York Avenue, then follow it for 1300 feet (1/4 mile) to the Arboretum gate on your right.

***From Virginia (I-395):*** Follow I-395 north over the 14th Street Bridge. Follow signs until the freeway ends at New York Avenue. Turn right onto New York Avenue and follow New York Avenue east past the intersection of Bladensburg Road. 800 feet after that intersection, 400 feet past the Fairfield Inn & Suites, bear right to enter the access road running parallel to New York Avenue, and follow it for 1300 feet (1/4 mile) to the Arboretum gate on your right.

***From Virginia (I-95 and I-295):*** Follow I-95 North and cross the Wilson Bridge. Stay in the right lane over the bridge. Bear onto the I-95/I-295 North to Washington. Follow I-295 to the exit Rt. 50 West - New York Avenue and continue on Rt. 50 (New York Avenue). Move into the far left lane. Just after passing the Days Inn hotel (on your right) and just as you reach the Fairfield Inn & Suites (on your left), bear left into a small turn lane and make a U-turn onto New York Avenue heading east. Move into the far right lane, and 400 feet after the U-turn, bear right to enter the access road running parallel to New York Avenue, then follow it for 1300 feet (1/4 mile) to the Arboretum gate on your right.

***From Virginia (I-66):*** Cross the Roosevelt Bridge and follow Constitution Avenue past the Capitol Building. Bear left onto Maryland Avenue. Follow Maryland Avenue to Bladensburg Road. Make a left onto Bladensburg Road and travel 1.3 miles to the intersection of New York Avenue. Turn right onto New York Avenue, staying in the far right lane. 750 feet after the turn, 400 feet past the Fairfield Inn & Suites, bear right to enter the access road running parallel to New York Avenue, then follow it for 1300 feet (1/4 mile) to the Arboretum gate on your right.

Annapolis Amblers  
The United States National Arboretum  
Year Round Y1236  
10K, Trail Rated 2B, 5K Trail Rated 1A

Welcome to our walks at the National Arboretum

If open, we strongly encourage everyone to go inside the Administration Building and Visitor Services. You will be able to obtain a visitor guide, with a lot of information, and a map of the grounds. Restrooms on the Arboretum grounds may be closed in winter months.

10K: This walk travels throughout the entire grounds, and goes through most exhibits. There are some steps, and numerous paths on non-paved surfaces. Some of these paths are not well marked with signs. We ask your patience with our directions. We have tried to give accurate directions, while not having the directions overly long.

5K West: This walk is also completely on paved surfaces. It covers the Western sections of the Arboretum.

There is a circular roadway at the main entrance to the Administration Building. The walks begin at the nearby flagpole.

