



The Asheville Amblers
 Welcome You to the
Pinckney Island, SC Walk
 An AVA Sanctioned Year Round Event



Take a restful walk in the woods along shaded lanes in the Pinckney Island Wildlife Refuge. Pass by open areas where Ibis, endangered Wood Storks and Egrets abound. In Spring and Fall, it is also a favored stop off point for warblers and other migratory birds. This is an ideal walk for birders or those who just enjoy a peaceful, serene walk in the woods. You may even glimpse the elusive Roseate Spoonbill. Both 5K and 11K options are rated 1A.

Walk Registration:

Registration takes place online using that AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB and then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online, by entering your participation date, distances, and any special programs using the OSB.

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

Section Contents	Pages
Introduction, Walk Registration/Completion, and Table of Contents	1
Start Point, Driving and 10 KM Walk Instructions	2
10 KM Map	3
Driving and 5 KM Walk Instructions	4
5 KM Map	5
Special Programs applicable to Pinckney Island Walk; Ambler Lowcountry Walks	6

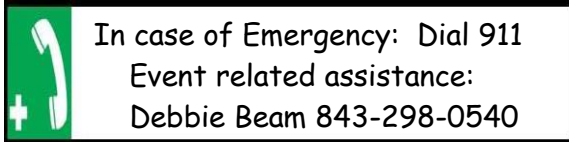
Starting Point Location:

From I95 north or south: Take SC exit 8 (Hwy 278) toward Hilton Head. Drive approximately 16.5 miles across bridge to entry to Pinckney Island Wildlife Refuge (be in left lane). Left into the Refuge and follow road to parking area which is the Start Point.

GPS: latitude is 32.234040 longitude -80.779016

Restrooms:

There are no restrooms at the Refuge. The Service Stations just before the bridge are the last chance for restrooms.

Emergency Numbers:**Walking Instructions:**

NO DOGS ALLOWED ON PINCKNEY ISLAND. It is a birders' paradise. Take time to enjoy the birds at the various ponds. Also, butterflies, turkeys and deer can be seen. You might hear or see an alligator as it ducks into a pond to avoid you. **WARNING** - there are red ant hills off the trail. Avoid them.

There are no amenities on the Island. Bring water, bug spray and sun protection.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

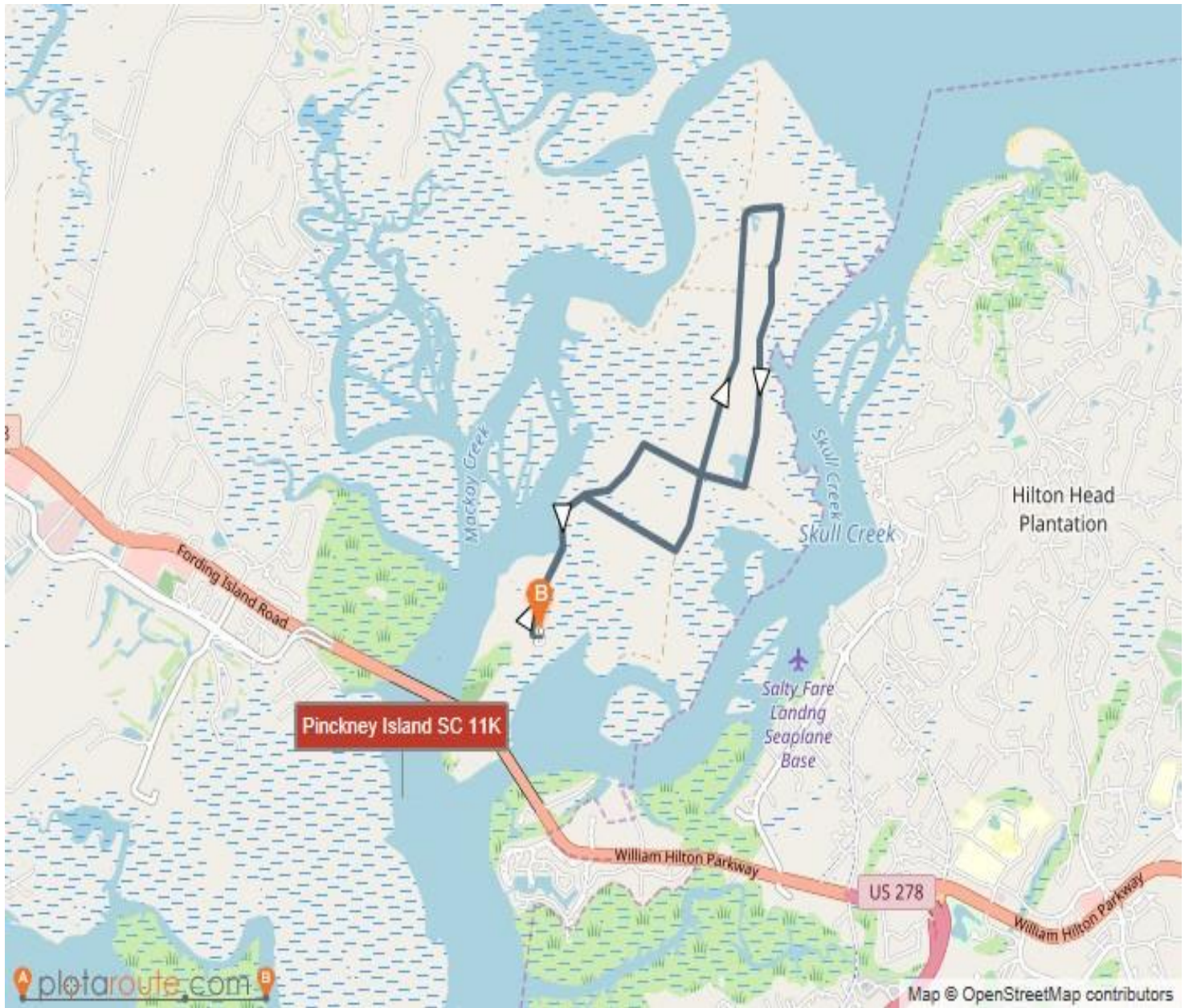
Walk Directions:**Pinckney Island, SC 11 KM**

