



Arboretum 5/10K Walk

Sanction 122243 Y1247

www.DairylandWalkers.com

Madison Area Volkssport Association
Rated 2A

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Disclaimers:

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

In case of Emergency: Dial 911

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Be sure to log back into the OSB system to 'finish/complete' your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date of the event, the distance, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.) Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Physical Start Box/Start Point: Colectivo Coffee - 2530 Monroe St, Madison, WI 53711

Driving to the Start Box/Start Point: From US-12 (W Beltline Hwy) take Midvale Blvd exit N. Proceed 1 block N to Nakoma Rd. intersection. Turn right, proceed on Nakoma for approx 1.25 miles. Stay on Nakoma as it curves right & becomes Monroe. Proceed on Monroe 10 blocks, just past Sprague St. Colectivo Coffee is on the left. Ask for the Walkbox at the counter. Restrooms, food, and drink are available at the start point.

Metered parking is available along Monroe Street. Free parking is available in the neighborhood behind Colectivo.



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Do not depend only on these written directions. Refer to the map frequently. For safety's sake, walk on the left side against the traffic on roads without sidewalks.

In warm weather, be prepared for mosquitoes!

Exit front door of Colectivo Coffee, which is housed in an early 1920s building. (Note Michael's Frozen Custard across the street, located in an old gas station. This is the company's oldest store, opening in 1986.) Turn

1. **L** on Monroe St. Cross Commonwealth Av and immediately turn
2. **R** and cross Monroe St. Immediately turn
3. **L** on Monroe St. Pass **Wingra Park** and the Wingra Park Bike Path. Cross Terry Pl, Woodrow St, and Edgewood College Dr. (To the right is the campus of Edgewood Catholic elementary school, high school, and college, which had their beginnings in 1881 by the Sinsinawa Dominican Sisters.) Cross an entrance drive. Turn
4. **R** on Edgewood Av. Pass Madison St. [**1K**] Cross Jefferson St and continue straight downhill. Cross Adams St. Turn
5. **L** on Vilas Av. Cross Lincoln St. Cross Van Buren St and immediately turn
6. **R** crossing Vilas Av, onto an asphalt path. Go straight, then veer left and left again onto the main path into **Henry Vilas Park**, one of Madison's oldest parks. Pass a playground. (Shortly before the path splits, note on the left a plaque on a stand honoring a

big U.S. Constitution Bicentennial Living Witness Tree.) At a "Y", turn

7. **R** on the path. At the next intersection, veer
8. **R** with a parking area on the left. Stay on this path. A fence will be on the right and a parking lot on the left. [**2K**] Pass an entrance to the **Henry Vilas Zoo**, which has free admission. (Restrooms are available when zoo is open.)

Continue on the roadway, keeping the fence on the right. At a traffic circle, walk across the circle and go uphill on the paved trail, entering an annex of **Henry Vilas Park**. (On the left, note signage on a rock for a *white oak tree*.)

(At a "Y", off to the left is the **Annie C. Stewart Memorial Fountain**, which was completed in 1925. It is the oldest commissioned piece of public art in Madison. Unfortunately it has been vandalized and badly needs repairs.)

Follow the path to the right. (Note the stone on the right with signage about the **Indian Mounds found in the Vilas Park Mound Group**, which is on the National Register of Historic Places.) Continue on the path and exit the park. Turn

9. **R** on Orchard St. Turn

10. R on Vilas Park Dr, staying on the right side. (*To the left is 339-acre **Lake Wingra.***) Walk by parking areas.

(*When open, both the zoo and beach house have restrooms.*)

Continue walking on the right side, in the bike lane, **[3K]** passing more parking areas and a shelter. **Henry Vilas Park** is on the right. After crossing a **stone bridge**, turn

11. L and cross Vilas Park Dr onto a sidewalk. Turn

12. L on Edgewood Dr.

Option 1 – Primary Route: Continue on Edgewood Dr to the end, going by the Mazzuchelli Center, which houses water research labs and science classrooms. Skip Option 2 instructions.

Option 2 – Natural Trail & Boardwalk:

Shortly after turning onto Edgewood Dr, go through an opening in the fence on the left and descend wooden steps. Turn right on a dirt path. **It may not be advisable to go this route during wintry or wet conditions.**

Pass a grouping of benches. Turn left onto a **boardwalk** amongst cattails. At an intersection, turn right. At a “T”, turn left.

At the next intersection, continue straight. Pass through a wooden circular seating area and go straight on a dirt path. At an intersection, turn left on the path.

Pass wooden steps on the right. (*Note signage for a Bear Mound.*) Pass through a fence back onto Edgewood Dr. Turn left for a short distance.

[4K] Turn

13. R on a wide asphalt path to Woodrow St. Walk through the gate and stay on the left side of the street. (*Note the Little Free Library box on a post. They are located in all 50 states and nearly 80 countries. The project's slogan is "Take a book, return a book".*) The Edgewood campus is again on the right. Turn

14. L on Monroe St. Cross Terry Pl. At Commonwealth Av turn

15. R and cross Monroe St. Immediately turn

16. L and cross Commonwealth Av. Continue straight on Monroe St back to the starting point.

We hope you enjoyed this walk!



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Arboretum 10K Walk

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In warm weather, be prepared for mosquitoes!