## National Arboretum 10K Walk

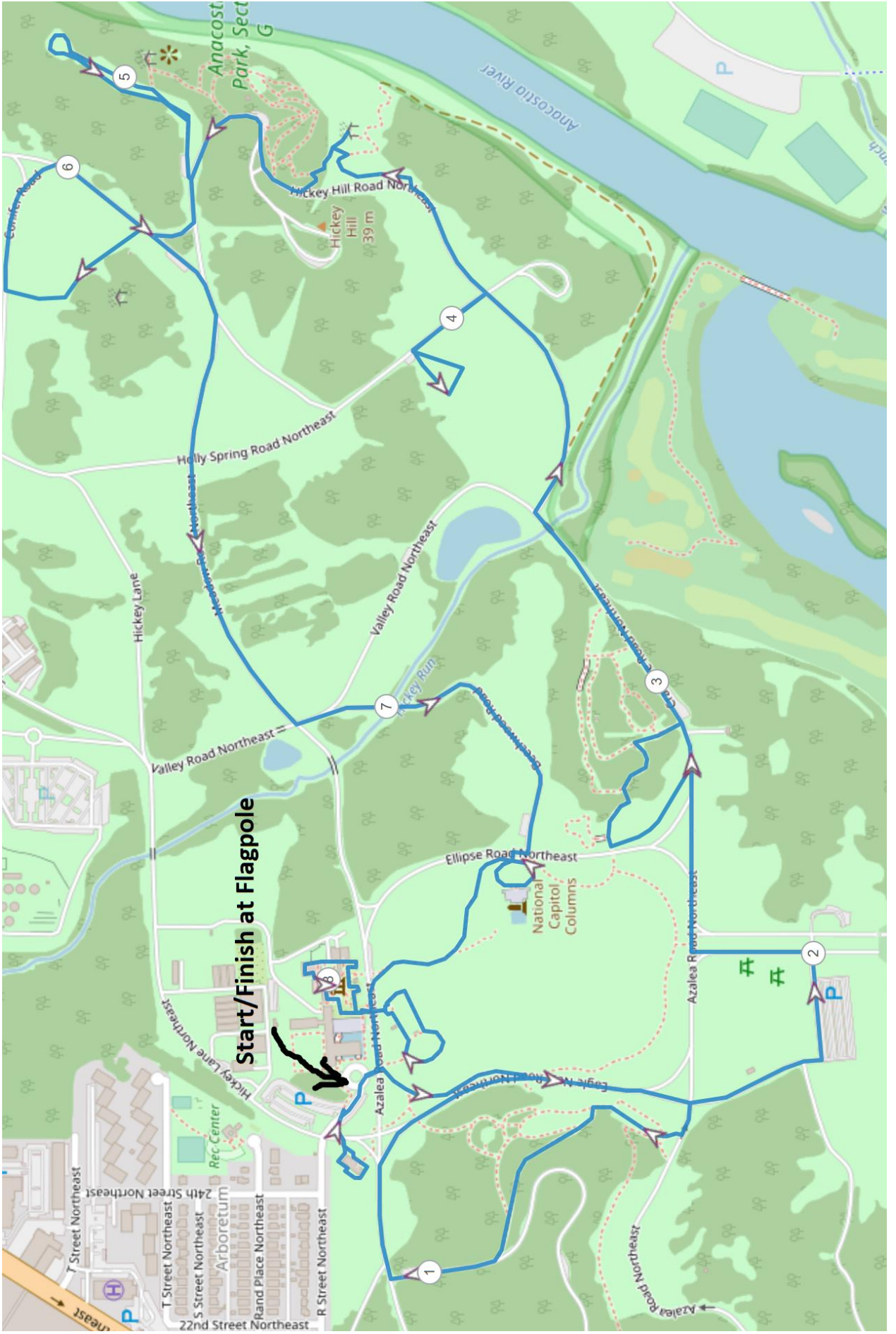
1. With your back to the Administration Building entrance, the flagpole on your right, cross the pedestrians-only paved road (Meadow Road/Azalea Road), straight towards the bench and continue past the bench on the concrete sidewalk. At the triangle, bear left.
2. Continue past the top and base units of a Corinthian column (Sandstone Sculptures interpretive sign nearby), and begin walking on left side of the paved road (Eagle Nest Road).
3. Right at fork in road, to Stop sign.
4. Right, pass Do Not Enter signs.
5. Right, up brick stairs, at sign for "Azalea Collections"
6. Continue through courtyard and continue up more brick stairs.
7. Walk straight through collection, go down brick steps and continue straight onto gravel path.
8. Left at fork, just past sign "What's your hobby?"
9. Straight past steps on your right, to T, turn right.
10. Straight past paths on both sides, you will pass a small shed.
11. Straight to paved road
12. Right to end.
13. Right at No Right Turn icon.
14. Continue on paved road as it curves to the right.
15. Right at next fork.
16. You will be on the same road (Eagle Nest) as the start of the walk.
17. Pass Sandstone Sculptures and sign.
18. Continue straight through the next intersection (Stop sign).
19. **RESTROOMS** will be on your left, they may not be available in colder months.
20. Left at parking lot. Grove of State Trees will be on your left.
21. Left before One Way sign.

22. Right at next "T" intersection (green fire hydrant on right). 3K
23. Pass roads on left, continue straight to Stop sign.
24. Pass Youth Garden on your right.
25. Left at next path. This is "Fern Valley". This network of trails was damaged by storms so expect one or more detours until this is resolved. At this writing, the trail leads to a paved road next to the Capitol Columns. Just before this road, turn Left onto a grass path. This path (and most of the other paths being repaired) will take you to the road (Crabtree Road) near where you first entered the Fern Valley.
26. Turn Left on this paved road (in the direction away from the Youth Garden).
27. Just after crossing a bridge, take the next Right at Hickey Hill Road.
28. Bear Left past gravel road on right.
29. Next Left, up Holly Spring Road.
30. Left on road just after New York Avenue Exit sign
31. At sign for Holly, Magnolia Collection look for paths on well-groomed grass. 4K
32. Starting just to the Left of the parking area, walk around perimeter of the collection counterclockwise. Path will curve back at two benches, do not cross open fields.
33. Continue back to parking area as you desire.
34. Right on paved road to retrace your steps earlier. (Holly Spring Road)
35. Left at Stop sign. (Hickory Hill Rd.)
36. Right at concrete sidewalk. Proceed on sidewalk, past box with brochures.
37. Take a Sharp Left at first intersection. Right at next intersection to nearby Pagoda.
38. Retrace your path, then straight up steps.
39. At top of steps, take next path left.
40. At paved road, turn right. 5.2K
41. Right at triangle for "Hickory Hill Overlook" **RESTROOMS** are available in season. Continue on the road downhill to a parking area on the Right.
42. Sharp Right into "Dogwood Collection." Take sidewalk on right.
43. When sidewalk ends, continue straight onto grass path.
44. Straight to a mostly overgrown "overlook" with a bench.
45. Leaving the overlook, bear right on grass path and walk around perimeter. A pavilion will be on your right.
46. Follow the grass path to the lowest point at to a circular cement fountain.
47. Turn around, keep to the right and return to the parking lot.
48. Right at paved road.
49. Right on road for "Conifer Collections" 6.3K
50. Right at Yield sign.
51. Left on grass path to the left of the "Gotelli Dwarf & Slow Growing Conifer Collection" sign.
52. The paths through this collection are on groomed grass. You can pick up a brochure in the box on your left.
53. Left at fork with bench.
54. Straight at next intersection, just past "Little Gems" sign.
55. Continue as desired in a clockwise fashion until reaching the paved road. (Conifer Road)
56. Turn right and continue on the road as it curves right. Bear Right at triangle.
57. Straight up hill, past parking lot, to paved road. (Meadow Road)
58. Turn right at Y. Straight at next intersection (no signs).
59. Left at next intersection with a Stop Sign (Beechwood Road at Valley Road) 7.9K

