

**Instructions for
North-University of Portland, Y1298
Portland, Oregon
Multnomah County Walk
6/10 Km, rated 1A**

Walk Start Location: 7522 N. Lombard St., Portland Oregon, 97203

GPS Coordinates: N 45.5881 W122.7438

Driving Directions: From I-5 Northbound take exit 305B "N Lombard St." Right on N. Lombard Street for 3.2 miles to intersection with N. Buchanan Ave. West Coast Health & Fitness will be on the left side of Lombard St.

I-5 Southbound take exit 304 "Rosa Parks Way - used to be Portland Blvd." Right on Rosa Parks Way to N. Interstate Ave. Right on N. Interstate Ave. to N. Lombard St. Left on N. Lombard St. to N. Buchanan Ave. West Coast Health and Fitness will be on the left side of N. Lombard.

Park: Park on nearby streets

Restrooms: In Fred Meyer, and along the route

Physical Start Box: Walk box available at entrance desk of West Coast Fitness at 7522 N Lombard St.

Walk Completion and Credit: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

"Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB . "

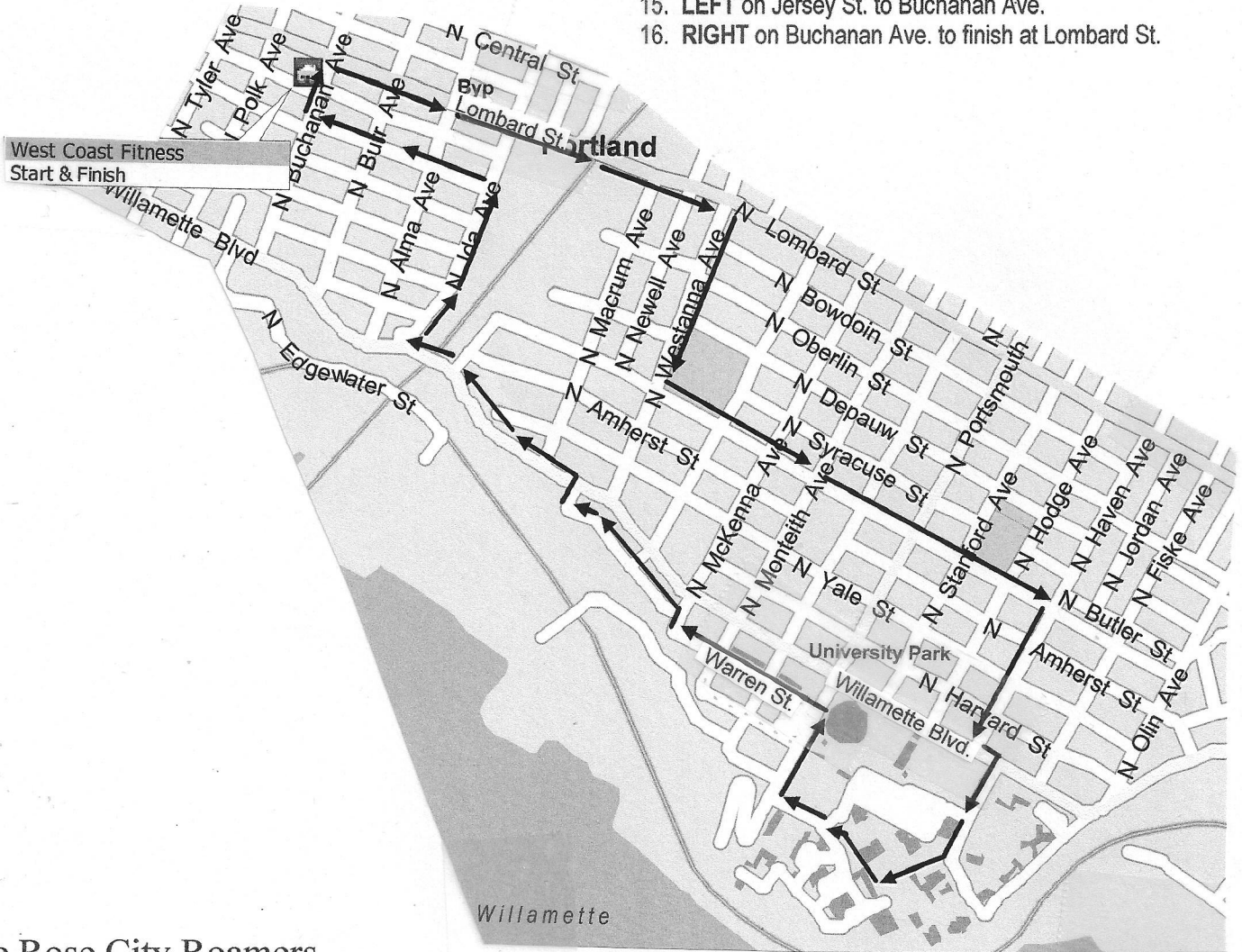
"These maps and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. "