1. Go to trailhead parking lot
2. Follow concrete path to "T" intersection with dirt road.
3. **RIGHT** on dirt road, passing Ibis Pond to intersection on right.
4. Continue straight on dirt road passing Starr Pond and Osprey Pond to four way intersection.

5. **LEFT** and continue on road, ignoring all trails to right and left, to "Y" intersection just past sign for Clubhouse Pond.
6. **RIGHT** at "Y" passing White Point sign to wooden fence.
7. **RIGHT** at fence and follow grass trail as it bends to the right.
8. Ignoring trail to right (sign to Main Trail), continue straight.
9. Ignore next trail to right and continue to opening on right with view of pond (Nini Chapin Pond).
10. **RIGHT** to pond.
11. **LEFT** and go clockwise around pond ignoring trail going left.
12. Approximately ¼ of the way around pond go across small knoll and down to sign.
13. Go straight past sign to grass trail.
14. **RIGHT** on trail to dirt road and veer **LEFT** to four-way intersection (bench-sign to Main Road – Instruction # 4).
15. **LEFT** on grass trail to intersection with trail going right.
16. **RIGHT** on trail to "T" intersection (Main Road).
17. **LEFT** and follow main road to the parking lot.

We hope you enjoyed your walk. If you have not already done so, please login to the Online Start Box to "complete" your walk.





