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THE TWO TOWN WALKING CLUB
Welcomes You To
THE 5K/10K GLOUCESTER, MASSACHUSETTS WALK
An AVA Sanctioned Year-Round Event

This walk has 5k and 10k trails, both along the streets and some uneven dirt trails (Stage Fort Park) of the City of Gloucester. America's oldest seaport is still an authentic working waterfront community and home to Gorton's, Inc., famous for frozen seafood. Highlights include views of three (3) lighthouses, many museums, scenic vistas, shops & restaurants, along with Fishermen's Memorial, Fishermen's Wives' Memorial, numerous Armed Forces memorials, and view of Hammond Castle, built by eccentric inventor John Hays Hammond (Father of Radio Control). 10k route passes Our Lady of Good Voyage Church; home/memorial to artist Fitz Hugh Lane; site of First US Coast Guard Air Station; Spanish American War Memorial; and Gorton's. BOTH trails rated 1B; medium/hard for strollers; not accessible for wheelchairs; leashed pets permitted.

POC: Joseph Piffat (jpiffat@aol.com).

About Gloucester: Located on the tip of Cape Ann in northeastern Massachusetts and bordering Rockport (see Rockport SE), Gloucester was home to the Agawam nation. Early European explorers included Samuel de Champlain (1606), who named it "le beau port" (the beautiful port), and Capt. John Smith (1614). First European settlement was a permanent fishing outpost (1623). The city was formally incorporated in 1642 and named for Gloucester, UK. Home to the fishing and granite industries, it also became a center for theater and for the Rocky Neck Art Colony, including Fitz High Lane, Hassam, Hunt, Hopper, Kraske, Faulds Pike, Rothko, Hyatt Huntington, Meyerowitz, Bernstein, Beaux, Nivison, and others.

Restrooms: NO restrooms near the Start Point, so walkers are encouraged to use a restroom en route prior to arrival. Sawyer Free Library (3k/8k) and Gloucester City Hall (3k/8k) when open; Chamber of Commerce (6.5k). Seated restaurants may have restrooms; take-out restaurants do NOT have restrooms. (Train travelers on 10k: Shaw's Supermarket next to the station; and about 1k, 4k and 8.5k.)

Walk Registration, Completion & Credit: Registration takes place online via the AVA Online Start Box (OSB; my.ava.org). Follow instructions provided to create a user account and **sign the one-time AVA waiver**. Pay walk fees as instructed, and download/print directions. **POC does not provide directions or accept alternate payment methods.** Once you have walked, login to your OSB account, click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" for the event. Use form to submit the date/distance of your walk and to select AVA Special Programs to generate stamped insert cards. **Groups – please contact the POC.**

About TWO TOWN WALKING CLUB: The Two Town Walking Club (TTWC) is the local chapter of the AVA: America's Walking Club, which promotes health through walking and other non-competitive sports. IVV/AVA credit is available at their sanctioned walks. TTWC membership fee is \$12/year and includes a quarterly newsletter. For additional information, contact: Joseph Piffat, Club President, at jpiffat@aol.com.

GLOUCESTER, MA YRE – 5K/10K WALK

Driving Directions to Start/Finish: Route 128 North to Exit 53/Route 133. TURN RIGHT. Pass Cape Ann Marina Resort on left to end. Facing the Harbor, TURN RIGHT at Stop sign onto Route 127 South. TURN LEFT into Stage Fort Park, 24 Hough Ave., keeping tennis courts on the left. Go uphill. The Visitors Welcoming Center is on the left and Parking is across the street on the right.

Start/Finish: The Start/Finish (NO restroom, except Memorial Day – Labor Day) is at 24 Hough Ave., Gloucester, MA 01930. Proceed to front of Visitors Welcoming Center to begin walk (42.605286, -70.678174).

WARNING: Memorial Day weekend to mid-September, there are **HIGH** fees for parking at Stage Fort Park. Use meters on streets or free parking (Sunday only) at City Hall lot (9 Dale Ave.).