Exit front door of Colectivo Coffee, which is housed in an early 1920s building. (*Note Michael's Frozen Custard across the street, located in an old gas station. This is the company's oldest store, opening in 1986.*) Turn

- 1. L** and walk to Commonwealth Av. Cross Commonwealth Av and immediately turn
- 2. R** and cross Monroe St at the lights. Immediately turn
- 3.** on Monroe St. Cross Terry Pl. Turn
- 4. R** on Woodrow St. (*To the left is the campus of Edgewood Catholic elementary school, high school, and college.*) At the end of Woodrow St, continue straight through the gate. (*Note the Little Free Library box on a post. They are located in all 50 states and nearly 80 countries. The project's slogan is "Take a book, return a book".*) Turn
- 5. L** on Edgewood Dr.

Option 1 – Primary Route: Continue on Edgewood Dr to the stop sign at Vilas Park Dr, going by the Mazzuchelli Center, which houses water research labs and science classrooms. Skip Option 2 instructions.

Option 2 – Natural Trail & Boardwalk: Immediately after turning onto Edgewood Dr, go through an opening in the fence on the right and turn left on a wood chip path. **It may not be advisable to go this route during wintry or wet conditions.**

Note plaque for a bear effigy mound on the left. Pass steps on the left. Just before coming to a building (the Mazzuchelli Center), turn right on a trail towards a wooden circular seating area. Continue on **boardwalk** amongst cattails. At intersection, continue straight. At next intersection, turn right. At a "T", turn left. At end of boardwalk, go a short distance and turn right onto a dirt trail. Follow this trail straight to the end, where it rejoins Edgewood Dr after going up wooden steps. Turn right on Edgewood Dr.

Turn

- 6. R** on Vilas Park Dr to stop sign. Cross Vilas Park Dr. Turn
- 7. R** walking over a **stone bridge**. (*To the left is Henry Vilas Park and to the right is 339-acre Lake Wingra.*) Continue walking on this road, passing various parking areas. (*There are seasonal restrooms in the park shelters.*)

The Henry Vilas Zoo, which has free admission, will appear on the left. When open, restrooms are available.)

When convenient, cross to the right side and walk on a dirt path, which becomes the paved Wingra Creek Bike Path at Orchard St. Pass Wingra Dam on the right. Turn

- 8. R** on McCaffrey Dr and enter the **University of Wisconsin Arboretum**. Cross **bridge** over Wingra Creek.

Watching for traffic, cross the road and walk on the left side. Gardner Marsh is on the left and **Lake Wingra** is on the right. Continue walking on the main road – ignore streets on the left. You will be walking on this road for about 3 miles.

(The Arboretum is an extension of the UW-Madison and is used by students and researchers focusing on ecological restoration and consists of 1,260 acres.)

Eventually, a wire fence will appear on the left. *(Within this area are the **Longenecker Horticultural Gardens**, which have the premier collection of trees, shrubs, and vines in Wisconsin. The gardens have major displays of blooming lilacs (one of the nation's largest) and flowering crabapples in May.)*

At a traffic circle and barricade, the drive to the left goes to the Visitor Center which has restrooms when open.

Continue straight across the traffic circle/barricade, and then continue straight across a second traffic circle. Veer

9. R on McCaffrey Dr.

Option 1 – Primary Route: Continue on this road until it exits the Arboretum at stone pillars. *(**Curtis Prairie**, the world's oldest restored prairie, is on the left.)* Skip Option 3 instructions.

Option 3 – Natural Trail: Opposite a parking area on the right, turn left and walk on a path between two metal poles. **It may not be advisable to go this route during wintry or wet conditions.** Turn right at the next intersection and walk parallel to the road. *(You are in the 60-acre **Curtis Prairie**, the world's oldest restored prairie. Portions of the Walt Disney nature documentary "The Vanishing Prairie" were filmed here,*

notably the prairie fire filmed during a controlled burn.) Continue straight into the woods. Turn right at the next intersection and go through a gate. Turn left on McCaffrey Dr. Continue on this road until it exits the Arboretum at stone pillars.

Turn

10. R and walk on a dirt/gravel path to Manitou Way. Cross Manitou Way and immediately turn

11. R on Manitou Way. Cross Tumalo Tr and Mandan Crescent *(note the "guard houses".)* At Nakoma Rd, turn

12. R on Nakoma Rd. *(The Arboretum will again be on the right for almost the entirety of the remaining route.)*

*At 3706 Nakoma Rd is located the three-story, red brick, former **Old Spring Tavern**, distinguished by the white two-story veranda, with a stone wall in front of it. It is one of the oldest buildings in Madison (built in 1854) and was a stagecoach station on the road to the early lead mines in southwestern Wisconsin. It is on the NRHP.*

Opposite the former tavern is a stone wall with an opening in it. It is possible that this wall, as well as the one in front of the tavern, was designed by Frank Lloyd Wright, a Wisconsin native. Steps go down to Spring Trail Pond and its natural springs. There are other steps going back up to the street.)

Opposite Spring Tr turn

13. R on a bike path. Veer

14. R on Monroe St and continue on the bike path/sidewalk. Pass Glenway St. *(Before Copeland St on the left, note the **Arbor House**, with green shutters,*

built in 1853 and on the NRHP. Originally named the Plough Inn, it was a tavern/stagecoach stop.)

Stay on the bike path as it separates from the sidewalk and veers to the right. At the end of the path, cross Arbor Dr (no sign). Turn

15. R on Arbor Dr. Cross Pickford St. Cross Knickerbocker St and continue on Arbor Dr, walking on the left side of the street. (**Wingra Park** is on the right.) At the turn-around circle, continue straight

on the Wingra Park Bike Path, passing a playground. At Monroe St, turn

16. L and walk to the lights at Commonwealth Av. Turn

17. R at the lights and cross Monroe St. Immediately turn

18. L and cross Commonwealth Av, proceeding back to the start/finish.

We hope you enjoyed this walk!