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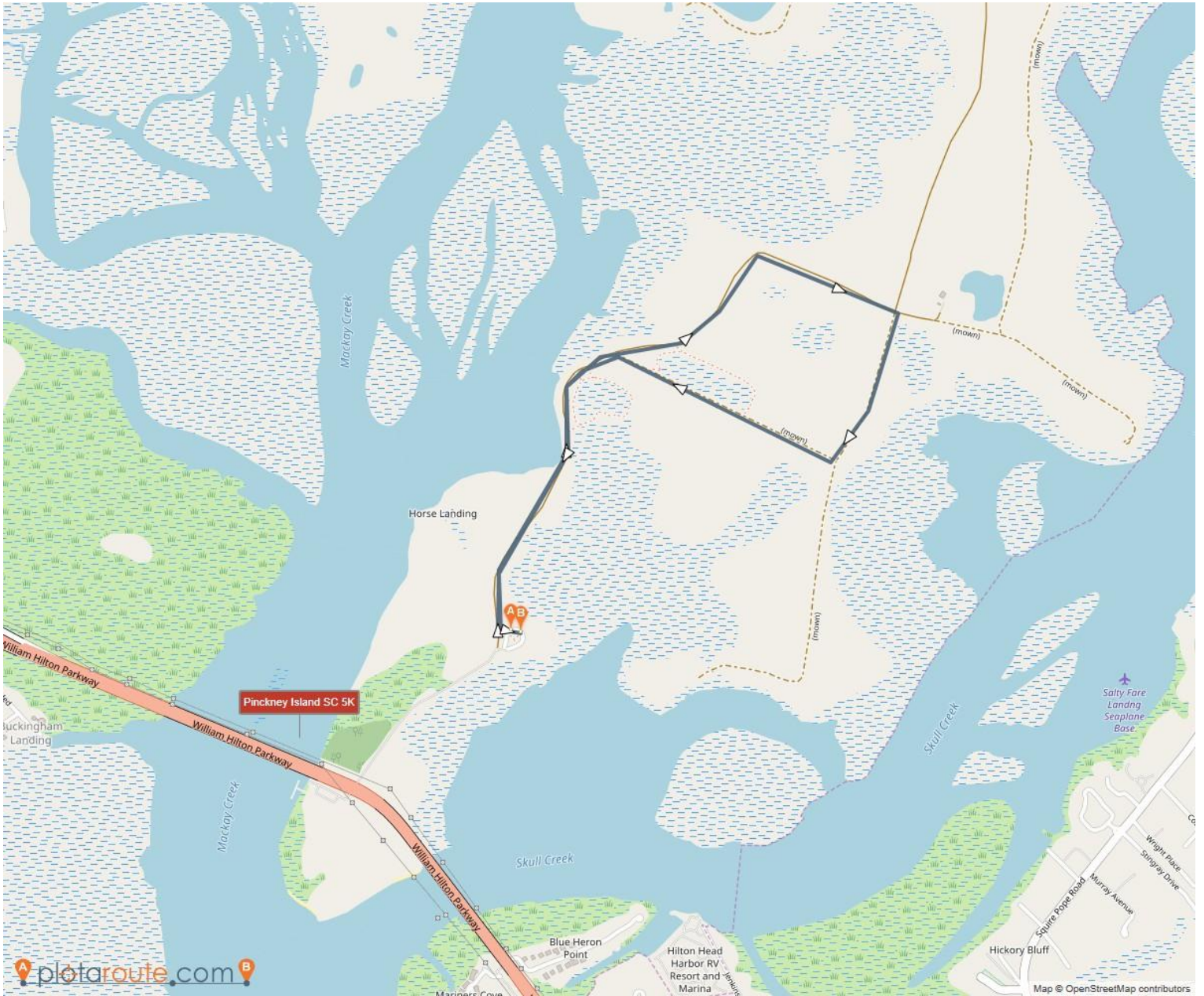
GPS: latitude is 32.234040 longitude -80.779016

Walk Directions**Pinckney Island, SC 5K**

1. Go to trailhead parking lot
2. Follow concrete path to "T" intersection with dirt road.
3. **RIGHT** on dirt road, passing Ibis Pond to intersection on right.
4. Continue straight on dirt road passing Starr Pond and Osprey Pond to four way intersection.
5. **Right** on grass to intersection with trail going right
6. **RIGHT** on trail to "T" intersection (Main Road).
7. **LEFT** and follow main road to the parking lot.

We hope you enjoyed your walk. If you have not already done so, please login to the Online Start Box to "complete" your walk.





AVA SPECIAL PROGRAMS					
Program Name	Years	10K	5K	__ K	Information
Airports - Celebrating American Flight	(2020 - 2023)				
Appalachian Trail	(2018 - 2028)				
Border Crossing	(2014 - 2023)				
Carousels	(2019 - 2022)				
Little Free Libraries	(2019 - 2022)				
Mayflower - 400th Anniversary Walk	(2020 - 2023)				
Rockin' Around the Clock	(2020 - 2023)				
Underground Railroad	(2017 - 2020)				
Walk Like an Olympian	(2018 - 2020)				
AVA NATIONAL PROGRAMS					
Program Name	Years	10K	5K	__ K	Information
50 States / 51 Capitals	(no end date)				
Walk the USA (A To Z)	(no end date)				

Ambler Lowcountry Walks

- Beaufort
- Bluffton
- Charleston Historic District
- Charleston Ravenel Bridge
- Hilton Head
- Magnolia Plantation
- Pinckney Island