Commuter Rail Directions (10k only): Limited commuter trains travel to Gloucester from NORTH Station in Boston (Rockport Line; <https://www.mbta.com>) and ONLY FOR THE 10k TRAIL. Confirm with conductor BEFORE boarding the train in Boston & check return. Service subject to change. Trains are NOT available from other Boston stations. Exit Gloucester Station and turn LEFT onto Railroad Ave, passing Shaw’s Supermarket. At intersection, turn LEFT onto Prospect St to intersection with Pleasant St. Start with #36 on 10k directions, **BUT turn RIGHT** (instead of left) onto Pleasant St, keeping Spanish-American War Memorial (center of intersection) on your left.

Restrooms: Restrooms at Start/Finish Memorial Day to Labor Day. Otherwise, restrooms on walk at Sawyer Free Public Library (2 Dale St.; #11 [5k/10k]); City Hall (9 Dale St.; #12 [5k/10k] & #36 [10k]); Chamber of Commerce (24 Harbor Loop; #30 [10k]); and in seated restaurants. **NO RESTROOMS** in take-out restaurants.



In case of Emergency: Dial 911
Event-related assistance:
Joseph Piffat (978) 777-4619

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

GLOUCESTER, MA – 5K/10K

1. With your back to the front of the Visitors Welcoming Center, TURN LEFT and walk across grass to path leading to the left of the Gazebo to a large rock with a bronze plaque. *The plaque memorializes the first English Settlement in Gloucester in 1623 established by Governor Roger Conant.*

2. REVERSE DIRECTION staying on path and keeping Gazebo on left but follow path to red sidewalk along Hough Ave. (No sign.)

3. TURN RIGHT onto Hough Ave. and walk downhill on the red sidewalk to a white walk leading to the *Viet Nam War Memorial*, TURNING LEFT at the end of the walk to the red sidewalk.

4. TURN RIGHT onto the sidewalk onto Western Ave. *The Memorial to the US Merchant Marine 1941 – 1945 is on your right amongst flower beds with a white anchor behind the stone.*

5. TURN LEFT at the first crosswalk and cross Western Ave. and enter the World War II Memorial. *Explore the monuments honoring*

those who served in that war. RETURN to Western Ave.

6. TURN LEFT and follow Western Ave., cautiously crossing Essex Ave. (Route 133).

1K

7. CONTINUE along Western Ave., crossing the Blynman Canal on the drawbridge.

Note: This is a very busy waterway at certain times of the year. The canal connects to the Annisquam River to save boats a trip around the tip of Cape Ann. Delays can be frequent.

8. CONTINUE along Western Ave., crossing Perkins Rd. and Centennial Ave. to Middle St.

9. CROSS Middle St. and TURN LEFT on Middle St. CROSS Angle St. and pass the American Legion Post 3 on your right. *The World War I Memorial in Legion Square on your left is represented by a statue of Joan of Arc, sculpted by Anne Hyatt Huntington, a summer resident and sculptor of international fame.*

10. CROSS Washington St. (no sign) and TURN LEFT, and CROSS Middle St. and TURN RIGHT on Middle St. Walk along the left side of Middle St. *passing St. John's Episcopal Church, the first Unitarian Universalist Church in the USA, and the Monument commemorating Rev. John Rogers executed in England in 1555 for reading a Bible printed in English.* Pass Trinity Congregational Church. Cross School St. and pass Temple Ahavat Achim. Cross Dale St.

2K

11. TURN LEFT on Dale St. and cross Warren St. *Sawyer Free Library (2 Dale St.) is on left (restrooms when open).*

12. TURN RIGHT on Warren St. and pass in front of Gloucester City Hall on left. *(Restrooms in basement, enter City Hall via Warren St. entrance. Close at noon on Fridays. Closed weekends.)* At end of the street cross Pleasant St. (no sign).

13. TURN RIGHT onto Pleasant St. (no sign). Cape Ann Museum and Sculpture Garden is on your left.

POINT OF INTEREST: What is the animal represented by the **sculpture** to the right of the door to the museum? Enter the garden for a close look, then return to the street and TURN LEFT onto Pleasant St. keeping the museum on your left.