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UNIVERSITY OF PORTLAND YRE 1298 6 KM – Rated 1A

1. **EXIT** West Coast and **RIGHT** on Lombard St past Fred Meyer to Westanna Ave.
2. **RIGHT** on Westanna Ave. to Princeton st.
3. **LEFT** on Princeton St. to Haven Ave.
4. **RIGHT** on Haven Ave. to Willamette Blvd.
5. **LEFT** on Willamette Blvd. short distance to Crosswalk. **CROSS** Willamette Blvd. and enter Campus
6. **STRAIGHT** along entrance road past the Pilot House and Bookstore on your right, Buckley Center on left and past Library on right (bathrooms) and continue into the quad straight to Shiley Hall

7. **RIGHT** at Shiley Hall and continue to end of sidewalk then bear slightly to your left down 10 steps to roadway.
8. **STRAIGHT** on roadway keeping baseball field on your right to end of street.
9. **RIGHT** on Portsmouth Ave to Warren St. just past Beauchamp Rec Center.
10. **LEFT** on Warren St to end of street at the SLUG Gardens. *Good overlook of the Willamette River*
11. **RIGHT** on McKenna Ave. very short distance to Willamette Ln.
12. **LEFT** on Willamette LN. continue as it turns right to Willamette Blvd.
13. **CROSS & LEFT** on Willamette Blvd. passing over railroad overpass to next street - Ida Ave.
14. **RIGHT** on Ida Ave. to Jersey St.
15. **LEFT** on Jersey St. to Buchanan Ave.
16. **RIGHT** on Buchanan Ave. to finish at Lombard St.