60. Right at Y, up the hill. You will reach a T intersection with a paved road with the Capitol Columns opposite.
61. Straight across crosswalk. You will be walking up to the columns, counterclockwise, using the second path on the right ( to the left of the sign “National Capitol Columns”). Continue on the sidewalk, past the Columns, and after completing the oval, take the sidewalk to the right of the “National Capitol Columns” sign.
62. Once you reach a parking area, stay left on the sidewalk.
63. Left on (pedestrians-only) paved road.
64. Right into “National Bonsai and Penjing Museum” if open (closes at 4 p.m.).
65. Walk through the International Pavilion, then into the Chinese Pavilion. Continue straight across courtyard, into North American Pavilion. Continue through, then turn left on gravel path and exit through gate, to the pedestrian-only paved road. 9.2K
66. Cross road and enter “National Herb Garden”
67. Walk the perimeter clockwise as desired, then exit through the original place.
68. Left at pedestrians-only road.
69. Right at the flagpole, into parking lot.
70. Go Left, away from circle.
71. Stay to the left side of parking lot, walk to sidewalk and look for sign for Arbor House.
72. Cross street at crosswalk, into “Friendship Gardens”  
**RESTROOMS** available, but the gift shop may be closed until further notice
73. Walk to the left of the building and follow the sidewalk all of the way around the building.
74. Straight to crosswalk (Hickey Lane)
75. Straight across to sidewalk and the original parking lot. 10K

You have finished your walk. Thanks for walking with us.