14. GO STRAIGHT to Main St. and cross street. **10K AND 5K ROUTES DIVIDE HERE.**

(5K walkers go to Number 37.)

3K

15. **10K walkers TURN LEFT** on Main St. for 10K walk trail and proceed to Manuel F. Lewis St.

16. TURN RIGHT on Manuel F. Lewis St. for one block passing Dunkins.

17. TURN RIGHT on Rogers St. (no sign), stay on right side of street, pass Parsons, Hancock, Porter Sts. and the St. Peter's Italian American Club, note the window with the statue of San Pietro carried in the Blessing of the Fleet Procession yearly.

4K

18. TURN LEFT at the next crosswalk and cross Rogers St. toward St. Peter's Square (sign on green buoy in the square).

19. TURN RIGHT on Rogers St. and continue, bearing left onto Commercial St. A branch of Endicott College will be on your right.

20. TURN RIGHT and cross Commercial St. using the crosswalk in front of the Beauport Hotel.

21. TURN RIGHT and walk to concrete walkway.

22. TURN LEFT onto walkway, keeping Endicott College on right and Beauport Hotel on left. Walk to Pavilion Beach. *Directly ahead in the water is the Greasy Pole where once per*

year, contestants vie to walk to the end before dropping into the water. Most don't make it. REVERSE DIRECTION and return to Commercial St.

23. TURN RIGHT and walk past the hotel to Fort Square.

24. TURN RIGHT at Fort Square keeping the Beauport Hotel on right (no sidewalks in some places). *Off to the right you will have the closest view of Ten Pound Island and Ten Pound Island Lighthouse. This is the location of the first US Coast Guard Air Station in the USA, later moved to Winter Island in Salem.*

25. TURN LEFT onto Commercial St. (no sign) and continue to Fort Square on right side of street. Follow Commercial St. to St. Peter's Square on the right. (Sign on Green Buoy)

5K

26. TURN RIGHT and find the gray path with Oak to Ember Restaurant on left and parking lot on right. Walk to Boardwalk.

27. TURN LEFT, walk along Boardwalk passing fishing and whale watch boats to tan building. *Note net on wall depicting the size of Salt, the humpbacked whale.*

28. TURN LEFT and walk past wall mural about fishing, through parking lot to Rogers St.

29. TURN RIGHT onto Rogers St., proceed to Harbor Loop St. and cross street.

6K

30. TURN RIGHT at TD Bank and follow Harbor Loop back to Rogers St. passing Jacob's Landing on right. *House that belonged to local painter Fitz Hugh Lane (aka Fitz Henry Lane) with a statue of him working, is on top of hill. The Cape Ann Museum has a gallery dedicated to his work. A statue of an orca is on the left near the end of the loop. The Greater Cape Ann Chamber of Commerce and Visitors Center is on left facing Rogers St. (Restrooms available.)*

31. TURN LEFT to first crosswalk TURN RIGHT and cross Rogers St., (no sign).

32. TURN RIGHT and pass Santander Bank on left, fish mosaic on right, Gorton's (the famous large fish processing and frozen fish company) with headquarters at 128 Rogers St., and Flanagan's Fuel on left.

33. TURN LEFT at Flanagan Square and cross Main St., continuing uphill on Prospect St.

34. BEAR LEFT on Prospect St. Our Lady of Good Voyage Roman Catholic Church, founded by Portuguese immigrant fishermen in 1892, is across the street. *If the church is open, you can see the votive model ships made and donated by sailors.*

7K

35. CONTINUE on Prospect St., passing Clark Bldg. on left and crossing Chestnut St. and Elm St. to the *Spanish American War Memorial and St. Ann Roman Catholic Church on Right* at Pleasant St.

36. TURN LEFT onto Pleasant St. and CROSS to right side of street at first crosswalk. CONTINUE passing City Hall on right and Cape Ann Museum on left to Main St. and cross Main St.