The Rose City Roamers
Thank you
For Walking Our Walk

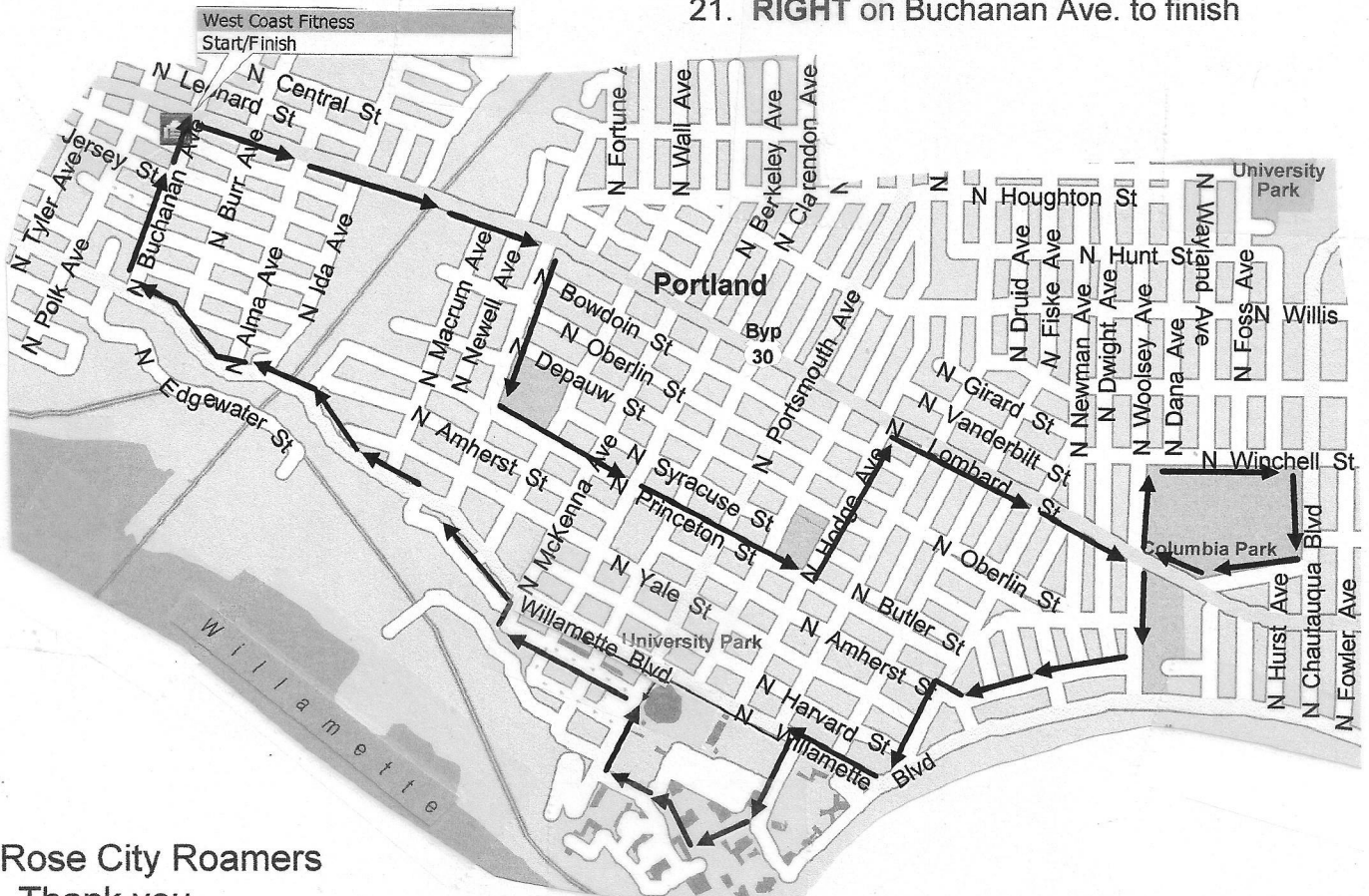
Emergency call 911
Walk Contact Dick 360-573-6048

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**UNIVERSITY OF PORTLAND
YRE 1298 10 KM – Rated 1A**

1. **EXIT** West Coast and **RIGHT** on Lombard St. past the RR bridge to Westanna Ave.
2. **RIGHT** on Westanna Ave to Princeton St.
3. **LEFT** on Princeton St. to Hodge Ave.
4. **LEFT** on Hodge Ave. to Lombard St.
5. **RIGHT** on Lombard St. to Woolsey Ave.
6. **CROSS** Lombard St. and **Cross** Woolsey and **ENTER** Columbia Park
7. **CIRCLE** Columbia Park **clockwise**. using main path that will take you past the playground (4km)(on your left) bearing right to tennis courts(on your right), bearing right to domed swim pool (on your left), and then bearing right to Columbia Cabin (on your right), returning back to Lombard St.
8. **CROSS** Lombard and Woolsey Ave. and continue on Woolsey to Amherst (5.1km)
9. **RIGHT** on Amherst St. to Olin Ave.
10. **LEFT** on Olin Ave. to Willamette Blvd.
11. **RIGHT** on Willamette Blvd just over a block to the crosswalk going into the University of Portland.
12. **CROSS** Willamette Blvd. and enter Campus
13. **STRAIGHT** along entrance road past the Pilot House and Bookstore on your right, Buckley Center on left and past Library on right (bathrooms) and continue into the quad straight to Shiley Hall
14. **RIGHT** at Shiley Hall and continue to end of sidewalk then bear slightly to your left down 10 steps to roadway.
15. **STRAIGHT** on roadway keeping baseball field on your right to end of street.
16. **RIGHT** on Portsmouth Ave to Warren St. just past Beauchamp Rec Center.
17. **LEFT** on Warren St to end of street at the SLUG Gardens. *Good overlook of the Willamette River*
18. **RIGHT** on McKenna Ave. very short distance to Willamette Ln.
19. **LEFT** on Willamette LN. continue as it turns right to Willamette Blvd. (7.9km)
20. **CROSS & LEFT** on Willamette Blvd. passing over railroad to Buchanan Ave.
21. **RIGHT** on Buchanan Ave. to finish



The Rose City Roamers
Thank you
For Walking Our Walk
Emergency call 911
Walk POC Contact Dick 360-991-8806

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