# National Arboretum 10K Map



## National Arboretum 5K Walk West Section

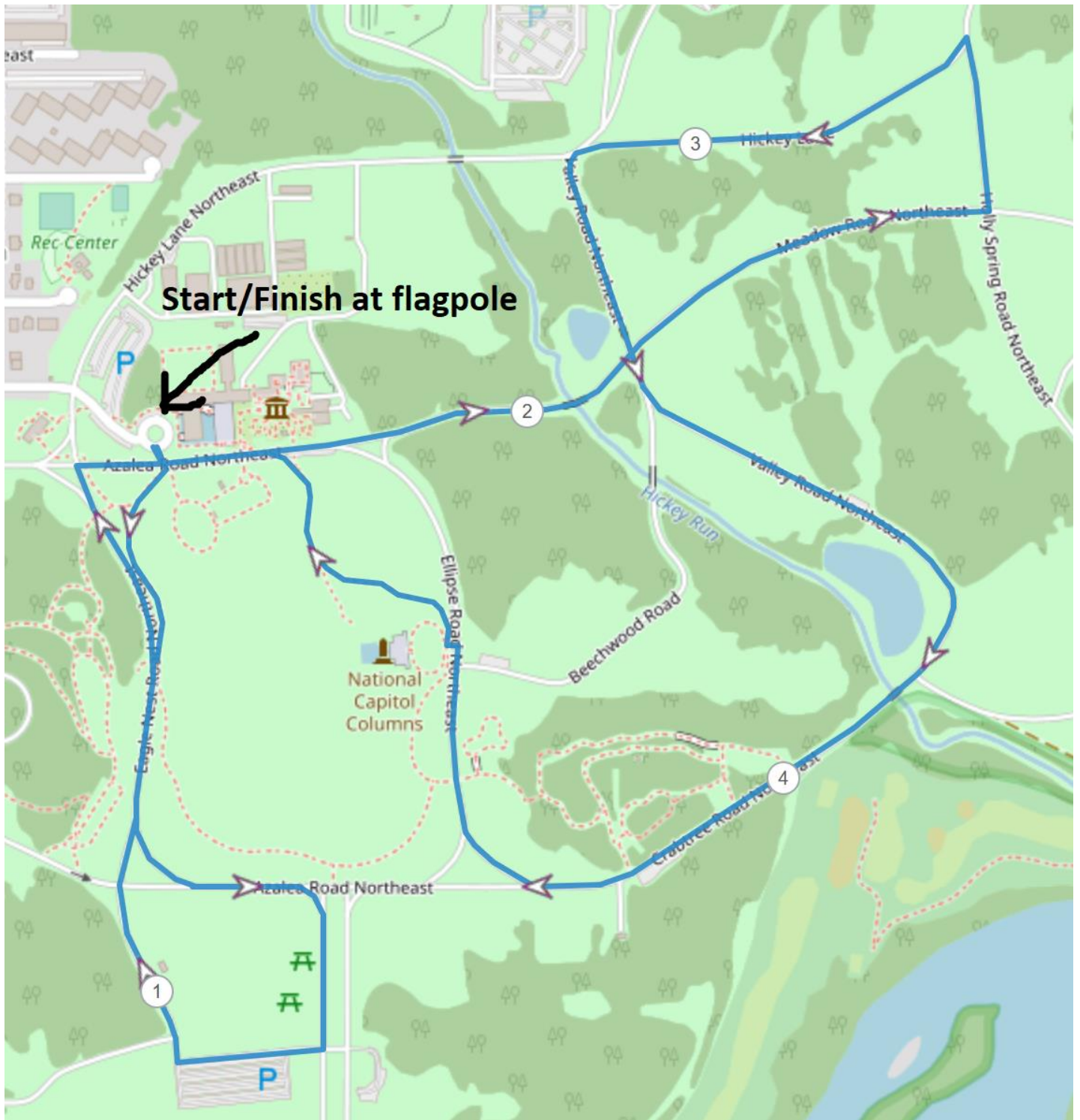
This route is a 5k loop, which stays on paved roads and hard surface sidewalks.

This walk starts at the Administration Building & Visitor Services, which has the best access to RESTROOMS in the winter months (but its restrooms are closed as of this writing).

1. With your back to the Administration Building entrance, the flagpole on your right, cross the pedestrians-only paved road (Meadow Road/Azalea Road), straight towards the bench and continue past the bench on the concrete sidewalk. At the triangle, bear left.
2. Continue past the top and base units of a Corinthian column (Sandstone Sculptures interpretive sign nearby) and begin walking on left side of the paved road (Eagle Nest Road).
3. Left at fork in road.
4. Take the next Right.
5. Right at "Grove of State Trees" sign.
6. Right at end of parking lot.
7. RESTROOMS will be on your right. Not available in winter months.
8. Straight at "Stop" sign, walk on left side of road. "Azalea Collections" will be on your left.
9. The gift shop (Arbor House) will be on your left just beyond the next intersection.
10. RESTROOMS are available all year round.
10. Right at narrow paved street which is blocked by planters and closed to vehicles.
11. Pass your Start point flagpole, on your left.
12. Straight past Administration Building and Bonsai Museum, on your left.
13. At "Pedestrian" icon, bear left at triangle, you will be on Meadow Road.
14. At next intersection with a Stop Sign, continue straight.
15. At the following intersection, turn Left (Holly Spring Road). There are stop signs here but they all face away from your direction.
16. At the next intersection, turn Left again (Hickey Lane). Once again, there are stop signs here that face away from you.
17. Next left at Valley Road.
18. Straight at next intersection with sign "Caution: Two-Way Traffic Ahead"
19. Immediately take Left at fork, (Valley Road).
20. Road curves around a pond on right.
21. Straight past road on left. Follow sign for "Fern Valley"
22. Stay on paved road, do not take side paths. Straight past "Stop" sign and "Fern Valley" sign.
23. "Youth Garden" will be on your left.
24. Take next Right. You will see the National Capitol Columns atop the hill.
25. At the crosswalk, turn left towards the National Capitol Columns.

26. Immediately turn right on the first sidewalk, keeping the “National Capitol Columns” sign on your left. You will eventually see the Administration Building and the start point flagpole in the distance.
27. Stay on the sidewalk to its end at paved road.
28. Left on paved road, to flagpole and end of walk.

Thanks for walking with us.



National Arboretum  
5K Map