3/8K

37. TURN RIGHT on Main St. **the 10K route rejoins the 5K route** and CONTINUE through shopping district to Washington St. *(Temporary home of Sawyer Free Public Library next to Mystery Train. Restrooms available.)*

38. TURN RIGHT at crosswalk and cross Main St.

39. TURN LEFT and cross Washington St. (no sign) and Maplewood (no sign) to Western Ave. passing Orlando & Associates on Right. Follow Western Ave. to Middle St., Blvd Variety on right.

40. TURN LEFT and cross Western Ave. *On the traffic island is the Liberty Tree Memorial.*

41. TURN LEFT follow the sidewalk. *Note U. S. Coast Guard Aviation Memorial to the first US Coast Guard Air Station in the USA on Ten Pound Island out in the harbor with Ten Pound Island Lighthouse. The Greasy Pole can be seen to the left if facing the harbor. It is well greased once a year for a contest where people walk out to the end of the pole before dropping into the water. Very few make it to the end of the pole.*

42. The Stacy Esplanade sidewalk curves to the right and continues with the water on your left. *There is a good view of Hammond Castle across the harbor. Hammond Castle was built by John Hays Hammond, Father of Radio Control Technology, who always wanted to live in a castle. It is open for tours. The rock reef jutting from the water below Hammond Castle is Norman's Woe, site of many shipwrecks including the schooner Favorite. The poem, "The Wreck of the Hesperus" by Henry Wadsworth Longfellow is based on this incident.*

You will come to the world-renowned Gloucester Fishermen's Memorial with the man at the wheel sculpture on your right. Take a moment to walk through the memorials on your left that commemorate the lives by name and year of those from Gloucester lost at sea over its history. Look toward the harbor entrance.

The Dog Bar Breakwater Lighthouse is at the end of the jetty and frames the scene used in the movie, "The Perfect Storm," where the fishing vessel, Andrea Gale, is leaving on its last voyage.

43. CONTINUE to the Blynman Canal passing *the Korean War Memorial* where you will have to walk across the drawbridge on the sidewalk.

44. CROSS the bridge and **follow the walk to the left** along the water. On your right will be the gardens that change as the season moves

from Spring to Fall, the Stacey Memorial, the Fishermen's Wives' Memorial. *Looking out into the harbor from the Fishermen's Wives' Memorial there is an excellent view of the three lighthouses: From left to right, Ten Pound Island Lighthouse, Eastern Point Lighthouse, and Dog Bar Breakwater Lighthouse.* The Nathaniel Haraden Memorial, the bocce court and the tennis court are on the right.

4/9K

45. CONTINUE along the path after it becomes dirt to where two paths cross.

46. TURN LEFT and walk to the fort with its flagpole, cannons, and Revolutionary War Memorial. *Take a panoramic and photogenic view of the city and the harbor. From your left there are windmills, the steeple of the Unitarian Universalist Church, the tower of City Hall, the twin steeples of Our Lady of Good Voyage Church, Ten Pound Island Lighthouse, Eastern Point Lighthouse at the beginning of the breakwater, and the Dog Bar Breakwater Lighthouse at the tip of the breakwater marking the harbor entrance.*

47. REVERSE DIRECTION and head straight back to the Visitors Welcoming Center.

5/10K

One final note: a sea serpent is said to visit Gloucester every few decades. It is overdue and expected at any time soon. If you spotted it, consider it a bonus to the event!

We hope that you enjoyed your visit to a fascinating city!

Note: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion information, including date of event, distance, and selection of applicable special programs that participant is in. (Nevertheless, a fee of \$2 for downloaded PDF is deducted from user's Event Bank when PDF is downloaded. Later, any PDF fees are credited back to user's Event Bank when he/she submits event completion information as payment for credit participant. However, the \$2 coupon for downloaded pdf expires in 60 days.) Event registration expires after 30 days, but if registration lapses, you may re-register without cost.

Gloucester 5k Map



Gloucester 10k Map

